



The Commonwealth of Massachusetts

House of Representatives

State House, Boston 02133

CHARLES FLAHERTY
SPEAKER

ROOM 356

OFFICE PHONE
722 2500

PRESS RELEASE
JANUARY 6, 1993

Contact: Peter Lucas
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Speaker Charles Flaherty (D-Cambridge) and Representative Mark Roosevelt (D-Boston), Chairman of the Committee on Education, Arts and the Humanities, are very pleased to announce the passage of the Massachusetts Childhood Hunger Relief Act. This bill was filed to address the ongoing epidemic of hunger that confronts our children in every corner of the state. Its recommendations are based on a 1991 statewide study that found that 1 in 4 children under the age of twelve face the reality of hunger every day.

"The issues that concern children, particularly health and education, have always been my number one priority. This bill is a cost effective, proven investment on behalf of our most vulnerable population. I am proud to know that there are hungry children today who will receive nutritious food tomorrow because of our work," said Speaker Flaherty.

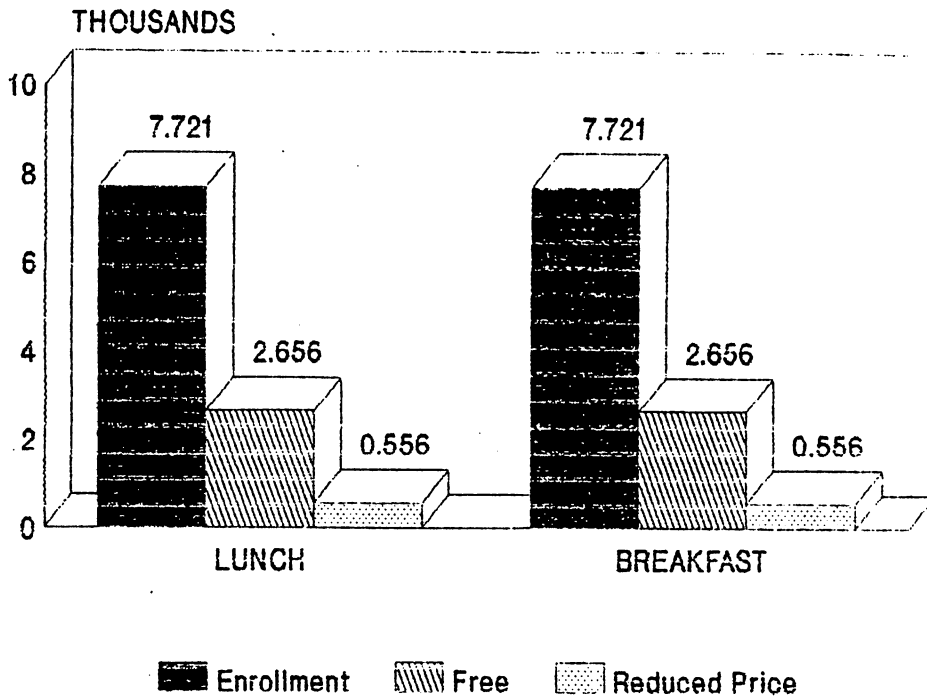
The Massachusetts Childhood Hunger Relief Act has three major components. This bill will:

- o make nutritious food and nutrition education available to low-income, pregnant women, infants and children through the WIC program;
- o increase participation of needy families in the federally funded Food Stamp Program;
- o expand participation of low income children in the School Breakfast and Summer Food Service Programs.

Representative Roosevelt said, "This bill reflects the best of our government policies, a fiscally sound investment in prevention rather than cure. By placing a priority on kids, we are doing the right thing and protecting the economic future of our state. This bill is an integral part of our education reform efforts because it will help kids come to the classroom healthy and ready to learn."

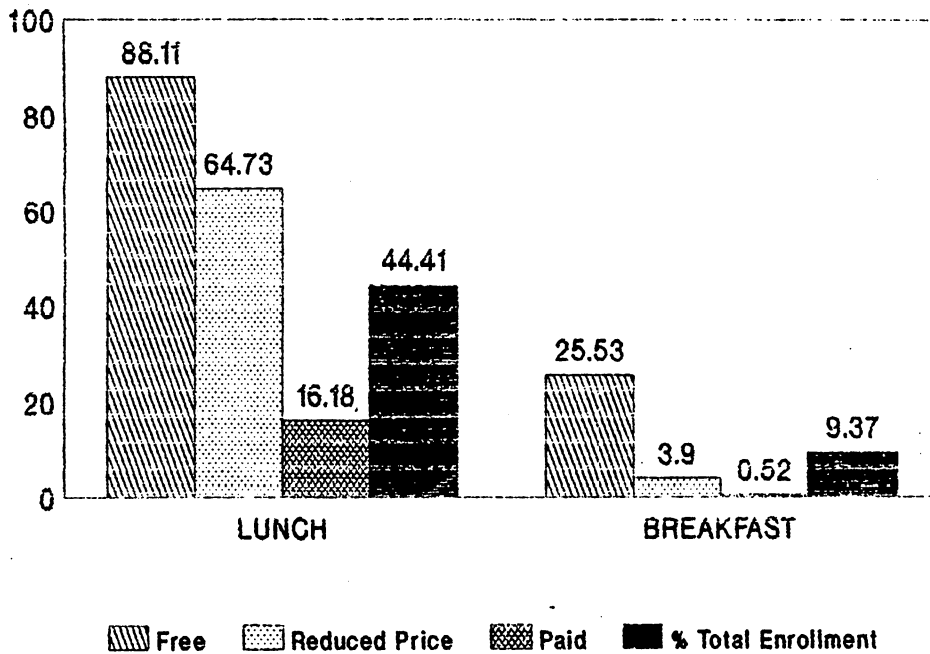
CAMBRIDGE

BREAKFAST AND LUNCH APPLICATIONS



CAMBRIDGE

% BREAKFAST AND LUNCH PARTICIPATION



SOURCE: DEPARTMENT OF EDUCATION
AVERAGES: 1/92-6/92

SUMMER FOOD SERVICE PROGRAM

Each summer the City of Cambridge Department of Human Service Programs participates in a youth feeding program known as the Summer Food Service Program. This program is sponsored by the Federal government and is administered by the State Department of Education through its Bureau of Nutrition. The Summer Food Service Program is an extension of the School Lunch Program which is offered during the school year. The intention of the program is to provide a continuous meal service during the summer months so that children enrolled in summer activities can continue to benefit from a nutritiously balanced meal. The Cambridge School Department Food Service is preparing and delivering meals for the program.

Typically, the program is offered in conjunction with summer camps throughout the city. Providing meals at an "enrolled" site works best because this heavily regulated program requires income verification, attendance records, accurate projections of meals to be served, and strict procedures about how and where meals will be served. These regulations are barriers to operating open or drop-in sites that may not be associated with a camp program.

In the summer of 1991, the city's summer food program consisted of 12 meal sites serving approximately 750 youth. A total of 8,906 breakfasts, 14,970 lunches and 6,842 snacks were served. In addition to the city's program, more youth received meals at sites operated by private, non-profits such as Cambridge Camping and Phillips Brooks House.

