



City of Cambridge
Department of Human Service Programs
51 Inman Street, Cambridge, Massachusetts 02139, 498-9076

MEMORANDUM

TO: Robert W. Healy
FROM: Jill Herold *[Signature]*
DATE: February 14, 1991
RE: Response to Council Order No. 22, dated 2/4/91 regarding
classes at the War Memorial

The attached information is submitted in response to
Council Order No. 22 regarding classes at the War Memorial.

JH/cg
Attachments

RECEIVED
91 FEB 15 AM 8:52
OFFICE OF THE CITY MANAGER

DIVISIONS:

Childcare
498-9076

Community Learning Center
547-1589

Community & Youth
498-9037/9072

Council on Aging/Elderly Services
498-9039

Low Income Fuel Assistance
498-9038

Planning & Development
498-9076

Recreation
498-9028

MultiService Center/Homeless Services
864-6340



City of Cambridge
Department of Human Service Programs
51 Inman Street, Cambridge, Massachusetts 02139, 498-9076

M E M O R A N D U M

TO: Paul R. Ryder, Division Head

FROM: Donna Cameron, Recreation

DATE: February 8, 1991

SUBJECT: City Council Order 22

In response to City Council Order #22, I would like to offer the following information:

I. Spring Semester Classes Offered

- A. Forty-one classes are being offered this Spring - This number can fluctuate depending on instructor availability and space.

The Spring Schedule is as follows:

- 2 Adult Beginning Swim Classes (20 participants)
- 1 Adult Advanced Beginner Swim Class (10 participants)
- 2 Beginner Tennis Classes (Adult) (20 participants)
- 1 Advanced Beginner Tennis Class (Adult) (10 participants)
- 2 Intermediate Tennis Classes (Adult) (20 participants)
- 2 Advanced Tennis Classes (Adult) (20 participants)
- 1 Aerobic Class (Adult) (unlimited)
- 2 Aqua Aerobic Classes (Adult) (36 participants)
- 1 Mixed Toddler/Pre School Swim Class (15 participants)
- 1 Toddler Swim Class (15 participants)
- 1 Pre-School Swim Class (15 participants)
- 2 Childrens Beginner Level I & II Swim Class (30 participants)
- 2 Childrens Beginner Level III & IV Swim Class (30 participants)
- 2 Children Advanced Beginner Level I & III Swim Classes (35 participants)
- 1 Childrens Intermediate Swim Class (20 participants)
- 1 Childrens Swimmer/Advanced Swimmer Swim Class (20 participants)
- 1 Synchronized Swim Team (Children) (15-20 participants)
- 1 Synchronized Swim Class (Children) (10 participants)
- 1 Special Needs Swim Class (Older Children) (15 participants)
- 4 Gymnastics Classes (Children) (40 participants)
- 2 Pee Wee Tennis Classes (Children) (16 participants)
- 2 Beginner Tennis Classes (Children) (20 participants)
- 1 Advanced Beginner Tennis Class (Children) (10 participants)
- 1 Intermediate Tennis Class (Children) (10 participants)
- 1 Advanced Beginner/Intermediate Mix Tennis Class (Children) (10 participants)

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B. Three Professional courses will be offered as well:

- 1 Lifeguard Crossover
- 2 Full Lifeguarding Courses

II. Waiting Lists

Waiting Lists are maintained for all classes. If a participant cancels before a program begins or within the first two weeks, people on the waiting list are called to fill the spaces. This is normally not done after the second week as the continuity of the class is disrupted.

III. Registration

A new process for registration will begin with the Fall 1991 program.

Registrations will be processed by mail. All envelopes will be batched by post mark with the earliest opened first. Walk-in registrations will be accepted after the mail registration deadline. A book is being developed to cover all activities at the War Memorial. The mailing list is being developed from all previous class registration sheets from July 1990 - June 1991. In the Spring, forms will be available at the War Memorial Desk during regular operating hours so that those in non - class activities can be added to the mailing. The books will be available at all public buildings as well as many stores, banks, etc.

The mail registration and mailing of the books will happen four times a year. There will be a one week walk-in registration available after all the mail registration is completed. If any space is available it will be filled at that time.

IV. Publicity - Please see attached

RECREATION DIVISION 1991

War Memorial Facility (Pool & Gym)

Contact: Donna Cameron, 349-6230
Pool number: 349-6279
Monday-Friday 5:30 - 9:00 p.m.
Saturday 1:00 - 5:00 p.m.
Sunday 12:00 - 5:00 p.m.

