PETITION OF City

re: Refiling Zoning Amendment re: Massage Establishments

Petition filed with the City Clerk July 31, 1995

(all hearings to be completed 65 days from In City Council date)

31 days August
30 days Sept
4 days Oct
65 days = October 4, 1995 = all hearings

In City Council July 31, 1995

Referred to the Planning Board for report July 31, 1995

Planning Board Hearing Oct. 3, 1995

(CITY COUNCIL must act within 90 days of the ORDINANCE COMMITTEE hearing which would be January 2, 1996.)

27 days Oct
30 days Nov
31 days Dec
2 days Jan
90

City Council hearing published Jan 2, 1996 Chronicle on Sept. 14, 1995

and Sept 21, 1995

Amended publication published Sept. 21, 1995.

Hearing before the Ordinance Committee Oct 4, 1995 at 5:00 pm

Reported to the City Council October 16, 1995

Passed to a second reading on October 16, 1995

published in Chronicle on October 19, 1995

Planning Board report received on

Ready for ordination on October 30, 1995

Passed to be ordained on Nov 6, 1995

published ~~in~~ ON Nov 9, 1995 ~~on~~ IN Chronicle

COMPLETION DATE January 2, 1996

C. C. 106

PUBLIC NOTICE

RELATIVE TO ZONING

City of Cambridge

MASSACHUSETTS

OFFICE OF THE CITY CLERK

Notice is hereby given that in accordance with the provisions of Chapter 40A, Section 5 of the General Laws, Tercentenary Edition and amendments thereto, that the Committee on Ordinances, comprised of the entire membership of the City Council, will hold a public hearing on Wednesday, October 4, 1995 at 5:00 P. M. in the Sullivan Chamber, City Hall, Cambridge, Massachusetts on a petition to amend the Zoning Ordinances of the City of Cambridge as follows:

1. Chapter 5.40 of the Cambridge Municipal Code (Massage Establishments) is hereby repealed.

2. The Zoning Ordinance is hereby amended as follows:

   (a) In Article 2.000, the definition of "massage establishment" is hereby deleted.

   (b) Article 4.21 (d) is hereby amended to read as follows:

      d. A customary home occupation or the office of a resident physician, dentist, attorney-at-law, architect, engineer, properly licensed massage therapist, or member of another recognized profession shall be considered as an accessory use, provided that not more than three persons shall practice or be employed on the premises at any one time. In the case of a massage therapist, no more than one person shall practice or be employed on the premises at any one time.

   (c) In Article 4.34b, add at the end of the phrase: "(includes properly licensed massage therapists)".

   (d) In Article 4.35, delete line p. "Massage Establishments."

All persons interested in this matter may appear at this time and be heard.

For the Committee

Vice Mayor Sheila T. Russell
Chair

28.

CITY OF CAMBRIDGE
CAMBRIDGE, MASSACHUSETTS 02139

TEL. 349-4300
FAX. 349-4307

EXECUTIVE DEPARTMENT
ROBERT W. HEALY
City Manager

RICHARD C. ROSSI
Deputy City Manager

July 31, 1995

To The Honorable, The City Council:

I am transmitting the attached documentation regarding regulation of massage establishments for consideration by the Council.

It is my understanding that the attached proposal to amend relevant provisions of the zoning ordinance failed of passage due to expiration of the time permitted in the Zoning Act for action on proposed amendments. I believe that when time expired on the proposed zoning amendment several issues of concern to the City Council were being debated. In order to facilitate further consideration of those matters, and to provide the Council with an opportunity to conclude it's deliberations on these matters, I am hereby resubmitting the earlier proposed amendments to the Zoning Ordinance, as well as attaching the proposed amendments to the Municipal Code.

This resubmission will trigger the need for referral to the Planning Board and the Ordinance Committee, and will allow further deliberation on possible amendments to the original submission to address identified concerns.

Very truly yours,

Robert W. Healy
City Manager

Printed on Recycled Paper

CITY OF CAMBRIDGE
DEPARTMENT OF HEALTH AND HOSPITALS
1493 CAMBRIDGE STREET, CAMBRIDGE, MASSACHUSETTS 02139

95
MAYOR'S OFFICE

Melvin H. Chalfen, M.D.

Robert W. Healy
City Manager
City of Cambridge
Massachusetts Ave.
Cambridge, MA 02139

July 24, 1995

Dear Mr. Healy,

This is a request for resubmission to the City Council of the proposed amendment to Chapter 5.40 of the Municipal Code, which regulates the practice of massage therapy. It is our expectation that the Council will refer the matter to the Ordinance Committee.

We are resubmitting the original communication from the City Solicitor's office which you will find attached. We are preparing, with the Law Department, proposed amendments with the understanding that they will be considered by the Planning Board and the Ordinance Committee to address the concerns raised by members of the City Council during its earlier consideration of this matter.

In response to recent questions put forth by the Cambridge City Council regarding the regulation of massage therapy in neighboring communities, Commissioner of the Department of Inspectional Services, Mr. Bob Bersani surveyed cities and towns in the Boston area to determine how they regulate the practice of massage therapy. Specifically, Mr. Bersani collected information concerning requirements for police background checks, the allowance of massage therapy as a home occupation, out-calls and zoning regulations. The cities surveyed included Acton, Arlington,

Bedford, Belmont, Billerica, Boston, Brookline, Lexington, Newton, Somerville, Wakefield, Waltham, Watertown, Wellesley. The survey is enclosed.

Only two of the communities surveyed (Somerville and Bedford) require a police criminal check. Somerville's Ordinance is patterned after the existing Cambridge Ordinance which also requires a police check. The Cambridge Department of Health and Hospitals draft Rules and Regulations for the granting of licenses to practice massage therapy require at least 500 hours of training from a school that is accredited or approved by a nationally recognized organization specializing in massage therapy. Passing a National Certification Exam for Therapeutic Massage and Body-work may be an acceptable alternative demonstration of proficiency. The proposed application and licensing procedure is thorough and rigorous. Brochures from the two Cambridge based American Massage Therapy Association approved schools are attached. We believe that illegal activity will be improbable due to the level of training and commitment required for individuals to become licensed under the proposed regulations and, therefore, do not recommend requiring a criminal record check.

Five of the communities surveyed allow massage therapy as a home occupation, and nine do not allow it unless specific approval is given by the BZA. Trained and licensed massage therapists should be treated like other professionals in Cambridge with regards to practice as a home occupation. Only one surveyed community (Newton) allows out-calls.

Individuals who hold a current Massagist's business permit

issued by the Inspectional Services Department, if not able to demonstrate competency based on their training or by passing a national certification exam, would be able to apply for a restricted permit which would limit their practice to the location of the business establishment where he/she practiced when the original Massagist's business permit was granted.

Sincerely,

Melvin H. Chalfen, M.D.

Enclosure
cc: Robert Bersani
John O'Brien
Russ Higley

CITY OF CAMBRIDGE

Office of the City Solicitor
795 Massachusetts Avenue
Cambridge, Massachusetts 02139
Tel. (617) 349-4121
Fax. (617) 349-4134

Russell B. Higley
City Solicitor

Donald A. Drisdell
Deputy City Solicitor

Michael C. Costello
Assistant City Solicitor

Legal Counsel

Birge Albright
Gail S. Gabriel
Arthur J. Goldberg
Linda A. Stamper
Deborah R. Cautela
Nancy E. Glowa

March 1, 1995

Mr. Robert W. Healy
City Manager
City Hall
Cambridge, MA 02139

Re: Massage Therapists - Repeal Chapter 5.40 of the Code and Amend Zoning Ordinance

Dear Mr. Healy:

I enclose for submission to the Council on March 6, an Ordinance which will do two things:

(1) Repeal Code Chapter 5.40 (Massage Establishments).

(2) Make appropriate amendments in the Zoning Ordinance to recognize the new status of massage therapists.

These changes are intended to complement the new regulations regarding massage therapists now being issued by the Commissioner of Health and Hospitals.

Very truly yours,

Russell B. Higley

RBH/jml
Enclosure

cc: Dr. Melvin H. Chalfen
Commissioner Robert Bersani

7/95

MASSAGE REGULATIONS

	1. Is the practice of massage regulated in zoning and/or other regulation, or law?	2. Any proposed changes in existing regulations?	3. Zones where Massage establishment can be located as of right?	4. Massage practice permitted as of right as " Home Occupation"?	5. Are "Outcalls" permitted?	6. License required to practice massage?	7. Is there a criminal background check conducted?
CAMBRIDGE (Current)	Zoning and Ordinance.	Yes	BZA approval required.	No	No	Yes (Individual and Establishment)	Yes
CAMBRIDGE (Proposal)	Zoning and Health Dept. regs.		Office, Business, and Industry.	Yes	Yes	Yes	No
ARLINGTON	Health Dept. regs. and BZA By-laws.	No	BZA approval required.	No	No	Yes	No
BELMONT	Health Dept regs. and BZA By-laws.	No	Office & Business Districts	No	No	Yes	No
BROOKLINE	Health Dept. regs. & Zoning By-laws.	No	Business and Industrial.	No	No	Yes	No
LEXINGTON	Health Dept. regs. & Zoning By-law	No	BZA approval required.	Yes	No	Yes	No
NEWTON	Primarily Health Dept. regs.	No	Approval needed from Health Dept. Presently operate in Business, Industrial and Home Office.	Yes	Yes	Yes	No
SOMERVILLE	Board of Health regs. & Zoning By-laws.	3/23/95 - Amendment from Board of Health.	BZA approval is required.	No	No	Yes. Establishment & each Individual	Yes
WALTHAM	Health Dept. regs. and Zoning By-laws	No	BZA approval required.	No	No	Yes	No
WATERTOWN	Health Dept. regs. Zoning By-laws.	No	Business	No	No. Need a Special Permit from BZA.	Yes. License to each individual & to establishment.	No
WELLESLEY	Health Dept. regs. No Zoning regs.	March 1995- Amendment - to allow Cross Gender Massage.	Business and Office District.	Yes	No	Yes. License to each individual & to establishment.	No

MASSAGE REGULATIONS

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ACTON	Health Dept. Regs.	No	Business	Yes	No	Yes	No
BEDFORD	Health Dept. regs. and BZA By-laws.	No	BZA approval required.	No	No	Yes (Individual and Establishment)	Yes
BILLERICA	Health Dept. regs. and BZA By-laws.	Yes. By-Law was recently changed and Health Dept regs. are now being developed.	Business Districts	No	No	Yes (Individual and Establishment)	No
BOSTON	Health Dept. regs. and Zoning By-laws.	Yes. Health Dept. in process of modifying regs.	BZA approval required.	Yes. New regulation would not permit home massage, however.	No	Yes (Individual and Establishment)	No
WAKEFIELD	Health Dept. regs. Zoning By-laws.	No	BZA approval is required.	No	No	Yes (Individual & Establishment)	No

Draft April 11, 1995

Rules and Regulations promulgated by the Commissioner of Health and Hospitals, pursuant to G.L.c. 140, sec.51 and G.L.c. 111, sec.31, for the granting of licenses to practice massage in the City of Cambridge.

I. SUBJECT:
Application and Renewal Procedure for License of Professional Practitioners of Massage Therapy; Bodywork; Movement Education.

1.1 Pursuant to G.L.c.140, sec.51 and G.L.c.111, sec.31, the Commissioner of Health and Hospitals of the City of Cambridge finds it necessary to license the practice of massage therapy in order to protect the public health and safety. The Commissioner intends that only individuals who meet and maintain minimum standards of competence and conduct may provide these services to the public.

These regulations replace the massage provisions formerly contained in the Cambridge Municipal Code, Ch.5.40. Massage therapy is permitted in zoning districts as described in Sec.4.34b of the Zoning Ordinance.

II. DEFINITIONS

2.1 "Massage therapy; bodywork; movement education" shall mean the act or technique of moving or manipulating superficial or deep tissues, muscles, joints, or bones by rubbing, kneading, guiding or the like by manual or mechanical means, or as directed by the practitioner, for the purpose of invigoration, relaxation, education, or an increase in physical and/or emotional health and well-being. " Massage therapy; bodywork; movement education" will hereinafter be referred to as "massage therapy". Massage therapy shall include but not be limited to: Body-Mind Centering, Body-Oriented Psychotherapy; the FELDENKRAIS Method; Massage Therapy; Neuromuscular Therapy; Oriental Bodywork Therapies including: Acupressure, Amma, Anma, Chi nei sang, Jin shin do, Okazaki Restorative Massage, Nuat thai, Shiatsu and Tuina; Polarity Therapy; ROLFING, and the TRAGER Approach.

2.2 "State or national professional association or institute" shall mean an organization providing standards for practice; code of ethics and grievance procedure; and providing or approving a 500 hour course of study. State or national professional associations or institutes meeting the above criteria include but shall not be limited to: American Massage Therapy Association, American Oriental Bodywork Therapy Association, American Polarity Therapy Association, Body-Mind Centering Association, Inc., The Feldenkrais Guild, Massachusetts Association for Body Oriented Psychotherapy and Counseling Bodywork, Massachusetts Professional Bodywork Association, The Rolf Institute, The Trager Institute.

2.3 "Advisory Board" shall mean the Advisory Board For the Model Rules and Regulations of Somatic Practices whose function is to assist Departments and Boards of Health of

3.2 No person shall practice as a student/apprentice practitioner of massage therapy for gaining practical experience and/or for hire or reward or advertise or hold him/herself out as being engaged in the business of massage therapy in Cambridge unless first having been issued a permit pursuant to these regulations. The permit is good for one year and may only be renewed by an individual once. The fee for the initial permit and for renewal permit shall be $25.

3.3 A license or permit issued to a professional or student/apprentice practitioner is not transferable to another person. All licenses expire one year from the date of issue.

3.4 No practitioner or instructor of massage therapy shall engage in the practice of massage therapy in Cambridge on a temporary basis unless first having been issued a temporary license required pursuant to these regulations. A temporary license shall be required for practitioners participating at events including but not limited to sports events and massage therapy training events. The temporary license fee shall be $15 per practitioner for an event of 1-7 days and $25 per practitioner for an event of 8 days to 4 weeks. Such temporary licenses shall be obtained by the individual practitioner or on his/her behalf by a training facility or school or an institution (e.g. Boston Marathon).

IV. EXCEPTIONS AND EXCLUSIONS:

4.1 Practitioner: These regulations shall not apply to the following individuals while engaged in the regular performance of the duties of their respective professions:

A. Physicians, chiropractors, osteopaths, occupational therapists or physical therapists who are duly licensed to practice their respective professions in the Commonwealth of Massachusetts.

B. Athletic trainers duly licensed under the laws of the Commonwealth of Massachusetts.

C. Nurses who are registered or licensed under the laws of the Commonwealth of Massachusetts.

D. Barbers and beauticians who are duly registered under the laws of the Commonwealth of Massachusetts, except that this exemption shall apply solely to the massage of the neck, face, scalp, and hair of the customer or client for cosmetic or beautifying purposes.

E. Acupuncturist duly licensed under the laws of the Commonwealth of Massachusetts.

4.2 Student/Apprentice: A student or apprentice of massage therapy who is gaining practical

accordance with the standards for practice and ethical guidelines of the state or national professional association or institute that has provided or approved his/her 500 hour course of study, or in accordance with the ethical code outlined by the Advisory Board. Professional practitioners shall not misrepresent their training, experience, credentials or title.

5.6 Submit proof of a skin test for tuberculosis within the last two (2) years. A new skin test for tuberculosis shall be required every three (3) years thereafter.

5.7 File an application for license renewal not less than thirty (30) days prior to the expiration of his/her license, whereupon his/her existing license shall not expire until the Commissioner has determined the application's renewal status. At the time of filing the renewal application, the applicant shall submit satisfactory evidence, as outlined on the documentation page of the Information Packet, of his/her current professional status.

5.8 Meet the following requirements:

A) Perform or allow to be performed no illegal act on the premises where massage therapy is practiced. A violation of this section may be grounds for revocation, suspension or modification of the license.

B) Operate no x-ray, fluoroscope, diathermy or other similar equipment unless licensed by the Commonwealth of Massachusetts to practice a profession requiring the use of such equipment.

C) Provide that all rooms used for massage therapy be clean and easily cleanable, well lighted, adequately ventilated and properly heated.

D) Maintain all areas used for practice, including the furniture and equipment therein, in sanitary condition at all times. All massage therapy tables, mattresses, etc. shall be easily cleanable. All surfaces used for massage therapy shall be properly cleaned and sanitized after each massage therapy session.

E) Clean and sanitize after each use all robes, sheets, towels, etc., which may come in direct contact with the body. Single service items are acceptable, and shall only be used once.

F) Touch or work with a client, when either the client or practitioner is afflicted with a communicable disease that could be spread through the massage therapy process or through close contact ordinarily associated with the massage therapy process, only when precautions are taken to prevent transmission. Should precautions be insufficient to prevent transmission, the practitioner shall be required to refrain from conducting massage therapy until the condition is no longer communicable.

G) Wash hands thoroughly with soap and hot water immediately before and after

g. No person shall employ as a massagist any person unless said employee has obtained and has in effect a permit issued pursuant to these Regulations.

h. Revocation or Suspension of Massage Establishment License. Any license issued for a massage establishment may be revoked or suspended by the Commissioner of Health and Hospitals or his designee for any violation of this Regulation. The provisions of section X of these Regulations concerning the right to a Hearing apply.

VI. PROCEDURE FOR PERMIT OF STUDENT/APPRENTICE PRACTITIONER OF MASSAGE THERAPY; BODYWORK; MOVEMENT EDUCATION

6.1 No person shall be granted a student/apprentice practitioner permit to practice massage therapy in the city of Cambridge unless he/she meets the following requirements:

6.2 Submit to the Commissioner a completed application form as supplied by the Commissioner which shall include the name, address and phone number of the applicant's fieldwork instructor (a licensed professional practitioner). False statements in said application shall be grounds for denial or revocation of a permit.

6.3 Provide satisfactory evidence that the applicant is eighteen (18) years of age or older, by presenting two forms of positive identification or a valid passport.

6.4 Submit satisfactory evidence as outlined on the documentation page of the Information Packet that he/she is engaged in the pursuit of a 500 hour course of study in massage therapy, and that he/she has already completed at least 250 hours of this course of study.

6.5 Submit one face-front photograph at least two (2) inches by two (2) inches in size taken within thirty (30) days prior to the submission of the application.

6.6 Submit proof of a skin test for tuberculosis within last two (2) years. A new skin test for tuberculosis shall be required every three (3) years thereafter.

6.7 Agree to follow all rules and regulations specified herein and conduct him/herself in accordance with the standards for practice and ethical guidelines of the state or national professional association or institute that has provided or approved his/her course of study, or in accordance with the ethical code outlined by the Advisory Board. Student/apprentice practitioners shall not misrepresent their training, experience, credentials or title.

6.8 File an application for renewal not less than 30 days prior to the expiration of his/her permit, whereupon the existing permit shall not expire until the Commissioner has determined the renewal application's status. At the time of filing renewal application, the applicant shall submit satisfactory evidence as outlined on the documentation page of the

individuals representing massage therapy; bodywork; movement education profession, Health Departments, Boards of Health, Health Officers and consumers as specified in the Advisory Board By-laws.

X. LICENSE REVOCATION, SUSPENSION OR MODIFICATION

10.1 The Commissioner may suspend, revoke or modify a license for any violation of these rules and regulations or for the performance of any illegal act on the premises by serving an order in writing to the person(s) responsible for the violation.

10.2 The person(s) on whom an order has been served may request a hearing before the Commissioner or his designee within seven (7) days after the day the order was served. Upon receipt of such petition the Commissioner or his designee shall set a time and place for such hearing and shall inform the petitioner thereof in writing. The hearing shall be commenced not later than thirty (30) days after the day on which the order was served. The thirty (30) day period may be extended if in the opinion of the Commissioner or his designee the petitioner has submitted a good and sufficient reason for such postponement.

10.3 At the hearing the petitioner shall be given an opportunity to be heard and to show why the order should be modified or withdrawn. After the hearing the Commissioner shall sustain, modify or withdraw the order and shall inform the petitioner in writing of this decision.

