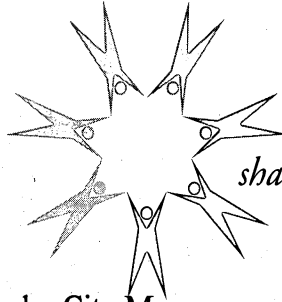


Department of Human Service Programs



sharing resources...building community

TO: Robert W. Healy, City Manager
FROM: Jill Herold, Assistant City Manager for Human Services
DATE: June 3, 1998
RE: Response to City Council Order #46 of May 11, 1998

Jill Herold
Assistant City Manager

Childcare

Commission for
Persons with Disabilities

Community and Youth

Community
Learning Center

Coordinating Council for
Children, Youth and Families
(Kids' Council)

Council on Aging;
Elderly Services

Low Income
Fuel Assistance

Multi-Service Center;
Homeless Services

Office of Workforce
Development

Planning & Development

Recreation

.....

The follow report which was prepared by Bob Goodwin and Andrew Spooner, youth program staff of the Department of Human Services, provides an overview of the youth programming currently provided in the City's youth centers. Included is information on the demographics of participants and staff, utilization data, staff training, volunteer utilization as well as a programmatic overview. An earlier version of this report was presented to the City Council Committee on Human Services and Youth at its May 20th meeting.



Department of Human Service Programs



sharing resources...building community

To: Jill Herold, Assistant City Manager for Human Services

FROM: Bob Goodwin, Youth Program Manager
Andrew Spooner, Youth Program Developer

DATE: June 2, 1998

RE: Response to City Council Order #46 of May 11, 1998

Jill Herold
Assistant City Manager

Ellen Semonoff
Deputy Director

Childcare

Commission for
Persons with Disabilities

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Recreation

The Cambridge Youth Program (CYP) provides educational, recreational and leisure activities to all its members. Through the community -based youth centers and other projects, members gain from age-appropriate life-skills, fitness, social events and other opportunities that contribute to their healthy development as young people. These activities are provided in physical and social environments that are safe and supportive of the young person's need to learn, explore and belong. The Youth Program offers programs and activities based on the "assets approach" to youth development. This approach stresses the need for young people to have a variety of new experiences that connect them to peers, responsible adults and community institutions.

Our program is meant to be attractive to the City's full diversity of youth, and to provide avenues for youth to connect with the people and services they might need. Developing relationships with young people - the hallmark of good youth work - allows our staff and programs to be *bridges* to all the community has to offer. This model takes advantage of Cambridge's myriad youth service providers who benefit from CYP's ability to provide access to many of the City's youth.

The following is a summary of what we hope to accomplish in each program area, illustrated with examples. A fuller report on this year's program activities follows in the addendum.



•CYP: Youth Center programming - offering our members a full menu of options

Homework Help

Staffed by youth workers and volunteers, members can work on homework assignments, read or otherwise work quietly, Monday through Thursday. Centers stock books, magazines, puzzles and other constructive activities, as well as school supplies. Frisoli and Area 4 have full computer labs; Gately, Moore and West have at least one computer available. Staff training, through our collaboration with Tutoring Plus, focuses on the basics of homework help, identifying learning problems, and working with diverse populations.

GO! Get Outdoors

Our new wilderness program was piloted in the 1997 and will be fully active this spring and summer with 10 day-trips planned. GO! mission is to expose young people to new environments and new ways of relating to one-another and the world around them through experiential education. The program features day and weekend wilderness trips, and an in-City orienteering workshop. Trips will include hiking, rock climbing, canoeing and deep sea fishing. This month, two staff are being trained in leading youth in outdoor activities.

Employment Assistance

Employment Assistance is a menu of activities meant to motivate young people to explore their interests and to develop the skills required of the working world. Through our collaboration with the Office of Workforce Development, we plan programs, activities and staff training throughout the year.

In job-seeking skills workshops, CYP staff, trained by OWD, instruct teens and preteens and are available for individual support in resume writing, interview skills, workplace relations and other aspects of finding and keeping a job. Throughout the year, we offer computer basics workshops and individual instruction to the PC and Windows basics.

