

CAMBRIDGE PUBLIC SCHOOLS
HEALTH, PHYSICAL EDUCATION, AND ATHLETICS
459 BROADWAY OFFICE OF CITY CLERK
CAMBRIDGE, MASSACHUSETTS 02138

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CAMBRIDGE MA.

March 14, 1990

TO: All Cambridge Substance Abuse Prevention
and Intervention Task Force Members

FROM: William Bates, Gloria Palladino,
Carolyn Shipley and Annette McLean

RE: Follow-up to March 1, 1990 Task Force Meeting

Thanks to Gloria Palladino, the following information is enclosed:

- + a summary of the last Task Force meeting
- + a list of each subcommittee's membership
- + a schedule of upcoming subcommittee meetings and the next Task Force meeting

Thanks to Barry Sugarman and the Prevention Subcommittee the minutes from their first meeting (March 9th) are also enclosed.

As you can see after a couple of months of working through our purpose and program goals, we have come together as four specific work groups, focusing on ENFORCEMENT, PREVENTION, INTERVENTION and TREATMENT/AFTERCARE. Each of these subcommittees met in our March 1 meeting and will meet again by March 28.

We will then have another Task Force Meeting on:

DATE: Thursday, April 5th
TIME: 2:30 - 4:30 P.M.
PLACE: C.R.L.S. MEDIA CAFETERIA

At that time we will all get an update of the work begun by each subcommittee.

If you are not on a subcommittee, please feel free to choose one and to go to their subcommittee meeting. Each subcommittee is trying to broaden their representation to reflect Cambridge's diverse community. They would welcome your participation.

LRY:ap

HIGHLIGHTS FROM THE SUBSTANCE ABUSE PREVENTION AND INTERVENTION TASK FORCE MEETING HELD ON MARCH 1, 1990

INTRODUCTIONS/ANNOUNCEMENTS

Members of the Cambridge Chamber of Commerce announced that they had to discontinue their staffing of the Chamber's Pilot Project Against Drugs due to lack of funding. They reaffirmed, however, their interest in staying involved with the Task Force and its efforts.

CASPAR Alcohol Education Program has begun an Aftercare Group for adolescents who have a desire to abstain from substance use and need additional support. The group will meet at the CASPAR office from 6:00 to 9:00 p.m. beginning on February 26th. If interested, call Peg Bergamo at 623-2080.

Annette Maclean also announced a new federal policy that will require schools to have clear policies in place regarding substance abuse. If the school is out of compliance, all federal funding to the school would be in jeopardy.

Eve Sullivan has requested an announcement that on Monday, April 9th, at 12:00 noon, the Cambridge-Somerville Adolescent Task Force meeting will feature a talk by two young people in Straight New England. The meeting will be held at the Somerville Library.

SUBCOMMITTEE GUIDELINES

Gloria Palladino introduced some guidelines for the subcommittees to get started with their work. The importance of the subcommittees documenting their work was stressed so that much written material will be available should Cambridge decide to apply for the Federal OSAP grant. The subcommittees were asked to develop a preliminary definition of the work of their subcommittee, to try to break down their work into component areas, to define who they want to reach and make sure that this is broad-based, and to consider all drugs being abused in our community, including tobacco, alcohol, and illegal drugs. Subcommittees should review the composition of their group and try to recruit to fill in gaps in representation. Last, subcommittees were asked to decide on some organizational structure. They were also encouraged to use the matrix introduced by Barry Sugarman at the last meeting.

SUBCOMMITTEE PRESENTATIONS

Brief comments were made regarding the 4 subcommittees. On enforcement, the importance of having police participation on the committee was stressed. For prevention, the categories defined on Barry Sugarman's matrix were described. Intervention talked about coming between the person and the drug. And treatment emphasized the importance of collaboration and involving parents and the business community.

SUBCOMMITTEE MEETINGS

The remainder of the meeting was spent in the subcommittees so that members could become acquainted and begin to define their work.

