



RECEIVED BY
OFFICE OF CITY CLERK

JUL 16 1 28 PM '76

THE MONITOR

THE CAMBRIDGE HOSPITAL

1493 CAMBRIDGE STREET

CAMBRIDGE, MASSACHUSETTS 02139

LESLIE N. H. MacLEOD

DIRECTOR

Roberto Garcia
Community Relations

July, 1976

Windsor St. Clinic Playroom

The Neighborhood Health Clinic at 105 Windsor st. has been licensed as part of Cambridge Hospital, and is now in operation. This Clinic will serve both Adult and Pediatric residents of Area 4. A Playroom has been set aside for children waiting to be seen by Physicians or for parents completing appointments. Presently, there is a lack of good, safe, usable toys for the playroom. Anyone who can make available toys for children 6 or 7 years of age, please bring them to the Nursing Office. They would be most appreciated. Contact Cynthia Gilbert at extensions 208 or 565 if there are questions concerning the appropriateness of any toys or other items.

New Appointment

Dr. Heather Day, a graduate of Edinburgh School of Medicine, Scotland, and Harvard School of Public Health, has been appointed Medical Director of Neighborhood Health Services. She brings a balance of administrative and medical capabilities to this endeavor. Dr. Day served as Supervisor of the Department of Life Sciences at Arthur D. Little, and performed a residency in Public Health under the guidance of former Cambridge Public Health Commissioner, Benjamin Sacks. She moved on to the Division of Maternal and Child Care, Massachusetts Department of Public Health, where she developed guidelines for cancer screening.

In 1970 Dr. Day wrote the proposal for the Cambridge Adult Health Care System, an important segment of Neighborhood Health Clinics, and has been instrumental in its implementation. She hopes to establish a closer relationship between Pediatric and Adult health services, and maintain regular communication with neighborhood groups, particularly in the area of service review. She views the Neighborhood Clinic as an important resource in identifying community health care needs. Much screening of health needs and development of education programs relative to preventive medicine are a likelihood. Welcome Dr. Day.

Family Centered Maternity Care

Family Centered Maternity Care is directed towards meeting parents' health care needs during the period of pregnancy. The method has evolved over the last eight years, and emphasizes the idea of "having a baby involves all the members of the family." Nurses are assigned to patients and are responsible for their care during the period of

pregnancy and following birth. This allows for more personalized care and introduces the opportunity for preventive medicine. Nurses assess family needs and integrate these findings with information concerning nutrition, proper rest, and other related matters which are brought to the attention of the mother and her family.

There are four goals set for Family Centered Maternity Care:

a) insure that the mother has a good experience during labor, birth, and post-partum; b) enable the husband to share in this experience; c) insure that every mother leaves the hospital confident in her ability to care for the baby; d) accomplish these goals without jeopardizing the health and well-being of mother and child.

Gerry Moore, Nurse Supervisor on 5 North, reports that present efforts in Family Centered Maternity Care, are complemented by continuing education workshops, lectures, and sharing of skills through on the job experiences. With an increased consumer awareness of health care and patients' rights, attempts will be made to expand consumer education activities which support health service delivery. Ms. Moore hopes to establish parent education classes for clinic patients and extend this practice to private physician patients. She also intends to convene group conferences on the post-partum unit so that mothers have the opportunity to exchange ideas and experiences relative to childbirth and care. Resources such as the Boston Association of Childbirth Education, the Visiting Nurse Association, and the Cambridge Hospital Social Service Department, will be tapped to reinforce maternity care activities. Having nurses participate in each service area of Obstetrics - Labor and Delivery, Post-Partum, and Nursery - has balanced personalized care with a cohesive obstetrical unit. More progress lies ahead.

Publication

Dr. John Mack, Head of the Department of Psychiatry at Cambridge Hospital and Professor of Psychiatry at Harvard Medical School has recently authored a biography entitled: A Prince of Our Disorder : The Life of T. E. Lawrence. After 12 years of research, interviews, and numerous communications, Dr. Mack completed the work in 1975, which was subsequently published in March, 1976 in the United States and May in England, by Little, Brown and Company. Dr. Mack's work represents a significant contribution to the understanding of T. E. Lawrence, and psychological and historical dimensions of public figures. Congratulations to Dr. Mack.

Reminder

Any suggestions, comments, or information that employees and others wish to share with the Hospital Family should be sent to Roberto Garcia, at the Nurses' Home, Room 426, or call extension 284.

City of Cambridge

Comm. from Roberto Garcia, Community Relations, the Cambridge Hospital, re: to the Neighborhood Health Clinic at 105 Windsor St. and the program adopted for Family Centered Maternity Care.

In City Council,
Sept. 13, 1976

Placed on File -