With OWD, the Neighborhood Service Project is a school-year extension of the Mayor's program for 50 members. Participants receive a stipend and educational opportunities. Projects include developing college resource centers, and creating neighborhood history installations.

Finally, CYP staff is trained to assist members with locating the right summer or school-year employment program, completing applications, interviewing, etc. Each year, employment programs such as ERI and MSYEP come in to the Centers to recruit along with our staff.

Drop-in & Leisure

Drop-in is time in which participants can do fun, structured activities, or simply hang out with friends. Drop-in time provides the context for youth worker-youth relationship building which leads to youths' participation in more structured personal development activities. Activities might include playing pool, Ping-Pong or computer games; going on a beach trip or field trip; special events and celebrations; planning a dance; attending a special sporting event at CRLS, creating a business; doing arts & crafts, or just talking. We have recently made this area richer in the diversity of activities and to better include young people in planning activities.

Drop-in and leisure time occurs at every Center during most hours of operation. It is the "back-drop" against which more structured activities occur. In this sense, DI&L is not a program, but "down-time" and less-structured activities in which most Youth center members participate.

Substance Abuse Prevention

Working with CASPAR and the Cambridge Prevention Coalition, we offer members substance abuse education groups, and 'problem identification and referral' (I&R) support. Staff receives I&R training and group facilitation training from both groups. CYP staff has periodic consultation with CASPAR staff on issues with particular members, to stay informed about education techniques and drug-use trends, and for general support. Occasional activities have included one-time workshops on smoking prevention and alcohol dangers awareness, as well as participation in planning events such as the Cambridge Marijuana Forum.

Sports/Fitness

Sports & fitness encompasses sports, fitness and health activities. Most sports occur during drop-in time, which is less structured. We also provide many coed, boys and girls leagues in a variety of sports, for teens and preteens. A variety of workshops on other topics are offered, including smoking cessation and AIDS prevention. We have begun to offer more sophisticated health education, as in our partnership with Hoops & Health, 'health for athletes' series, and a 'science/health' series for preteens.

Mental Health Support

Through a collaboration with the Neighborhood Health Centers, we are able to offer staff support and training and some direct services to the program for the first time. We have been offering 'discussion groups' on a variety of youth-generated topics, such as school stress, relations with parents, and so on. Staff are receiving periodic in-service training and consultation from LICSWs at staff meetings. Through this collaboration, we are able to identify problems and work with the family of a troubled member to navigate complicated mental health systems.

Special Focus: Girls and Young Women

The Cambridge Youth Program recognizes that it, like other youth programs, has not served the needs of its female participants as adequately as their male counterparts. Our aim is to continually innovate to find programs, activities and ways of working which encourage new girls and young women to get involved in what we do.

Each program area includes activities specifically for girls and young women, particularly sports, substance abuse and mental health; special outreach activities and new systems for generating ideas from girls have been developed. Past and forthcoming training will help us to identify barriers to serving girls well.

Anti-violence Activities

The quality of interaction between our participants and staff remains high, through training, the values we maintain as a program, and our connection with the communities in which members live. These relationships allow us to help kids get engaged in exciting and challenging activities. This process is crucial in helping kids to remain violence-free. While not a program in itself, *per se*, this philosophy is the hallmark of good youth work, and is in accord with the respected 'assets approach' advocated by the federal government and the nation's leading youth work organizations.

We are also dealing with youth violence issue directly. We are engaged in domestic violence training with a special emphasis on dating violence issues. Our goal is to integrate healthy-dating information and learning-opportunities into many of the educational and recreational activities we offer to teens. We are developing, with the Dating Violence Intervention Project, a referral system for both perpetrators and victims. Conflict resolution and peer mediation are program areas we will move into next year.

