



City of Cambridge

R-22.

IN CITY COUNCIL

December 6, 1999

COUNCILLOR DAVIS
COUNCILLOR TRIANTAFILLOU
COUNCILLOR BORN
MAYOR DUEHAY
VICE MAYOR GALLUCCIO
COUNCILLOR REEVES
COUNCILLOR RUSSELL
COUNCILLOR SULLIVAN
COUNCILLOR TOOMEY

RESOLVED: That the City Council go on record congratulating George Stanizzi for receiving the Massachusetts Senior Service Heroes' Award from the Corporation for National Senior Services for his accomplishments and volunteer work in the Catholic Charities Foster Grandparent Program; and be it further

RESOLVED: That the City Clerk be and hereby is requested to forward a suitably engrossed copy of this resolution to George Stanizzi on behalf of the entire City Council.

In City Council December 6, 1999.

Adopted by the affirmative vote of eight members.

Attest:- D. Margaret Drury, City Clerk.

A true copy;

ATTEST:-

A handwritten signature in cursive script, reading "D. Margaret Drury".

D. Margaret Drury
City Clerk



PROGRAM AND STAFF

Executive Director

Eileen Ginnetty

CAMBRIDGE CITY COUNCIL

Francis H. Duehay, Mayor
Anthony Galluccio, Vice Mayor
Kathleen L. Born
Henrietta A. Davis
Kenneth E. Reeves
Sheila T. Russell
Michael A. Sullivan
Timothy J. Toomey, Jr.
Katherine Triantafillou

ROBERT W. HEALY,
City Manager

RICHARD C. ROSSI
Deputy City Manager

JILL HEROLD
Assistant City Manager,
Human Services

ELLEN SEMONOFF
Deputy Director
Human Services

COUNCIL ON AGING BOARD

Nancy Peters, President
LeRoy Cragwell, Vice President
William Cobham, Secretary
Janet Hand, Treasurer
Maryann Kurtz
Anne Marchetta
Walter Milne
Edna Sullivan

Social Services

Susan Pacheco, Director of Client Services,
Portuguese Translation
Linda E.C. Tymann, Information and
Referral Specialist
Spanish Translation
Rose Claire Levine, SHINE Counselor
Helen Kass, SHINE Counselor

Administrative Assistant

Jimmy Smith

Senior Aides and Administrative Support

Virginia Acker	Charles McCollum
Ruby Chung	Myrna Rivera
Michelle Crawford	Arvilla Sarazen
Maha KahnKan	Jackie Sparks
Diana Kaplan	Ila Watson

Elder Haitian Program

Maude LaRoche - Program Coordinator
Dianante Desjardines - Program Assistant

Geriatric Substance Abuse Counselor

Joyce Sirota

Bus Driver

Laura Habermann

Asian Seniors Coordinator

Garrett Tu

NEWSLINES DESIGN & LAYOUT

Eileen Ginnetty
Jimmy Smith

Citywide Senior Center

Emma Watkins, Director

North Cambridge Senior Center

Theresa Romanoff, Coordinator

Activities & Volunteer Coordinator

Arline McGrady

Food Service Manager

Jeffrey Canfield

Meals/Food Coordinator

Julianne King Betty Roche

Meals Assistants

Sanctora Cooper Violet Lorcy
Patricia MacMillan

Food Pantry Coordinator

Paul Hogan

Program Aide

Leora Littleton

Men's Group Coordinator

Alden Griggs

Facility Manager

Donn Hockman
Department of Public Works

Cambridge Council on Aging
806 Massachusetts Ave
Cambridge, MA 02139

HENRIETTA A. DAVIS

Cambridge City Council
(City Hall)

EVENTS AT OUR CENTERS

AT THE CITYWIDE CENTER
806 MASSACHUSETTS AVENUE
(617) 349-6060

AT THE NORTH CAMBRIDGE CENTER
2050 MASSACHUSETTE AVENUE
(617) 349-6320

Thursday, November 4:

- a. 12 – 1, Town Meeting.
- b. 1:30 – 2, Birthday Party.
- c. 1 – 1:30, Health & Wellness Talk.