Several initiatives are planned to increase participation in the summer food program in 1992. First, the State has determined six of our school neighborhoods as area eligible sites. These are: Fitzgerald, Fletcher, Harrington, Morse, Kennedy and Maynard. In 1991, no neighborhoods were determined to be "area eligible" based on students in the school who were determined to be eligible for free and reduced meals. We can operate an open meal site in any of these six areas, provided that the site is open to any youth from that area. This year, camps that are operating in these areas will "open" their meals so that additional youth can join the camp during mealtime. So far, this will be occurring in the Fitzgerald, Fletcher, Harrington, and Kennedy areas. If staffing permits and the demand is sufficient, meals may even continue beyond the camp program.

We are also piloting a new site at Jefferson Park housing development. This will operate as a drop-in for youth in the development. There will be scheduled educational and recreational activities leading up to the meal. Youth can drop in on any days to participate.

We have also contacted all summer camps that will operate in the city in 1992, to insure that we are not missing any camps that may want to participate in the program. Several of them are not permitted to participate in the program because they are already operating a federal food program, for example for a child care feeding program. An agency cannot participate in more than one federal food program simultaneously.

1992

Aug Meal Prog Attendance

	6/29 (168)	7/6 (909)	7/13 (926)	7/20 (941)	7/27 (912)	8/3 (820)	8/10 (707)	8/17 (171)	8/24 (33)	
House BA (34)	68	60	48	63	65	52	44			} avg camp attend 62 enroll 112
ER (33)	35	35	35	33	30	32	34			
CS (28)	18	20	22	22	22	22				
Salt Army (44)	47	43	44	43	45	38	36	33	33	
Fletcher (30)	.	22	49	51	47	47	22		?	
Compass (29)	.	298	296	276	260	249	227		?	
Fty (29)	.	120	115	121	110	95	90			avg attend 92 enroll 109
G & P (30)	.	76	71	77	86	81	62			
Hammock (30)*	.	32	29	30	29	24	23			avg attend 20 enroll 28
King (30)	.	20	25	21	22	22	19			
Moore (20)	.	7	10	8	5	.	.			
CCA (34)	.	133	145	154	150	149	144	134		
Jeff Pk (34)	.	10	7	8	10	9	6	4		
Summerbidge (20)	.	33	30	30	31					

At least 992 different people served, assuming stable enrollment in each camp
In fact, because many campers attend less than a full session, probably about 2X that #.

* Hammock served, on avg, 7 extra drop-ins, including 15 different children

BALLOT QUESTION 1

Information: Call (603) 253-2300
c/o Gerald Bergman
11 Inman Street
Cambridge, MA. 02139

PUBLIC POLICY QUESTION - NOVEMBER 5, 1991

Shall the City of Cambridge, in response to the growing hunger crisis which affects primarily elders and one in four children, develop and implement a *Cambridge Food Policy* which would recognize the right of every resident to accessible, safe, nutritious, culturally acceptable and affordable food, without barriers and without stigma, and shall such a policy include as some of its goals:

- 1) at least 50% participation of all eligible children in the Summer Food Service Program for Children during the summer of 1992, and 100% return of eligibility applications during this 1991-1992 school year in the subsidized School Breakfast and Lunch program;
- 2) 100% accessibility to all Federally financed food programs, through development of an aggressive outreach campaign regarding the Federal Food Stamp Program, the Special Supplemental Food Program for Women, Infants and Children (WIC) and nutrition programs for elders, emphasizing the need for translated materials, multi-lingual human service workers and the elimination of the stigma of participation;
- 3) integration of nutrition education into elementary and secondary school curricula and ongoing monitoring and staffing of school food programs;
- 4) financial assistance for food purchases so that emergency food pantries, meal programs and shelters can provide adequate and nutritious food during the period in which other goals of the Cambridge Food Policy are being developed and implemented;
- 5) examination of overall city development and city policy for its impact on the availability of food to neighborhoods and individuals through non-emergency food sources, and recognition that people's access to safe, nutritious, culturally acceptable and affordable food must be a priority in overall city development and policy;
- 6) recruitment of a fully representative citywide committee of residents and providers with maximum possible representation by those in need, which would develop further goals and strategies regarding the Cambridge Food Policy and hold hearings every six months so that Cambridge residents can assess the progress being made by city councilors, school committee members, city employees and city agencies on the development and implementation of the Cambridge Food Policy.

SUMMARY

The proposed question involves the city's stance on the hunger crisis affecting primarily elders and children in Cambridge. A "yes" vote advises the City Council that Cambridge voters wish to have the City develop and implement a Cambridge Food Policy. A "no" vote advises the City Council that no change is wished.

According to Massachusetts General Laws, Chapter 630 of the Acts of 1989, the Election Commission is required to print arguments of proponents and opponents of a question submitted solely to the voters of Cambridge. Below are such arguments:

Argument for Question 1

One in four children in Cambridge is hungry or at risk of being hungry. Alarming numbers of elders and families struggle to meet minimal nutritional needs. Many of us are a paycheck, rent increase or health care crisis away from being unable to feed our families.

Your vote for a Cambridge Food Policy is a call to action. Hunger and malnutrition among Cambridge residents can and must be eliminated. Enough food exists to nourish everyone in the city. Hunger and malnutrition are symptoms of the larger problem of inadequate and unequal distribution of food and other resources.

The goals of the Cambridge Food Policy acknowledges that access to acceptable and affordable food without barriers and without stigma is a basic human right and part of a dignified human existence.

The Cambridge Food Policy will direct the city to make federal food programs more accessible. Hundreds of thousands of federal dollars go unspent because people are not signed up for programs which provide summer food for children, school breakfasts and lunches, and Food Stamps.

The Cambridge Food Policy goes beyond the work of meals programs and food pantries which serve more than 5000 Cambridge residents each month, by addressing not only the symptoms but the causes for hunger and malnutrition.

Access to safe, nutritious, culturally acceptable, and affordable food is a right, regardless of economic or social class. The Cambridge Food Policy will provide the framework within which the city, its residents and all groups in the city can take action.

PASSED ON NOVEMBER 5, 1991 -- 80% OF CAMBRIDGE VOTERS

VOTED YES -- IMMEDIATE ADOPTION OF A

CAMBRIDGE FOOD POLICY

Bread and Justice Food Pantry/C.E.O.C.

11 Inman Street • Cambridge, MA 02139 • (617) 868-2900

July 31, 1992

Mayor Ken Reeves
Member, City Council Committee on Hunger
Chair, Cambridge School Committee

Dear Mayor Reeves,

I am writing to voice my concern over the underutilization of the Cambridge free/reduced breakfast program. In order to prepare for the Fall school program, it may be appropriate to begin developing plans for a well targeted approach to parents and children to involve those interested in the school breakfast program.

It is not too early to:

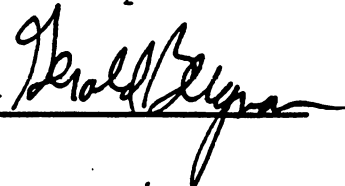
- a) assess bus transportation schedules to make certain that they do not negatively impact on the breakfast program;
- b) develop outreach materials that are translated into the necessary languages and appeal to various multi-cultural/multi-ethnic groups;
- c) develop empowerment tools which can involve parents and students in developing breakfast programs that are acceptable in regard to food content and manner of presentation;
- d) develop positive and upbeat food/nutrition campaigns that meet the current needs of students and parents;
- e) gain school department support for an integrated approach to nutrition education and school food programs that would meet the cultural and ethnic needs of students and which would involve teachers, parents and students in an empowering approach to good nutrition.