AHS - After High School

AHS is a college and career preparatory program offering activities, one-on-one help, and resources needed by teens to plan for life After High school. For college-seekers, we have test prep and practice, financial aid sessions, college visits, etc. This help is offered through weekly classes and by appointment with trained CYP staff. We will soon have AHS 'libraries' in two Centers, which will stock college catalogs and videos, union pre-apprenticeship materials, computers for writing applications, and other resource materials. We will also be providing career fairs in collaboration with OWD.

Our entrepreneurship programs through Junior Achievement are offered under AHS. They have included three business-creation projects and one personal finance project. This program was implemented last year at Area 4 only; this coming year, we will expand the program and ensure access to all members.

•CYP: summary of staff and member demographics, fy98

- a portrait of diversity -

1066 members on January 1, 1998

Female	33.5%
Male	66.5%

Afr. American/Blk	31%
White	20%
Haitian	18%
Braz/CV/Port	16%
Hispanic	12%
Asian	2%
Other	2%

Youth Center Directors, as of June 1, 1998

2 women
3 men

2 Afr. American/Blk
3 White

30 Youth Leaders, part-time, as of June 1, 1998

13 women
17 men

12 Afr American/Blk
9 White
4 Haitian
3 Hispanic
1 Cape Verdean
1 Portuguese

•CYP: member demographics broken out, as of Jan. 1, 1998

Membership, totals and by gender*

As of January 1	Area 4	Frisoli	Gately	Moore	West	Total
Preteens	99	285	108	44	22	558
preteen female % of all preteens	34 35%	116 41%	40 37%	19 43%	7 32%	216 39%
preteen male % of all preteens	65 65%	169 59%	68 63%	25 57%	15 68%	342 61%
Teens	148	198	94	27	41	508
teen female % of all teens	51 34%	54 27%	20 21%	3 11%	11 33%	139 23%
teen male % of all teens	97 66%	144 73%	74 79%	24 89%	30 67%	369 72%
Totals % of total	247 23%	483 45%	202 19%	71 7%	63 6%	1066 33%female 67%male

Members by ethnicity/race

	Area 4	Frisoli	Gately	Moore	West	Total
African Am/Black	54%	14%	34%	72%	24%	31.2%
Haitian	25%	10%	24%	16%	32%	17.7%
White	8%	25%	22%	4%	41%	20.0%
Port. lang: Port/CV/Brz	not recorded	34%	3%	2%	1%	16.1%
Asian	1%	1%	5%	0	0	1.7%
Hispanic	9%	16%	10%	6%	1%	11.5%
Other	3%	1%	2%	0	1%	1.8%

* as of 6/1/98, membership exceeds 1,200

•CYP: Volunteers

The following is a brief list of programming and tasks provided this fiscal year by volunteers. Our connection with the field education office at Lesley College has proved to be particularly fruitful, and we expect to host more than five interns in fy98. With increased staff time and expertise, we hope to increase our capacity for recruiting and supervising volunteers in the coming year.

site	volunteer source	task/project
Area 4	several residents	basketball coaches
	BBN student	general coverage
Frisoli	several residents	basketball coaches
	resident	staff support for Junior Achievement project
	Lesley College intern	general coverage and participated in Girl's Group activities
Gately	several residents and youth	basketball coaches
	2 Lesley College interns	multi-part Japanese art and culture project
Moore	two residents	general coverage and trip supervision
	resident	weight-lifting instruction
	Tufts Medical School intern	10-part health & science series
	Lesley College intern	general coverage and participated in Girl's Group activities
West	Lesley College intern	general coverage, participated in Girl's Group activities, developed an 'animal discovery' project

•CYP: Collaborations

The following is a list of the collaborating agencies currently engaged with the Youth Program, as requested