XI. PENALTIES

11.1 Whoever violates any provision of these Rules and Regulations shall be punished by a fine of not more than $100 or by imprisonment for not more than six months or both.

XII. SEVERABILITY

12.1 If any section, paragraph, sentence, clause, phrase or word of these Rules and Regulations shall be declared invalid for any reason whatsoever, that decision shall not affect any other portion of the Rules and Regulations, which shall remain in full force and effect.

XIII. VARIANCE

13.1 Any person(s) may submit a written request to the Commissioner for a variance in the application of any provision of these Rules and Regulations when the enforcement thereof would do manifest injustice. The Commissioner shall respond in writing within 14 days.

13.2 Any person(s) who has been refused a variance may request a hearing before the Commissioner or his designee within 7 days after the day the refusal was served. Upon receipt of such petition the Commissioner or his designee shall set a time and place for such hearing and shall inform the petitioner thereof in writing. The hearing shall be commenced

OFFICE OF THE CITY CLERK

CITY OF CAMBRIDGE

CITY HALL, CAMBRIDGE, MASSACHUSETTS 02139

(617) 349-4260

FAX (617) 349-4307

D. MARGARET DRURY
CITY CLERK

JOHN E. FLYNN
DEPUTY CITY CLERK

November 8, 1995

Municipal Law Unit/Government Bureau
Office of the Attorney General
20th Floor
One Ashburton Place
Boston, MA 02108

To Whom It May Concern:

Enclosed you will find a copy of an amendment to the Zoning Ordinances of the City of Cambridge which was passed to be ordained at the City Council meeting held on Monday, November 6, 1995 regarding Massage Establishments.

This amendment is being sent to you pursuant to the provisions of Chapter 808 of the Acts of 1975.

Your kind attention in this matter will be greatly appreciated.

Very truly yours,

D. Margaret Drury
City Clerk

DMD/dl

Enc. (1) Ordinance # 1172

ORDINANCE NO. 1172.

Final publication number 2701. First publication in the Chronicle on Nov. 9, 1995.

City of Cambridge

In the Year One Thousand, Nine Hundred Ninety Five

AN ORDINANCE

In amendment to an ordinance entitle the "Cambridge Muncipal Code."

Be it ordained by the City Council of the City of Cambridge as follows:

1. Chapter 5.40 of the Cambridge Muncipal Code (Massage Establishments) is hereby repealed.

2. The Zoning Ordinance is hereby amended as follows:

(a) In Article 2.000, the definition of "massage establishment is hereby deleted.

(b) Article 4.21(d) is hereby amended to read as follows:

> d. A customary home occupation or the office of a resident physican, dentist, attorney-at-law, architect, engineer, properly licensed massage therapist, or member of another recognized profession shall be considered as an accessory use, provided that not more than three persons shall practice or be employed on the premises at any one time. In the case of a massage therapist, no more than one person shall practice or be employed on the premises at any one time.

(c) In Article 4.34b, add at the end of the phrase: "(includes properly licensed massage therapists)".

(d) In Article 4.35, delete line p. "Massage Establishments."

(e) In Article 4.40, p. 4-20, delete footnote #49.

(f) In Article 11.000, delete sections 11.90 through 11.93.

In City Council November 6, 1995.

Passed to be ordained by a yea and nay vote:- Yeas 8; Nays 0; Absent 0; Abstaining 1.

ATTEST:- D. Margaret Drury
City Clerk

OFFICE OF THE CITY CLERK

CITY OF CAMBRIDGE

CITY HALL, CAMBRIDGE, MASSACHUSETTS 02139

(617) 349-4260

FAX (617) 349-4307

D. MARGARET DRURY
CITY CLERK

JOHN E. FLYNN
DEPUTY CITY CLERK

November 8, 1995

Department of Community Affairs
Commonwealth of Massachusetts
100 Cambridge Street
Room 904
Boston, MA 02202

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DMD/dl

Enc. (1) Ordinance # 1172

c.c. Les Barber
Inspectional Services

ORDINANCE NO. 1172.

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In City Council November 6, 1995.

Passed to be ordained by a yea and nay vote:- Yeas 8; Nays 0; Absent 0; Abstaining 1.

ATTEST:- D. Margaret Drury
City Clerk

C. C. 108

City of Cambridge

MASSACHUSETTS

In City Council 11/6 1995

#15 Unfinished
MASSage Establishments Zoning Amendment

YEA	NAY	ABSENT	PRESENT	
✓				Ms. Kathleen L. Born
✓				Mr. Francis H. Duehay
✓				Mr. Anthony Galluccio
✓				Mr. Jonathan S. Myers
✓				Mrs. Sheila T. Russell
✓				Mr. Michael A. Sullivan
✓				Mr. Timothy J. Toomey, Jr.
✓				Ms. Katherine Triantafillou
			✓	Mayor Kenneth E. Reeves

Abstain

TT ms

RI=

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In the Year One Thousand, Nine Hundred Ninety Five

AN ORDINANCE

In amendment to an ordinance entitle the "Cambridge Muncipal Code."

Be it ordained by the City Council of the City of Cambridge as follows:

1. Chapter 5.40 of the Cambridge Muncipal Code (Massage Establishments) is hereby repealed.

2. The Zoning Ordinance is hereby amended as follows:

(a) In Article 2.000, the definition of "massage establishment is hereby deleted.

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> d. A customary home occupation or the office of a resident physican, dentist, attorney-at-law, architect, engineer, properly licensed massage therapist, or member of another recognized profession shall be considered as an accessory use, provided that not more than three persons shall practice or be employed on the premises at any one time. In the case of a massage therapist, no more than one person shall practice or be employed on the premises at any one time.

(c) In Article 4.34b, add at the end of the phrase: "(includes properly licensed massage therapists)".

(d) In Article 4.35, delete line p. "Massage Establishments."

(e) In Article 4.40, p. 4-20, delete footnote #49.

(f) In Article 11.000, delete sections 11.90 through 11.93.

In City Council November 6, 1995.

Passed to be ordained by a yea and nay vote:- Yeas 8; Nays 0; Absent 0; Abstaining 1.

ATTEST:- D. Margaret Drury
City Clerk

Kevin Doherty, Commissioner's Office, stated that the only time that it would ever be pursued, would be if the conviction was for a crime relating to their practice, and only if there were a complaint regarding the practice that triggered the investigation.

Councillor Galluccio recommended asking the specific questions for which the Commissioner wants answers, for example, "have you ever been convicted of prostitution," "have you ever been convicted of illegal or improper practice of massage?"

Dr. Ben Benjamin, Executive Director of Muscular Therapy Institute, stated that it is intrusive to ask questions about prostitution. A prostitute would not go through a year and a half of training in massage.

Councillor Sullivan stated that his concerns relate to potential abuse or fraud of elderly persons, not prostitution.

Councillor Duehay stated that he believes that the whole approach is a step forward from the present regulatory scheme. The present ordinance was adopted in response to a particular situation where the concern was prositution; however it does not work particularly well. Some very dubious massage operations are going on in residential neighborhoods.

David Naparstic, Health Commissioner, City of Newton, stated that Newton has one hundred and thirty five massagists. Newton went from a regulatory scheme which was very similar to Cambridge's present law to one which is like that now proposed for Cambridge. He said that in his experience, complaints surface very quickly. He is very comfortable that in Newton there is a very professional, well-received massage profession. He added that in Newton most massage establishments are in business zones. Special permits are required for outcalls.

Vice Mayor Russell asked for description of the outcalls. Mr. Naparstik explained that the City requires a special license and also tracks the locations at which they will make outcalls.

Councillor Galluccio asked why Newton does not allow massage as a home business. Mr. Naparstic stated that the major concern related to the size of the space that would be used. There was a concern that rooms would be too small and unsafe.

Councillor Duehay suggested taking a smaller first step, and not allowing massage as a home business as part of the first step.

Councillor Galluccio stated that he supported massage as a home occupation, and he also supports outcalls.

Councillor Born asked Mr. Narparstic whether Newton considers every license on its merits. Mr. Narparstic said that most applications are for therapists who will associate themselves with one of the thirty four existing establishments.

Councillor Born asked whether it would be possible to put particular requirements on each license.

Mr. Doherty said that Cambridge does not see the need for individual conditions; the expectation is that the training required will ensure quality.

Councillor Born asked whether other licenses have conditions. Dr. Chalfen said that most comparable professions are regulated at the state level.

Dr. Benjamin stated that the regulations are model regulations on which the massage industry has worked for four years. Dr. Benjamin said that the people who want to work in their homes are often single parents with children. Outcalls are useful for people who are injured, disabled, etc. He noted that present massage establishments will have the opportunity to comply with the new regulations.

Councillor Born asked whether physical therapists are included as allowable home occupations under the zoning law. Attorney Birge Albright read the language of the Zoning Ordinance which he stated would include physical therapists as a "recognized profession." Mr. Bersani agreed that they would be allowed to have a home office under the Inspectional Services Department' interpretation.

Dr. Benjamin said that there are twenty states that have state-level regulation of massages as a profession, and he expects that eventually this will happen at the state level. He also noted that the present regulatory scheme forces therapists to operate illegally. Mr. Bersani said that the state is actually moving in the direction of de-regulation.

Councillor Sullivan asked if Newton requires permission each time a massage therapist wants to make an outcall. Mr. Narparstic said no, the license specifies all the addresses the therapist is approved to go do. He said that he would like to move toward a scheme Cambridge is proposing.

Vice Mayor Russell asked if there were many applications to have home occupations. Mr. Narparstic answered in the negative.

Mr. Bersani noted that the home use zoning law allows up to three employees. Dr. Chalfen said that the Commission regulations would only allow one therapist at a home occupation.

Councillor Galluccio asked whether Mr. Bersani wants to see a specific reference to massage therapists in the zoning ordinance. Mr. Bersani said that in light of the specific treatment of massage in the present ordinance, it would be helpful to have explicit language in an amendment.

Councillor Born noted the difficulties with other kinds of therapists operating out of residential space and paying residential rate taxes.

Vice Mayor Russell asked whether there is a problem with having requirements in the Commissioner's regulations. to allow no employees for the massage home occupation when the Zoning Ordinance allows three employees in home occupations.

Councillor Sullivan suggested putting the limitation on the number of employees for the massage home occupation in the Zoning Ordinance.

Councillor Duehay noted that this would result in different zoning laws for different professions.

Councillor Duehay moved that the Ordinance Committee recommend repeal of Chapter 5.40 of the Municipal Ordinances to the full City Council.

Councillor Galluccio noted that the Ordinance Committee is also recommending that the Commissioner incorporate into the Commissioner's regulations, the proposed regulations discussed at this hearing.

On a voice vote the motion passed unanimously.

The hearing was adjourned at 5:40 p.m.

For the Committee

Sheila T. Russell

Vice Mayor Sheila T. Russell, Chair

A

Amendments under consideration for Rules and Regulations governing the licensure of massage therapy

Home occupations: Only a single massage therapist may work out of his/her home office at any given time.

Out-calls: Out-calls may only be made to people with a permanent or temporary physical disability, to elderly persons, or within recognized businesses during regular business hours.

Criminal record checks: Questions will be included in the license application regarding past criminal convictions, and denial suspension or revocation of a professional license for any reason. If an issue of a criminal nature arises, it would be dealt with by the Police Department, as is done in other cities with similar massage therapy regulations.

Questions regarding criminal record on license application for massage therapy

Have you been convicted of any criminal offense, other than a minor traffic violation?

Have you been formally charged with or disciplined for any violation of the rules, by-laws or standards of practice of any governmental authority, health care facility, or professional organization?

Have you ever been denied a massage license for any reason?

City of Cambridge

The Ordinance Committee held a public meeting on August 8, 1995 beginning at 4:30 pm in the Sullivan Chamber for the purpose of considering proposed amendments to the Municipal Code regarding regulation of the practice of massage.

Present at the hearing were Vice Mayor Sheila T. Russell, Chair of the Committee, Councillor Kathleen L. Born, Councillor Francis H. Duehay, Councillor Anthony D. Galluccio, Councillor Michael A. Sullivan, and City Clerk D. Margaret Drury.

Also present were Dr. Melvin Chalfen, former Commissioner of Health and Hospitals and Robert Bersani, Managing Director of Inspectional Services.

Vice Mayor Russell convened the hearing and explained the purpose. She explained that the proposed change to the regulation of massage therapy involves repealing the Chapter 5.40 of the Municipal Code which governs massage establishments, and amending the Zoning Ordinances, which now limit the practice of massage to industrial zones and require a special permit. Because of the statutory requirements for newspaper notification there will be another hearing on the proposed zoning amendments.

Vice Mayor Russell invited Dr. Chalfen to address the issues which troubled the Ordinance Committee at its last hearing on this matter.

Dr. Chalfen distributed a written description of amendments to the Commissioner's regulations to address those concerns. (Attachment A) Regarding home occupation, the amended regulations would provide that only a single massage therapist may work out of his or her home office; employees would not be permitted. Regarding out-calls, the regulations would restrict them to persons with disabilities, elderly persons who are unable to leave their residences, and to locations within recognized businesses, for example, Bread and Circus would like to be able to offer massage. Dr. Chalfen stated that with regard to criminal record checks, he would propose particular questions relating to criminal convictions as part of the application.

Vice Mayor Russell invited Robert Bersani to comment on the survey which was undertaken by his staff on how other cities regulate massage. Mr. Bersani noted that the only city that allows out-calls is Newton.

Councillor Galluccio observed that the question regarding criminal convictions is very broad.

Committee Report #4

Ordinance Committee report
re: proposed amendment
to the Municipal Code regarding
regulation of the practice of
massage.

Report Accepted. Placed on File
Passed to a second reading

In City Council September 11, 1995

City of Cambridge

In the Year One Thousand, Nine Hundred Ninety Five

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(f) In Article 11.000, delete sections 11.90 through 11.93.

Communication and Reports from City Officers #1

Communication received from D. Margaret Drury, City Clerk, transmitting Ordinance from Birge Albright, Legal Counsel for the City of Cambridge regarding Massage Therapists - Repeal Chapter 5.40 of the Code and Amend Zoning Ordinance.

Referred to the Petition.

In City Council September 11, 1995

FIRST PUBLICATION NO. 2694.

City of Cambridge

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Passed to a second reading at the City Council meeting held on October 16, 1995 and on or after October 30, 1995 the question comes on passing to be ordained.

ATTEST:- D. Margaret Drury
City Clerk

FIRST PUBLICATION NO. 2694.

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Passed to a second reading at the City Council meeting held on October 16, 1995 and on or after October 30, 1995 the question comes on passing to be ordained.

ATTEST:- D. Margaret Drury
City Clerk

Dr. Benjamin said that the state licenses the educational institutes, and the requirements are quite strict. There are only four licensed institutions.

Vice Mayor Russell asked whether experience could be substituted for course work. Dr. Benjamin said no.

Vice Mayor Russell then opened the meeting to public comment.

David Mullane, 238 Broadway, stated that he owns Broadway Health Club and is concerned about individual offices being leased out as massage establishments or massage parlor. He wonders whether the City will have the police power to handle such a situation. He said that all massage therapists are presently required by Robert Bersani to have 500 hours of educations. Mr. Mullane suggested that the City continue to regulate massage establishments as well as require individual licensing. He said that under the existing ordinance off-premises massage is possible if a person cannot come to the establishment.

Councillor Sullivan asked under what authority Mr. Bersani is requiring the 500 hours of education. Dr. Chalfen said that the existing zoning ordinance provides for Inspectional Services Department to look at standards.

Dr. Chalfen asked Rangit Singayamon to comment on the power. Ranjit stated massage therapy will be considered another professional use. It would be legally possible for an entire building to be put to this use. Liza Malenfant from Community Development Department agreed.

Dr. Benjamin stated that the safeguard will be in the individual license requirements. If there is a complaint, the individual can lose his or her license.

Councillor Sullivan asked whether if a massage establishment opened as a corporation and hired incompetent massage therapists, there could be recourse against the firm. Attorney Albright noted the analogy with attorneys. Councillor Sullivan said that in that case the City would be put in the position of the Board of Bar Overseers, and that is not an appropriate role for the City.

Dr. Benjamin said that the liability insurance for massage therapists is very inexpensive because there have been no liability problems.

Dr. Benjamin stated that he believes that Mr. Mullane's suggestions would lead to unnecessary complications. All over the country, regulation is done on the level of the individual therapist. He believes that there is good protection for the public under the new regulatory scheme.

Councillor Sullivan asked what the status was of the efforts to enact statewide regulation. Dr. Benjamin said that he believes there will be a law in a year or two, but there is obviously uncertainty in state legislation.

Councillor Duehay said that there are houses of prostitution masquerading as massage parlors and asked what can be done about this. He asked whether there should be definitions of what is allowed.

Dr. Benjamin stated that there is a code of ethics for the profession, and the regulations provide that these standards must be met. Prostitution is against the law and can be stopped regardless of what the massage regulations provide.

Councillor Sullivan asked about is the cost of the educational program required to be a licensed therapist. Dr. Benjamin said five hundred hours of education would cost approximately six thousand dollars; and his program is nine hundred hours and costs ten thousand dollars. A prostitute would not make it through the vigorous educational program.

Councillor Sullivan asked again under what authority Mr. Bersani is requiring five hundred hours of education.

Rangit Singayamon said that for new licenses, the education is being required because the zoning amendment has been advertised.

Councillor Sullivan stated that this requirement is part of the proposed regulations to be promulgated by the Commission of Health and Hospitals, not the proposed zoning amendment. He added that it is not clear to him what the authority would be for this requirement by Inspectional Services Department, and requested that Inspectional Services Department report to the City Council on this issue.

Councillor Duehay moved that the proposed zoning amendments be forwarded to the full City Council with the recommendation that it be approved. The motion passed unanimously on a voice vote.

The hearing was adjourned at 6:03 p.m.

For the Committee

Sheila T. Russell

Vice Mayor Sheila T. Russell, Chair

DMD

City of Cambridge

The Ordinance Committee held a public hearing on October 4, 1995, beginning at 5:15 p.m. in the Sullivan Chamber for the purpose of considering proposed amendments to the Zoning Ordinances relative to the practice of massage therapy.

Present at the hearing were Vice Mayor Sheila T. Russell, Chair of the Committee, Councillor Francis H. Duehay, Councillor Michael A. Sullivan, and City Clerk D. Margaret Drury. Also present was Dr. Melvin Chalfen, former Commissioner of Health and Hospitals, and City Attorney Birge Albright.

Vice Mayor Russell convened the hearing and explained the purpose. She requested that Attorney Albright explain the present treatment of massage under the Zoning Amendment and what the proposed changes would do. Attorney Albright summarized the proposed charges, which he stated, would recognize massage therapy as a profession which is of value to the community. He noted that under the amendments massage will be allowed as a customary home occupation; however no more than one person shall practice or be employed on the premises.

Vice Mayor Russell asked in what zones massage will be allowed. Attorney Albright said that massage will be allowed in all office, business and industrial districts.

Councillor Sullivan asked whether there would be a restriction as to the number of therapists. Attorney Albright said that the restrictions apply to the customary home usage.

Councillor Duehay asked whether there are any regulations for health clubs. Mr. Albright said that he did not know. Councillor Duehay noted that his concern relates to the prostitution-type activities that the original zoning provisions were attempting to address, although they were not successful in that goal.

Dr. Chalfen stated that all massage therapists must be licensed.

Councillor Duehay asked whether the new regulations have been published. Dr. Chalfen stated that they are ready for publication.

Councillor Duehay asked about the education requirements for a license. Dr. Ben Benjamin, Executive Director, Massage Therapy Institute, 122 Rindge Avenue, stated that five hundred hours of course work are required under the regulations.

Councillor Duehay asked whether there are specific curriculum requirements, and noted that when teacher requirements were first instituted, there were programs that offered the degree without offering appropriate curricula.

Committee Report #2

Ordinance Committee hearing
held on Wednesday, October 4, 1995
regarding a proposed amendement
to the Zoning Ordinances of the City
of Cambridge relative to Massage
Establishments.

In City Council October 16, 1995

Report accepted and placed on file.
Ordinance amendment passed to a
Second reading.