I am attaching a summary of a study of the importance of school breakfasts and some empowerment tools regarding developing the proper menus for school food programs.

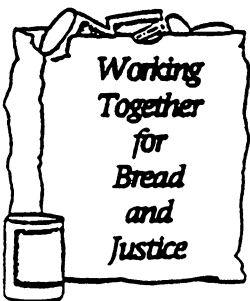
I believe that with the involvement of those with concerns and expertise, and with the leadership of the School Department, School Committee and City Council, an outstanding food program can be planned.

cc. Ed Cyr, Hunger Committee
Tim Toomey, Hunger Committee

Sincerely,
Gerald Bergman



- Empower people in need
- Advocate for new laws and regulations that will help hungry people
- Expand public awareness of hunger and its root causes
- Feed the hungry



New England
Medical Center Hospitals

1796 Boston Dispensary
1894 Floating Hospital for Infants and Children
1938 Pratt Clinic
1948 New England Center Hospital
1958 Rehabilitation Institute



Tufts University

1893 School of Medicine
1899 School of Dental Medicine
1979 School of Veterinary Medicine
1980 Sackler School of Graduate
Biomedical Sciences

**Division of Pediatric
Gastroenterology and Nutrition**

Patient Appointments

Coordinator (617) 956-0135

Nursing Staff

Mary Forbes, R.N. (617) 956-0135
Anne Marie Pizzi, R.N. (617) 956-0135
Claire Thiebauth, R.N. (617) 956-0135

Division Administration

Carol Joubert (617) 956-0130

Research Laboratory

Robert K. Montgomery, Ph.D., Director (617) 956-7963

Richard J. Grand, M.D., Chief

Kathleen A. Calenda, M.D.
William H. Dietz, M.D., Ph.D.
Munir Mobassaleh, M.D.
Randi G. Pleskow, M.D.
John F. Thompson, M.D.
Menno Verhave, M.D.
Nancy E. Vinton, M.D.
Roslyn G. Weiner, Ph.D.

(617) 956-0130
(617) 956-0135
(617) 956-0132
(617) 956-0137
(617) 956-0134
(617) 956-0136
(617) 956-0135
(617) 956-0134
(617) 956-0132

**Recommendations of the Hunger and Nutrition Action Group
5 May 1992**

The Hunger and Nutrition Action Group of the Cambridge Health of the City Task Force recommends the following:

- 1) Create a nutrition ombudsperson for the City of Cambridge. Many of the recommendations made below have been made repeatedly. Little continuity exists within the City government to explore these recommendations in detail, and to develop the networks necessary to implement them. Many of our recommendations affect process or practice, do not require new dollars, and are best addressed by centralizing responsibilities that are currently diffuse. Responsibilities of the ombudsperson would include outreach in programs such as school feeding and Food Stamps as well as the development and implementation of grant proposals. These activities will help make the ombudsperson cost-effective. For example, full enrollment in school feeding would increase the revenues of that program by \$165,000.
- 2) Continued efforts to implement the City of Cambridge Food Policy (see attached).
- 3) Promote the recognition that what happens in school feeding programs is as important to health and education as what happens in the classroom. Efforts in this area should include nutrition education, use of school meals as a learning laboratory, food preparation, and improved control in the lunchroom. The recent health curriculum includes a solid and innovative nutrition component. This should be strengthened by the inclusion of material regarding the USDA food pyramid.
- 4) Explore methods to reduce the stigmatization of children who consume the school breakfast and lunch. These methods might include a review of transportation so that children can consume breakfast without arriving late to class, and the use of meal tickets that can be purchased either at full value or discount.

5) Review utilization of school physical education facilities on a school by school basis to identify sites and limitations for increased intramural activities, especially for girls.

6) Initiate immediately the dispersal of information about summer feeding programs.

7) Develop and decentralize the capacity to assist people with the financial information necessary to enroll in WIC. Strengthen the capacity for follow-up of those who are WIC eligible and who have sought to enroll. Develop specific outreach materials and approaches for different ethnic groups. The most logical sites for these activities are Health Centers.

8) Increase pediatric nutrition services in Health Centers.

9) Support grant applications from Cambridge Department of Human Services re: nutrition for homeless and coordination of public and private food assistance.

A HUNGRY CHILD CANNOT LEARN

THE RELATIONSHIP BETWEEN NUTRITION AND LEARNING

Hunger¹ and undernutrition² are growing problems among children in the U.S. because these conditions are directly related to poverty -- and the number of poor children is again on the rise. More than 33.5 million people in the U.S. lived below the poverty line in 1990, according to the Census Bureau. More than 20 percent of all U.S. children are poor. Government surveys show that as income decreases, so does the nutritional adequacy of diets. The poverty level itself is based in part on what it costs to purchase a minimally adequate diet. That means that families living at or below the poverty level are going to have a hard time buying even a minimally adequate diet.

While the impact of mild undernutrition cannot be easily measured, it can have serious effects:

- ***Undernutrition increases the risk of illness and its severity.***
- ***Undernutrition has a negative effect on children's ability to learn.*** It is difficult to isolate and measure the effects of chronic undernutrition because many other aspects of poverty may negatively affect a child's development. However, the consensus of research in this area is that undernutrition does have an independent effect on learning and behavior.
- ***The learning-related effects of undernutrition begin before any visible signs of growth retardation occur.*** Undernourished children are less physically active, less attentive, independent, or curious. They are more anxious, less responsive socially and cannot concentrate as well. As a result, their reading ability, verbal skills and motor skills suffer. These effects do not have to be permanent if better nutrition is provided and the environment is improved.
- ***Iron deficiency anemia is a specific kind of under nutrition, and one of the most prevalent nutritional problems among U.S. children.*** Even mild cases lead to shortened attention span, irritability, fatigue and decreased ability to concentrate. Anemic children do poorly on vocabulary, reading, mathematical, problem-solving and psychological tests.