Partner	Activity	Status
Camb. Prevention Coalition	Provides substance abuse education groups in every center for teens; CYP staff assist in logistics and cofacilitate groups	Training in cofacilitation is complete; groups begin in Feb. and continued through May
CASPAR	Provides substance abuse education groups in every center for preteens; CYP staff assist in logistics and cofacilitate groups; with AMS, to provide supervision & program support	Training was well- attended and received; CASPAR reports that the groups are going more smoothly than ever before; program dev./supervision began in March
Tutoring Plus	Homework help for 20 - 30 youths daily at Area 4; collaborated in organizing a h.w. help training for TP volunteers and CYP staff	H.W. time is very popular at Area 4; daily sessions have been expanded by ½ hour
VAWA/ Domestic Violence Commis'n	Assisting in organizing training for all DHSP staff and other projects	Training began in March; City DV policy review underway; other projects underway
Neighborhood Health Clinics	Camb Hospital and clinics are working with staff to provide in-service training; referral resources; support groups for kids; and parent info. Sessions	One City-wide training complete; in-service trainings complete at 3 of 5 centers; groups on-going at one center, planned at two others
OWD	Staff training; MSYEP; school year job program; computer workshops for teens.	Several CYP staff trained in basic emp. skills assistance; MYSEP recruitment at centers was successful; the Winter program is in full-swing
Anti-violence work	With Men of Color Health Task Force, Riverside Leadership and others, a anti-violence 'conference' and group for perpetrators are planned	To accommodate the main speaker's schedule, this event will be combined with the opening of the Men's Health Center, scheduled for October
Young Peoples Project	Academic/social support program at Area 4, with Area 4 kids	Meeting daily after school
DA group	Meets weekly to track adjudicated Cambridge youth	On-going
Unity Providers	Plans NiteStop several times per year	On-going
Eagle eye Institute	Plans several environmental education 'short-courses'	Beginning in late June

Training Addendum

•CYP: Training update, fy98

Some of the training sessions listed below were required of staff, some were voluntary; some included the entire CYP staff, some included selected staff.

A planing session is a meeting of selected staff, usually to plan activities or to assess them once completed. Including youth workers, Directors and the managers, task groups were meant to be an important part of our program development process. They encourage participation, teamwork and the infusion of new idea from each level of the program, despite their logistical difficulties.

date	topic	attended by	led by	note
Aug.	'Navigating the mental health system for youth'	All full- and part-time staff	Dr. Rob't Zeigler, Camb. Hosp.	
Sept.	Substance abuse problem identification and referral skills	8 part-time staff	CASPAR	1/3+ of existing staff have had this
Sept.	Expectations of a youth worker	All full- and part-time staff	Bob Goodwin & Center Directors	Bob developed an interactive process
Oct.	Teaching basic employability skills	One full-time and 6 part-time	OWD	14 staff in two years have been trained
Jan.	Basic homework assistance provision	7 part-time staff	Tutoring Plus	
Feb.	Gender equity in after-school activities	All full- and part-time staff	Katie Wheeler, Wellesley College	Most popular CYP training ever
Feb.	Cofacilitating education groups & intro to the CSAP model	5 part-time staff	CSAP	
May.	Leading outdoor trips with youth	One Director, one part-time staff	Appalachian Mountain Club	4-days on the trail
June	First aid and CPR certification	All uncertified staff	Professional Ambulance	
June	Domestic violence, with emphasis on dating violence	All program staff	Carole Sousa, DVFZ trainer	1 st part: identifying youth victims 2 nd part: dating violence issues

Planning sessions

<p>Nine planning sessions have been held throughout the year. Each was attended by 4 - 10 part-time staff, and one or both Managers.</p>	
GO! program - Get Outdoors	reviewed rules and procedures following program pilot
	planned activities for the Spring season
Rent-a-Kid	review safety concerns and other program details - program later scuttled
Member feed-back survey	to discuss implementation of the survey
Summer plans	with Directors, to discuss Summer program and make plans to meet critical staff shortage
Girls' projects	review activities for girls and young women and how Lesley College interns might participate
	developed a project to engage girls in designing their own outreach activities
Employment programs	discussed our employment skills programming and to elicit feedback from staff
Staffing/morale issues	met with staff to discuss how to address youth leader performance and morale issues

Program breakout addendum

•CYP: Report on program activities, fy98 (quarters 1 - 3)

This document contains a thorough -- though not exhaustive -- listing of all activities and services provided to our members in this fiscal year. Some activities considered by staff to be 'drop-in' projects have not been captured in this report. These activities include many field trips and arts projects.