SUBSTANCE ABUSE TASK FORCE

SUBCOMMITTEE MEMBERSHIP

ENFORCEMENT

GUS RANCATORE, Toscanini's Ice Cream, 899 Main St. Ca. 02139, 491-5877
REV. OTAVIO RODRIGUES-LIMA, Advent Counseling Associates, 144A Mt. Auburn St., Ca. 02138, 864-0857
MARGO DEANE, Lesley College, 9 Mellon St., Ca. 02138, 868-9600 x466
VALDER BARBOSA, Cambridge Rindge & Latin High School, 459 Broadway, Ca. 02139, 492-1529
PATRICK MURPHY, Cambridge School Dept., 159 Thorndike St., Ca., 02141, 498-9227
EILEEN KEEGAN, Cambridge Dept. of Human Services, 51 Inman St., Ca., 02139, 498-9076
*TIM KELLEHER, Juvenile Probation, Cambridge District Court, 40 Thorndike St., Ca., 02141, 494-4223

PREVENTION

BARRY SUGARMAN, Lesley College, 9 Mellon St., Ca., 02138, 868-9600 x466
WENDY POWELL, Work Force/Cambridge Housing Authority, 270 Green St., Ca., 02139, 576-3761
BOB LEWIS, Cambridge Chamber of Commerce, 859 Mass Ave., Ca. 02139, 876-4100
SHELDON COHEN, Cambridge Chamber of Commerce, 859 Mass Ave., Ca. 02139, 876-4100
FRANCES COLLINS, Cambridge Head Start, 221 Hampshire St., Ca. 02139, 491-8011
HOLLY BLAKE, Cambridge Head Start, 221 Hampshire St., Ca. 02139, 491-8011
HAP TIERNEY, Office for Children, 66-70 Union Square, Somerville, 02143, 623-5096
SALLY BRAUN, Cambridge Head Start, 221 Hampshire St., Ca. 02139, 491-8011
HENRIETTA DAVIS, Cambridge School Committee, 120 Chestnut St., Ca. 02139, 547-0877
DANIEL M. O'NEILL, Cambridge Council, Boy Scouts of America, One Scouting Way, Ca. 02139, 547-2760
CAROLYN SHIPLEY, Parent, 15 Laurel St., Ca. 02139, 492-0601
*LORRAINE SAMUELS, Health Staff Developer, Kennedy School, Rm. 108, 158 Spring St., Ca. 02141
*SKIP MCCARTHY, CRLS - War Memorial, 498-9213
*NIKI BACCUS
*NANCY MACPHEE, Mt. Auburn Hospital Prevention and Training Center, 24 Crescent St., Suite 301, Waltham, 02154, 893-0111

INTERVENTION

ANNETTE MACLEAN, CASPAR Alcohol Ed. Program, 226 Highland Ave., Somerville, 623-2080
BILL TIMMINS, CRLS, 459 Broadway Ca. 02138, 498-9292
REZA FIROOZBAKHT, CRLS, 459 Broadway Ca. 02138, 661-9866
EVE SULLIVAN, Straight Parent, 144 Pemberton St. Ca. 02140, 253-7182
DIANE VENDETTI, Kennedy School, 158 Spring St. Ca., 02141, 498-9262

MARGARET GALLAGHER, Parent, 850 Cambridge St., Ca. 02141, 498-9250
ELIZABETH BERAHA, 409 Cambridge St., Ca. 02141, 492-2251
BEATRICE MARREO, School Health, Tobin Nurses Office, Vassel Lane, Ca.
02138, 498-9200 x9523
STEVEN MEISELS, 38 Sacramento St., Ca. 02138, 492-6397
SANDRA HEDBERG, Parent, 9 Poplar Rd. Ca., 02138, 492-1747

AFTERCARE/TREATMENT

LISA PETERSON, City Manager's Office, City Hall, Ca., 02139, 498-9091
LYNN SCHOEFF, Teen Health Center, 459 Broadway, Ca. 02138, 876-1626
JANIS O'NEIL, SPAL Substance Abuse Services, 92 Union Square,
Somerville, 628-6065
COLLEEN LONG, North Charles Inc., 130 Bishop Allen Dr., Ca. 02139,
864-0941
GINA MILANI, North Charles Inc., 130 Bishop Allen Dr., Ca. 02139,
864-0941
*JENNIFER WOLFREN, Cambridge Cares About AIDS

STEERING COMMITTEE

BILL BATES, Comprehensive Health Education and Human Services,
Cambridge Public Schools, c/o Kennedy School, 158 Spring St., Ca.,
02141, 491-0859
CAROLYN SHIPLEY, Parent, 15 Laurel St., Ca. 02139, 492-0601
ANNETTE MACLEAN, CASPAR Alcohol Ed. Program, 226 Highland Ave.,
Somerville, 623-2080
GLORIA PALLADINO, Grants Manager/Planner, Ca. Dept. of Human Services,
51 Inman St., Ca. 02139, 498-9076

*Indicates individuals who previously signed up for a Committee but who
were not present at the 3/1 meeting.