While most people would agree that hunger hurts children, hungry children often seem invisible, and resolving the problem of childhood hunger does not always assume a high priority. The results of a recent study indicates that millions of kids are hungry in America. Hunger hampers children's ability to learn:

- ***Hunger leads to nervousness, irritability, disinterest in the learning situation and the inability to concentrate.*** The hungry child is passive, apathetic, timid and

¹ *Hunger is defined in The Relationship Between Nutrition and Learning, (NEA/FRAC, 1989) as a physiological and psychological state resulting when immediate food needs are not met.*

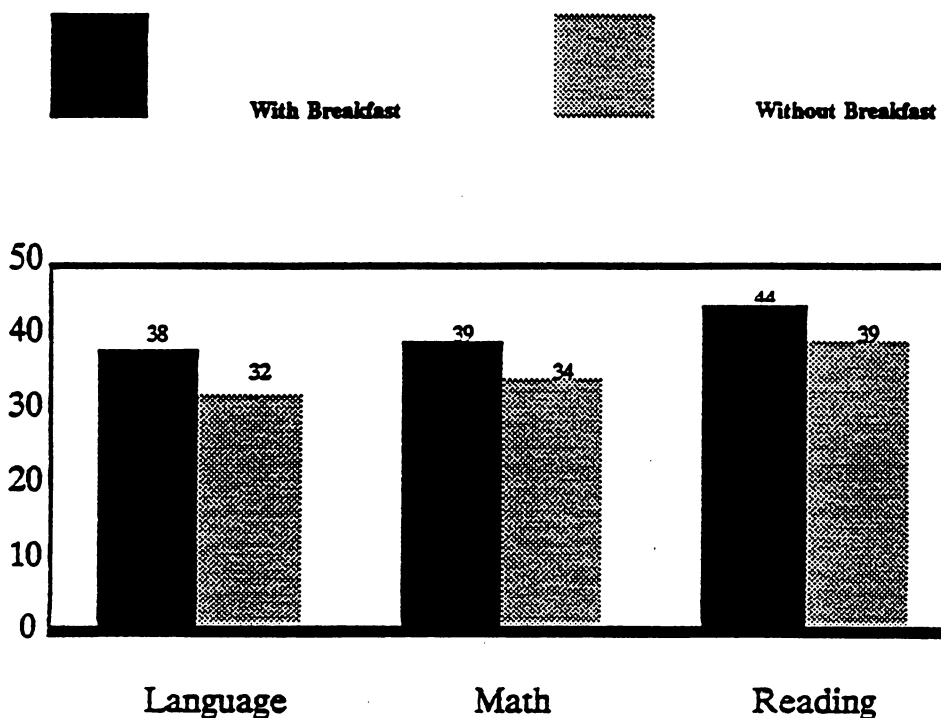
² *Undernutrition is the physiological state resulting from a prolonged lack of food with specific symptoms that can be detected in height and weight, physical examinations and biochemical (blood) tests. It can be a problem of either quantity or nutritional quality.*

- demands little from his environment.
- *Hunger probably has no permanent effects on the brain but it does disrupt the learning process* – one developmental step is lost and it is difficult to move on to the next one.

School Breakfast and School Performance

A 1987 study (*School Breakfast and School Performance*, Meyers, Sampson, Weitzman, Rogers, Kayne, *American Journal of Diseases of Children*, October, 1989) conducted in Lawrence, Massachusetts, showed that School Breakfast Program participation by low-income students is associated with significant improvement in standardized achievement test scores and tardiness rates, and a trend toward improvement in absenteeism. Previous studies had demonstrated a relationship between nutrition and learning, and federal surveys had shown that low-income students in breakfast programs tended to have better dietary intakes. The Lawrence study, however, was the first to connect the two findings.

**Lawrence Massachusetts Breakfast Study
Test-Score Increases on a 600-Point Scale**



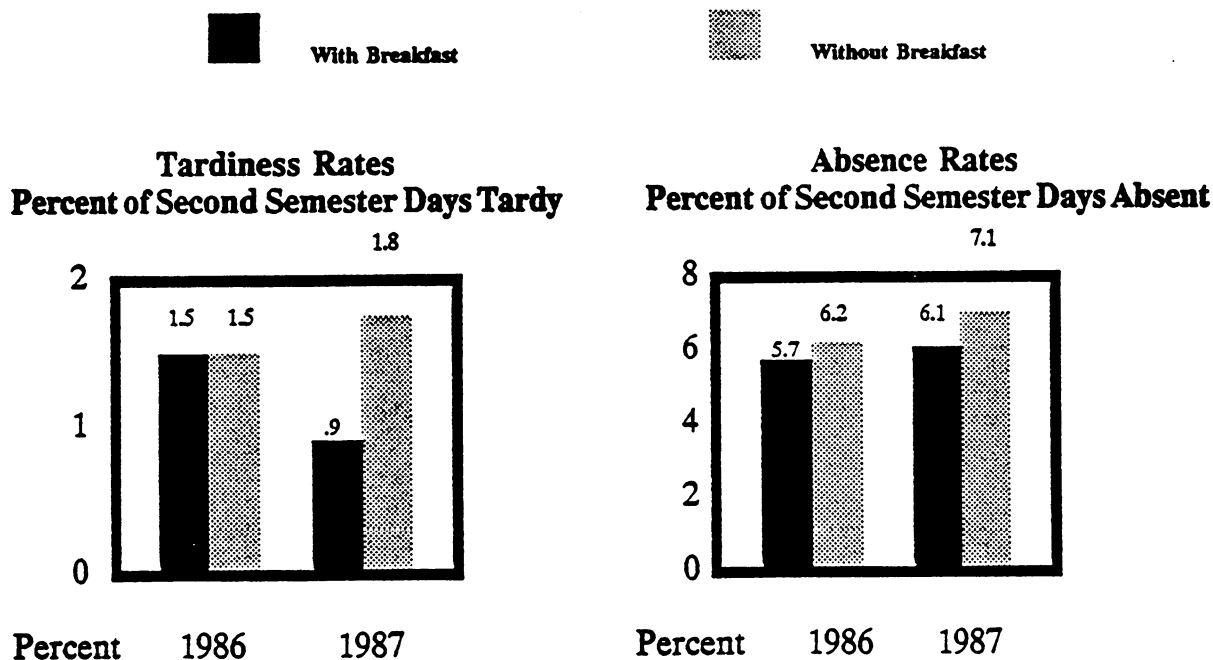
In this study, the achievement test scores of children in one year when their school had no breakfast program were compared with the scores of the same children in the following year when they participated in a newly initiated breakfast program. (Researchers took advantage of the opportunity presented by a 1986 Massachusetts law requiring that School Breakfast Programs be offered in any school with need – where 40 percent or more of students eating lunch were eligible for free or reduced-price meals.)

The study compared low-income students participating in the School Breakfast Program with students not participating. Achievement test scores improved for both groups, as would be expected from one year to the next, however the increase was greater for

students participating in the School Breakfast Program. On a scale of 200 to 800, children who had received breakfast improved their scores an average of 48.4 points over the previous year, while those who did not receive school breakfast improved only 40.9 points.

The study also reported that participation in the School Breakfast Program was associated with decreased rates of tardiness. Absence rates increased for both groups, but the increase was less for School Breakfast participants.