Please contact Bob Goodwin (x6228) or Andrew Spooner (x6223) with any questions or comments.

Homework Assistance

Staffed by youth workers and/or volunteers, members can work on homework assignments, read or otherwise work quietly, Monday through Thursday. Centers stock books, magazines, puzzles and other constructive activities, as well as school supplies. Frisoli, Gately, Area 4 and West have at least one computer available. Staff trained through Tutoring plus.

Center	Period	Population focus	Typical # participants	Note
Area 4	school year, Monday - Thursday	teens and preteens together	25	run collaboratively as a Tutoring Plus site
Frisoli	"	teens and preteens in separate sessions	25	
Gately	"	teens and preteens in separate sessions	10	
Moore	"	open to all, during preteen hours	5	
West	"	open to all, during preteen hours	8	

GO! Get Outdoors.

Our new wilderness program was piloted in the Summer and Fall and will be fully active this spring and Summer. The program will feature day and weekend wilderness trip, and an in-City orienteering workshop. Staff will be AMC-trained in May.				
Center	Period	Population focus	Typical # participants	Note
• <i>3½ day trip to a New Hampshire Campground</i>				
City-wide	August 97	13 - 15, coed	13	This large trip was GO!'s 'kick-off' event
• <i>One-day trips, including biking, canoeing and hiking</i>				
City-wide	3trips, Fall 97	13 - 15, coed	13	This marks the start of a new collaboration with the Eagle Eye Institute, an enviro. education program
	3 trips	12 - 15, coed	12	
City-wide	10 trips, Spring & Summer 98	13 - 15, coed	13	
• <i>Over-night trips, including camping and canoeing</i>				
City-wide	1 Spring trip; 1 summer trip	13 - 15, coed	25	
• <i>Orienteering workshop and in-City "treasure hunt" using map and compass skills</i>				
City-wide	1 two-part event May 98	13 - 15, coed	25	

Drop-in & leisure.

Drop-in is time in which participants can do fun, structured activities, or simply hang out with friends. Drop-in time provides the context for youth worker-youth relationship building which leads to participation in more structured personal development projects. Activities might include playing pool, Ping-Pong or computer games, special events and celebrations, going on a field trip, planning a dance, watching a special sporting event on TV or at CRLS, creating a , doing arts & crafts, or just talking. We have recently made this area richer in the diversity of activities and to better include young people in planning activities.

Drop-in and leisure time occurs at every Center during most hours of operation. It is the “back-drop” against which more structured activities occur. In this sense, DI&L is not a program, but “down-time” and less-structured activities in which most Youth center members participate. As these activities occur each day for each age group, they are too numerous to list. This list of highlights should not imply any devaluing of time spent doing ‘*nothing*,’ as it may appear to many adults.

Recent representative DI&L activities:				
Area 4	Frisoli	Gately	Moore	West
Several teen girls meet on their own to sing harmony	4-5 boys meet informally with a Youth Leader to learn how to use video equipment	12 kids participate in a 10 part Japanese language and culture exploration project planned by Lesley interns	10 kids participate in an informal pre-teen pool tournament - no prizes but many kids learn how to play	20 boys and girls participate in a two-day chess tournament.
A few times each week, all year	Spring, 98	April and May, 98	February, 98	March, 98

Employment Assistance

two-part job-seeking skills workshops

CYP staff, trained by OWD, instruct teens and preteens, and are available for individual support

- resume writing, job finding, interview skills,
- participation: 5 - 10 teens or preteens, girls and boys
- held throughout the year at: Area 4 (4), Frisoli (4), Gately(6), Moore:(4), West(4)
- *planned*: 2 summer job finding workshops at each center, May, 98.

computer basics workshop

introduction to PC and Windows basics

- participation: 8 teens
- held in September, 97 with youth from Gately, Moore and Area 4

individual instruction in basic computer skills

informal individual instruction by CYP staff

- participation: ongoing with teens and preteens (*uncounted*)
- held throughout the year at all centers (except Moore, which has no computer equipment)

Neighborhood Service Project

With OWD, a school-year extension of the Mayor's program

Projects include developing a college resource center, and reporting on neighborhood demographics

- stipended community service projects meant to deepen the youth-community connection and teach good work habits
- participation: fifty 13 - 15 year-olds
- held March - May, 98 with youth from all five centers

Recruitment

CYP and several youth employment programs - MYSEP most notably - collaborate throughout the year to connect Cambridge youth with available services.