UPCOMING MEETINGS

NEXT_TASK_FORCE_MEETING_FOR_THE_FULL_GROUP

APRIL 5, THURSDAY, CRLS MEDIA CAFETERIA, 2:30

ENFORCEMENT_SUBCOMMITTEE_MEETING

MARCH 28th, WEDNESDAY, CRLS, MEDIA CAFETERIA, 2:30 P.M.

PREVENTION

MARCH 22nd, THURSDAY, BOY SCOUTS OFFICE, ONE SCOUTING WAY, CA., 4:00 P.M.

INTERVENTION

MARCH 22nd, THURSDAY, CRLS, MEDIA CAFETERIA, 2:30 P.M.

TREATMENT

MARCH 9th, FRIDAY, TEEN HEALTH CENTER, 2:00 P.M.

STEERING_COMMITTEE

MARCH 15TH, THURSDAY, CRLS, TRC ROOM, THIRD FLOOR (ABOVE LIBRARY)
2:30 P.M.

Meeting of Prevention Sub-Committee.

Cambridge Substance Abuse Prevention and Intervention TaskForce
Meeting of March 1, 1990. At the High School.

We began with introductions and brief statements of interest:

Henrietta Davis (chair, pro tem)

Chair of Student Health Committee of Camb. School Committee. Concerned to see comprehensive health curriculum developed, including sub. abuse.

Hap Tierney

Office For Children, Camb. field person. Many concerns.

Fran Collins

Director of Head Start, seeing 300 children and their families each year.

Holly Blake.

Head Start.
Both Holly and Fran are concerned about how to reach the many young parents.

Carolyn Shipley

Parent of Camb. student. Active in community council. Concerned about how the committee can become aware of the research and evaluation on prevention and avoid reinventing the wheel or repeating the mistakes of earlier projects.

Sally Brown

Social Services Coordinator for Head Start.

Wendy Powell

Cambridge Housing Authority, Workforce program, developing job opportunities. Concerned about positive alternatives for youth.

Dan O'Neill

Director of Boy Scouts in Cambridge. Boy Scouts has made national commitment to attacking sub. abuse problem. Showed two printed brochures that he thinks effective and inexpensive educational aids. ("Drugs: A Deadly Game".)

Bob Lewis

Exec. Director of Cambridge Chamber of Commerce.

Sheldon Cohen

Chair of Pilot Project of Chamber on Sub. Abuse. Announced that they have donation of \$1000 for special project and suggested essay contest.

Barry Sugarman

Director of Lesley College Prevention Project and master's degree program in management of substance abuse services. Concerned that a broad and multi-factor view of prevention should be used, as shown in the matrix distributed last week.

After the introductions there was very little time left for focussed discussion of the assigned topics. (Also several members had to leave before this final segment.)

Briefly, the following points were made.

"Prevention" is broader than "education" or curriculum.

It also includes: drug-free alternatives in the community, support systems, and factors in the school environment.

The "education" part includes, not just factual knowledge, but also education in coping skills; not just education for kids but also for parents.

Education is a vital part of prevention.

How can the committee gain access to relevant research and evaluation on prevention?

Should we seek quick agreement on a new project or two or should we attempt a comprehensive review of the situation, considering a range of possible project?

Contact persons: Carolyn Shipley and Henrietta Davis.

Secretary for this meeting: Barry Sugarman.

NEXT MEETING: March 22, 4 p.m.

At Boy Scouts, 152 Prospect St.

Turn into Scoutingway. Right turn if coming from direction of Harvard Square.
Call 547 2760 if you need better directions.

Absent members who should also receive these notes:

Niki Baccus
Sally Braun
Margaret Gallagher
Nancy McPhee
Beatrice Morreo
Lorraine Samuels
Skip McCarthy
Bill Bates
Eileen Keegan

MATRIX FOR COMMUNITY SUBSTANCE ABUSE SERVICES. part 1 - prevention

AREAS OF PREVENTION

SERVICES- PROGRAMS- RESOURCES	DRUG & ALCOHOL INFORMATION	COPING SKILLS DEVELOP- MENT	PARENTING EDUCATION	SCHOOL ENVIRON- MENT	SUPPORT SYSTEMS	OTHER PARTS OF ENVIRONMNT. & DRUG-FREE ALTERNATIVES

*Barry Sugarman, Ph.D.
Lesley College, Cambridge, MA*

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Comm. from The Cambridge Substance Abuse
Prevention and Intervention Task Force
Members transmitting highlights from the Task
Force meeting held on March 1, 1990 together
with notice of the next scheduled meeting
for April 5, 1990.

In City Council,

March 26, 1990

*Referred to the
Committee on Health
and Hospital.
copy sent to Committee on
Health & Hospital 3/28/90 (de)*