Lawrence, Massachusetts School Breakfast Study



"In this study of the effects of a newly-implemented School Breakfast Program we have found a small but statistically significant positive association between participation in the breakfast program and improvement in standardized achievement test scores and in tardiness," the study reports. "These data do suggest that participation in the School Breakfast Program by low-income children has real benefits for their academic function, tardiness rates, and perhaps absenteeism," the report noted.



food in the morning

1. Did you have some food this morning? Yes ___ No ___
2. Do you usually eat food in the morning? Yes ___ No ___
3. If you do not eat a morning meal regularly, why not?
___ not hungry ___ not enough time
___ don't like breakfast foods ___ other
4. On days that you skip breakfast, how do you feel at mid-morning?
___ fine ___ hungry/starving ___ headache ___ tired/bored
___ angry/franky ___ sick to my stomach ___ sad/bad ___ other
5. Which of the following did you include for breakfast this morning?
___ fruit or juice ___ pancakes or waffles ___ bagel
___ cereal with milk or cream ___ coffee/tea ___ fish
___ bread, toast, rolls ___ pop/soda/carbonated ___ egg roll
___ butter or spreads ___ beverages ___ pizza
___ tortilla ___ rice ___ grits
___ milk or cocoa ___ leftovers ___ quesadillas
___ cigarette ___ sandwiches ___ nothing
___ meat ___ eggs (kind) ___ other foods

COMPLETE THE FOLLOWING SENTENCES:

1. The thing that bothers me about eating food in the morning is _____
2. Eating breakfast would be more fun if _____
3. I feel best when I eat _____
4. The time of day I snack most is _____
5. I might be able to eat breakfast more often if _____
6. If I were stranded on a desert island, what five foods would I want to have with me? _____

¹ This survey form is reprinted courtesy of the Kansas Department of Education (with some modifications by author), and is included to provide an alternative format.

Sample Student Breakfast Interest Survey - I



Grade _____

Age _____

We would like to find out whether you usually eat breakfast and if you would like to have a breakfast program in your school every day. There no right or wrong answers. Please help us by answering these questions. Thank you.

1. Do you usually eat breakfast before coming to school? yes ___ no ___

2. If you usually eat breakfast:

What time do you usually eat? _____ a.m.

What do you eat for breakfast? _____

Do you fix your own breakfast? yes ___ no ___

3. What time do you get to school? _____ a.m.

4. Do you come to school by bus? yes ___ no ___

5. Do you buy food from the student store or vending machines before school? yes ___ no ___

6. Do you ever stop to buy food before school? yes ___ no ___

If you do, what kinds of food do you buy? _____

7. Do you usually eat lunch? yes ___ no ___

bring my own ___ go out to eat ___ eat school lunch ___

8. Do you usually eat dinner? yes ___ no ___

9. If a breakfast program were offered in school, it would provide milk, juice or fruit, cereal or bread (possibly muffins, tortillas, rice, toast, or pancakes), meat or other protein (such as eggs, cheese or peanut butter.) The breakfast would be free to the students who receive free lunches. It would cost 30 cents for students who receive reduced-price lunches. All other students would pay ___ cents.

If breakfast is available at school, about how many times a week would you eat? Check the number of times you think you might eat breakfast at school:

many times ___ once in a while ___ never ___

Sample Student Survey of Foods for Breakfast

Student Likes and Dislikes

Grade _____

Age _____

For all foods listed below place a check in any column to indicate how you feel about that food. You may check more than one column for each food.

FOODS	Like to eat	Don't like to eat	Never tried to eat	Would try to eat	Would never try to eat	Never heard of
Whole wheat toast						
Raisin bread						
Tortilla						
Dry cereal						
Oatmeal						
Grits						
Rice						
Cream of wheat						
Cornbread						
Muffin						
Biscuit						
Hash Browns						
Scrambled eggs						
Hard-boiled eggs						
Cheese toast						
Cheese (pieces)						
Quesadillas						
Peanut btr. sandw.						
Bacon/Sausage/ham						
Pizza						
Egg Roll						
Pancakes						
French toast						
Cottage cheese						
Carrots & celery						
Applesauce						
Orange juice						
Grape juice						
Tomato juice						
Grapefruit juice						
Apple juice						
Pineapple juice						
Orange halves						
Banana						
Strawberries						
Mango						
Cantaloupe						
Peach slices						
Pear						
White milk						

1. Name other foods you like to eat for breakfast _____

2. Name five of your most favorite foods you like to eat at breakfast time _____

Your child's school GRAHAM PARKS Grade 7

Was your child in a camp or summer program last summer? NO Which one? NONE

If you child did not go to any program, why not?

BECAUSE WE THOUGHT WE HAD TO PAY A LOT.

How do you expect your child to spend this coming summer? WE ARE NOT EXPECTING NOTHING

If you do not expect your child to attend any camp or summer program this year, why not?

THE MAIN REASON IS BECAUSE OF MONEY.

Do you want your child to receive free summer meals? YES If you would like to receive

information about summer programs in

Cambridge, please write your name and

address. 

CAMB, MA. 02139

Your child's school Dunstable Grade 5th

Was your child in a camp or summer program last summer? NO Which one? _____

If you child did not go to any program, why not?

DIDN'T NOT KNOW OF ANY

How do you expect your child to spend this coming summer? _____

If you do not expect your child to attend any camp or summer program this year, why not?

Do you want your child to receive free summer meals? ✓ If you would like to receive

information about summer programs in

Cambridge, please write your name and

address. 

Your child's school Kennedy Grade 6

Was your child in a camp or summer program last summer? NO Which one? _____

If you child did not go to any program, why not?

UNKNOWN WHERE TO GO

How do you expect your child to spend this coming summer? HOME

If you do not expect your child to attend any camp or summer program this year, why not?

BECAUSE, I DON'T KNOW WHERE TO GO TO APPLY.

Do you want your child to receive free summer meals? YES If you would like to receive

information about summer programs in

Cambridge, please write your name and

address. 

CAMBRIDGE MA 02140

Your child's school Graham & Parks Grade 185

Was your child in a camp or summer program last summer? NO Which one? NONE

If you child did not go to any program, why not?

BECAUSE WE THOUGHT WE HAD TO PAY A LOT.

How do you expect your child to spend this coming summer? nothing
WE ARE NOT EXPECTING

If you do not expect your child to attend any camp or summer program this year, why not?

IF WE DO, IT WILL ALWAYS BE BECAUSE OF THE MONEY.

Do you want your child to receive free summer meals? YES. If you would like to receive

information about summer programs in

Cambridge, please write your name and

address. 

CAMBRIDGE MASS 02139

Your child's school King Grade III & VI

Was your child in a camp or summer program last summer? Yes Which one? Campus

If you child did not go to any program, why not?

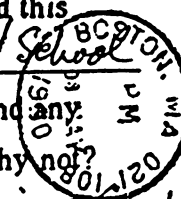
How do you expect your child to spend this coming summer? Summer Camp / School

If you do not expect your child to attend any camp or summer program this year, why not?

a) It's hard to get a seat in a camp
b) The cost is very very high

Do you want your child to receive free summer meals? YES If you would like to receive information about summer programs in Cambridge, please write your name and address.

Cambridge MA 02138



Your child's school HARRINGTON Grade 2 & 5

Was your child in a camp or summer program last summer? NO Which one? none

If you child did not go to any program, why not? because the school never has room for my child

How do you expect your child to spend this coming summer? Camp or Summer Program

If you do not expect your child to attend any camp or summer program this year, why not?

I would love my child to attend but as I said before the school never has room

Do you want your child to receive free summer meals? YES If you would like to receive information about summer programs in Cambridge, please write your name and address.