Substance Abuse

Working with CASPAR and the Cambridge Prevention Coalition, we offer members substance abuse education groups, and problem identification and referral support. Staff receives training I&R training and group facilitation training from both groups. CYP staff has periodic consultation with CASPAR staff on issues with particular members, to stay informed about education techniques and drug-use trends, and for general support. Occasional activities have included one-time workshops on smoking prevention and alcohol dangers awareness.				
Center	Period	Population focus	Typical #	Note
Substance abuse education groups , lasting 10 sessions. Cofacilitated by CYP and CASPAR staff, these groups focus on provind information and challenging existing attitudes and presumptions.				
Area 4	Nov - Dec, 97	preteen girls	fully enrolled 10	
Frisoli	Nov - Dec, 97	preteen girls and boys	over-enrolled 11	
Gately	Jan - Mar, 98	preteen boys	approx 10	
Moore	April - May, 98	preteen girls and boys	over-enrolled 11	in progress
West	Jan - Mar, 98	preteen girls	approx 9	
• Special 5-session "advanced" groups , held at two Centers due to time constraints. This extension will be offered for the first time.				
Moore	May - June, 98	preteen girls and boys	limited to 10	
Undetermined	May - June, 98	preteen girls and boys	limited to 10	

CSAP Prevention groups

4-part substance abuse education groups led by CYP and CSAP staff
 - participation: teens (no ca on group size)
 - held at all five centers in Spring 98

Someone who has been there...

Former addict and convict meets with teens to discuss the connection between addition, crime and 'lost' opportunities
 - participation: 25 teens
 - held in Fall, 97 at Area 4 and West

Smoking prevention workshops

CASPAR staff provide a four-session project on learning about tobacco, quitting and not starting
 - participation: 15 preteens
 - held at Frisoli, April - May, 98

HOT-SHOTS Anti-smoking basketball program

A DPH-sponsored event, kids learned about tobacco while competing in a shooting contest
 - participation: 70 preteen boys and girls
 - held at Area 4, March, 98

The Doctor's In

A 10-part health education series conducted by a volunteer medical student
 Premise: teach about health and wellness to increase awareness of the harmful effects of drug use
 - participation: 8 - 12 preteens at the Moore
 - held at the Moore for March - May, 97

Other health workshops

16 2- to 4-part workshops on AIDS prevention and smoking prevention, offered by CASPAR, Cambridge Cares and Cambridge Hospital
 Teens and preteens in one-gender groups throughout the year. Formats include brief workshops, "safety net parties", etc.
 - participation: Typical size, 10 youth in single gender groups
 - Various workshops held at: Area 4 (4 workshops) Frisoli (4) Gately (3) Moore (3) West (2)

Sports/fitness

Sports & fitness encompasses sports, fitness and health activities. Most sports occur during drop-in time, which is less structured. We also provide many coed, boys and girls leagues, for teens and preteens. Area 4 supports a traveling girls basketball team. We have begun to offer limited health education.

Coed sports leagues

Officiated leagues in the following sports: basketball (4 leagues), floor-hockey(2), indoor soccer (2), and flag football (Mayor's Cup). About 10 - 35% of participants are girls, depending on the activity

Citywide		Area 4		Frisoli	
Flag football	65 preteens, Sept 97	Summer basketball	100+ teens, Summer 97	Floor hockey	35 teens, Fall 97
Floor hockey, w the Police	45 preteens, Fall 97	Indoor soccer	40 teens, Fall 97	Basketball	40 pre & teens, Summer 97
				Indoor soccer	45 preteens, Winter 97-98
				Basketball	51 teens, Mar- May, 98
				Volleyball	teens, Summer, 98
Gately		Moore		West	
Basketball, with West	60 teens, Fall 97	Basketball	40 teens, Fall 97	Basketball, w/ Gately	60 teens, Fall 97

Youth games

A one-day 'Olympiad' for 700+ preteens, including field games, lunch and a speaker, held in early August.