City of Cambridge

In the Year One Thousand, Nine Hundred Ninety Five

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'92 MERCURY GR. MARQUIS EL Black $15,999 NOW $13,999	'90 FORD BRONCO XLT 4x4, Auto $14,999 NOW $12,999	'92 BUICK RIVIERA Moonroof $15,999 NOW $14,999	'89 FORD T-BIRD SC Super Coupe $8,999 NOW $7,999
'91 SABLE WAGON G.S. Light Blue, 56K Miles $9,999 NOW $8,999	'89 FORD F-250 4X4 Auto, F/S, A/C $11,999 NOW $10,999	'93 HONDA ACCORD EX, Auto, 30K miles $16,999 NOW $15,999	'92 SUZUKI 4WD Sidekick, DL Convert, 33K miles $10,999 NOW $9,999
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'88 GMC JIMMY 4x4 Auto $9,999 NOW $9,999	'90 FORD F-150 P/UP, XLT 57K mi, auto $12,499 NOW $11,499	'91 CHEVY C1500 PICKUP 4x4, Auto, 5.7 liter $14,999 NOW $13,999	'93 FORD T-BIRD LX Red, 36K miles $13,999 NOW $12,999
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FORD EXPLORER '94 2 door sport, loaded, Class III trailer hitch, 26K, $17,900. 617-639-1035

Ford Explorer 1993. Eddie Bauer edition, all options, moon roof, 41K miles. Mint condition. $19,500. Call 617-899-6970

IZUSU TROOPER II, 1985 - 4 wheel drive, am/fm cassette, telephone, CB, 15K. $2500. 508-526-8361

JEEP Cherokee Wagoneer Limited 1989, 4 wheel drive, 52k miles, blue with wood trim, 4 new tires. Loaded! $12,500. 508-927-1706

1986 Jeep Cherokee Laredo: 4 wheel drive. Good condition. $2900 617-599-4472

91 FORD EXPLORER XLT, Green, 62K, good condition. $15,000. weekdays 617-639-0513, weekday. 617-257-4684, eves weekend.

Classic Cars 568

AUSTIN HEALEY 1959 100-6, BN6, 2 seater, runs good, new exhaust & more $11,000 617-631-5167.

CHEVY BELAIR 1963 Running condition, excellent for restoration project. $450 firm. 617-391-8702.

FORD CUSTOM 500: 69, 2 dr. sedan, 55k original miles, 2nd owner, needs light restoration. $1500. 508-356-1105

FORD MUSTANG II '77 30K miles, mint condition, estate sale $3000 508-465-3195 leave message.

FORD SKYLINER RETRACTABLE, 1957 - 312 automatic. Needs restoration. $4500. 617-284-1659.

MGB GT, 1969: British racing green. Certified appraisal Wire wheels, new exhaust. Bill 617-581-0969

Community Classified
1-800-464-0505

MUSTANG 1967 White, 6 cylinder, automatic, fully restored. $5000.**617-324-5049**

Volkswagon Beetle Convertible 1978. Very clean well maintained, all records new top. Asking $7500 617-631-5167

1966 LINCOLN CONTINENTAL CONVERTIBLE Looks and runs great. 80K. $6800. 617-284-1659.

Classic Cars 568

1973 PLYMOUTH ROADRUNNER rebuilt 440, rebuilt slapstick automatic, new paint, a lot of new parts, 67,000 original miles $7500 BO Call Paul after 5pm 617-245-3407.

74 TRIUMPH TR6 convertible .6 cly. All original parts. $1500 or B.O. 508-948-2143.

Domestic Cars 570

AVANTI COUPE 1987. Red, tan interior. Low mileage. Excellent condition. $20,000. 617-631-1306.

BUICK Grand National 1987 $8000. Call and leave a message 617-662-2652.

BUICK PARK AVE 1991: Red, loaded, leather seats, $12,000 887-9703

BUICK RIVERA: '86, 86K mi. original owner, loaded, electric moon roof, computer screen, excellent condition. $4800. Call 508-887-5313.

BUICK RIVIERA: 1991, 38k, loaded, white, mint. Asking book, $14,500. Call 508-948-2568

Buick '81 New alternater/battery/tires $600/best reasonable only 87K/ 491-2428

Chevrolet Beretta 1989, A/C, power steering, new brakes, great condition. 111k miles. $3750. 617-233-7734

CHEVY BARETTA '88 Red, 47K miles, sun roof, a/c, excellent condition. $3800 617-391-8479

Chevy Monte Carlo SS, 1986. T-tops, custom paint, loaded, many extras. Must sell $4200/best. (508) 528-5674.

CHEVY NOVA 1987, 108k, 5 speed, 4 door, excellent condition. $1600/ B.O. 617-324-8319.

CHEVY S10 BLAZER: 92, 4 wheel drive, 4 door, Tahoe package, 64K, $12,500. (508) 356-9613

CHEVY WAGON EUROSPORT, 86: 8 passenger, 1 owner, 110K miles. $1200 b/o. 617-662-7281.

CHEVY '78 VAN 78K original miles, runs well. $850/B.O. 617-324-3472

CHRYSLER CIRRUS, LX, 1995. V6, ABS, dual air bags, Keyless entry,only 17K miles, flawless. Asking $15,200 617-295-2588 days.

CHRYSLER IMPERIAL, 1990. Mint. Cross, navy, loaded, 89K, $5900. 508-356-9613

CHRYSLER Lebaron LE, 1993, original $17,284, 13k, 4 door, pw/ locks, A/C, Lojack, $13,000. 617-631-1877.

Chrysler New Yorker, 1988: 4 door. Loaded. Mint condition. $2500 b/o. 617-231-9376

CHRYSLER New Yorker 5th Avenue, 1990, loaded nice car, must sell, $6900/ B.O., call 508-356-3021.

Domestic Cars 570

CLASSIC CONVERTIBLE75 Eldorado. Runs & looks great. Must sell. $3700 A steal. 508-922-0811.

CORVETTE'86, white/ tan leather, 4+3, Bose, 50K, mint condition. $10,900. 508-887-9701

'CUDA 1973, 340hp, 355 posi. All matching #'s. Project car. 603-463-9054.

Dodge Caravan: '87 83K mi., 7 passenger, 5 speed, needs work. $2000 508-468-4558

DODGE LANCER:87, 4 door, auto., AM/FM , new tires. $700/BO. 617-581-3564

DODGE Omni 1984 leaving MA. spotless, available 10/1/95. $550 B.O. 617-457-3303 x758

DODGE SPIRIT 1991 4 door, gray, A/C, FM stereo, excellent condition $6500, (617) 631-9005.

Ford Escort, 1989. 84K. 4 speed, excellent condition, am/fm cassette, needs nothing! $1800. 617-937-0417.

Ford Explorer XLT 4 door 4 wheel drive standard, green, 83K mi. excellent condition $13900 508-356-8600

FORD LTD WAGON 1985 V6, auto, good condition, $650 BO. 617-665-3787

FORD TAURUS GL 1989 6 cylinder, air, 95k, great condition $3900. 617-245-0607.

FORD THUNDERBIRD 92: Auto, V6, PW, PL, keyless entry, aluminum wheels, $6500 firm. 617-628-9379

FORD THUNDERBIRD, 1993 - Exterior blue, interior gray, pinstriping, chrome trim, remote alarm, all power, remainder of warranty, also extended warranty. $11,800. Must sell. 617-596-0683

JEEP, GRAND CHEROKEE LARADO, 1994. V-8, leather, sunroof, new tires, CD, excellent condition. 508-887-8733

JEEP Cherokee Laredo, 1988, 4x4, pw, A/C, well maintained, high-way miles, $5900. 617-396-4103.

JEEP CHEROKEE. 1986 4x4, low mileage, mint condition, $5,000 BO 617-593-7478.

JEEP GRAND CHEROKEE LAREDO, 1995. Wildberry, 4 wheel drive, 12K miles, loaded. Like new. $22,900. Call (617)631-5573.

JEEP WAGONEER LTD.'88 Silver gray, 4 door, automatic, a/c, p.s, am/fm, 74K, garaged, 1 owner, $7995 B.O. Marblehead 617-586-5046.

Lincoln Town Car 1991, Signature Series. Top condition, air bags, ABS $12,900 617-595-5440

LINCOLN TOWN CAR: 1986 signature series sunroof, 78K, top condition, 1 owner $4500 617-639-0578.

MERCURY CAPRI 1991 Red Convertible, automatic, low miles, loaded, alarm, new tires, extended warranty , $7500 b/o 617-662-6899 After 3pm.

MERCURY Cougar, 1985, loaded, good condition, 100k+, $2500. 617 599-7758.

Domestic Cars 570

MERCURY COUGAR BOSTONIAN 1993 13,000 miles, like new, teal, white leather interior, white vinyl roof 617-599-2810.

MERCURY LYNX WAGON, 1986 - 75K, new timing belt, exhaust & battery. $975. 617-625-2823

Mercury Marquis'87 all options, very clean, 1 owner, low mi. $4000/ BO. 617-279-0878/ 246-7417.

Mercury Topaz 1990, bronze, 4 door, family second car, 47k, power locks & windows, A/C, well maintained, 4 new tires, belts & hoses. $6000. 617-592-7424

Oldsmobile Custom Cruise, 1986. Well maintained. Replaced trans, A/C, tires, radiator, oil every 3000, power everything. Good car $1950. 508-887-9218

OLDS CUTLASS CALAIS '89 Very good condition, $2450. 508-685-0090

OLDS CUTLASS 1978, white, $500/b.o. 617-662-6434.

OLDS '88 Cutlass Sierra 4 door 69K a/c 1 owner. Well maintained, runs well. $2850 617-662-2711

PLYMOUTH Grand Voyager LE 1989 Blue, loaded, 87k. Excellent condition $6900. 617-631-8896

PLYMOUTH VOYAGER SE 1990 mini-van, V6, AC, stereo cassette, cruise control, 46,000 miles, dark blue, excellent condition $8200, 617-322-6000.

PONTIAC FIREBIRD 1980 55,000 original miles, sunroof, mag wheels, good condition in /out, mechanically sound, BO 617-641-9909.

PONTIAC GRAND AM '92 Plum color, light gray interior, 5 speed, excellent condition, low mileage. $8900/ b.o. 617-289-4666

Pontiac Grand Pre LE '92: 26k, price negotiable, remote starter, full equipped 923-9308

Pontiac Sunbird: '88 auto, 4 door, a/c, fm stereo, 54K mi., excellent condition. $3500 617-631-2567.

PONTIAC TRANS AM 1980: 6.6 liter, auto, special package, black w/ silver eagle. New parts. $4100 BO 508-535-9511 Peter

SATURN WAGON '94 SL 1, deep red, gray interior, 5 speed, airbag, alarm, cruise control, stereo, 15K mint. $12,500. Cambridge 497-5369.

SATURN WAGON 1994 SWI, deep red, gray interior, 5 speed, airbag, alarm, cruise control, stereo, 15K, mint, $12,500. Cambridge, 497-5369.

1989 DODGE SHADOW 4 door, auto, 1 owner, service record very clean $2500. 617-593-8774

Domestic Cars 570

86 Chrysler Lebaron 80K, leather interior, P/W, lock & top. Excellent condition. $2800. 617-631-7850.

87 Firebird V6, Auto Loaded. Many new parts, Looks good, runs great. $1950. B.R.O. 508-745-4464.

89 Chevy Camaro RS Auto, V6, alarm, AM/FM, low mileage, $4000. 508-745-8549.

Foreign 572

ALFA ROMEO '82 Spider Veloce convertible, light green, 5 speed, 1 owner, 60K miles, $3450/b/o 617-631-5138

AUDI COUPE QUATTRO '90 5 speed, loaded, excellent. $13,800 or b/o (617) 631-4360 pm, (617) 330-5922 days.

Audi Quattro, 1987, 5000S, excellent condition, need to sell this week. $5250/best 508-443-8312.

BMW 318i, 1984 Good running condition, strong engine, 129k. $3650, 617-539-1423.

BMW 528E '86 Automatic, 4 door, maroon with black leather, sunroof, average miles, great condition. Includes Lojack, phone & studded snows. $6000. (508) 744-9203

BMW 535i 5 speed, 1987, one owner, leather, cd, tape am/fm stereo/ amp, 4 new tires/ snows with rims, $8000. 617-581-2266.

BUICK '90 Skylark, 28000K miles, a/c stereo cassette, blue, excellent condition. $8800 B.O. 508-468-0063.

HONDA Accord EX, 1990, 5 speed, loaded, Lojack, garaged, $8000, 617-631-5935.

Honda Accord LXI '86 4 door 5 spd 1 owner, superb maintenance, $3950. 508-794-5711

Honda Accord '87 LXI 2 door, 5 speed, air, sunroof, PW, Blaupunkt CD, 96K mi. $4700 617-599-9145

HONDA CIVIC EX '90 5 speed, runs great. a/c, pw, black $4495 617-595-4331

Honda Prelude SI 1987 5 speed, high miles, loaded, good condition. $2000/B.O. 508-887-2629

HONDA Prelude 1989 74k miles. Excellent condition. $7400 or b/o. 617-639-1937

Honda 1986 Prelude, 100k miles, A/C, 5 speed, sunroof, great shape. $3600. or B.O. 508-750-6895

Hyundai Excel 88 coupe 60K mi. a/c, stereo new tires/ clutch, runs excellent, $2,200/BO 617-631-6958.

HYUNDAI '90 EXCEL Hatchback, automatic, 77K miles, white, $1500 617-924-1249

INFINITI G20t, 1994, loaded, leather, silver, automatic, 9k, warranty. $19,500/ B.O. Moving - MUST SELL! 774-0505 ext. 2233.

Jaguar Convertible XJS 1990, bronze, perfect condition, 40K miles. $25,000. Call (617) 332-0033.

Foreign 572

JAGUAR XJ6 1986 Low mileage, gray, includes radar, telephone, alarm system, CB radio, sun roof, garaged, mint condition. $6,000 BO. **508-468-5289**

MAZDA MX6 1993, silver, 5 speed, a/c, sunroof, cd/cassette, 41K miles, $12,500/b.o. 617-631-8737.

MAZDA 626 '86 5 speed couple sunroof & tail. P/W $2200 B.O. 617-631-4178

MAZDA 626 1986, 5 speed, A/C & sunroof, loaded, 93K. Good condition. $2500 B.O. 617-944-3597.

MERCEDES 240D: 1978. Good parts car, excellent engine, mechanicals, $400. (508) 468-2168

MERCEDES 280S 1970: Blue, rust free, not run in snow, sunroof, Becker FM stereo, beautiful; $3900. 617-595-4743.

Mercedes 300D Turbo 1987, cab. red. 175K mi., looks & runs great. $10,000. 617-631-4790

Mercedes 300D: '84, gray 4 door, excellent running condition. $7,800 508-887-3340

NISSAN PULSAR 1989 5 speed, AC, 1 owner, well maintained, 140,000 miles $1500. 508-921-4618.

NISSAN SENTRA, SE SPORT, 1988 HATCHBACK - California car, new tires, JVC stereo, sunroof, air, red. $4000. 617-631-3913 or 617-284-0130.

NISSAN SENTRA 1986, red, 4 door sedan, auto, 1 owner, 89,000 miles $2,000, 617-233-4599.

NISSAN SENTRA 1988 L.A bound, 2 door, 5 speed, am/fm cassette, sunroof, 102K, $1800. 508-927-6046

NISSAN 240 SX '90 Red, auto, a/c, cassette. Mint condition, 62K, 1 owner. $7800 b/o. 508-887-7442

NISSAN 300 ZX '88 2+2 T-tops 32K excellent condition $7800. 395-6877 after 7PM

PEUGEOT 505 GL: 1984 Turbo diesel, station wagon 86K. Dealer serviced. $1,750. 617-599-6965

PORSCHE, 1970. 911 T Coupe. Original to every detail New paint; signal orange. New tires, trim, shocks & tune-up. Ready to go for summer fun! Worth $12,000- sacrifice $9500. 508-352-8448 eves, 617-245-5779 days.

PORSCHE: Mint Condition 1978 928, 57,000 miles, $8,800. Call 508-468-3138

Saab 1990, 9000S, automatic, 69K, air bag, gray, sun roof, stereo, leather, alarm. $10,500. Call (617) 461-1408.

Saab 1990, 9000S, automatic, 69K, air bag, gray, sun roof, stereo, leather, alarm. $10,500. Call (617) 461-1408.

SAAB 900 1986. Auto, A/C, red, reliable. $2,200/B.O. 617-639-8503

Subaru Empreza L '93 std., loaded, warranty 70K Hwy mi. $8000/ BO. 617-477-0501

Foreign 572

SUBARU GL 1989 coupe. Book $4600. Automatic, 40mpg, 1 owner, very clean $2250. 617-334-3591

Subaru Legacy L 1992, automatic, A/C, power window & locks, $9,950. 508-468-6516

TOYOTA CAMRY: 85, 4 door, 5 spd, 1 owner, A/C, runs well, blue $2500. (617) 981-3555 work; (508) 777-8586 home

Toyota Celica 88 SP, AM/FM cassette, 5 speed, A/C, 100K, $3500. 617-965-8010,

Toyota Corolla SRS, 1988. Automatic, 2 door, air, 98k, asking: $3800. 508-533-6876, or 508-872-8400 ext 2259.

TOYOTA PASEO 1992 5 speed, A/C, sun roof, alarm, clean & well maintained, 1 owner. $7800. 617-935-6773.

VOLVO WAGON, 1985. Light gray with blue interior, very good condition, 73K. $6,500. 508-922-8308

ADVERTISE...IT WORKS. Community Classifieds. 1-800-464-0505.

VOLVO 240DL, 1985 - Automatic, a/c, 4 door, good condition, $3995. 617-639-8443

VOLVO 740 GL WAGON, 1992. Blue w/ tan leather, 73K, dealer serviced. $15,900. (617)631-0085

VOLVO 84 DL wagon, manual, Safe reliable transportation. 133K. $2500 617-631-6082.

Foreign 572

VOLVO 850, 1994 - 18K 5 speed, green, like new. $24,500. 508-744-1668

VW Golf GTI 1985. Runs, needs work. Must sell. $800. or B.O. 617-631-9193

TIRED OF DRIVING YOUR CLUNKER?? Check out the Automotive categories for some super deals!!

VW GOLF 1988, great condition, 4 door, gold, 5 speed, $2200. 617-631-4932.

VW GOLF 1988, 2 door, sunroof, dark blue, 5 speed, no rust $1500, 508-468-6105.

VW GTI 1985 sunroof, pull out cassette, tulle rack, new clutch, tires, brakes & more, 149K highway miles, runs great $2,000, (617) 631-7985.

VW JETTA CARAT 1992, Mint condition, 5 door, 5 speed, $10,000 or best offer. 617-631-1341 .

VW JETTA 1985: Runs well 142K, body rust, $1200 BO. 508-744-2017

VW Jetta 85 Good condition, 95K, 4 door, AM/FM cassette $1200 617-631-2658.

PLACING YOUR CLASSIFIED IS EASY!! Community Classifieds 1-800-464-0505

VW Passat, 90. Light green, 72k, automatic, air, mint condition, am/fm cassette, &8300. 508-263-7479.

Foreign 572

VW Rabbit 1979 runs strong. Some new parts. Needs work. BO 508-685-3519

WANTED
We buys cars & trucks 1987-1994 (Any Condition) Motorcars East Toll Free 800-426-3595

1976 MGB Complete restoration, All originaltops. $7100. Call 508-462-2877.

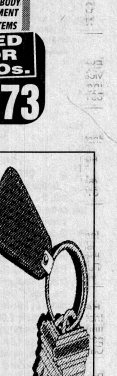
78 Mercedes 450 SEL Reliable, driven daily, new parts. $3500 B.O. 617-631-9105.

YOUR AD HERE PUTS YOU IN TOUCH WITH 230,000 POTENTIAL CUSTOMERS. Call Today 1-800-464-0505, 8am-5pm Monday & Tuesday, 8am - 5pm Wednesday & Thursday, Friday 8am-5pm. Mastercard and Visa welcome.