[Redacted]
02141

Your child's school [Redacted] Grade 2

Was your child in a camp or summer program last summer? NO Which one? -

If you child did not go to any program, why not? could not afford any program

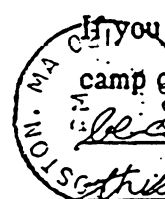
How do you expect your child to spend this coming summer? hopefully to go to camp

If you do not expect your child to attend any camp or summer program this year, why not? she wants to go to camp

I can not afford any program but I would like her to go to camp for the summer (2 wks)

Do you want your child to receive free summer meals? Yes If you would like to receive information about summer programs in Cambridge, please write your name and address.

[Redacted]
02139



Your child's school Fletcher Grade 3

Was your child in a camp or summer program last summer? NO Which one? -

If you child did not go to any program, why not? because there wasn't any space

How do you expect your child to spend this coming summer? In a summer program

If you do not expect your child to attend any camp or summer program this year, why not?

because they any space this year either

Do you want your child to receive free summer meals? Yes If you would like to receive information about summer programs in Cambridge, please write your name and address.

[Redacted]
Cambridge 02139

Your child's school Naynard Grade 2

Was your child in a camp or summer program last summer? No Which one? _____

If you child did not go to any program, why not? was home with kids. We did other

How do you expect your child to spend this coming summer? At home Things

If you do not expect your child to attend any camp or summer program this year, why not?

We like being together and I suspect would ~~cost~~ cost too much.

Do you want your child to receive free summer meals? _____ If you would like to receive

information about summer programs in Cambridge, please write your name and address. _____

Your child's school Fitzgerald Grade 2

Was your child in a camp or summer program last summer? no Which one? _____

If you child did not go to any program, why not? I did not have the money

How do you expect your child to spend this coming summer? at home

If you do not expect your child to attend any camp or summer program this year, why not?

I dont have The money

BOSTON
JUN 17 1990
9 120

Do you want your child to receive free summer meals? yes If you would like to receive

information about summer programs in Cambridge, please write your name and address. _____

Cambridge, Mass 02140
491-7720

Your child's school TOBIN Grade K-1

Was your child in a camp or summer program last summer? No Which one? _____

If you child did not go to any program, why not? COULD NOT AFFORD IT

How do you expect your child to spend this coming summer? ?

If you do not expect your child to attend any camp or summer program this year, why not?

NO FUNDS, I HAVE 2 CHILDREN TO SEND

Do you want your child to receive free summer meals? yes If you would like to receive

information about summer programs in Cambridge, please write your name and address. _____

CAMB, MA. 02140

Your child's school ML King Grade 6

Was your child in a camp or summer program last summer? yes Which one? YMCA

If you child did not go to any program, why not?

How do you expect your child to spend this coming summer? will be staying home

If you do not expect your child to attend any camp or summer program this year, why not?

I will be getting laid off soon. Therefore I can't afford

Do you want your child to receive free summer meals? yes If you would like to receive

information about summer programs in Cambridge, please write your name and address. _____

Cambr, MA 02139

1990

Your child's school TOBIN Grade 2

Was your child in a camp or summer program last summer? NO Which one? COMPAS

If you child did not go to any program, why not?

They denied my Application

How do you expect your child to spend this coming summer?

Camp or Summer program

If you do not expect your child to attend any camp or summer program this year, why not?

I have two boys I need help this summer to put them to a summer program

Do you want your child to receive free summer meals? yes If you would like to receive

information about summer programs in Cambridge, please write your name and

address. [REDACTED]

Cambridge MA, 02140

Your child's school ME Fitzerald Grade 3

Was your child in a camp or summer program last summer? no Which one? _____

If you child did not go to any program, why not?

I sign up to late and not workin

How do you expect your child to spend this coming summer?

day Camp if possible

If you do not expect your child to attend any camp or summer program this year, why not?

I want him to go real Bad. So if you can help me get in touch with me Real Bad

Do you want your child to receive free summer meals? _____ If you would like to receive

information about summer programs in Cambridge, please write your name and

address. [REDACTED]

Mass 02140

Your child's school WINGFELLOW Grade 2

Was your child in a camp or summer program last summer? NO Which one? _____

If you child did not go to any program, why not?

I COULD NOT AFFORD IT.

How do you expect your child to spend this coming summer?

TO GO TO CAMP

If you do not expect your child to attend any camp or summer program this year, why not?

MY SON WOULD LOVE TO BE IN A CAMP

Do you want your child to receive free summer meals? Yes If you would like to receive

information about summer programs in Cambridge, please write your name and

address. [REDACTED]

CAMB 02139

Your child's school SANDYS H. Grade 5th

Was your child in a camp or summer program last summer? NO Which one? _____

If you child did not go to any program, why not?

BECAUSE I DON'T KNOW ABOUT THIS

How do you expect your child to spend this coming summer?

I hope to find something for him this summer

If you do not expect your child to attend any camp or summer program this year, why not?

BECAUSE I'VE NEVER HEARD ABOUT ANY PROGRAM FOR THE SUMMER

Do you want your child to receive free summer meals? Yes If you would like to receive

information about summer programs in Cambridge, please write your name and

address. [REDACTED]

Your child's school LONGFELLOW Grade Kindergarten

Was your child in a camp or summer program last summer? no Which one? no

If you child did not go to any program, why not?

Because didn't give her a opportunity

How do you expect your child to spend this coming summer? I'd like my child to attend a summer program

If you do not expect your child to attend any camp or summer program this year, why not?

my child need speak english with other children, Because in my house all people speak Spanish

Do you want your child to receive free summer meals? yes If you would like to receive

information about summer programs in Cambridge, please write your name and address.

[Redacted]

Your child's school FITZGERALD Grade 3

Was your child in a camp or summer program last summer? No Which one? _____

If you child did not go to any program, why not?

because we did not know there was summer

How do you expect your child to spend this coming summer? I expect my child to attend summer program

If you do not expect your child to attend any camp or summer program this year, why not?

I expect my child to attend any camp or summer program this year but I don't know how to apply for it

Do you want your child to receive free summer meals? yes If you would like to receive

information about summer programs in Cambridge, please write your name and address.

[Redacted]

CAMBRIDGE, MA 02140

I will be very happy if my child can attend a summer program

Your child's school FLETCHER Grade 5th

Was your child in a camp or summer program last summer? _____ Which one? Couldn't afford it

If you child did not go to any program, why not?

How do you expect your child to spend this coming summer? JUST HANGING AROUND

If you do not expect your child to attend any camp or summer program this year, why not?

when your on welfare you don't have that much money to send your children to camp

Do you want your child to receive free summer meals? yes If you would like to receive

information about summer programs in Cambridge, please write your name and address.

[Redacted]

Your child's school R.F Kennedy Grade 6

Was your child in a camp or summer program last summer? No Which one? _____

If you child did not go to any program, why not?

We sent an application, never ^{got an} answer

How do you expect your child to spend this coming summer? Without a summer job

If you do not expect your child to attend any camp or summer program this year, why not?

The city cannot afford it, we also application we are not accepted

Do you want your child to receive free summer meals? in camp yes If you would like to receive

information about summer programs in Cambridge, please write your name and address.

[Redacted]

Mass 02140

1.7.12

Your child's school Maynard Grade 1st
Was your child in a camp or summer program
last summer? Yes Which one? Yes "89" YMCA
If you child did not go to any program, why not?