Please refer to the schedule for swim times. When the Cambridge Public Schools are cancelled due to bad weather, recreation programs are also cancelled. For evening or weekend cancellations listen to radio station WEEI or WBZ. No refunds on swim passes. All participants must follow the rules established by the Recreation Division.

Facility Closing Dates: December 14, 23 - 31, January 1, 4, 15, 21, 25, February 1, 12, 18, March 18, 29 - 31, April 15, May 24 - 27, June 10 - 23.

Late Openings: December 17, January 8, 18. 6:30 p.m.

POOL FEES

	Resident	Non-Resident
Per swim - Child	\$1.00	\$1.25
Per swim - Adult	2.50	3.75
Per swim - Senior Citizen (65+)	1.00	1.25
Monthly Pass	30.00	35.00
6-Month Pass	90.00	105.00
Yearly - Child	35.00	55.00
Yearly - Adult	120.00	155.00
Yearly - Senior Citizen (65+)	35.00	55.00
Yearly - Couple*	175.00	225.00
Yearly - Family	170.00	220.00

*A couple constitutes two people living at the same address. Proof must be shown when the pass is purchased.

POOL SCHEDULE

Adult Lap Swim

Monday - Friday	5:30 - 9:00 p.m.
Saturday	1:00 - 5:00 p.m.
Sunday	12:00 - 5:00 p.m.

Family Swim

Monday - Thursday	5:30 - 6:30 p.m.
Friday	5:30 - 8:30 p.m.
Saturday	2:00 - 4:30 p.m.
Sunday	12:00 - 4:30 p.m.

Children's Swim

Saturday	2:00 - 4:30 p.m.
Sunday	12:00 - 4:30 p.m.

PICK UP

Activities begin week of September 24th. Showers are available. Sneakers are required. Please no eating, drinking, or smoking in the gym or field house. Rules for activities at front desk. If rules are not followed activity will be discontinued.

Men's Basketball

Age: 21 and above
Fridays
Fee: \$2.00 per time
I.D. required
Mass License or Registry I.D. only.
Limit 25

Women's Basketball

Age: 18 and above
Wednesdays
7:00 - 9:00 p.m.
Saturdays
2:30 - 5:00 p.m.
Fee: \$2.00 per time

Women's Soccer

Age: 18 and above
Sundays 2:15 - 3:45 p.m.
Fee: \$2.00
Begins November 4

Co-ed Basketball

Age: 21 and above
Sundays
12:00 - 2:00 p.m.
Women must participate in order that this program continue. I.D. required.
Mass. License or Registry I.D. only.
Limit 30
Fee: \$2.00

Co-Ed Volleyball

Age: 18 and above
Fridays
7:00 - 9:00 p.m.
Sundays
12:00 - 2:00 p.m.
Fee: \$2.00 per time
Pick up only, no teams
Limit 55

Logging

Age: 18 and above
Fridays
7:00 - 9:00 p.m.
Sundays
12:00 - 2:00 p.m.
Fee: \$2.50 per time.
The use of the track is restricted to the above times. If you use it without authorization, you will be required to leave.

WAR MEMORIAL RULES

1. Use the Cambridge Street entrance when entering or exiting the premises.
2. All patrons must check in at the front desk before proceeding to the locker rooms.
3. Proof of residence is required for purchase of pass, class sign-up, or daily visits. Non-resident rates will be charged if no proof of residence is presented.
4. Acceptable proof of residence: Mass. Driver's License, complete utility bill head, rent receipt, or checkbook listing name and complete address. No other form of proof is acceptable.
5. Inappropriate behavior on the part of participants can result in a suspension of privileges at the War Memorial. This includes use of profanity.
6. All patrons must exit building by 9:15 p.m. Mon.-Fri. 5:15 p.m. Sat. & Sun.
7. The Recreation Division reserves the right to change days and times of all scheduled activities.
8. Bring a lock for your locker.
9. No shoes on the pool deck per order of Health Dept.
10. Children's swim fee: Ages birth to 17.
11. Children under 17 can not be admitted to Family Swim if not accompanied by an adult.
12. Children under 4 feet must be accompanied in the pool by an adult.
13. Children not toilet trained must wear rubber pants and diapers.
14. Do not leave children in strollers unattended. Lifeguards cannot accept responsibility for watching children.
15. Parents will sit in the balcony during swim classes for children ages 6 and up.
16. Lanes will be pulled for lessons at the discretion of the Recreation Division.
17. All patrons must shower before entering the pool per order of Health Dept..
18. No patron is to enter the pool if lifeguards are not present.
19. Pool pass must be shown every time you swim.
20. Patrons are not to depend on using the diving tank. It is often scheduled for instructional purposes. It will also remain closed if there are less than four lifeguards on duty.
21. Lanes are marked for speed. Make sure you are in an appropriate lane for your ability. The fast lanes are for high performance swimmers.
22. Proper pool etiquette is required. If you need to pass, tap the foot of the swimmer in front of you and make sure there is no oncoming swimmer.
23. Swim fins can be used only if a lane is empty.
24. No admission to building after 8:30 p.m. Mon.-Fri. or 4:30 p.m. on Sat. or Sun..