85 HONDA ACCORD Many new parts. New Speakers, A/C, 5 speed, clean. $2500. 617-625-1145.

85 HONDA ACCORD 5 speed, 4 door, no rust/great condition, High mileage. $2000 B.O. 617-227-1518.

If your auto ad were here your car could be sold by now! **Call 1-800-464-0505** to place your ad in



Your key to great automotive finds is in the Community Classifieds. To sell your vehicle call toll free: 1 (800) 404-0505

85 MAZDA 626. 4 door, 5 speed, powered, dependable. $1975. 617-491-5166.

LEGAL NOTICES

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Middlesex Division Docket No. 94D0394D1
Summons By Publication
Qiang ZHANG, Plaintiff
v.
Jing WANG, Defendant

To the above named Defendant:

A Complaint has been presented to this Court by the Plaintiff, Qiang ZHANG, seeking Divorce pursuant to MGL Chapter 208, Section 1B.

You are required to serve upon Chung H. Lee, Esquire - attorney for the plaintiff - whose address is 31 Milk Street, Suite 818, Boston, Massachusetts 02109 your answer on or before October 2, 1995. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at Cambridge.

Witness, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, this 11th day of August, 1995.

Donna M. Lambert
Register of Probate Court

(C)Aug.31,Sept.7,14
#36133

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Middlesex Division Docket No. 94D2773DV1
Summons By Publication
Leone Manigat, Plaintiff
v.
Andre Manigat, Defendant

To the above named Defendant:

A Complaint has been presented to this Court by the Plaintiff, Leone Manigat, seeking a complaint for divorce.

You are required to serve upon Richard H. Liebman, Esquire, - attorney for plaintiff - whose address is 15 Court Square, Boston, MA 02108 your answer on or before November 27, 1995. If you fail to do so, the court will proceed to the hearing and adjucation of this action. You are also required to file a copy of your answer in the office of the Register of this Court at Cambridge.

Witness, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, this 21st day of August, 1995.

Donna M. Lambert
Register of Probate Court

(C)Sept.7,14,21
#36156

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
THE PROBATE AND FAMILY COURT DEPARTMENT
PROBATE OF WILL WITHOUT SURETIES
Middlesex Division Docket No. 95P4380EP

Estate of **Vincent Faye**
died on June 5, 1995
late of **Cambridge**
in the County of Middlesex

NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument purporting to be the last will of said deceased may be proved and allowed and that Ronald J. Faye of Randolph in the County of Norfolk be appointed executor without giving surety on his bond.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before 10:00 in the forenoon on October 4, 1995.

In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, the eighth day of September in the year of our Lord one thousand nine hundred and ninety-five.

Donna M. Lambert
Register of Probate

(C)Sept.14
#10147867

MASSACHUSETTS
OFFICE OF THE CITY CLERK

Notice is hereby given that in accordance with the provisions of Chapter 40A, Section 5 of the General Laws, Tercentenary Edition and amendments thereto, that the Committee on Ordinances, comprised of the entire membership of the City Council, will hold a public hearing on Wednesday, October 4, 1995 at 5:00 P.M. in the Sullivan Chamber, City Hall, Cambridge, Massachusetts on a petition to amend the Zoning Ordinances of the City of Cambridge as follows:

In Article 2.000, the definition of "massage establishment" is hereby deleted.

In Article 4.34b, add at the end of the phrase: "(includes massage therapists licensed by the Commissioner of Health and Hospitals)".

In Article 4.35, delete line p. "Massage Establishment," and redesignate "Art/Craft Studio" and "Bakery, Retail" as "p" and "q" respectively.

In Article 4.40, p. 4-20, delete footnote #49 and renumber the subsequent footnotes.

In Article 11.000, delete sections 11.90 through 11.93.

The proposal would also repeal Chapter 5.40 of the Cambridge Municipal Code entitled "Massage Establishments".

Copies of this petition are on file in the Office of the City Clerk, City Hall, Cambridge, Massachusetts.

All persons interested in this matter may appear at this time and be heard.

For the Committee,
Vice Mayor Sheila T. Russell
Chair

(C)Sept.14,21
#10147865

CITY OF CAMBRIDGE
NOTICE OF PUBLIC HEARING

The Cambridge City Council will conduct a public meeting on Monday, September 25, 1995 at 7:00 P.M. in the Sullivan Chamber, City Hall, Second Floor, Cambridge on

PROPERTY TAX RATE CLASSIFICATION

Under the laws of the Commonwealth the City has the option of taxing residential and commercial/industrial property at different tax rates. At this public meeting, the City Council will review tax rates proposed by the City Manager and the Board of Assessors. The votes taken will result in property tax rates which reflect the City's property tax levy for FY96, the addition of new taxable property to the City's tax base, the Assessors' program to assess properties at their full and fair cash value as of January 1, 1995, and the City Council's decision regarding distribution of the tax burden between commercial and residential properties and the granting of a residential exemption.

The Cambridge City Council will entertain comment and opinion from interested citizens and taxpayers.

By Order of the City Council,
D. Margaret Drury
City Clerk

(C)Sept.14
#10147864

Final publication No. 2690.
First publication in the Chronicle on June 29, 1995.
CITY OF CAMBRIDGE
In the Year One Thousand, Nine Hundred Ninety-Five
AN ORDINANCE

In amendment to the "Municipal Code of the City of Cambridge."

Be it ordained by the City Council of the City of Cambridge as follows:

That Chapter 8.16 of the "Municipal Code of the City of Cambridge" entitled "Noise Control" be and hereby is amended in Paragraph B of Section 8.16.080 as follows:

B. RADIOS, PHONOGRAPHS, ETC.

The using, operating, or permitting to be played, used or operated any radio receiving set, musical instrument, phonograph, loudspeaker or public address systems, unless used by the City of Cambridge, or other machine or device for the producing or reproducing of sound in such a manner as to be plainly audible at a distance of fifty (50) feet from the building, structure, vehicle or dwelling unit in which it is located.

In City Council September 11, 1995.

Passed to be ordained by a yea and nay vote:- Yeas 9; Nays 0; Absent 0.

Robert W. Healy, City Manager
ATTEST:- D. Margaret Drury, City Clerk.

(C)Sept.14
#10147863

CAMBRIDGE PUBLIC SCHOOLS INVITES SEALED BIDS FOR THE PROJECT: REPLACEMENT OF EXISTING BOILER, BOILER CONTROLS, BOILER ROOM PIPING AND REINSULATION OF PIPING.

BIDDING PROCEDURES SHALL BE IN ACCORDANCE WITH M.G.L. c. 149, SS44A-44J, AS MOST RECENTLY AMENDED, AND ALL OTHER APPLICABLE LAWS.

THE ESTIMATED PROJECT VALUE IS: $75,000.00

PLANS AND SPECIFICATIONS WILL BE AVAILABLE FROM 8:00 AM TO 4:00 PM, MONDAY THROUGH FRIDAY, AT THE PURCHASING OFFICE, 159 THORNDIKE STREET, CAMBRIDGE, MA 02141 BEGINNING SEPTEMBER 6, 1995 UPON PAYMENT OF A NONREFUNDABLE FEE OF $25.00 FOR EACH SET IN THE FORM OF A CHECK MADE PAYABLE TO CAMBRIDGE PUBLIC SCHOOLS. FOR THE MAILING OF THE PLANS AND SPECIFICATIONS, THE BIDDER MUST PREPAY A MAILING AND HANDLING FEE OF $5.00. NO PARTIAL SETS WILL BE DISTRIBUTED.

THE CONTRACT DOCUMENTS MAY BE EXAMINED AT THE PURCHASING OFFICE, 159 THORNDIKE STREET, CAMBRIDGE, MA 02141 OR AT THE PLAN ROOM OF DODGE REPORTS, 800 BOYLSTON STREET, SUITE 320, BOSTON, MASSACHUSETTS 02199.

SEALED GENERAL BIDS WILL BE RECEIVED AT THE PURCHASING DEPARTMENT, 159 THORNDIKE STREET, CAMBRIDGE, MA 02141, UNTIL OCTOBER 10, 1995 AT 10:00 AM AT WHICH TIME ALL GENERAL BIDS WILL BE PUBLICLY OPENED AND READ ALOUD.

ALL GENERAL BIDS SHALL BE ACCOMPANIED BY A BID DEPOSIT IN THE FORM OF A CERTIFIED, CASHIER'S OR TREASURER'S CHECK (NO CASH) ISSUED BY A RESPONSIBLE BANK OR TRUST COMPANY MADE PAYABLE TO THE CAMBRIDGE PUBLIC SCHOOLS OR A BID BOND, IN AN AMOUNT NOT LESS THAN FIVE PERCENT (5%) OF THE VALUE OF THE BID.

THE SUCCESSFUL GENERAL BIDDER WILL BE REQUIRED TO FURNISH A PERFORMANCE BOND AND A LABOR AND MATERIAL (PAYMENT) BOND, EACH IN THE AMOUNT OF ONE HUNDRED PERCENT (100%) OF THE CONTRACT SUM. BONDS SHALL BE OBTAINED FROM A SURETY LICENSED TO DO BUSINESS IN THE COMMONWEALTH OF MASSACHUSETTS, AND THE FORM SHALL BE SATISFACTORY TO THE CITY OF CAMBRIDGE.

THE CAMBRIDGE PUBLIC SCHOOLS RESERVES THE RIGHT TO REJECT ANY OR ALL GENERAL BIDS IF IT IS IN THE PUBLIC INTEREST TO DO SO. NO LESS THAN THE MINIMUM WAGE RATES AS SET FORTH IN THE SCHEDULE CONTAINED IN THE CONTRACT DOCUMENTS MUST BE PAID ON THIS PROJECT.

ATTENTION IS CALLED TO THE FOLLOWING PROGRAMS AND ORDINANCES OF THE CITY OF CAMBRIDGE:

1. SUPPLEMENTAL EQUAL EMPLOYMENT OPPORTUNITY ANTI-DISCRIMINATION AND AFFIRMATIVE ACTION PROGRAM:
2. MINORITY BUSINESS ENTERPRISE PROGRAM:
3. CAMBRIDGE EMPLOYMENT PLAN: MINORITY/WOMEN/RESIDENT HIRING ORDINANCE.

COPIES OF THE ABOVE ARE BOUND IN THE BID DOCUMENTS AND ARE FULLY INTEGRAL PORTIONS OF THE CONDITIONS OF THE CONTRACT WITH WHICH EACH CONTRACTOR AND SUB-CONTRACTOR MUST COMPLY.

A MANDATORY PRE-BID CONFERENCE FOR ALL BIDDERS WILL BE HELD AS FOLLOWS:

DATE: MONDAY, SEPTEMBER 25, 1995
TIME: 10:00 A.M.
PLACE: FLETCHER SCHOOL
89 ELM STREET
CAMBRIDGE, MA 02139

JAMES M. CONRY
EXECUTIVE DIRECTOR OF
MANAGEMENT SERVICES

(C)Sept.14
#10147860

PUBLIC NOTICE
RELATIVE TO ZONING
CITY OF CAMBRIDGE
MASSACHUSETTS
OFFICE OF THE CITY CLERK

Notice is hereby given that in accordance with the provisions of Chapter 40A, Section 5 of the General Laws, Tercentenary Edition and amendments thereto, that the Committee on Ordinances, comprised of the entire membership of the City Council, will hold a public hearing on Thursday, October 5, 1995 at 6:00 P.M. in the Sullivan Chamber, City Hall, Cambridge, Massachusetts on a **petition to amend the Zoning Ordinances of the City of Cambridge as follows:**

A. In Table 5-1, Table of Dimensional Requirements - Residential Districts, add the following footnote "j" to the line "Res B" at Column (1) - Maximum Ratio of Floor Area to Lot Area, and to Column (3) - Minimum Lot Area for Each Dwelling Unit in Square Feet:

(j) Applicable to the first 5,000 square feet of lot area. For those portions of any lot exceeding 5,000 square feet, the applicable Maximum Ratio of Floor Area to Lot Area shall be 0.35 and the Minimum Lot Area for Each Dwelling Unit shall be 4,000 square feet. However, for any lot in existence as of June 30, 1995 that is subsequently subdivided into two or more lots, the total amount of gross floor area and number of units on the subdivided lots, in total, shall at no time exceed that permitted by this footnote (j) on the lot before the subdivision occurred.

B. In Table 5-1, Table of Dimensional Requirements - Residential Districts, line "Res B", delete the existing number in Column (5) - Minimum Yard in Feet, Rear, and substitute therefor the number "25".

C. In Article 5.000, Section 5.53, delete the existing text in its entirety and substitute therefor the following:

5.53 In Residence A-1, Residence A-2, and Residence B districts, only one structure containing a principal use shall be allowed on a lot.

D. In Section 11.10 - Townhouse Development, make the following changes:

1. In Subsection 11.15.1 - Minimum Lot Width, delete the existing text in its entirety and substitute therefor the following:

11.15.1 Minimum Lot Width. In a townhouse development there shall be no minimum lot width, except that in a Residence B district the minimum lot width applicable in the district shall apply.

2. In Section 11.15.2 - Maximum Floor Area Ratio, delete paragraph (1), which reads (1) Residence B: .55 for lots exceeding 15,000 square feet, in its entirety.

3. In Subsection 11.15.3 - Maximum Height, delete the last sentence in the Subsection in its entirety and substitute therefor the following:

However, the maximum height of any portion of a townhouse development shall be forty (40) feet, except that in a Residence B district the maximum height shall be thirty-five (35) feet.

Copies of this petition are on file in the Office of the City Clerk, City Hall, Cambridge, Massachusetts.

All persons interested in this matter may appear at this time and be heard.

For the Committee,
Vice Mayor Sheila T. Russell
Chair

(C)Sept.14,21
#10147866

In the Year One Thousand, Nine Hundred Ninety-Five
AN ORDINANCE

In amendment to the "Municipal Code of the City of Cambridge".

Be it ordained by the City Council of the City of Cambridge as follows:

That Chapter 5.40 of the "Municipal Code of the City of Cambridge" entitled "Massage Establishments" be and hereby is repealed.

Passed to a second reading at the City Council meeting held on September 11, 1995 and on or after September 25, 1995 the question comes on passing to be ordained.

ATTEST:- D. Margaret Drury,
Clerk

(C)Sept.14
#10147862

City of Cambridge
Notice of a Public Meeting

Notice is hereby given, pursuant to the Wetlands Protection Act, M.G.L. ch. 131, sec. 40, that the Cambridge Conservation Commission will hold a public meeting on Monday, September 25, 1995 at 7:30 p.m. in the Third Floor Conference Room, City Hall Annex, 57 Inman Street.

The hearing will **consider a Request for Determination of Applicability filed by the Massachusetts Water Resources Authority to perform soil borings in preparation for the rehabilitation of a water main along Memorial Drive, between Western Avenue and Pleasant Street.**

Copies of the applicant's Request for Determination of Applicability may be viewed at the Conservation Commission's office, 57 Inman Street, second floor, 349-4680.

(C)Sept.14
#10147857

NOTICE
CITY OF CAMBRIDGE
BOARD OF ASSESSORS

The Cambridge Assessing Department has received preliminary certification from the Massachusetts Department of Revenue of proposed values on taxable real estate and personal property for Fiscal Year 1996. These values will be available for inspection beginning Thursday at the Assessing Department offices in City Hall and will also be available at the Cambridge Public Library, 449 Broadway, and at all branch libraries.

Assessors are required by Massachusetts law to value all real and personal property within their community at full and fair cash value. Every three years Assessors must submit these values to the State Department of Revenue for certification. For fiscal year 1996, the new property values reflect full value as of January 1, 1995. The proposed values will be the basis of real estate taxes for the Fiscal Year beginning July, 1995 and ending June 30, 1996.

Taxpayers may review the proposed values to determine whether their assessments are fair and equitable. If you have questions about your proposed valuation, more information is available on residential property values at the Assessing Department, Residential Division, third floor of City Hall, phone: 349-4110. For more information concerning commercial values, contact the Assessing Department main office, second floor of City Hall, phone: 349-4343. If you are dissatisfied with your assessment, you must file an abatement application after you receive your Fall tax bill, but within thirty days of the tax bill date.

(C)Sept.14
#10147856

NOTICE OF AN ACTIVITY AND USE LIMITATION
Former 2,000 gallon UST
Mount Auburn Hospital
300-330 Mount Auburn Street
Cambridge, Massachusetts
Release Tracking Number 3-6006

Pursuant to the Massachusetts Contingency Plan (310 CMR 40.1073), a NOTICE OF ACTIVITY AND USE LIMITATION on the above disposal site has been recorded and/or registered with the Middlesex County Registry of Deeds on September 1, 1995.

THE NOTICE OF ACTIVITY AND USE LIMITATION will limit the following site activities and uses to the restricted area on the above property:

- Permanent removal of the pavement
- Construction modifications to the Emergency Generator Structure foundation which abuts the Restricted Area and permits increased access to soil within the Restricted Area
- Excavation of soil
- Excavation and repair of subsurface utilities without oversight by a Licensed Site Professional or their designated representative

Any person interested in obtaining additional information or reviewing the NOTICE OF ACTIVITY AND USE LIMITATION and the disposal site file may contact Mr. David Hathaway, Director of Engineering, Mount Auburn Hospital, 300-330 Mount Auburn Street, Cambridge, Massachusetts, 02238.

(C)Sept.14
#10147858

COMMONWEALTH OF MASSACHUSETTS
LAND COURT
DEPARTMENT OF THE TRIAL COURT
(SEAL)
Case No. 221002

To **Wilston King** and to all persons entitled to the benefit of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended: Oxford Home Equity Loan Co. of Pennsylvania claiming to be the holder of a mortgage covering real property in Cambridge numbered **61 Saville Street** given by Wilston King to U.S. Funding, Inc. of America recorded with Middlesex County (Southern District) Registry of Deeds in Book 20040 Page 282 and now held by the holder by assignment has filed with said court a complaint for authority to foreclose said mortgage in the manner following: by entry and possession and exercise of power of sale.

If you are entitled to the benefits of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Boston on or before the 23rd day of October 1995, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness, ROBERT V. CAUCHON, Chief Justice of said Court this 7th day of September 1995.

Charles W. Trombly, Jr.
Recorder

(C)Sept.14
#10147848

CITY MEETINGS

On Wednesday, Sept. 27, at 6:30 pm, the City of Cambridge will hold a public meeting at the Harrington School, 850 Cambridge Street. Community residents are urged to come to the meeting to share with department staff their concerns and ideas regarding traffic and safety in the **Wellington-Harrington neighborhood** especially along Berkshire and York Streets.

(C)Sept.14,21
#10145203

CITY OF CAMBRIDGE
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given pursuant to General Laws, Chapter 148 that **Steven Sack/Estate of Cornelius Cronin** has applied for a garage and gasoline license of a residential garage for 8 cars and the keeping and storage of 80 gallons of gasoline in the tanks of cars only at 1734 Massachusetts Avenue.

The hearing on this application will be held at six o'clock, in the Michael J. Lombardi Municipal Building, 2nd floor, 831 Massachusetts Avenue, Cambridge.

Benjamin Barnes
Kevin Fitzgerald
Henry Breen
License Commission

(C)Sept.14
#10147841

CITY OF CAMBRIDGE
BOARD OF ZONING APPEAL

The Board of Zoning Appeal will hold a Public Meeting, **THURSDAY, SEPTEMBER 28, 1995** in Room 200, City Hall, Cambridge, Massachusetts. The following cases will be heard:

8:00 P.M. CASE NO. 7123
Residence C Zone
118-120 PEARL STREET
STEPHEN & DRUSILLA PRATT-OTTO - James J. Rafferty, Attorney

Variance: To subdivide lot into two lots. Art. 5.000, Sec. 5.31 (Table Of Dimensional Requirements). Sec. 5.15 (Subdivision).

8:15 P.M. CASE NO. 7124
Residence C-1 Zone
17-19 HARDWICK STREET
RILEEN LEE, Attorney

Variance: To construct a driveway with less than the required minimum width for a one way driveway. Art. 6.000, Sec. 6.43.4.A (Access For Off Street Parking Facilities).