How do you expect your child to spend this
coming summer? At home

If you do not expect your child to attend any
camp or summer program this year, why not?
I Can't afford one this year
I'm unable to get a voucher to help
with the cost

Do you want your child to receive free summer
meals? ? If you would like to receive
information about summer programs in
Cambridge, please write your name and
address. [Redacted]

02139

+ Stephen

Your child's school Morse Grade 5+6
Was your child in a camp or summer program
last summer? No Which one? _____

If you child did not go to any program, why not?
Finances

How do you expect your child to spend this
coming summer? Doing Nothing - TV

If you do not expect your child to attend any
camp or summer program this year, why not?
Finances

Do you want your child to receive free summer
meals? Yes If you would like to receive
information about summer programs in
Cambridge, please write your name and
address. [Redacted]

02139

High School ON EAST
Your child's school River/Lake Grade 4th
1991

Was your child in a camp or summer program
last summer? No Which one? No money
If you child did not go to any program, why not?
not money

How do you expect your child to spend this
coming summer? NO STAY HOME NO MONEY

If you do not expect your child to attend any
camp or summer program this year, why not?
I cant Afford to send her
with four children I cant

Do you want your child to receive free summer
meals? ye If you would like to receive
information about summer programs in
Cambridge, please write your name and
address. [Redacted]

Age - 17 DRUGS



Your child's school Morse Grade Needs
Was your child in a camp or summer program
last summer? NO Which one? _____

If you child did not go to any program, why not?
Could not Afford it

How do you expect your child to spend this
coming summer? HOME

If you do not expect your child to attend any
camp or summer program this year, why not?
I Am a single parent
and cannot Afford to.

Do you want your child to receive free summer
meals? Yes If you would like to receive
information about summer programs in
Cambridge, please write your name and
address. [Redacted]

02139

Your child's school Morse Grade 1

Was your child in a camp or summer program last summer? NO Which one? _____

If you child did not go to any program, why not? Could not afford!

How do you expect your child to spend this coming summer? Some type of Program

If you do not expect your child to attend any camp or summer program this year, why not?

I hope she will be able to afford it!

Do you want your child to receive free summer meals? yes If you would like to receive information about summer programs in

Cambridge, please write your name and address. _____

[Redacted] 02139

Your child's school HARRINGTON Grade 1

Was your child in a camp or summer program last summer? ✓ Which one? _____

If you child did not go to any program, why not? _____

How do you expect your child to spend this coming summer? DON'T KNOW

If you do not expect your child to attend any camp or summer program this year, why not?

Don't know what's available

Do you want your child to receive free summer meals? ✓ If you would like to receive information about summer programs in

Cambridge, please write your name and address. _____

[Redacted] 02147

Your child's school Maynard Grade 3

Was your child in a camp or summer program last summer? NO Which one? _____

If you child did not go to any program, why not? Could not find an affordable program

How do you expect your child to spend this coming summer? In an affordable program

If you do not expect your child to attend any camp or summer program this year, why not? _____

Do you want your child to receive free summer meals? _____ If you would like to receive information about summer programs in

Cambridge, please write your name and address. _____

[Redacted] 02139

Your child's school Maynard Grade K

Was your child in a camp or summer program last summer? YES Which one? YES '89" YMCA

If you child did not go to any program, why not? _____

How do you expect your child to spend this coming summer? At home

If you do not expect your child to attend any camp or summer program this year, why not?

because I'm unable to get a voucher that would enable me to pay for camp.

Do you want your child to receive free summer meals? _____ If you would like to receive information about summer programs in

Cambridge, please write your name and address. _____

[Redacted] Camb. MA 02139

Your child's school Haggerty Grade 5

Was your child in a camp or summer program last summer? No Which one? _____

If you child did not go to any program, why not?

did not have the money

How do you expect your child to spend this coming summer? don't know yet

If you do not expect your child to attend any camp or summer program this year, why not?

Do you want your child to receive free summer meals? yes If you would like to receive

information about summer programs in

Cambridge, please write your name and address.

[Redacted name and address]

868-6612

Your child's school Harrington Grade 7

Was your child in a camp or summer program last summer? no Which one? _____

If you child did not go to any program, why not?

He did not know about it

How do you expect your child to spend this coming summer? he'd love go to camp

If you do not expect your child to attend any camp or summer program this year, why not?

Do you want your child to receive free summer meals? yes If you would like to receive

information about summer programs in

Cambridge, please write your name and address.

[Redacted name and address]

MA. 02139

Your child's school PEARSON Grade KG

Was your child in a camp or summer program last summer? ✓ Which one? _____

If you child did not go to any program, why not?

ECONOMICAL PRESSURE

How do you expect your child to spend this coming summer? STILL THINKING

If you do not expect your child to attend any camp or summer program this year, why not?

ECONOMICAL REASONS.

Do you want your child to receive free summer meals? ✓ If you would like to receive

information about summer programs in

Cambridge, please write your name and address.

CAMBRIDGE, MA 02140

Your child's school LONGFELLOW Grade 2^o

Was your child in a camp or summer program last summer? no Which one? no

If you child did not go to any program, why not?

Because didn't give him a opportunity

How do you expect your child to spend this coming summer? I'd like my son will go to any summer program

If you do not expect your child to attend any camp or summer program this year, why not?

my child need speak English with other children, Bdcuse in my house

all people speak spanish

Do you want your child to receive free summer meals? yes If you would like to receive

information about summer programs in

Cambridge, please write your name and address.

[Redacted name and address]

Your child's school Longfellow Grade 4

Was your child in a camp or summer program last summer? NO Which one? _____

If you child did not go to any program, why not? I couldn't afford it.

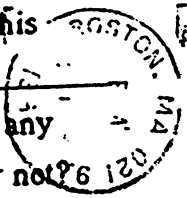
How do you expect your child to spend this coming summer? _____

If you do not expect your child to attend any camp or summer program this year, why not? _____

BECAUSE I DON'T HAVE THE EXTRA \$100.00 TO SEND HIM.

Do you want your child to receive free summer meals? NO If you would like to receive information about summer programs in Cambridge, please write your name and address. [REDACTED]

Alice-K. Wolk.



Your child's school M.L. King Grade 6

Was your child in a camp or summer program last summer? YES Which one? Y.M.C.A.

If you child did not go to any program, why not? _____

How do you expect your child to spend this coming summer? will be staying home

If you do not expect your child to attend any camp or summer program this year, why not? _____

I will be getting laid off work soon. Therefore I can't afford it.

Do you want your child to receive free summer meals? YES If you would like to receive information about summer programs in Cambridge, please write your name and address. [REDACTED]

Cambridge, MA 02139

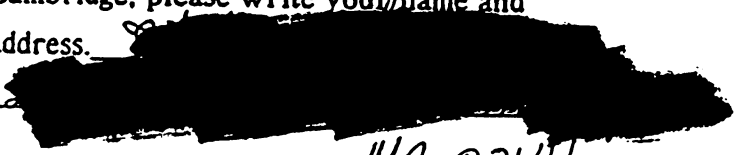
Your child's school Caraborn & Parks Kindergarten
Was your child in a camp or summer program last summer? No Which one? None
If you child did not go to any program, why not? BECAUSE WE THOUGHT IT WOULD COST ALOT MORE
How do you expect your child to spend this coming summer? We are not expecting nothing.
If you do not expect your child to attend any camp or summer program this year, why not? IF WE DON'T IT WOULD CERTAINLY BE BECAUSE OF THE MONEY.
Do you want your child to receive free summer meals? YES If you would like to receive information about summer programs in Cambridge, please write your name and address. [REDACTED]
MISS OATSA.