Girls only sports/fitness includes drop-in activities not listed here

- Girls Sports Day

Collaborating with the School Department and Recreation, we sponsor this introduction to physical fitness for every 5th grade girls.

A variety of games and sports demos, lunch, an inspirational speaker, etc.

- held at MIT in May, 98

- Baby Falcons

An Area 4-based "traveling" team, playing in surrounding towns

- held in Fall, 97 for 20 teen girls

An overview of The Cambridge Youth Program, in response to Council Order 46, May 11, 1998

- Aerobics classes

A popular activity which promotes fitness and includes discussions on body image and nutrition
- held throughout the year at Frisoli (25 youths), Moore (10) and, occasionally, at Area 4 (10 - 15)

- Girls Volleyball

- participation: 30 girls
- held Winter, 97 at the Gately

- An Olympic Event

A sports promotion activity for girls co-sponsored with the Junior League
- participation: undetermined number of girls
- held April 25, 98 at the Frisoli for girls City-wide

Mental health support

Through a collaboration with the Neighborhood Health Centers, funded by the Pilgrim Community Health Plan, an effort to bring staff support and training and some direct services to the program for the first time.

Training/consultation

- Navigating the mental health system/advocating for the youth we serve

“Basic training” for staff who may need to aid youth and families in seeking support

- participation: all CYP staff
- held in August, 97

- Introduction to mental health ‘warning signs’ for youth workers

- participation: all Youth Center Director
- held in September, 97

- In-service trainings at youth center staff meeting

- participation: youth workers and social workers at the Moore and Frisoli Centers
- held throughout the Fall and Winter, 97-98 at the Moore and Frisoli

Support for youth

- ‘Discussion groups’

An opportunity for youth to discuss issues important to them with a clinical social worker

Topics included school stress, family conflict and dating issues

- participation: 10 - 12 youth in each six week group - 2 for girls, one for boys
- held in October, December - January and April, 97-98 at the Moore

Special focus: girls and young women

An overview of The Cambridge Youth Program, in response to Council Order 46, May 11, 1998

Each program area includes activities specifically for girls and young women, particularly sports, substance abuse and mental health. Included here are other activities which defy categorization.

Staff training

Led by Katie Wheeler of Wellesley College, this five hour training explore gender equity in after-school programs.

- participation: all CYP staff
- held in October

Girls group

The group provides preteen girls opportunities for socializing, discussing issues, and building relationships in an environment of confidence and safety.

- participation: 10 - 15 girls (typical)
- held at every center throughout the year

Young women's group

Similar to girls groups, but emphasizing structured learning sessions developed by staff

Topics of learning sessions include 'healthy dating', career/education planning, etc.

- participation: 10 - 15 girls (typical)
- held at every center throughout the year

If Girls Ruled the World

Annual CYP open house for girls of all ages, to recruit new members and provide a day of fun and learning activities.

- participation: over 100 teen and preteen girls
- held at Area 4, September, 97

Theater group

Through Arts Boston, teen women attend professional music and theater productions after using a sophisticated educational materials

- participation: 10 - 13 teen women
- held at West, Sept, 97 - June, 98

Arts & crafts group

Weekly arts & crafts group

- participation: open enrolled group - typical 6 - 8 teens
- held at Moore, on-going

Girls Adventure

Weekly urban adventures for preteen girls

- participation: 20 preteen girls
- held at Gately, Summer, 97

BIV 10 dance group

A girls' dance group practice their dance routines with this entertainment production company professional coaching

- participation: four teen girls
- held three times per week throughout the year at Area 4

Anti-violence activities

The quality of interaction between our participants and staff remains high, through training, the values we maintain as a program, and our connection with the communities in which members live. These relationships allow us to help kids get engaged in exciting and challenging activities. This process is crucial in helping kids to remain violence-free. While not a program in itself, *per se*, this philosophy is the hallmark of good youth work, and is in accord with respected 'assets approach' advocated by the federal government and the nation's leading youth work organizations.