Tuesday, November 9, 1 – 2, Blood Pressure Screening.

Wednesday, November 10, 11:30 – 3:00, Holiday Fair.

Thursday, November 11, 8:30 – 1:00, Center Open for breakfast and lunch only.

Monday, November 15, 9:30 – 1:30, L.I.V.E. Program.

Thursday, November 18, 12:30 – 3, Thanksgiving Dinner.

Monday, November 22, 1 – 2, Cooking with Jeff.

Tuesday, November 23, 2:30 – 3, Blood Pressure Screening.

Thursday, November 25, Center open for breakfast and lunch only.

The Citywide Senior Center will be open on the **Saturdays** listed below. Both the pool room and computer room will be open for usage. The routine breakfast and lunch will be served.

Saturday, **November 6th,** 8:30 a.m. – 1:00 p.m.

Saturday, **November 13th,** 8:30 a.m. – 1:00 p.m.

Saturday, **November 20th,** 8:30 a.m. – 1:00 p.m.

PUBLIC NOTICE: The Cambridge Council on Aging does not discriminate on the basis of disability. We will provide auxiliary aids and services, written materials in accessible formats, and reasonable modifications in policies and procedures to qualified applicants and program participants upon request.

Monday, November 1, 9:30 – 2, Podiatrist by appointment.

Tuesday, November 2, Center closed all day for voting.

Wednesday, November 3:

- a. 10 – 11, Osteoporosis Presentation & Video.
- b. 11 – 4, FREE Bone Density Screening (by appointment only).

Thursday, November 4, 1:00, Senior Safety Group (video on Frauds and Scams, etc.).

Monday, November 8, 10 – 12, Vision Group.

Tuesday, November 9:

- a. 12:30, Movie “Fluke”.
- b. 1:30 – 4:30, FREE Eye Screening.

Thursday, November 11, Center closed for Veteran’s Day Holiday.

Friday, November 12, 9:30 – 11, Stroke Support.

Saturday, November 13, 9 – 3, **Holiday Fair/ Bazaar.**

Tuesday, November 16, 12:30, Movie “G.I. Blues”.

Wednesday, November 17, 1:00, Senior Safety Presentation (Prevention).

Thursday, November 18:

- a. 9:45 – 5:00, Day Trip to Christmas Tree Shoppe.
- b. 12 noon, Movie “Quiz Show”.
- c. 2 – 3, FREE Blood Pressure Screening.

Tuesday, November 23:

- a. 12:30, Movie “State Fair”.
- b. 2:00, Thanksgiving/Nov. Birthday/Tea Party.

Thursday, November 25, Center closed all day for the **Thanksgiving Holiday.**

Tuesday, November 30, 12:30, Movie “Casper”.

Massachusetts Senior S



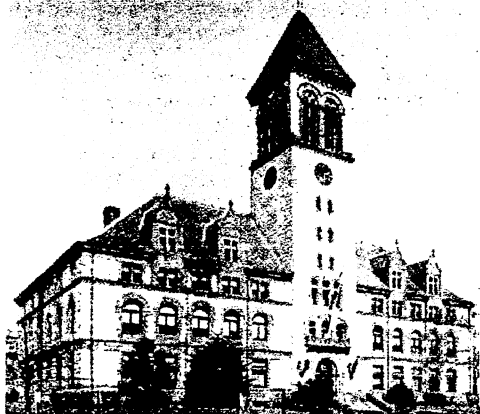
Ethel Ampey

14D & KT
Council (R-22)
over
es
1st me was done
did we do?
Stanizzi too?

Cambridge residents Ethel Ampey and George Stanizzi received the Massachusetts Senior Service Heroes' Award from the Corporation for National Senior Services for their accomplishments and volunteer work in the Catholic Charities Foster Grandparent Program. Ethel Ampey is a foster grandparent with a particular interest in helping children. She shows special interest in them and they, in return love her. Ethel not only tutors second graders in reading, she pitches in to tutor other subjects when needed. "She has no problem giving extra time to help out" says her principal. As such, her students have demonstrated remarkable progress in reading.