8:30 P.M. CASE NO. 7125
Residence C-3 Zone
485 BROADWAY
PRESIDENT & FELLOWS OF HARVARD COLLEGE - FRANCES BEANE

Variance: To install two (2) banner type wall signs. Art. 7.000, Sec. 7.16.21.B (Signs In Residence Districts).

8:45 P.M. CASE NO. 7126
Residence C-3 Zone
32 QUINCY STREET
PRESIDENT & FELLOWS OF HARVARD COLLEGE - FRANCES BEANE

Variance: To install two freestanding banner type signs. Art. 7.000, Sec. 7.16.21.B (Signs In Residence Districts).

9:00 P.M. CASE NO. 7127
Residence C-1 Zone
59 THORNDIKE STREET
59 THORNDIKE STREET TRUST - DANIEL WINNY, ARCHITECT

Variance: To construct a two story addition and to reconstruct an existing addition. Art. 8.000, sec. 8.22.1.F (Non-Conforming Structure). Sec. 8.22.1.G (Alteration Of A Non-Conforming Structure).

9:15 P.M. CASE 7128
Business A/Residence C-2 Zone
21-23 SEVENTH STREET
JUST-A-START CORPORATION - JIM HEXTER, PROJECT MANAGER

Variance: To construct an addition between two existing buildings to create one structure with two egress stairs. To occupy space as three bedroom units. Art. 5.000, Sec. 5.31 (Table Of Dimensional Requirements). Art. 6.000, Sec. 6.36.1 (Schedule Of Parking & Loading Requirements). Art. 8.000, Sec. 8.22.1.F (Non-Conforming Structure).

9:30 P.M. CASE NO. 7129
Business B Zone
30 DUNSTER STREET
THE MAH FAMILY GROUP - CLARENCE MAH

Variance: To install a sign in an awning. Art. 7.000, Sec. 7.13.2 (Projecting Sign).

(C)Sept.14
#10145198

COMMONWEALTH OF MASSACHUSETTS
Middlesex, ss. Probate Court No. 93P3117E
"NOTICE OF FIDUCIARY'S ACCOUNT

To all persons interested in the estate of **H.S. Payson Rowe** also known as Henry Stuart Payson Rowe late of Cambridge, in said County, deceased

You are hereby notified pursuant to Mass. R.Civ.P. Rule 72 that the 1st, 2nd and final account of State Street Bank and Trust Company, Barbara deMarneffe and Pamela Peabody as Executors (the fiduciaries) of said estate under the will of said deceased have been presented to said Court for allowance.

If you desire to preserve your right to file an objection to said accounts, you or your attorney must file a written appearance in said Court at Cambridge on or before the 5th day of October, 1995, the return day of this citation. You may upon written request by registered or certified mail to the fiduciaries, or to the attorney for the fiduciaries, obtain without cost a copy of said accounts. If you desire to object to any item of said accounts, you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciaries pursuant to Mass. R.Civ.P. Rule 5.

WITNESS, SHEILA E. McGOVERN, Esquire, First Judge of said Court, this 31st day of August, 1995.

Donna M. Lambert
Register

(C)Sept.14
#10145199

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Middlesex Division Docket No. 88D4771DV2
Summons By Publication
Carolyn McElroy, Plaintiff
v.
Kenneth McElroy, Defendant

To the above named Defendant:

A Complaint has been presented to this Court by the Plaintiff, Carolyn McElroy, seeking a complaint for Divorce.

You are required to serve upon Carolyn McElroy 240 Allston St Camb. - plaintiff - whose address is 240 Allston St. Camb. your answer on or before December 26, 1995. If you fail to do so, the court will proceed to the hearing and adjucation of this action. You are also required to file a copy of your answer in the office of the Register of this Court at Cambridge.

Witness, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, this 6th day of September, 1995.

Donna M. Lambert
Register of Probate Court

(C)Sept.14,21,28
#10147845

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Middlesex Division Docket No. 95D2549DV1
Summons By Publication
Maria doCarmo Oliveira deMedeiros Vieira, Plaintiff
v.
Manuel Machado Vieira, Defendant

To the above named Defendant:

A Complaint has been presented to this Court by the Plaintiff, Maria doCarmo Oliveira deMedeiros Vieira, seeking a Divorce

You are required to serve upon George E. Sousa attorney for the - plaintiff - whose address is 100 Highland Avenue, Somerville, Massachusetts 02143 your answer on or before November 13, 1995. If you fail to do so, the court will proceed to the hearing and adjucation of this action. You are also required to file a copy of your answer in the office of the Register of this Court at Cambridge.

Witness, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, this 31st day of August, 1995.

Donna M. Lambert
Register of Probate Court

(C)Sept.14,21,28
#10147847

CITY OF CAMBRIDGE
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given that **Asma Nofal,** doing business as **Asmar Bakery, Fawaz M. Abu-Rabien, Manager** has applied for a common victualer's license to be exercised on the 1st floor at 225 Hampshire Street. Said license if granted would allow food and non-alcoholic beverages to be sold, served, and consumed on said premises, and to have a total occupancy of 18 persons. Said license if granted would be exercised from 8 a.m. to 2 a.m. daily.

A hearing on said application will be held on Tuesday, September 26, 1995 at 6:00 p.m., in the Michael J. Lombardi Municipal Building, 2nd floor, 831 Massachusetts Avenue. Any person wishing to comment on said application may attend the hearing, or such person may prior to the hearing submit a written statement to the License Commission, Michael J. Lombardi Municipal Building, 1st floor, 831 Massachusetts Avenue, Cambridge, Mass., 02139.

Benjamin Barnes
Kevin Fitzgerald
Henry Breen
License Commission

(C)Sept.14
#10145205

PUBLIC NOTICE

Pursuant to the Department of Environmental Protection (DEP) authority under Massachusetts General Law (M.G.L.) c.111, s. 160 all Delegated Public Water Supplies for Cross Connection Control Programs must hold annual informational briefings. These briefings must be held for the Mayor, City Councilors, Water Commissioners, the Fire Chief, Board of Health, Plumbing and Building Inspectors, local media, businesses as well as interested members of the public. The general public are invited by virtue of this notice.

In this vein the Cambridge Water Department, a delegated public water supply for cross connections, under Massachusetts DEP Regulation 310 CMR 22.22, will be conducting a briefing on the status of our ongoing Cross Connection Control Program. This will be held at 10:00 am on Wednesday September 20, 1995, in the Council Chambers in City Hall, 795 Massachusetts Avenue, Cambridge, MA. All are cordially invited to attend.

(C)Sept.14
#10147843

Mid Cambridge Neighborhood Conservation District Commission

Notice is hereby given that the Mid Cambridge Neighborhood Conservation District Commission will hold a Public Hearing on Tuesday, September 26, 1995 at 5:30 P.M. in the Third Floor Conference Room, City Hall Annex, 57 Inman Street, to consider the following application for Certificate of Appropriateness under Article III, Section 2.78 of the Code of the City of Cambridge and the order establishing the district:

MC-1031: 1575 Cambridge Street (Youville Lifecare, Inc.): For binding Certificate of Appropriateness to alter existing School of Nursing and gymnasium to accommodate conversion to assisted living facility and construct new access to wing of hospital building. By T. Richard Quigley, President and CEO, Youville Lifecare, Inc.

John Moos
Chairman

(C)Sept.14,21
#10145202

CITY OF CAMBRIDGE
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given pursuant to General Laws, Chapter 148 that **J.F. Realty Trust** has applied for a garage and gasoline license of a commercial garage for 200 cars on 2 levels and the keeping and storage of 2000 gallons of gasoline in the tanks of cars only at 10 Fawcett Street.

The hearing on this application will be held on Tuesday evening, September 26, 1995, at six o'clock, in the Michael J. Lombardi Municipal Building, 2nd floor, 831 Massachusetts Avenue, Cambridge.

Benjamin Barnes
Kevin Fitzgerald
Henry Breen
License Commission

(C)Sept.14
#10147838

CITY OF CAMBRIDGE
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under General Laws, Chapter 138, as amended that **John A. Zizza & Onorato Roland Orlandi d/b/a Loretta's** requests the transfer to all alcoholic beverages as a restaurant license at 111-113 Harvard Street to Theresa, Inc. d/b/a Toto, Annateresa D'Aelio, manager at said address.

This applicant has applied to pledge its license and stock to John A. Zizza.

This applicant is also applying for an entertainment license to include live musical instruments and/or live vocalists, with amplification (guitar, accordion, vocalist); audio tape machine only playing background music below ordinary conversation level; audio tape machine which play music below, at, or above conversation level; and one (1) radio.

Officers and directors of Theresa, Inc: Annateresa D'Aelio, President, Treasurer, Clerk and Director.

The premises are described as follows: Dining room and kitchen on first floor; storage in basement.

The hearing on this application will be held on Tuesday evening, September 26, 1995, at six o'clock, in the Michael J. Lombardi Municipal Building, 2nd floor, 831 Massachusetts Avenue Cambridge.

Benjamin Barnes
Kevin Fitzgerald
Henry Breen
License Commission

(C)Sept.14
#10147839

CITY OF CAMBRIDGE
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given that **NCR Acquisition Corp. d/b/a National Car Rental, Joe Montalto, manager** has applied for a Letting Of Motor Vehicles license at 1663 Massachusetts Avenue.

The hearing on this application will be held on Tuesday evening, September 26, 1995, at six o'clock, in the Michael J. Lombardi Municipal Building, 2nd floor, 831 Massachusetts Avenue, Cambridge, Mass., 02139.

Benjamin Barnes
Kevin Fitzgerald
Henry Breen
License Commission

(C)Sept.14
#10147840

CITY OF CAMBRIDGE
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under General Laws, Chapter 138, as amended that T **& D Corner Restaurant, Inc. d/b/a Corner Restaurant, Demetra Boretos, manager** holder of a wines and malt beverages as a restaurant license, at 2366 Massachusetts Avenue has applied for a change of premises description (to include adjacent premises located at 2364 Massachusetts Avenue) and an increase in capacity from 28 to 48. The new address for premises will be 2364-2366 Massachusetts Avenue.

The premises are described as follows: Kitchen and two dining rooms on first floor.

The hearing on this application will be held on Tuesday evening, September 26, 1995, six o'clock, in the Michael J. Lombardi Municipal Building, 2nd floor hearing room, 831 Massachusetts Avenue, Cambridge.

Benjamin Barnes
Kevin Fitzgerald
Henry Breen
License Commission

(C)Sept.14
#10147842

Traffic, Parking and Transportation
REGULATION NO. 95-34

...continued on page 30

Depression normal but not necessary at any age: How to get help

SUSAN TRESCH FIENBERG

Whether a person is 28 or 88, the signs of depression are pretty much the same: chronic fatigue, feelings of hopelessness and worthlessness, irritability, an inability to concentrate, and a loss of interest in activities that used to bring pleasure.

Depression is a plague on human existence at any time of life, but in later years it can be particularly virulent, leading to a suicide rate that is almost twice that of teen-agers. Worse still, depression is often discounted in older people and sometimes slips by completely undetected.

If an elder and his or her family accept chronic fatigue and mental fuzziness as a normal part of the aging process, they may be missing signs of a treatable physical illness. Hyperthyroidism, congestive heart failure, and other conditions are all associated with depressive symptoms. On the other hand, symptoms of a physical illness may mask underlying depression. If an older person is anemic, she can be expected to suffer from chronic fatigue. But boosting her red cell count won't restore her vitality if she is also clinically depressed.

In many cases, drugs taken to treat physical illnesses, such as beta blockers and diuretics, may also cause depression in older adults. Ironically, even tranquilizers and antidepressants can make a patient feel worse. "Sometimes the total elimination of drugs can be the first step toward recovery," says Dr. Robert Butler, noted geriatric psychiatrist.

However, when an elder's depression is chronic and severe, properly prescribed and monitored medication can be a godsend, enabling the elder to respond to other types of treatment as well. In fact, successfully treating an older person's depression with medication is often easier than treating a person in the so-called prime of life. Elders usually require about half the normal doses to achieve good results.

While many elders respond well to psychotherapy and medication, these are not the only ways to battle depression. Many elders have discovered that exercise, especially walking, is powerful mood medicine. Others find renewed mental health by returning to work, either paid or volunteer. Improved nutrition can also work wonders, particularly for the many elders who subsist on tea, toast, and the occasional frozen dinner.

Sometimes an elder who is suffering from depression needs help rebuilding a social network that has been diminished by the loss of friends, family and mobility. Somerville-Cambridge Elder Services' Friendly Visiting and Pet Share programs are local resources that help isolated elders reconnect with the world outside their homes. Simple as it sounds, a weekly visit from a new neighbor and her friendly dog can spark a revived interest in life.

When a person of any age is bereaved, disabled, or displaced, he or she usually suffers some degree of depression while coming to terms with the loss. In later life, however, there may not be enough time to adjust to one loss before another follows in its wake. Depression is a normal human response to such stressful circumstances, not an inherent aspect of being old. It's never too late to get help.

For more information about detecting and treating depression, or about the Pet Share and Friendly Visiting programs, contact the Public Information Office at Somerville-Cambridge Elder Services, 628-2601, ext. 3151.

Susan Tresch Fienberg is the associate director of ElderLink, an affiliate of Somerville-Cambridge Elder Services.

SENIOR CIRCUIT

Free depression screening Oct. 5

Free depression screening for elders will be available at the Somerville and Arlington Councils on Aging on Thursday, Oct. 5, as part of National Depression Screening Day. This educational program consists of a short presentation, a written self-test that identifies symptoms of depression, a confidential interview with a mental health professional, and a video. For more information, contact Jackie Keshian, RN, at the Arlington Council on Aging, 646-1000, ext. 4728, or Peter Tsourianis at the Somerville Council on Aging, 625-6600, ext. 2300.

Older volunteer tutors needed

Tutors are needed to help first-graders with reading difficulties to read in the Intergenerational Literacy Project administered by Cambridge School Volunteers in the Cambridge Public Schools.

This program, funded by the American Academy of Arts and Sciences and directed by Jerome Kagan, links older volunteers with first-graders. It will begin its third year in September. The program is expanding and needs more volunteers.

Tutors work individually with one first-grader three times a week for approximately 45 minutes during the school day throughout the school year. Support and training is provided by early childhood reading specialists. A transportation stipend is available. For information and/or an application, call 349-6794.

Family care for disabled elders

Many disabled people who cannot live alone have no interest in moving to a nursing home. Like most people, they prefer family life. ElderLink's Adult Family Care enables disabled people to make that choice when relatives cannot provide an appropriate home.

The Adult Family Care program matches older and disabled adults with local residents who enjoy caring for others and appreciate the chance to do meaningful work at home. Hosts are single people, couples, and families with an extra room, time to spare and plenty of compassion. Some are caring for older friends whom they've know for years.

Nearly blind and utterly alone, 89-year-old Ed was wasting away in a decrepit rooming house when he was referred to ElderLink. Now he's flourishing in the home of a local family, his zest for life restored by good food, good company, and a constant supply of history books which he's delighted to read with the help of new glasses.

Family Care hosts enjoy tax-free income, support from ElderLink staff, and the satisfaction of belonging to a community of caregivers. "This is one of the best things I've ever done," says one host. "I'm not alone any more and I'm doing something that's really important. I only wish I could take in more people."

For more information about becoming a family care host, call Margaret Tilden at ElderLink, 629-0700, ext. 3070. ElderLink is an affiliate of Somerville-Cambridge Elder Services.

Caregivers support group begins Sept. 26

People who are caring for elderly relatives are invited to join a free support group at ElderLink, an organization that serves elders and their families throughout greater Boston. Meetings will be held in Somerville at 20-40 Holland St., fourth floor, on alternate Tuesdays, 6-7:30 pm. The series will run from Sept. 26 through Dec. 19.

Each session will offer essential information and professional support that will help members cope with their demanding lives. Participants will also have an opportunity to discuss their concerns with other caregivers — people who truly understand how draining it can be to care for a sick or disabled relative.

For more information or to sign up, call Margaret Tilden at 629-0700, ext. 3070.



PHOTO BY GERI ENGBERG

Anna Ostrow and friends take part in a dance movement class on the lawn of the Cambridge Public Library.

Lunch menu

The following meals will be served at Somerville-Cambridge Elder Services congregate centers:

Sept. 25-29: Monday — Pork choppette/gravy, mashed potatoes, corn, roll, apple crisp. Tuesday — Minestrone soup/crackers, chef salad, honeydew melon. Wednesday — Chicken barbecue, parslied boiled potatoes, kale, rice pudding. Thursday — Vegetable lasagna/cheese sauce, green beans, pineapple. Friday — Meatball sub, Roman blend vegetables, peas, pears.

Oct. 2-6: Monday — Turkey chow mein, steamed rice, Oriental blend vegetables, pineapple. Tuesday — Cream of spinach soup/crackers, Swedish meatballs, Rotini noodles, lemon pudding. Wednesday — Breaded chicken, sweet potato, Roman blend vegetables, cranberry sauce, pears. Thursday — Vegetable soup/crackers, meatloaf/gravy, mashed potatoes, marble cake. Friday — Baked fish Florentine, Delmonico potato, Harvard beets, applesauce. All meals are served with milk, bread, or roll.

COMMUNITY NOTES

Lavender Alliance group holds fund-raising yard sale

The Cambridge Lavender Alliance/Parents, Teachers and Allies organization (CLP/PTA) will be holding a yard sale at Dana Park on Saturday, Sept. 23, 10 am to 4 pm, featuring an abundance of children's clothing, toys, sports equipment, furniture, and household items. All proceeds will go towards the work of the CLA/PTA over the coming year.

The CLA/PTA represents the interests of the families of lesbian and gay individuals in Cambridge. The group works on encouraging the community and schools in particular, to embrace the true diversity of the city. Many of the members of the group have children in the public schools and want to work with the schools to support and encourage education about and respect for lesbian and gay families.

CLA/PTA members worked with Al Ferreira from Project Ten East at the Cambridge Rindge and Latin High School, and with Peabody School parents, teachers and administrators to bring the photo exhibit, "Love Makes a Family: Living in Lesbian and Gay Families" to the school last June.

The premier of the exhibit was extremely well attended and featured a panel presentation by teachers, parents and adolescents whose parents are lesbian or gay. By all reports, many members of the Peabody community viewed and enjoyed the exhibit tremendously.

Already this fall, the group has participated in the Cambridge Lavender Alliance's endorsement of school committee candidates. In the coming year, the CLA/PTA hopes to continue its work in providing support to lesbian and gay families and to encourage and support all efforts by parents and schools to educate one another and our children about the importance of respect for and celebration of diversity. For more information about CLA/PTA or about the upcoming yard sale, call 354-8306.

Girl Scouts hold information night

The Cambridge Girl Scouts will be holding a Girl and Adult opportunities night and registration on Sept. 26. Professional staff and local volunteer organizers will be on hand to explain the Girl Scout program and to answer questions about Girl Scouting in Cambridge.

Where there are existing troops available, new girls can be registered. If there isn't a troop already organized, we will work with volunteers to start new ones. Girl Scouts is a volunteer organization dependent on the families of members to support their troops. Not everyone can be a leader, but by offering your assistance, someone else may be willing to fill that role. Any questions or concerns call the Girl Scout Office at 695-1715.

In-Line vs. AIDS

Boston Pops conductor Keith Lockhart and 5,000 Greater Bostonians who want to make a difference will take to the streets on Saturday, Sept. 23, for "In-Line Against AIDS," an afternoon of in-line skating competitions. The day long party of music, food and skating begins at the Hatch Shell on the Esplanade with an 11 am registration, a competitive race at noon and the pledge skate at 12:30. There's still time to register. Call 262-1803.

The skating route begins on the in-bound section of Storrow Drive, continues around the Science Museum, outbound on Memorial Drive, over the Mass. Ave. Bridge and back to the Hatch Shell for a total of four miles.

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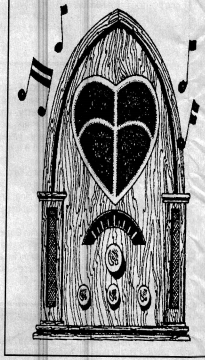
A free vacation just for buying something you need anyway. If the beach isn't your cup of tea, choose Colorado, Las Vegas, or many other dream spots.[1] Or you can get free airfare for two to places like Hawaii or Montego Bay,[2] or a free companion ticket for a cruise.[3] Just purchase a qualifying American-Standard furnace by Dec. 15, 1995. And, as if that isn't enough, you can also qualify for our special 0% financing plan over 24 months with low downpayment.