MASSACHUSETTS
CAMBRIDGE, MA

Your child's school Longfellow Grade 1st
Was your child in a camp or summer program
last summer? yes Which one? Margaret Fuller
If you child did not go to any program, why not?
Neighborhood

How do you expect your child to spend this
coming summer? at home

If you do not expect your child to attend any
camp or summer program this year, why not?
Because Margaret Fuller Camp,
is very expensive this year.


Do you want your child to receive free summer
meals? yes If you would like to receive
information about summer programs in
Cambridge, please write your name and
address. 
MA. 02141.

Your child's school Martin Luther King School Grade 4
Was your child in a camp or summer program
last summer? NO Which one? _____

If you child did not go to any program, why not?
Went away for the summer

How do you expect your child to spend this
coming summer? at home

If you do not expect your child to attend any
camp or summer program this year, why not?
Because I can't
afford it.


Do you want your child to receive free summer
meals? yes If you would like to receive
information about summer programs in
Cambridge, please write your name and
address. 

Your child's school Fletcher Grade 1
Was your child in a camp or summer program
last summer? No Which one? _____

If you child did not go to any program, why not?
because there wasn't any space

How do you expect your child to spend this
coming summer? In a summer program

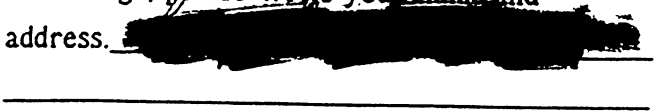
If you do not expect your child to attend any
camp or summer program this year, why not?
because they won't be any
space this year

Do you want your child to receive free summer
meals? yes If you would like to receive
information about summer programs in
Cambridge, please write your name and
address. 
Cambridge 02139

Your child's school Longfellow Grade 7
Was your child in a camp or summer program
last summer? ✓ Which one? Super Camp
If you child did not go to any program, why not?

How do you expect your child to spend this
coming summer? at home

If you do not expect your child to attend any
camp or summer program this year, why not?
Can not afford it only one
income.

Do you want your child to receive free summer
meals? _____ If you would like to receive
information about summer programs in
Cambridge, please write your name and
address. 

Bread and Justice Food Programs/C.E.O.C.

11 Inman Street • Cambridge, MA 02139 • (617) 868-2900

1993 JAN 28 PM 12:41

January 25, 1993

CAMBRIDGE, MA.
Members of the Cambridge School Committee
Members of the Cambridge City Council
Mary Lou McGrath, Superintendent of Schools
Sandra Spooner, Assistant Superintendent
Robert Healy, City Manager
Jill Herold, Assistant City Manager, Human Services

City Clerk
Council Communications

RE: PASSAGE OF THE MASSACHUSETTS HUNGER RELIEF ACT
PLANS FOR SCHOOL BREAKFAST AND SUMMER FEEDING PROGRAMS FOR CHILDREN

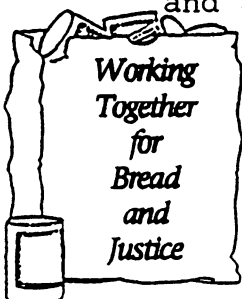
I am pleased to be able to announce the recent passage of the Massachusetts Hunger Relief Act. As past Chairman of the Massachusetts Anti-hunger Coalition, I want to thank all of those who worked for passage of this legislation over the past many months.

I believe that Cambridge is in a unique position to move forward on implementing the goals of this legislation. We have been working long and hard over the past five years to implement programs and public policy that eliminates childhood hunger in Cambridge. We have passed a sweeping hunger referendum in Cambridge and can profit from the work of groups such as the Hunger and Nutrition Action Group of the Health of the City Task Force and the Advisory Board of the Cambridge-Somerville Nutrition and Hunger Project. Cambridge continues to support the creation of a safety network to feed the hungry through pantries, meal programs and shelters.

With the passage of this legislation comes new resources and energy for improved and expanded school breakfast and summer feeding programs. A consultant has been hired by the Department of Education to work with Cambridge to expand and improve these programs. Much has been done in Cambridge but much more needs to be done.

I am attaching various pieces of information regarding school breakfasts and summer lunches. I also wish to make the following suggestions:

- a) public campaigns to increase participation in school breakfasts and summer lunches should be highlighted in March, National Nutrition Month. Resources will be made available from state agencies for this effort;
- b) an analysis should be done of the current school breakfast program on a school by school basis. Items to be considered should include: transportation schedules; cultural, linguistic and social integration and appropriate food; stigmatization; time, location and staffing of



-
- Empower people in need
 - Advocate for new laws and regulations that will help hungry people
 - Expand public awareness of hunger and its root causes
 - Feed the hungry

school breakfast programs; opportunities for creating universal food programs; opportunities for creating classroom based food programs; involvement of students and parents in menu preparation; etc.

(I have enclosed the latest summary information for school breakfasts that was available to me)

c) The summer lunch programs should be carefully analyzed on a site by site basis and citywide. Are programs culturally, racially and socially integrated? Do summer programs provide opportunities for children who receive free and reduced lunches during the school year? What assistance is given to families who receive free and reduced meals during the school year to participate in summer programs and thereby receive lunch and snacks/breakfasts?

(I have enclosed some responses by parents which were made through a survey conducted by then Mayor Alice Wolf. It had been suggested that families and children who receive school meals be approached with information about summer programs and assisted in participation in those programs -- unfortunately, last year, Mayor Reeves discontinued the effort begun by Alice Wolf -- I would be happy to work with the Mayor as I did with Alice Wolf to directly contact all families receiving free and reduced meals during the school year)

Issues of stigmatization and culturally, linguistically and socially appropriate food and programs remain very urgent.

I believe that working committees be convened NOW so that an indepth analysis can be made of current programs and so that plans can be made for the summer of 1993 and the new school year of 1993-1994

This analysis should be completed by advisory groups in time to impact the upcoming budget discussion as well as the implementation of summer programs for children. Parents and children should be involved in such an analysis and planning for the future.

I would be happy to work closely with the advisory committees formed to work on School breakfasts and summer feeding programs for children and volunteer to become a member of those committees.

I am enclosing other information in regard to these programs and look forward to working with you in the future.

cc. Marilyn Tompkins
Fred Berman
Members of the CFPN
City Clerk

Sincerely,



Gerald Bergman
CEOC/CFPN Food Programs

Consent Comm. # 9

S-63

Comm. from Gerald Bergman, CEOC, relative to the passage of the Massachusetts Hunger Relief Act plans for school breakfast and summer feeding programs for children.

In City Council,

February 1, 1993

Referred to the
City Manager,
Human Services Dept
& Superintendent of
Schools for a report
in one month.

Copies sent to City Mgr,
Human Services Dept. &
Supt. of Schools 2/3/93 (de)