George Stanizzi is committed to the mission of Catholic Charities and the Foster Grandparent Program in "providing services to those most in need as well as advocating for justice and involving others with good will to do the same" says Mary Harris, Program Director at Catholic Charities. He has brought considerable financial resources to the program. "George is resourceful and takes his responsibility very seriously. He upholds the highest of standards" says Harris. The Foster Grandparent Program is sponsored by Catholic Charities and funded by the Corporation for National Senior Services.

If you are interested in learning more about the Foster Grandparent Program, contact Mary Harris at (617) 625 - 1920, extension 108.



Newsines

The Newsletter of the Cambridge Council on Aging

806 Massachusetts Ave., Cambridge, MA 02139

Office: (617) 349-6220 Senior Center: (617) 349-6060

TTY: (617) 349-6050

November 1999

Inside

Profile....Massachusetts Senior
Service Heroes' Awardees.....pg 2

Look out For Your Aging Eyes....pg 3

Finding Joy in the Holidays.....pg 3

Calendars.....pgs 4 - 6

Men's Corner.....pg 7

SHINE.....pg 7

Queen of W.O.W.pg 7

New Walking Group.....pg 7

Women's Discussion Group.....pg 7

Osteoporosis Seminar Program...pg 7

Mall Shopping Bus Schedule.....pg 8

Eventspg 9

HAPPY THANKSGIVING!



*I've prepared some baked rabbit and stuffing
that taste much, much better than turkey! I
hope I'm around to find out how you like it. If
not, at least say a prayer before you eat!*

HEALTH BENEFITS ALERT!

In October you should have received your copy of the **MEDICARE AND YOU 2000** handbook. Do not throw it away. It contains important information.

If you have an extra copy, please leave it with the receptionist at your Senior Center. If you have not received a copy, please leave your name and telephone number with the receptionist in your Senior Center and the SHINE Benefits Counselor will contact you.

APPLICATIONS FOR SENIOR HOUSING

The Cambridge Housing Authority is now accepting applications for its Senior Housing. Currently, Cambridge residents aged 60 or over have a relatively short waiting period for one of our subsidized apartments. We offer affordable rents, safe and secure buildings, accessibility to the MBTA, and all of our buildings have elevators and are handicapped accessible. Call 497-4040, ext.408, or stop by our office at 19 Prospect Street, Central Square for an application.

SOCIAL SECURITY REIMBURSEMENT BENEFIT

You may be eligible for up to \$500 reimbursement benefit from Social Security. Come hear about this benefit that may affect you, on **Thursday, November 4th, 12 noon - 1:00 p.m.**, at the next Town Meeting to be held at the Citywide Center, 806 Massachusetts Avenue, Cambridge. After the meeting you'll have the opportunity to be individually screened for this benefit.

NEW COA BOARD OFFICERS

Congratulations to the new Council on Aging Board Members who were elected at the last month's meeting: Nancy Peters, *President*; LeRoy Cragwell, *Vice President*; William Cobham, *Secretary*; and Janet Hand, *Treasurer*.

Massachusetts Senior Service Heroes' Awardees



Ethel Ampey

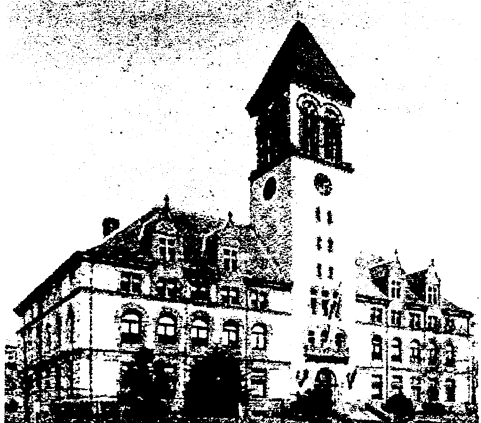


George Stanizzi

Cambridge residents Ethel Ampey and George Stanizzi received the Massachusetts Senior Service Heroes' Award from the Corporation for National Senior Services for their accomplishments and volunteer work in the Catholic Charities Foster Grandparent Program. Ethel Ampey is a foster grandparent with a particular interest in helping children. She shows special interest in them and they, in return love her. Ethel not only tutors second graders in reading, she pitches in to tutor other subjects when needed. "She has no problem giving extra time to help out" says her principal. As such, her students have demonstrated remarkable progress in reading.