FURNACE MUST BE PURCHASED BY DEC. 15, 1995.
1Hotel taxes and transportation not included. 2Minimum hotel purchase required which must be booked through Lifestyle Vacations, Inc. 3With your paid 3,4 or 7 day cruise, your companion cruises free. Reservations must be booked through Lifestyle Vacations, Inc.

Alliance
ALLIANCE ENERGY CORP
1-800-634-0900
Finance plan subject to credit OK and automatic fuel delivery to your home by Alliance Energy for 24-month term.

Tune in to the possibility of finding a treasure in the Classifieds.



Community Classifieds can be a virtual treasure trove for those who enjoy antiques and memorabilia.

To sell or add to your own collection . . . call 1-800-464-0505

Who knows? You could unearth some treasure right in your own backyard...

LEGAL NOTICES

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Middlesex Division Docket No. 94D2773DV1
Summons By Publication
Leone Manigat, Plaintiff
v.
Andre Manigat, Defendant

To the above named Defendant:

A Complaint has been presented to this Court by the Plaintiff, Leone Manigat, seeking a complaint for divorce.

You are required to serve upon Richard H. Liebman, Esquire, - attorney for plaintiff - whose address is 15 Court Square, Boston, MA 02108 your answer on or before November 27, 1995. If you fail to do so, the court will proceed to the hearing and adjucation of this action. You are also required to file a copy of your answer in the office of the Register of this Court at Cambridge.

Witness, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, this 21st day of August, 1995.

Donna M. Lambert
Register of Probate Court

(C)Sept.7,14,21
#36156

PUBLIC NOTICE
RELATIVE TO ZONING
CITY OF CAMBRIDGE
MASSACHUSETTS
OFFICE OF THE CITY CLERK

Notice is hereby given that in accordance with the provisions of Chapter 40A, Section 5 of the General Laws, Tercentenary Edition and amendments thereto, that the Committee on Ordinances, comprised of the entire membership of the City Council, will hold a public hearing on Thursday, October 5, 1995 at 6:00 P.M. in the Sullivan Chamber, City Hall, Cambridge, Massachusetts on a **petition to amend the Zoning Ordinances of the City of Cambridge as follows:**

A. In Table 5-1, Table of Dimensional Requirements - Residential Districts, add the following footnote "j" to the line "Res B" at Column (1) - Maximum Ratio of Floor Area to Lot Area, and to Column (3) - Minimum Lot Area for Each Dwelling Unit in Square Feet:

(j) Applicable to the first 5,000 square feet of lot area. For those portions of any lot exceeding 5,000 square feet, the applicable Maximum Ratio of Floor Area to lot Area shall be 0.35 and the Minimum Lot Area for Each Dwelling Unit shall be 4,000 square feet. However, for any lot in existence as of June 30, 1995 that is subsequently subdivided into two or more lots, the total amount of gross floor area and number of units on the subdivided lots, in total, shall at no time exceed that permitted by this footnote (j) on the lot before the subdivision occurred.

B. In Table 5-1, Table of Dimensional Requirements - Residential Districts, line "Res B", delete the existing number in Column (5) - Minimum Yard in Feet, Rear, and substitute therefor the number "25".

C. In Article 5.000, Section 5.53, delete the existing text in its entirety and substitute therefor the following:

5.53 In Residence A-1, Residence A-2, and Residence B districts, only one structure containing a principal use shall be allowed on a lot.

D. In Section 11.10 - Townhouse Development, make the following changes:

1. In Subsection 11.15.1 - Minimum Lot Width, delete the existing text in its entirety and substitute therefor the following:

11.15.1 Minimum Lot Width. In a townhouse development there shall be no minimum lot width, except that in a Residence B district the minimum lot width applicable in the district shall apply.

2. In Section 11.15.2 - Maximum Floor Area Ratio, delete paragraph (1), which reads (1) Residence B: .55 for lots exceeding 15,000 square feet, in its entirety.

3. In Subsection 11.15.3 - Maximum Height, delete the last sentence in the Subsection in its entirety and substitute therefor the following:

However, the maximum height of any portion of a townhouse development shall be forty (40) feet, except that in a Residence B district the maximum height shall be thirty-five (35) feet.

Copies of this petition are on file in the Office of the City Clerk, City Hall, Cambridge, Massachusetts.

All persons interested in this matter may appear at this time and be heard.

For the Committee,
Vice Mayor Sheila T. Russell
Chair

(C)Sept.14,21
#10147866

CITY MEETINGS

On Wednesday, Sept. 27, at 6:30 pm, the City of Cambridge will hold a public meeting at the Harrington School, 850 Cambridge Street. Community residents are urged to come to the meeting to share with department staff their concerns and ideas regarding traffic and safety in the **Wellington-Harrington neighborhood** especially along Berkshire and York Streets.

(C)Sept.14,21
#10145203

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Middlesex Division Docket No. 88D4771DU2
Summons By Publication
Carolyn McElroy, Plaintiff
v.
Kenneth McElroy, Defendant

To the above named Defendant:

A Complaint has been presented to this Court by the Plaintiff, Carolyn McElroy, seeking a complaint for Divorce

You are required to serve upon Carolyn McElroy 240 Allston St Camb. - plaintiff - whose address is 240 Allston St. Camb. your answer on or before December 26, 1995. If you fail to do so, the court will proceed to the hearing and adjucation of this action. You are also required to file a copy of your answer in the office of the Register of this Court at Cambridge.

Witness, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, this 6th day of September, 1995.

Donna M. Lambert
Register of Probate Court

(C)Sept.14,21,28
#10147845

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Middlesex Division Docket No. 95D2549DV1
Summons By Publication
Maria doCarmo Oliveira deMedeiros Vieira, Plaintiff
v.
Manuel Machado Vieira, Defendant

To the above named Defendant:

A Complaint has been presented to this Court by the Plaintiff, Maria doCarmo Oliveira deMedeiros Vieira, seeking a Divorce

You are required to serve upon George E. Sousa attorney for the - plaintiff - whose address is 100 Highland Avenue, Somerville, Massachusetts 02143 your answer on or before November 13, 1995. If you fail to do so, the court will proceed to the hearing and adjucation of this action. You are also required to file a copy of your answer in the office of the Register of this Court at Cambridge.

Witness, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, this 31st day of August, 1995.

Donna M. Lambert
Register of Probate Court

(C)Sept.14,21,28
#10147847

Mid Cambridge Neighborhood
Conservation District Commission

Notice is hereby given that the Mid Cambridge Neighborhood Conservation District Commission will hold a Public Hearing on Tuesday, September 26, 1995 at 5:30 P.M. on the Third Floor Conference Room, City Hall Annex, 57 Inman Street, to consider the following application for Certificate of Appropriateness under Article III, Section 2.78 of the Code of the City of Cambridge and the order establishing the district:

MC-1031: 1575 Cambridge Street (Youville Lifecare, Inc.): For binding Certificate of Appropriateness to alter existing School of Nursing and gymnasium to accommodate conversion to assisted living facility and construct new access to wing of hospital building. By T. Richard Quigley, President and CEO, Youville Lifecare, Inc.

John Moos
Chairman

(C)Sept.14,21
#10145202

Traffic, Parking and Transportation
REGULATION NO. 95-34

By force of the power vested in me by Special Act of the Legislature of 1961 (Chapter 455), I hereby amend the traffic Regulations of the City of Cambridge by adding the following regulation

Regulation No. 66-1 Schedule 6A "Parking Prohibited At All Times On Certain Sides of Certain Streets, Tow Away Zone" is hereby amended by adding the following:

Sherman St. West Side, 180' S. of Bellis Circle to 260' S. of Bellis Circle St. Peters Field lot, north Side, E. edge of storage garage, West entrance of storage garage.

This regulation shall take effect 18 Sept. 95.
PROMULGATED DATE 31 August 1995

Susan E. Clippinger
Director

(S)Sept.14,21,28
#10147846

REQUEST FOR PROPOSALS FOR
TRANSPORTATION FOR ELDERLY
CITY OF CAMBRIDGE
CAMBRIDGE, MASSACHUSETTS 02139

Sealed proposals will be received at the Office of the Purchasing Agent, Room 303, City Hall, 795 Massachusetts Avenue, Cambridge, Massachusetts 02139 until 11:00 A.M. on Thursday, October 12, 1995 at which time and place they will be publicly opened and read aloud to furnish the following information to the City of Cambridge:

The scope of services involves providing transportation to qualified elderly residents of Cambridge. The firm may submit a proposal on all or a portion of the services listed below: (a) A shuttle service bringing elders from designated pick-up points in East, West, and North Cambridge to the New Cambridge Senior Center at 806 Massachusetts Ave in Central Square; (b) A local medical dial-a-ride service bringing elders from their homes to medical appointments in Cambridge; (c) A medical dial-a-ride service bringing elders from their homes to medical appointments in Greater Boston; (d) A nutritional shopping shuttle program bringing elders from designated pickup points to grocery stores in the Cambridge area; and (e) A mall trip program bringing elders from designated pickup points to Assembly Square Mall in Somerville and Arsenal Mall in Watertown on alternate weeks.

Copies of the Request for Proposal may be obtained at the Office of the Purchasing Agent on and after September 20, 1995, between the hours of 8:30 A.M. and 5:00 P.M.

The successful Respondent must be an Equal Opportunity Employer.

Any vendor questions must be submitted in writing to the office of the Purchasing Agent, no later than September 29, 1995 at 5:00 p.m.

The City of Cambridge reserves the right to reject any or all proposals, waive any informalities in the proposal process, and accept the proposal deemed to be in the best interest of the City.

One original and six separate sealed envelopes containing the non-price technical proposal marked "Proposal - Elderly Transportation Services (Non-Price)" and one original and six separately sealed envelopes containing the price proposal marked "Price Proposal - Elderly Transportation Services" must be received by Purchasing Agent, City of Cambridge, Third Floor, City Hall, Room 303, 795 Mass. Avenue, Cambridge, MA 02139 prior to October 12, 1995 no later than 11:00 A.M.

Lisa Peterson
Acting Purchasing Agent

(C)Sept.21
#10147895

CITY OF CAMBRIDGE
PURCHASING DEPARTMENT

Sealed bids will be received at the Office of the Purchasing Agent, Room 303, City Hall, Cambridge, Mass., until 11:00 o'clock A.M. **THURSDAY, OCTOBER 5, 1995** at which time and place they will be publicly opened and read for furnishing the following to the City of Cambridge:

HCG QUALITATIVE TEST KITS (1)
PATIENT BEDS (2)
COMBINED SEWER OVERFLOW AND WASTEWATER FLOW METER (3)

The City of Cambridge reserves the right to waive any informalities or to reject any or all bids if it is in the City's best interest to do so.

Specifications may be obtained at the Office of the Purchasing Agent, Room 303, City Hall, Cambridge, Mass.

Each bid must be in a sealed envelope plainly marked "Bid for 'Designate Item' " and addressed to Gail A. Cohen, Purchasing Agent, City Hall, Cambridge, Massachusetts.

Gail A. Cohen
Purchasing Agent

(C)Sept.21
#10147892

REQUEST FOR PROPOSAL
REAL ESTATE DISPOSITION
CITY OF CAMBRIDGE
CAMBRIDGE, MASSACHUSETTS 02139

Sealed proposals will be received at the Office of the Purchasing Agent, Room 303, City Hall, 795 Massachusetts Avenue, Cambridge, Massachusetts 02139 until 11:00 A.M., on Thursday, October 19, 1995 at which time and place they will be publicly opened and read aloud for furnishing the following to the City of Cambridge:

The City of Cambridge, Massachusetts, is seeking proposals for the disposition of property owned by the City of Cambridge and located within the City of Waltham along Winter Street. The property available for disposition includes two parcels totaling 6,236 square feet. The land is technically within the Cambridge Reservoir and was taken by eminent domain for this purpose in the 1890's. The sale of these parcels is contingent on several legal action detailed in the Request for Proposals (Section V).

A proposal will remain in effect for a period of 90 calendar days from the deadline for submission of proposals or until it is formally withdrawn, a contract is executed or this RFP is cancelled, whichever occurs first.

Copies of the Request for Proposal may be obtained at the Office of the Purchasing Agent on and after September 18, 1995 between the hours of 8:30 A.M. and 5:00 P.M.

The successful offerer must be an Equal Opportunity Employer.

Offerors may correct, modify, or withdraw proposals prior to the proposal opening. An offeror who wishes to withdraw a proposal must make the request in writing. Any corrections or modifications to a proposal must be submitted in writing. Corrections or modifications must be in a sealed envelope when submitted.

The City of Cambridge reserves the right to reject any or all proposals, waive any informalities in the proposal process, and accept the proposal deemed to be in the best interest of the City.

Each proposal must be delivered, along with four (4) additional copies in a sealed packaged, plainly marked "RFP for Real Estate Disposition Cambridge Land in Waltham" and addressed to Lisa Peterson, Acting Purchasing Agent, City of Cambridge, Room 303, City Hall, 795 Massachusetts Avenue, Cambridge, MA 02139.

Lisa Peterson
Acting Purchasing Agent

(C)Sept.21
#10147894

Cambridge Historical Commission

Notice is hereby given that a public hearing will be held on Thursday, October 5, at 4:00 P.M. in the third floor conference room at the City Hall Annex, 57 Inman Street, to consider the following matters under M.G.L. Ch. 40C and Ch. 2.78 of the Code of the City of Cambridge:

For Certificate of Appropriateness in the Old Cambridge Historic District:

Case 559: 145 Brattle Street, by Holy Trinity Armenian Church (continued). Review unauthorized placement of marker in front of church.

For review of demolition:

Case D-617: 164 Elm Street, by Jane W. Von Braun on behalf of Oaktree Development, Inc. (continued). Reconsideration of finding that the ell and addition are preferably preserved significant structures.

For consideration of the recommendations of the Old Cambridge Historic District Study Committee (6:00 P.M.):

Proposed Landmark Designation of 22, 24, and 26-28 Garden Street and/or the Proposed Arsenal Square Extension of the Old Cambridge Historic District.

William B. King
Chairman

(C)Sept.21,28
#10148002

CITY OF CAMBRIDGE
NOTICE OF PUBLIC HEARING

The Cambridge City Council will conduct a public meeting on Monday, October 2, 1995 at 7:00 P.M. in the Sullivan Chamber, City Hall, Second Floor, Cambridge on

PROPERTY TAX RATE CLASSIFICATION

Under the laws of the Commonwealth the City has the option of taxing residential and commercial/industrial property at different tax rates. At this public meeting, the City Council will review tax rates proposed by the City Manager and the Board of Assessors. The votes taken will result in property tax rates which reflect the City's property tax levy for FY96, the addition of new taxable property to the City's tax base, the Assessors' program to assess properties at their full and fair cash value as of January 1, 1995, and the City Council's decision regarding distribution of the tax burden between commercial and residential properties and the granting of a residential exemption.

The Cambridge City Council will entertain comment and opinion from interested citizens and taxpayers.

By Order of the City Council,
D. Margaret Drury
City Clerk

(C)Sept.21
#10147998

PUBLIC NOTICE
RELATIVE TO ZONING
CITY OF CAMBRIDGE
MASSACHUSETTS
OFFICE OF THE CITY CLERK

Notice is hereby given that in accordance with the provisions of Chapter 40A, Section 5 of the General Laws, Tercentenary Edition and amendments thereto, that the Committee on Ordinances, comprised of the entire membership of the City Council, will hold a public hearing on Wednesday, October 4, 1995 at 5:00 P.M. in the Sullivan Chamber, City Hall, Cambridge, Massachusetts on a petition to amend the Zoning Ordinances of the City of Cambridge as follows:

1. Chapter 5.40 of the Cambridge Municipal Code (Massage Establishments) is hereby repealed.

2. The Zoning Ordinance is hereby amended as follows:

(a) In Article 2.000, the definition of "massage establishment" is hereby deleted.

(b) Article 4.21 (d) is hereby amended to read as follows:

d. A customary home occupation or the office of a resident physician, dentist, attorney-at-law, architect, engineer, properly licensed massage therapist, or member of another recognized profession shall be considered as an accessory use, provided that not more than three persons shall practice or be employed on the premises at any one time. In the case of a massage therapist, no more than one person shall practice or be employed on the premises at any one time.

(c) In Article 4.34b, add at the end of the phrase: "(includes properly licensed massage therapists)".

(d) In Article 4.35, delete line p. "Massage Establishments."

All persons interested in this matter may appear at this time and be heard.

For the Committee
Vice Mayor Sheila T. Russell
Chair

(C)Sept.21
#10147997

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
THE PROBATE AND FAMILY COURT DEPARTMENT
PROBATE OF WILL WITHOUT SURETIES
Middlesex Division Dockut No. 95P4313EP
Estate of **Malcolm E. Pynn, Senior**
died on July 15, 1995
late of **Cambridge**
in the County of Middlesex
NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument purporting to be the last will of said deceased may be proved and allowed and that Warren S. Edwardson of Easton in the County of Bristol be appointed executor without giving surety on his bond.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before 10:00 in the forenoon on October 4, 1995.

In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, the eighth day of September in the year of our Lord one thousand nine hundred and ninety-five.

Donna M. Lambert
Register of Probate

(C)Sept.21
#10147996

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
THE PROBATE AND FAMILY COURT DEPARTMENT
PROBATE OF WILL ADMINISTRATION WITH
THE WILL ANNEXED WITHOUT SURETIES
Middlesex Division Docket No. 95P4488AA
Estate of **Edward Correia**
died on May 30, 1995
late of **Cambridge**
in the County of Middlesex
NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument purporting to be the last will of said deceased may be proved and allowed and that Diane F. Correia of Cambridge in the County of Middlesex or some other suitable person be appointed administratrix with the will annexed of said estate.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before 10:00 in the forenoon on October 16, 1995.

In addition you must file a written affidavit of objections to the petition stating the specific facts and grounds upon which the objection is based, within (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, the thirteenth day of September in the year of our Lord one thousand nine hundred and ninety-five.

Donna M. Lambert
Register of Probate

(C)Sept.21
#10147995

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
THE PROBATE AND FAMILY COURT DEPARTMENT
PROBATE OF WILL WITHOUT SURETIES
Middlesex Division Docket No. 95P4195EP
Estate of **Frances R. O'Hare**
also known as **Rose O'Hare**
died on July 20, 1995
late of **Cambridge**
in the County of Middlesex
NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument purporting to be the last will of said deceased may be proved and allowed and that James D. Hill of Cambridge in the County of Middlesex be appointed executor without giving surety on his bond.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before 10:00 in the forenoon on October 17, 1995.

In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16 and it is further ordered that notice be given to the Attorney General of said Commonwealth by delivering orby mailing postpaid a copy thereof to him fourteen days at least before said return day.

WITNESS, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, the first day of September in the year of our Lord one thousand nine hundred and ninety-five.

Donna M. Lambert
Register of Probate

(C)Sept.21
#10147882

CITY OF CAMBRIDGE
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given that **Subterranean Enterprises, Inc.** d/b/a **Cafe Liberty, Jon Sudbury, manager** holder of a common victualer license at 497B Massachusetts Avenue has applied for change of hours from 9 a.m. to 1 a.m. to 8 a.m. to 3 a.m.

A hearing on said application will be held on Tuesday, September 26, 1995 at 6 p.m., in the Michael J. Lombardi Municipal Building, 2nd floor, 831 Massachusetts Avenue, Cambridge, Mass., 02139.

Benjamin Barnes
Kevin Fitzgerald
Henry Breen
License Commission

(C)Sept.21
#10147885

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
THE PROBATE AND FAMILY COURT DEPARTMENT
PROBATE OF WILL WITHOUT SURETIES
Middlesex Division Docket No. 95P4330EP
Estate of **Laurence William Wylie,**
also known as **Laurence W. Wylie**
died on July 25, 1995
late of **Cambridge**
in the County of Middlesex
NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument purporting to be the last will & codicil of said deceased may be proved and allowed and that Gerald S. Berlin of Boston in the County of Suffolk be appointed executor without giving surety on his bond.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before 10:00 in the forenoon on October 4, 1995.