WEIGHT ROOM

An instructor is available during weight room hours to assist you in developing a program to meet your needs. The schedule is subject to change. Check with the weight room supervisor.

Ages: 18 and above (Under 18, weekends only)
Tuesday - Friday 7:00 - 9:00 p.m.
Saturday, Sunday 12:00 - 5:00 p.m.

	Year	6 Month	Month	Per Visit
Weight Room and Pool	\$155.00	\$105.00	\$40.00	\$3.75
Weight Room	\$100.00	\$65.00	\$30.00	\$2.50
*Student Weight Room				\$1.00

*Available for ages 14 - 17

SPRING CLASS SCHEDULE 1991

Contact: Donna Cameron, 349-6230
Pool number: 349-6279

When the Cambridge Public Schools are cancelled due to bad weather, recreation programs are also cancelled. For evening or week-end cancellations listen to radio station WEEI or WBZ. The Recreation Division reserves the right to cancel classes for insufficient enrollment. Refunds will only be given if a class is cancelled.

Registration

Tuesday, March 5
51 Inman St.
10:30 a.m. - 4:30 p.m.
5:30 p.m. - 7:30 p.m.

War Memorial Building
1640 Cambridge Street
March 6 - 15
Monday-Friday, 5:30 - 8:00 p.m.
Saturday, 9:00 a.m. - 4:00 p.m.
Sunday, 12:00 - 4:00 p.m.

Limited Partial Scholarships are available. Criteria and forms at 51 Inman St. (For Children 6 - 12) Must be submitted in advance of registration.

SWIM LESSONS RED CROSS INSTRUCTION IS PROVIDED.

ADULTS	CHILDREN	Mixed Toddler/Pre School	Intermediate
Beginners Monday, 6:30 - 7:15 p.m. April 8 - May 20 (No class April 15) Fee: \$15.00 Resident, \$18.00 Non-Resident (6 weeks) Wednesday 7:30 - 8:15 p.m. March 27 - May 29 Fee: \$25.00 Resident, \$30.00 Non-Resident (10 weeks) Advanced Beginner Monday, 5:45 - 6:30 p.m. April 8 - May 20 (No class April 15) Fee: \$15.00 Resident, \$18.00 Non-Resident (6 weeks)	Fee: \$20.00 Resident; \$30.00 Non-Resident (10 weeks) Classes begin March 23, no class March 30 or May 25 Be sure and register your child in the correct level for swimming as transfers cannot be made. Use the criteria list available. Parent must accompany child in pool. Diapers and rubber pants required. It is a good idea to have your child wear a tee shirt for extra warmth. Please feel free to bring a favorite toy that your child can take into the pool.	School Ages: 12 months - 5 years Saturdays 9:00 - 9:30 a.m. Toddler Ages: 18 months - 36 months Saturdays 9:30 - 10:00 a.m. Pre-School Instruction Ages: 3 - 5 years Saturday 11:00 - 11:30 a.m. Beginner Level I + II Ages: 6-12 Saturday 10:00 - 10:45 a.m., 12:15 - 1:00 p.m. Beginner Level III + IV 11:30 a.m. - 12:15 p.m. 12:15 - 1:00 p.m. Advanced Beginner Ages 6 - 12 Saturday 9:00 - 9:45 a.m. 12:15 - 1:00 p.m.	Ages: 6 - 12 Saturday 10:00 - 10:45 Swimmer and Advanced Swimmer Ages 6 - 12 Saturday 11:00 - 11:45 a.m. Synchronized Swimming March 17 - June 2 Fee: \$20.00 Resident; \$25.00 Non-Resident Sunday 9:15 - 10:00 a.m. Level I Beginner - Must swim at an intermediate skill level (good breast stroke) Water Lilly Team Sunday March 17 - June 2 10:00- Noon Please register during the registration period.