George Stanizzi is committed to the mission of Catholic Charities and the Foster Grandparent Program in "providing services to those most in need as well as advocating for justice and involving others with good will to do the same" says Mary Harris, Program Director at Catholic Charities. He has brought considerable financial resources to the program. "George is resourceful and takes his responsibility very seriously. He upholds the highest of standards" says Harris. The Foster Grandparent Program is sponsored by Catholic Charities and funded by the Corporation for National Senior Services.

If you are interested in learning more about the Foster Grandparent Program, contact Mary Harris at (617) 625 – 1920, extension 108.



Newsines

The Newsletter of the Cambridge Council on Aging

806 Massachusetts Ave., Cambridge, MA 02139

Office: (617) 349-6220 Senior Center: (617) 349-6060

TTY: (617) 349-6050

November 1999

Inside

Profile....Massachusetts Senior
Service Heroes' Awardees.....pg 2

Look out For Your Aging Eyes....pg 3

Finding Joy in the Holidays.....pg 3

Calendars.....pgs 4 - 6

Men's Corner.....pg 7

SHINE.....pg 7

Queen of W.O.W.pg 7

New Walking Group.....pg 7

Women's Discussion Group.....pg 7

Osteoporosis Seminar Program...pg 7

Mall Shopping Bus Schedule.....pg 8

Eventspg 9

HAPPY THANKSGIVING!



*I've prepared some baked rabbit and stuffing
that taste much, much better than turkey! I
hope I'm around to find out how you like it. If
not, at least say a prayer before you eat!*

HEALTH BENEFITS ALERT!

In October you should have received your copy of the **MEDICARE AND YOU 2000** handbook. Do not throw it away. It contains important information.

If you have an extra copy, please leave it with the receptionist at your Senior Center. If you have not received a copy, please leave your name and telephone number with the receptionist in your Senior Center and the SHINE Benefits Counselor will contact you.

APPLICATIONS FOR SENIOR HOUSING

The Cambridge Housing Authority is now accepting applications for its Senior Housing. Currently, Cambridge residents aged 60 or over have a relatively short waiting period for one of our subsidized apartments. We offer affordable rents, safe and secure buildings, accessibility to the MBTA, and all of our buildings have elevators and are handicapped accessible. Call 497-4040, ext.408, or stop by our office at 19 Prospect Street, Central Square for an application.

SOCIAL SECURITY REIMBURSEMENT BENEFIT

You may be eligible for up to \$500 reimbursement benefit from Social Security. Come hear about this benefit that may affect you, on **Thursday, November 4th, 12 noon - 1:00 p.m.**, at the next Town Meeting to be held at the Citywide Center, 806 Massachusetts Avenue, Cambridge. After the meeting you'll have the opportunity to be individually screened for this benefit.

NEW COA BOARD OFFICERS

Congratulations to the new Council on Aging Board Members who were elected at the last month's meeting: Nancy Peters, *President*; LeRoy Cragwell, *Vice President*; William Cobham, *Secretary*; and Janet Hand, *Treasurer*.



City of Cambridge

R-22.

IN CITY COUNCIL

December 6, 1999

COUNCILLOR DAVIS
COUNCILLOR TRIANTAFILLOU

RESOLVED: That the City Council go on record congratulating George Stanizzi for receiving the Massachusetts Senior Service Heroes' Award from the Corporation for National Senior Services for his accomplishments and volunteer work in the Catholic Charities Foster Grandparent Program; and be it further

RESOLVED: That the City Clerk be and hereby is requested to forward a suitably engrossed copy of this resolution to George Stanizzi on behalf of the entire City Council.

Resolution # 22 1273R

Councillors Davis and Triantafillou
re: congratulations to George Stanizzi
for receiving the Massachusetts Senior
Service Heroes' Award from the Corporation
for National Senior Services.

In City Council December 6, 1999

ORDER ADOPTED