Week Without Violence

A week-long celebration of non-violence & alternatives to violence
Featured demonstration, workshops, performances, etc.
Co-sponsored with the YWCA and others
- participation: 50+ teens from all Centers
- held October, 97

Youth Justice Forums

Forums in which teens discuss juvenile justice issues with police, Tom Reilly and other prosecutors, judges, etc.
Cosponsored with North Camb Crime Task Force
- participation: 80+ teens each of three forums
- held three times in 97-98 at Gately and CRLS

Moore Boys' group

Similar to girls group, these young men focus on understanding the effects of violence on their community, and in developing connections to the people and institutions in their neighborhood.
- participation: 20 preteen boys
- held weekly at the Moore

NiteStop

A November and December school vacation activity, sponsored by CYP, CRLS and Positive Edge
Games, contests and sports are the invitation to a nightly educational forum, usually focused on juvenile justice, police/youth relations, and similar topics.
one venue youth from all over the City.
- participation: 100 - 200 teens and preteens daily
- held five nights during these school vacations

Community healing sessions

Following a violent and disturbing summer, we sponsored 'healing sessions' in effected neighborhoods with an experienced Guidance Center clinician .
- participation: 15 - 20 teens at each of two sessions
- held at the Moore and Gately, Summer 97.

Neighborhood newsletters

Youth-reported and written newsletters focusing on the effects of crime in each of two neighborhoods.
High-quality, widely distributed newsletters were produced.
- participation: 7 - 9 teens in each projects
- held at the Moore and Gately, Summer 97.

Dating violence

- Dating violence issues are frequently addressed in Young Women's Group - see above
- All staff will be trained in May 98 on the sources and effects of dating violence among teens
- 12 staff will participate in a 'train the trainers' workshop, enabling them to integrate 'healthy dating material into existing programs.

Miscellaneous educational activities

Junior Achievement

- A 6 session course focusing on saving and budgeting
 - participation: up to 25 preteens
 - held April and May, 98
- A 13 session program in which teens create and manage their own business, including accounting, marketing, marketing, control, etc.
 - participation: up to 12 teens
 - held April - June 98 in West

Educational Connections

A summer academic enrichment program with CYP and MSYEP staff featuring computer instruction, math reading and science projects

- participating: 15 teens
- held at Area 4, Summer 97

Black History/Family Night

The 7th annual neighborhood celebration, with poetry readings, performances, and awards for neighborhood service.

- participating: 100 youth from all 5 centers
- held at Moore, February 98

NSP video project

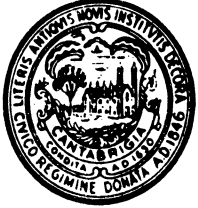
With staff, Frisoli youth will make a documentary history of the Neighborhood Service Project in East Cambridge

- participating: 5 teen youth
- held approximately weekly at the Frisoli and around East Cambridge

Young People's Project

This extension of the Algebra Project offers math, computer and other academic enrichment to Area 4 preteens.

- participating: 35 preteens
- held Monday - Thursday at Area 4 12 months per year



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EXECUTIVE DEPARTMENT
ROBERT W. HEALY
City Manager

RICHARD C. ROSSI
Deputy City Manager

June 8, 1998

To The Honorable, The City Council:

Please find attached a response to Awaiting Report Item No. 6, regarding a report on the number of internships and job placements that have been generated in Cambridge firms including the Office of Workforce Development and CRLS, received from Assistant City Manager for Human Services Jill Herold.

Very truly yours,

Robert W. Healy
City Manager

RWH/mec
Attachment

Consent Agenda #10

5-420

A report on the number of
internships and job placement that
have been generated in Cambridge
firms including of Office of
Workforce Development and CRLS.

In City Council June 8, 1998

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