War Memorial Gym

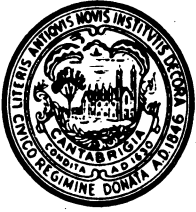
CHILDREN	ADULTS
April 6 - June 1 No class May 25 Note: Parents are required to participate in the 9:00 a.m. and 10:00 a.m. class. If a child is 4 in the 11:00 a.m. class a parent must participate. Siblings who are not in class may not be brought into the field house during instructional period. Proof of Cambridge residence and birth certificate is required and must be shown at the time of registration. Skills of participants of all levels will be checked. If the child is not up to the level, your money will be refunded. GYMNASTICS Gymnastics and Movement (8 weeks) Ages: 3 - 4 Saturday 9:00 - 10:00 a.m. Fee: \$16.00 No experience required. Obstacle course and movement games. Gymnastics (8 weeks) Ages: 4 - 5 Saturday 10:00 - 11:00 a.m. Fee: \$16.00 No experience required	Gymnastics (8 weeks) Ages: 4 - 6 Saturday 11:00 - 12:00 p.m. Fee: \$16.00 One year of gymnastics required. Gymnastics (8 weeks) Ages: 7 - 8 Saturday 12:00 - 1:00 p.m. Fee: \$16.00 Two Years of gymnastic required. Pee Wee Tennis (8 weeks) Fee: \$18.50 Ages: 4 - 5 years Saturday 9:00 - 9:45 a.m. Ages 5 - 6 years Saturday 9:45 - 10:30 a.m. Beginner Tennis (8 weeks) Ages: 7 - 14 Saturday 10:30 a.m. - 11:15 a.m. and 11:15 a.m. - 12:00 p.m. Fee: \$18.50 Advanced Beginner Tennis (8 weeks) Ages: 7 - 14 Saturday 12:45 - 1:30 p.m. Fee: \$18.50 Intermediate Tennis (8 weeks) Ages: 7 - 14 Saturdays 1:30 - 2:15 p.m. Fee: \$18.50
	Mixed Advanced Beg./Intermediate (8 weeks) Ages: 7 - 14 Saturdays 2:15 - 3:00 p.m. Fee: \$18.50 Beginner Tennis 7:00 - 8:00 p.m. Monday April 8 - May 20 Age: 18 and above (no class 4/15) Fee: \$13.50 (6 weeks) Additional class 8:00 - 9 Advanced Beginner Tennis 7:00 - 8:00 Wednesday, March 27 - May 29 Fee: \$22.50 (10 weeks) Intermediate Tennis 7:00 - 8:00 Wednesday March 28 - May 30 Fee: \$22.50 (10 weeks) Age: 18 and above Additional Class 8:00 - 9 Advanced Tennis 7:00 - 8:00 8:00 - 9:00 p.m. Thursday, March 28 - May 30 Fee: \$22.50 (10 weeks) Age: 18 and above Aerobic Exercise 7:00 - 8:00 Age: 18 and above

Fee: \$45.00
March 26 - May 30
Tuesdays and Thursdays (10 weeks)

Low Impact Aerobics - The difference between high-low and low is that one foot is always in contact with the floor. Workout provides same aerobic and muscle toning benefits as a high impact class without the stress on knees and ankles. 25 minutes of aerobics, 5 minute warm up and cool down, and 25 minutes of floor work and conditioning. Geared toward toning and flexibility.

This class is designed for participants already in condition through endurance activities.

Aqua Aerobics
Age: 18 and above
Fee: \$30.00
April 2 - May 30
Tuesday and Thursday (8 weeks)
6:30 - 7:30 p.m.
7:30 - 8:30 p.m.
Combine your water aerobics conditioning with toning and firming your problem areas. Combine music, movement, and exercise in a safe non-impact aquatic environment. One hour in the water. Depth of pool is 3 1/2 feet.



CITY OF CAMBRIDGE

CAMBRIDGE, MASSACHUSETTS 02139

TEL. 349-4300

FAX. 349-4307

EXECUTIVE DEPARTMENT

ROBERT W. HEALY

City Manager

RICHARD C. ROSSI

Deputy City Manager

February 25, 1991

To The Honorable, The City Council:

In response to Awaiting Report Item No. 39, regarding classes at the War Memorial, attached please find a report from Jill Herold, Assistant City Manager for Human Services, concerning this matter.

Very truly yours,

Robert W. Healy
City Manager

RWH/mev
attachment

CONSENT Agenda # 13 *S-297*

Awaiting Report Item Number Thirty-Nine
regarding classes at the War Memorial.

In City Council,

February 25, 1991

Placed on file