



City of Cambridge

22
IN CITY COUNCIL

April 24, 1989

MAYOR VELLUCCI

WHEREAS: Regular exercise is proven to be healthy and to reduce the chances of coronary heart disease; and

WHEREAS: May is traditionally National Fitness Month as endorsed by the President of the United States; and

WHEREAS: The International Racquet Sports Association is endorsing a public awareness program called "Commit To Get Fit" with The Cambridge Racquet and Fitness Club offering free fitness testing and exercise prescription available to the public for the benefit of the Special Olympics; now therefore be it

RESOLVED: That I, Alfred E. Vellucci, hereby proclaim that May, 1989 will be fitness month and urge Cambridge residents to participate in an exercise program and to receive a free fitness test and exercise prescription; and be it further

RESOLVED: That the City Council also expresses its gratitude to the Cambridge Racquet and Fitness Club for their genuine concern in regard to the health and well being of the public and their assistance in helping this Special Olympic Program.



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- RESOLVED: That the City Council also expresses its gratitude to the Cambridge Racquet and Fitness Club for their genuine concern in regard to the health and well being of the public and their assistance in helping this Special Olympic Program.

In City Council April 24, 1989.

Adopted by the affirmative vote of 7 members.

Attest:- Joseph E. Connarton, City Clerk.

A true copy;

ATTEST:-

Joseph E. Connarton, City Clerk.

Order #22

S-277

M. Vellucci re: resolutions proclaiming May, 1989
as Fitness Month in Cambridge & expressing the
Council's gratitude to the Cambridge Racquet & Fit-
ness Club for their genuine concern regarding the
health & well-being of the public.

In City Council,

April 24, 1989

4-24-89

Order

Adopted