In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, the eighth day of September in the year of our Lord one thousand nine hundred and ninety-five.

Donna M. Lambert
Register of Probate

(C)Sept.21
#10147989

THE COMMONWEALTH OF MASSACHUSETTS
LAND COURT
DEPARTMENT OF THE TRIAL COURT
(SEAL) **Case No. 220943**

To **Richard G. Lizotte,** Trustee of R & C Realty Trust and all persons entitled to the benefit of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended: Wilmington Trust Company, as Owner Trustee of RTC Mortgage Trust 1994-N2 under Deposit Trust Agreement dated as of December 15, 1994, filed with Middlesex South Registry District of the Land Court as Document No. 977491 claiming to be the holder of a mortgage covering real property in Cambridge, Middlesex County at **813-823 Main Street** given by Richard G. Lizotte, Trustee of R & C Realty Trust, to Colonial Savings & Loan Association, dated January 31, 1989, recorded with Middlesex South Registry District of the Land Court as Document No. 792685, noted on Certificate of Title No. 171722 has filed with said court a complaint for authority to foreclose said mortgage in the manner following: by entry and possession and exercise of power of sale.

If you are entitled to the benefits of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Boston on or before the 30th day of October 1995, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness, ROBERT V. CAUCHON, Chief Justice of said Court this 14th day of September 1995.

Charles W. Trombly, Jr.
Recorder

(C)Sept.21
#10147988

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
THE PROBATE AND FAMILY COURT DEPARTMENT
PROBATE OF WILL WITHOUT SURETIES
Middlesex Division Docket No: 95P4333EP
Estate of **Jose Pedro Furtado**
died on Dec. 5, 1992
late of **Cambridge**
in the County of Middlesex
NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument purporting to be the last will of said deceased may be proved and allowed and that Eulalia Maria Furtado Koxarkis of Berlin in the State of New Hampshire be appointed executrix without giving surety on her bond.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before 10:00 in the forenoon on October 4, 1995.

In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, the eighth day of September in the year of our Lord one thousand nine hundred and ninety-five.

Donna M. Lambert
Register of Probate

(C)Sept.21
#10147987

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
THE PROBATE AND FAMILY COURT DEPARTMENT
PROBATE OF WILL WITHOUT SURETIES
Middlesex Division Docket No. 95P3709EP
Estate of **Anne Banner**
date of death May 15, 1995
late of **Cambridge**
in the County of Middlesex
NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument purporting to be the last will of said deceased may be proved and allowed and that Robert Preer, Jr. of Arlington in the County of Middlesex be appointed executor without giving surety on his bond.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before 10:00 in the forenoon on October 12, 1995.

In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, the sixth day of September in the year of our Lord one thousand nine hundred and ninety-five.

Donna M. Lambert
Register of Probate

(C)Sept.21
#10147879

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
THE PROBATE AND FAMILY COURT DEPARTMENT
Middlesex Division Docket No. 95P4186GI
Notice of
GUARDIANSHIP - MENTALLY ILL - WITH SURETIES
NOTICE

To **Lauren O'Brien** of Cambridge in said County Middlesex and heirs apparent or presumptive:

A petition has been presented in the above-captioned matter alleging that said Lauren O'Brien is a mentally ill person and praying that Marie O'Brien of Waltham in the County of Middlesex or some other suitable person be appointed her guardian with court authority to consent to the administration of antipsychotic medication and electro Convulsive therapy.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before October 11, 1995.

WITNESS, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge the sixth of September, in the year of our Lord one thousand nine hundred and ninety five.

Donna M. Lambert
Register of Probate Court

(C)Sept.21
#10147880

COMMONWEALTH OF MASSACHUSETTS
Middlesex, ss. Probate Court No: P3P1997E

NOTICE OF FIDUCIARY'S ACCOUNT

To all persons interested in the estate of **Robert B Russell** also known as Robert Blondel Russell late of Cambridge, in said County, deceased.

You are hereby notified pursuant to Mass. R.Civ.P. Rule 72 that the 1st 2nd & Final accounts of accts State Street Bank & Trust Company & Harriett Russell Nelson as Executors (the fiduciaries) under the will of said deceased have been presented to said Court for allowance.

If you desire to preserve your right to file an objection to said account, you or your attorney must file a written appearance in said Court at Cambridge on or before the 28th day of September, 1995, the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney for the fiduciary, obtain without cost a copy of said account. If you desire to object to any item of said account, you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R.Civ.P. Rule 5.

WITNESS, SHEILA E. McGOVERN, Esquire, First Judge of said Court, this 25th day of August, 1995.

Donna M. Lambert
Register

(C)Sept.21
#10147883

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
THE PROBATE AND FAMILY COURT DEPARTMENT
PROBATE OF WILL WITHOUT SURETIES
Middlesex Division Docket No. 95P4255EP
Estate of **Howard William Kleitz Junior,**
also known as **Howard W. Kleitz, Jr.**
died on Aug 18, 1995
late of **Cambridge**
in the County of Middlesex
NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument purporting to be the last will of said deceased may be proved and allowed and that Dorothy H. Mandel of Cambridge in the County of Middlesex be appointed executrix without giving surety on her bond.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before 10:00 in the forenoon on October 3, 1995.

In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, the sixth day of September in the year of our Lord one thousand nine hundred and ninety-five.

Donna M. Lambert
Register of Probate

(C)Sept.21
#10147899

To place your Legal advertisements call:
Marcia Duggan
Ph.# 937-8000 X7050

MASSACHUSETTS

OFFICE OF THE CITY CLERK

Notice is hereby given that in accordance with the provisions of Chapter 40A, Section 5 of the General Laws, Tercentenary Edition and amendments thereto, that the Committee on Ordinances, comprised of the entire membership of the City Council, will hold a public hearing on Wednesday, October 4, 1995 at 5:00 P. M. in the Sullivan Chamber, City Hall, Cambridge, Massachusetts on a petition to amend the Zoning Ordinances of the City of Cambridge as follows:

1. Chapter 5.40 of the Cambridge Municipal Code (Massage Establishments) is hereby repealed.

2. The Zoning Ordinance is hereby amended as follows:

   (a) In Article 2.000, the definition of "massage establishment" is hereby deleted.

   (b) Article 4.21 (d) is hereby amended to read as follows:

      d. A customary home occupation or the office of a resident physician, dentist, attorney-at-law, architect, engineer, properly licensed massage therapist, or member of another recognized profession shall be considered as an accessory use, provided that not more than three persons shall practice or be employed on the premises at any one time. In the case of a massage therapist, no more than one person shall practice or be employed on the premises at any one time.

   (c) In Article 4.34b, add at the end of the phrase: "(includes properly licensed massage therapists)".

   (d) In Article 4.35, delete line p. "Massage Establishments."

All persons interested in this matter may appear at this time and be heard.

For the Committee

Vice Mayor Sheila T. Russell
Chair

MASSACHUSETTS

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For the Committee

Vice Mayor Sheila T. Russell
Chair

C. C. 106

PUBLIC NOTICE

RELATIVE TO ZONING.

City of Cambridge

MASSACHUSETTS

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In Article 4.34b, add at the end of the phrase: "(includes massage therapists licensed by the Commissioner of Health and Hospitals)".

In Article 4.35, delete line p. "Massage Establishment," and redesignate Art/Craft Studio" and "Bakery, Retail" as "p" and "q" respectively.

In Article 4.40, p. 4-20, delete footnote #49 and renumber the subsequent footnotes.

In Article 11.000, delete sections 11.90 through 11.93.

The proposal would also repeal Chapter 5.40 of the Cambridge Municipal Code entitled "Massage Establishments".

Copies of this petition are on file in the Office of the City Clerk, City hall, Cambridge, Massachusetts.

All persons interested in this matter may appear at this time and be heard.

For the Committee,

Vice Mayor Sheila T. Russell
Chair

C. C. 106

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City of Cambridge

MASSACHUSETTS

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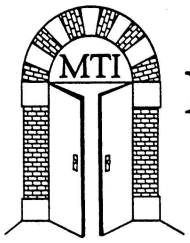
Chair



Muscular Therapy Institute

Est. 1974

The Skill of Massage & the Art of Healing

122 Rindge Avenue • Cambridge MA 02140
617/576-1300 • fax 617/864-8283

Published July 1995

CATALOG

MUSCULAR THERAPY INSTITUTE

Accredited by the
Accrediting Council for Continuing Education and Training

Licensed by the
Commonwealth of Massachusetts Department of Education

Program Approved by the
AMTA Commission of Massage Training
Accreditation/Approval

The school is operated by the Muscular Therapy Institute
and is owned by Dr. Ben E. Benjamin who serves as the school's President.

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Muscular Therapy Institute
Faculty and Staff

Ben E. Benjamin, Ph.D
President

Mary Ann DiRoberts
Director

Education Department

Joelle Andre
Education Director

Elizabeth Wirth
Assistant Education Director

Susan White
Dean of Faculty Development

Joleene Barren
Educational Projects Coordinator

Faculty

Craig Andrade
Erika Baern
Robin Cassel
Carol Dwyer
Anne Gilbert
Anitra Gugliotta
Kathy Hood
Rick Horton
Shirley Lynch
Eliza Mallouk
Chris Schoonmaker
Wendy Stone
Bob Vinson
Tracy Walton

Faculty/Student Advisors

Jeff Drake
Elizabeth Feigenbaum
Mary Karis
Sue Mapel

Administration

Diane Mulkern
Administrative Director

Robert Vinson
Weekend Coordinator

Debbie Cohen
Bursar

Donna Wells
Financial Aid Director

Nina Solomita
Registrar/Placement Director

Marcella Cooke
Receptionist

Student Therapy Center (STC)

Thomas Jacobson
STC Manager

Rochelle Breeden
STC Coordinator

Tamar Myers
STC Staff

Lauren Steeves
STC Staff

Admissions

Elizabeth Harvey
Admissions Director

Randi Benator
Admissions Representative

The Muscular Therapy Institute

The Muscular Therapy Institute is licensed by the Commonwealth of Massachusetts, Department of Education and offers a 51.9 credit hour training program. Students are trained in the Benjamin System of Muscular Therapy — a unique combination of treatment, basic exercise and education designed to reduce chronic muscle tension and to promote physical health. Since its founding in 1974, the Institute has been dedicated to training responsible, skilled professionals who effectively assist clients in reducing stress, pain and muscular tension.

The Institute places a high priority on developing mature practitioners who understand the complex nature of the body. To be effective in helping people to relieve their physical tension, a Muscular Therapist must be self–aware, have an understanding of human behavior and have an excellent ability to communicate. The training program combines a strong theoretical and practical background with courses in communication skills to prepare skilled and qualified professionals.

History/Background

Muscular Therapy was developed by Dr. Ben Benjamin from a synthesis of several approaches to working with the body. Dr. Benjamin's interest in the field began in 1958 when he sustained a serious injury. After several frustrating attempts to obtain relief, his injury was successfully treated by Alfred Kagan, a well–known French practitioner who had developed original techniques for the treatment of muscular tension and injury. During the course of his treatment, Dr. Benjamin became interested in Kagan's method and studied with him after his recovery. He observed and analyzed Kagan's complex technique and from his observation created a series of muscular manipulations which could then be taught to other practitioners.

Following his work with Kagan, Dr. Benjamin spent several years studying the origins of physical tension and learning ways that people could care for themselves without requiring continual treatment. He became particularly interested in the work of Dr. Wilhelm Reich, F.M. Alexander, and Dr. James Cyriax and sought ways of incorporating some of their ideas into his approach to tension reduction.

In Reich's work, Dr. Benjamin learned of the emotional component of muscular tension. Reich was the first psychiatrist to suggest that emotional trauma could become locked in the muscles creating a physical tightening in the body which he called armor. This armor acted as an emotional protection but also blocked the expression of feeling and contact with the self. Benjamin realized that this understanding of the physical manifestation of emotional distress could help the practitioner distinguish between emotional distress in the body and mechanical or injury related tension.

In his study of the Alexander Technique, Benjamin discovered a highly effective method for establishing proper movement habits. He felt that by using these techniques practitioners could not only learn to use their bodies more effectively when

working, but they could also increase their understanding of the relationship of faulty movement habits to pain, tension and injury. He, therefore, sought to involve teachers of this technique in the Muscular Therapy training.

The third influence was the injury evaluation and deep friction treatment developed by Dr. James Cyriax, an English orthopedist. In these techniques, Benjamin found a means for the practitioner to determine and to evaluate the exact nature of musculo–skeletal injuries and to distinguish between the serious injury, which requires a physician's attention, and one that is relatively minor and could safely be handled with Muscular Therapy techniques.

These three approaches contributed to the development of the Benjamin System of Muscular Therapy.

The Benjamin System of Muscular Therapy

The Benjamin System of Muscular Therapy works with the body to reduce chronic tension and to promote physical health. It is an educational process by which the client learns to understand the meaning of his/her physical symptoms and what needs to be done to alleviate them. Treatment includes a series of techniques and exercises designed to reduce muscular tension and stress, and prevent their return. The Muscular Therapist works with the client in the following ways:

- Performing massage which includes: a variety of area–specific strokes, pressure, and rhythms to reduce chronic tension and pain tension.
- Educating clients about the causes and effects of tension and providing lifestyle counseling when appropriate.
- Teaching body care and tension release techniques designed to prevent the build up of new tension.
- Teaching basic exercises for warm up, stretching, and building strength.

Mission

The mission of the Muscular Therapy Institute is to train high quality Muscular Therapy practitioners in a professional environment which fosters the personal development of all members of the school community.

Philosophy

Touching the wider community begins with making contact with the self. By continually striving to provide a supportive and challenging atmosphere, MTI strives to nurture self–exploration and transformation. From this understanding of self comes the ability to make conscious choices about balancing energy in all aspects of life, including creating a work that one loves. Just as the school attempts to teach through modeling the principles of balance, self–care, high ethical standards, and clear and caring communication, so students learn to teach clients through example. This self–knowledge combined with a strong theoretical and practical knowledge of the body's response to tension provides the foundation for becoming a Muscular Therapist.

The Institute Learning Environment

MTI is conveniently located in North Cambridge in a former high school that has been renovated for the specific needs of the school with classroom, office and clinic space. The building has three floors including 5 large classrooms, a student lounge, faculty and administrative offices, Student Therapy Center and reception areas for clinic clients. The Institute also provides massage tables, supplies for classes and the Student Therapy Center. The Institute strives to maintain a pleasing environment where students, faculty and staff have an opportunity to have a professional exchange encouraging personal growth and development.

For individuals at MTI, the learning environment extends beyond the physical plant to the spirit and integrity of the training. Flexibility, high standards, and creative teaching are hallmarks of the Muscular Therapy training. The Institute is unusual in its responsiveness to individual students' needs and learning styles.

Accreditation

The Institute is licensed by the Commonwealth of Massachusetts Department of Education. The school is accredited by the Accrediting Council for Continuing Education and Training (ACCET); by the AMTA Commission on Massage Training Accreditation/Approval; and is approved for the training of veterans.

ACCET Accredited

The Muscular Therapy Training Program is accredited by the Accrediting Council for Continuing Education and Training. ACCET is the primary accrediting agency recognized by the U.S. Secretary of Education serving the non–collegiate continuing education field. "ACCET accreditation" means:

- "The courses are clearly and truthfully described."
- "Qualified instructors utilize effective training methods."
- "A high quality of instruction is maintained."
- "Participants have reported gaining worthwhile benefits."

AMTA Approved

The Institute is approved by the American Massage Therapy Association Commission on Massage Training Accreditation/Approval. The AMTA is a national organization for professional massage therapists. Founded in 1943, the Association focuses on offering continuing education, promoting legislation, offering malpractice insurance, and advancing the profession of Massage Therapy.

Institute's Training Program

The program combines theory, applied practice, and individual coaching. The Muscular Therapy Institute is approved to offer a 51.9 credit hour training program. This program is offered in two formats, a 3-semester format and a 4-semester format, described below.

Intensive Professional Training in Muscular Therapy

Three Semester Format — Year and a Half Program (15 months)

In the three semester format students attend classes for two days per week for three semesters.

Wednesday	8:30 a.m. to 6:30 p.m.
Friday	8:30 a.m. to 6:30 p.m.

Semesters are 19 weeks long including holiday and vacation weeks. In addition to these classroom hours, students in the second semester will attend one off–site intensive workshop for three days. Also, one classroom day in the first semester will be held off-site at a retreat center.

Four Semester Format - Two Year Program (20 months)

In the four semester format students attend classes for one and one-half days per week for four semesters.

Thursday	8:30 a.m. to 6:30 p.m.
Tuesday evening	6:30 p.m. to 9:30 p.m.
or	
Saturday	8:30 a.m. to 6:30 p.m.
Wednesday evening	6:30 p.m. to 9:30 p.m.

Semesters are 19 weeks long including holiday and vacation weeks. In addition to these classroom hours, students in the third semester will attend one off-site intensive workshop for three days. Also, one classroom day in the first semester will be held off-site at a retreat center.

Off–Site Day and Residential Intensive

As part of their Skills and Dynamics of Therapeutic Relationships course, students attend an off–site day at a retreat center early in their first semester. Creating a sense of community, students are led through a series of exercises and physical initiatives that require communication, listening and group trust.

Students are also required to attend one residential intensive held at a retreat center scheduled in the second or third semester. This residential intensive is an experience designed to expand, deepen and integrate the MTI training. Students must plan on staying overnight in a residential setting outside of Cambridge. The Intensive includes two evenings and three days.

Class Calendar: 1995 – 1997

	Start Dates	End Dates
Wednesday/Friday	Sept. 13, 1995	Jan. 24, 1997
Thursday/Tuesday evening	Sept. 5, 1995	June 26, 1997
Saturday/Wednesday evening	Sept. 6, 1995	June 28, 1997

Vacation and Holidays

Classes are not in session during the months of July and August.

Each class is scheduled with a winter and spring semester break and the following holidays:

Labor Day
Columbus Day
Thanksgiving
Christmas
New Year's Day
Martin Luther King Day
Presidents' Day
Patriots' Day
Memorial Day
Independence Day

School Cancellation Policy

School cancellations will be announced on radio station WRKO-AM and WBMX-FM or WCVB TV — Channel 5.

Students may also call MTI's main telephone number (617) 576-1300 for an updated announcement about school cancellations.

Curriculum

Educational Objectives

As certified Muscular Therapists, graduates will be prepared to:

1. Design and implement a Muscular Therapy treatment plan which provides competent therapeutic massage for various client populations.
2. Use methods which promote the safe, injury free practice of Muscular Therapy.
3. Integrate a theoretical and practical knowledge base enabling them to communicate the work, enhance their effectiveness, and create a network for ongoing referral within the health care community.
4. Understand the components and boundaries of the therapeutic relationship.
5. Create and maintain a Muscular Therapy practice or establish an affiliation with an appropriate business.
6. Meet the ethical responsibilities inherent in belonging in the body work profession.
7. Join the massage therapy profession on both a local and national certification level.

Graduation Requirements

1. A passing grade for each module of each course.
2. A passing grade for the following exams:
   a) Comprehensive exam at the end of the program
   b) Practical exam at the end of the program.
3. Fifteen documented private lessons.
4. Complete payment of all tuition and fees.

Assignments

Students should expect regular homework in their classes. In addition to assignments, some courses may have regular quizzes and tests. Requirements for each course will be included in the course syllabus distributed in the class.

Oil, Alcohol and Towels

Each student is responsible to bring two bath sized towels and one hand towel each day of classes. These will be used during classes when any hands–on techniques are taught. This is also true for anatomy classes which often involves palpations and body drawing. MTI supplies oil and alcohol.

Class Size

The Muscular Therapy Institute limits the enrollment of a class to thirty–five students. For various courses, as needs indicate, classes will be split into smaller groups. Typically a technique class would be conducted in sections of no more than twenty students per faculty member.

