



City of Cambridge

6.

IN CITY COUNCIL

April 2, 1990

MAYOR WOLF

- WHEREAS: Cambridge has long prided itself on its sports teams at the school, secondary, and university level where men and women have strived vigorously; and
- WHEREAS: May is traditionally National Fitness Month as endorsed by the President of the United States and physically celebrated by millions across the United States; and
- WHEREAS: In Cambridge, the Cambridge Racquet and Fitness Club in tandem with the International Racquet Sports Association is adding its resources and time to "Commit to Get Fit" by offering its building space, fitness testing, and counseling to Cambridge residents on how to truly make May the start of a new and healthier life; and
- WHEREAS: The efforts will make residents of Cambridge aware that even small amounts of exercise can reduce stress, chances of coronary heart disease, and make for healthier bodies; therefore, be it
- RESOLVED: That this City Council hereby proclaim May 1990 Physical Fitness Month and urge all residents to participate in the various free and sponsored health activities; and be it further
- RESOLVED: That the City Clerk be requested to prepare a suitably engrossed copy of this resolution for presentation on May 9, 1990 to the Cambridge Racquet and Fitness Club to thank them for their continued efforts on behalf of all Cambridge residents.

In City Council April 2, 1990.
Adopted by the affirmative vote of nine members.
Attest:- Joseph E. Connarton, City Clerk.

A true copy;

A handwritten signature in black ink, reading "Joseph E. Connarton".

ATTEST:-

Joseph E. Connarton, City Clerk.



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APR. 2 1990
 Adopted by the affirmative vote
 of 9 members

Joseph E. Conorton City Clerk

Order # 6 S-344

Mayor Wolf re: proclamation of May as
Physical Fitness Month.

In City Council,

April 2, 1990

Order adopted
by 9 members