Average Teacher/Student Ratios:

Ratio for Lecture Classes	1:30
Ratio for Technique Classes	1:15

Grading

Numerical grades based on the following scale are given for Clinical Considerations and Pathology, Anatomy, and Physiology. Numerical grades are also given for the comprehensive and practical exams at the end of the program.

90	–	100%	A
80	–	89%	B
70	–	79%	C
0	–	69%	Failing

All other evaluations will be P/F (Pass/Fail). Students must earn a minimum of 70% in each module to be eligible for graduation.

Grade Point Average Computation

The Grade Point Average (GPA) will be calculated for each student when grades are distributed at semester end. Students must achieve a minimum of a 1.75 GPA for the first semester of their program to maintain Satisfactory Academic Progress. After the first semester the students must achieve a minimum of 2.0 GPA for the remainder of their program in order to maintain Satisfactory Academic Progress and to meet the graduation requirement.

Assignment of Grade Points:

Grades of 90 - 100 = A = 4.0 points
Grades of 80 - 89 = B = 3.0 points
Grades of 70 - 79 = C = 2.0 points
Grades of 69 and below = 0 points

"P" Pass grades = 4.0 points
"F" Fail grades = 0 points

Incomplete courses are assigned 0 points, and are included in the total number of courses taken.

Comprehensive Exam

At the end of the program, a comprehensive exam will be given. This exam will cover topics from the entire curriculum, testing students' knowledge, integration, and application of material. This is a written exam. In order to graduate students must score 70% or higher.

Practical Exam

At the end of the program, a practical exam will be given. This exam is privately administered by one teacher for one student. It is a hands–on exam where the student must incorporate his/her knowledge, technique, and communication skills into a treatment session with a member of the MTI faculty. A written evaluation is given and students must score 80% or higher in order to graduate.

Diplomas

Diplomas will be issued upon completion of all graduation requirements, as well as complete payment of all financial obligations to MTI. The date on the diploma will reflect the last completed requirement, either academic or financial.

Course Work
Three Semester Format

Intensive Professional Training in Muscular Therapy — 51.9 Credit Hours

First Semester: 17.8 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 1 ..... 3.33
- Module 2 ..... Credits

Anatomy
- Module 1 ..... 3.3
- Module 2 ..... Credits

Physiology
- Module 1 ..... 3.3
- Module 2 ..... Credits

Muscular Therapy Technique
- Module 1 .....
- Module 2 ..... 4.7
- Module 3 ..... Credits
- Module 4 .....

Practice Development
- Module 1 ..... 3.17
- Module 2 ..... Credits

5 Private Lessons

Second Semester: 17.46 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 3 ..... 3.33
- Module 4 ..... Credits

Anatomy
- Module 3 ..... 3.4
- Module 4 ..... Credits

Physiology
- Module 3 ..... 3.4
- Module 4 ..... Credits

Muscular Therapy Technique
- Module 5 ..... 2.3
- Module 6 ..... Credits

Sports Massage
Module 1 ..... 1.3 Credits

Practice Development
Module 3 ..... 2.03
Module 4 ..... Credits

Foundations of Professional Massage
Module 1 ..... 1.7 Credits

5 Private Lessons

Third Semester: 16.64 Credits

Skills & Dynamics of Therapeutic Relationships
Module 5 ..... 3.34
Module 6 ..... Credits

Pathology
Module 1 ..... 3.3
Module 2 ..... Credits

Muscular Therapy Technique
Module 7 ..... 2.3
Module 8 ..... Credits

Sports Massage
Module 2 ..... 1.4 Credits

Alternative Approaches to Holistic Therapies
Module 1 ..... 1.3 Credits

Practice Development
Module 5 ..... 1.7
Module 6 ..... Credits

Professional Development
Module 1 ..... 3.3
Module 2 ..... Credits

5 Private Lessons
Comprehensive Exam
Practical Exam

Course Work
Four Semester Format

Intensive Professional Training in Muscular Therapy — 51.9 Credits

First Semester— 13.53 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 1 ..... 3.33
- Module 2 ..... Credits

Anatomy
- Module 1 ..... 3.3
- Module 2 ..... Credits

Physiology
- Module 1 ..... 1.7 Credits

Muscular Therapy Technique
- Module 1 ..... 3.5
- Module 2 ..... Credits
- Module 3 .....

Practice Development
- Module 1 ..... 1.7 Credits

5 Private Lessons

Second Semester—13.37 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 3 ..... 1.67 Credits

Anatomy
- Module 3 ..... 3.4
- Module 4 ..... Credits

Physiology
- Module 2 ..... 3.3
- Module 3 ..... Credits

Muscular Therapy Technique
- Module 4 ..... 2.3
- Module 5 ..... Credits

Practice Development
- Module 2 ..... 2.7
- Module 3 ..... Credits

5 Private Lessons

Third Semester — 11.93 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 4 ..... 3.33
- Module 5 ..... Credits

Physiology
- Module 4 ..... 1.7 Credits

Muscular Therapy Technique
- Module 6 ..... 2.3
- Module 7 ..... Credits

Sports Massage
- Module 1 ..... 1.3 Credits

Practice Development
- Module 4 ..... 1.7
- Module 5 ..... Credits

Professional Development
- Module 1 ..... 1.6 Credits

5 Private Lessons

Fourth Semester—13.07 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 6 ..... 1.67 Credits

Pathology
- Module 1 ..... 3.3
- Module 2 ..... Credits

Muscular Therapy Technique
- Module 8 ..... 1.2 Credits

Sports Massage
- Module 2 ..... 1.4 Credits

Alternative Approaches to Holistic Therapy
- Module 1 ..... 1.3 Credits

Practice Development
- Module 6 ..... 8 Credits

Professional Development
- Module 2 ..... 1.7 Credits

Foundations of Professional Massage
- Module 1 ..... 1.7 Credits

Comprehensive Exam
Practical Exam

Course Descriptions

Skills & Dynamics of Therapeutic Relationships

10 Credits
6 Modules

The purpose of this experiential course is to prepare students to form and maintain healthy therapeutic relationships with their clients. Both by increasing the students' awareness of their own patterns, habits, and tendencies, and by teaching communication skills, ethical guidelines, problem–solving strategies, relational dynamics, and available resources, this course provides the foundation for establishing and safeguarding professional boundaries. Issues especially relevant to the professional body worker will be addressed, including dual relationships, self–disclosure and creating safety for clients with trauma histories.

Anatomy

6.7 Credits
4 Modules

This course focuses on musculo–skeletal anatomy. Students learn how the muscular and skeletal systems work and interact. Palpating bony landmarks, basic principles of kinesis, and identifying principal muscles are essential components. The application of anatomy to Muscular Therapy will be emphasized, including potential endangerment sites. Students will use the ANATOMIKEN TM systems as a primary tool for comprehensive learning.

Physiology

6.7 Credits
4 Modules

This course focuses primarily on the body systems most directly affected by massage. The students also learn how these systems function and relate to each other and to massage. An in–depth approach to each system will include structure, function, and implications for the Muscular Therapist. Universal precautions will introduce the course and other aspects of safe practice will be addressed at a basic level (re: contraindications/ indications to massage). Projects will require students to apply their understanding of human physiology to their massage work.

Clinical Considerations and Pathology

3.3 Credits
2 Modules

This course prepares students to make decisions in the treatment setting regarding clients with special medical conditions. A more advanced understanding is developed of common contraindications/indications to massage, building on foundations created in the Physiology course. Principles of safe practice are presented regarding major body systems and associated pathologies. These disease states and their implications for the practitioner and treatment are presented, then reinforced via the "case study" method. Muscular Therapy for various special populations is addressed by noting special concerns, medical issues and specific needs of each.

Muscular Therapy Technique

9.3 Credits
8 Modules

This comprehensive course teaches the foundation of the Benjamin System of Muscular Therapy Technique. Through hands–on work, students learn a basic repertoire of movements and the various elements including rhythms, speeds, pressures, transitions and treatment construction. Students learn the skills necessary to prepare a treatment for a specific client including tension evaluation, treatment planning, element variation and integration. As students progress into advanced work, they learn to include their own style and intuition. Also taught is Passive Body Work and the principles of a non–circulatory massage. Incorporated throughout is an emphasis on practicing effective and safe movement habits.

Sports Massage

2.7 Credits
2 Modules

In this course students will learn the fundamental theories and techniques of massage for active athletes. Through hands–on practice, students will be prepared to work at a professional event. In addition, they will learn to incorporate sports massage techniques into the Muscular Therapy session when appropriate. The fundamentals of exercise as well as basic injury evaluation and treatment are reviewed. This course serves as the first step in preparation for the National Sports Massage Certification Exam for interested students.

Alternative Approaches to Holistic Therapy

1.3 Credits
1 Module

This introductory course explores two alternative approaches to body work. Students learn the basic tenets of the Eastern philosophy of healing as well as the vocabulary and concepts of energy work. The purpose of this course is to broaden students' perspective about the various paradigms available in the holistic body work field.

Practice Development

6.9 Credits
6 Modules

This course is designed to guide students through the steps of establishing a professional foundation for Muscular Therapy practice. After preparation and practice within the classroom, students move into the Student Therapy Center where, under faculty supervision, they work on clients from the general public. The purpose of the course is to teach students professional habits, attitudes, and strategies from the inception of their development as Muscular Therapists.

Professional Development

3.3 Credits
2 Modules

This course teaches the fundamentals of working as a professional Muscular Therapist. Whether as an employee or as a private practitioner, the Muscular Therapist needs a foundation in licensing, business planning, marketing, financial strategies, taxes, and insurance. Students are expected to create and develop their own individual business plans. The concept and implications of entering an emerging profession are explored.

The Foundations of Professional Development

1.7 Credits
1 Module

This course establishes the theoretical base for massage therapy today. The place of Muscular Therapy as a form of massage is examined from a historical perspective. By examining other forms of current holistic therapies, students gain a better understanding of its role in the holistic field.

Individual Faculty Coaching Sessions

As a requirement for continued enrollment at the Muscular Therapy Institute, students must attend private lessons with their assigned teacher. These lessons will be scheduled during the school year on a monthly basis for the first three semesters of a student's enrollment. Private lessons offer the student individualized coaching and supervision.

Admissions

Admissions Requirements

Individuals seeking admission to the Muscular Therapy Institute must:

- Be eighteen years of age or older.
- Be in good health and without communicable diseases.
- Have a high school diploma or its equivalent.

In addition to the above requirements, there are three basic criteria for acceptance into the training. The first is an aptitude for working with the body which includes good coordination, "good hands" for manually working with the muscles, and an ability to apply theoretical information. The second criteria is the potential for working with people in a responsible, professional fashion and the ability to exercise good judgment. Finally, of equal importance is the applicant's ability to be self–motivated and to undertake self–directed work–qualities which are essential for success in the Institute's training program and for the future work as an independent practitioner. These qualities are evaluated in the interview and at the Introductory Workshop.

It is difficult to understand what the Benjamin System of Muscular Therapy is about without experiencing it yourself. Many students who enter the program have

received treatments for several months, and though not mandatory, prospective applicants are encouraged to receive several treatments before enrolling.

Students are admitted to the Institute without regard to sex, race, color, creed, sexual orientation, age, or national origin. MTI does not have facilities for handicapped students requiring special access or students who have special needs. However, the school will make every attempt to accommodate any individual who wishes to enroll in the school and meets the admission criteria.

The Muscular Therapy Institute does not grant transfer credit.

Admissions Procedure

The Institute's academic year begins in September. Classes begin in both September and February. Individuals seeking admission to the program are strongly encouraged to contact the Institute and begin the admissions process three to six months before they wish to enter the program. Prospective students need time to assess if the Institute is the right place for them. Classes are limited in size and enrollment is closed when classes are full.

Applicants are encouraged to contact existing students and graduates to obtain first–hand information about the program and their learning experience.

The application procedure is designed to enable the applicant to meet Institute faculty and students and to directly experience the teaching style and course content of the program. Prior to admission, an applicant is required to attend an Introductory Workshop on muscular therapy. Workshops are held monthly and there is a fee of $45. Applications will be available at the workshop for those who are interested in applying to the Muscular Therapy Institute.

A personal interview is required as part of the admissions process. An appointment can be scheduled through the admissions office.

When the applicant is accepted into the program, s/he will enter into an Acceptance Agreement with the school. A $100 fee is required after the Acceptance Agreement is signed. The applicant may decide not to continue in the enrollment process and may terminate this initial agreement with the school prior to enrollment. If cancellation is made within five business days, the $100 fee will be fully refunded. If cancellation is made after five business days but before classes begin $50 will be refunded.

Withdrawal and Refund Policy

Once a student is enrolled in the program and has signed the Enrollment Agreement, s/he may choose to withdraw from the program at any time. If a student terminates the Enrollment Agreement, our refund policy, as suggested by the Commonwealth of Massachusetts, Department of Education, is applied on a semester basis as follows:

State Refund Policy:

1. You may terminate this agreement at any time.
2. If you terminate this agreement within five (5) days, you will receive a refund of all monies paid, provided that you have not commenced the program.
3. If you subsequently terminate this agreement prior to the commencement of the program, you will receive a refund of all monies paid, less the actual reasonable administrative costs described in paragraph 7.
4. If you terminate this agreement after the commencement and during the first quarter of the semester, you will receive a refund of at least seventy-five percent of the tuition, less the actual reasonable administrative costs described in paragraph 7.
5. If you terminate this agreement during the second quarter of the semester, you will receive a refund of at least fifty percent of the tuition, less the actual reasonable costs described in paragraph 7.
6. If you terminate this agreement during the third quarter of the semester, you will receive a refund of at least twenty-five percent of the tuition, less the actual reasonable administrative costs described in paragraph 7.
7. If you terminate this agreement after the initial five day period, you will be responsible for actual reasonable administrative costs incurred by the school to enroll you and to process your application, which administrative costs shall not exceed fifty dollars or five percent of the contract price, whichever is less. A list of such administrative costs is attached hereto and made a part of this agreement.
8. If you wish to terminate this agreement, you must inform the school in writing of your termination, which will become effective on the day such writing is mailed. This will become your documented "date of withdrawal". If you do not notify the school in writing, the registrar will terminate your enrollment at the school after 30 calendar days of absence has occurred.
9. The school is not obligated to provide any refund if you terminate this agreement during the fourth quarter of the semester.
10. All refunds due to you will be calculated from the last date of attendance and paid within 30 days of the documented drop date.
11. If you are required to take a leave of absence for any reason MTI will need to treat your enrollment as terminated and perform a drop calculation at the time of the leave of absence. You may re-enter MTI under the "Leave of Absence" or "Re-enter" policy.

Please note that students who receive federal financial aid may be entitled to a greater refund under federal law. For those students, MTI is required by law to calculate a refund by both State and Federal policies. The policy that is utilized is determined by which is the most beneficial to the student. Students are obligated by semester and the Refund Policy is applied accordingly.

Federal Policy:

If you terminate this agreement after the commencement of the program, you will receive a pro rata refund of the amounts charged based on the credits attempted as follows:

If student withdraws:	The school retains:
.01% — 10%	10%
10.1 % — 20%	20%
20.1 % — 30%	30%
30.1 % — 40%	40%
40.1 % — 50%	50%
50.1 % — 60%	60%
over 60	100%

You will also be responsible for the Acceptance Fee of $100.00 and $45.00 for the Introductory Workshop. All books and supplies are purchased through the bookstore and are not part of this policy.

Tuition and Fees: 1995–1997 School Year

Financing Your Future

The Muscular Therapy Institute relies principally on tuition and student fees for the resources needed for maintaining and developing the program, the quality of teaching and the facility. Students need to have a realistic plan for payment of all tuition, fees, books and supplies, and other optional expenses related to the program. A specific financial plan will allow the student to avoid worrying about finances and concentrate his/her full attention to all of the learning opportunities provided by MTI.

Tuition and Payments

Tuition for the required courses in The Intensive Professional Training in Muscular Therapy Program (effective Sept. 1994) is $10,490 for three academic terms/semesters for the 15 month format and four academic terms/semesters for the 20 month format. Tuition includes 15 Private Lessons with an assigned instructor. First semester tuition and fees are due and payable at Orientation. For returning students the deadline for payment of tuition and fees is the first class day of the semester. The amounts due each semester are as follows:

15 MONTH FORMAT/3 SEMESTERS:

(Pre-pay Introductory Workshop $45.00 and Acceptance Fee $100.00)

	Tuition	Insurance & Parking Fees	Off-Site/ Intensive	Totals
1st Semester:	$3496.67	$35	$38	$3569.67
2nd Semester:	$3496.67	$35	$200	$3731.67
3rd Semester:	$3496.66	$35		$3531.66

20 MONTH FORMAT/4 SEMESTERS:

(Pre-pay Introductory Workshop $45.00 and Acceptance Fee $100.00)

	Tuition	Insurance & Parking Fees	Off-Site/ Intensive	Totals
1st Semester:	$2622.50	$35	$38	$2695.50
2nd Semester:	$2622.50	$35		$2657.50
3rd Semester:	$2622.50	$35	$200	$2657.50
4th Semester:	$2622.50	$35		$2657.50

Sample Education Costs

In addition to tuition and fees students encounter required and optional additional costs. The following is provided as a sample of educational expenditure:

15 MONTH FORMAT/3 SEMESTERS

First Semester

Tuition	$3496.67
Insurance fee	10.00
Parking fee	25.00
Maniken	207.00
Off-site	38.00
Massage Tables.	499.00
Textbooks.	200.00
Estimated 1st Semester Costs	4475.67

Second Semester

Tuition	$3496.67
Insurance fee	10.00
Parking fee	25.00
Books and T-Shirts	40.00
Intensive.	200.00
Estimated 2nd Semester Costs	$3771.67

Third Semester

Tuition	$3496.66
Insurance fee	10.00
Parking fee	25.00
Books, class notes, supplies	50.00
Estimated 3rd Semester Costs.	$3581.66

20 MONTH FORMAT/4 SEMESTERS

First Semester

Tuition	$2622.50
Insurance fee	10.00
Parking fee	25.00
Maniken	207.00
Off-site.	38.00
Massage Table	499.00
Textbooks	200.00
Estimated 1st Semester Costs	$3601.50

Second Semester

Tuition	$2622.50
Insurance fee	10.00
Parking fee	25.00
Textbooks and T-Shirt	40.00
Estimated 2nd Semester Costs	$2697.50

Third Semester

Tuition	$2622.50
Insurance fee	10.00
Parking fee	25.00
Books, class notes, supplies	50.00
Off-site Intensive Training	$ 200.00
Estimated 3rd Semester Costs	$2907.50

Fourth Semester

Tuition	$2622.50
Insurance fee	10.00
Parking fee.	25.00
Estimated 4th Semester Costs	$2657.50

All textbooks and supplies are purchased directly from the MTI Bookstore and 5% sales tax is added to the sale of each item. The figures above are only estimates and do not include sales tax. Student lockers may also be available for rental on a yearly basis. The fee for locker rental is $36.00 for a standard locker and $72.00 for a large locker.

Books, Kits, Supplies and Other Costs

The MTI's School Bookstore carries all required books, kits, learning materials and supplies. Students may purchase required books, kits, learning materials and supplies elsewhere if they wish. Students should expect to pay approximately what is listed below for the Intensive Professional Training in Muscular Therapy program.

Students should be aware that items purchased from the Bookstore are not included in the tuition and fees. This is a separate account and is not included on the Enrollment Agreement.

Bookstore Costs	First Year	Second Year
Books (approx.)	$200.00	$100.00
Massage Table	499.00	
Maniken	207.00	
STC Uniform	20.00	
Oil & Supply (for home use)	25.00	20.00
Locker Rental	36.00	18.00
Total Bookstore Costs	$987.00	$138.00

Tuition Policy

1. A $100.00 Acceptance Fee is required of all first year students upon enrollment.
2. It is the student's responsibility to ensure that all tuition is paid in accordance with the arrangements made with the Financial Aid Director upon signing the Enrollment Agreement. For tuition and financial purposes, a school year is divided into two five month semesters. Eligible students may supplement tuition payments with loans. Students are responsible for tuition payments even if expected supplemental funds do not become available.
3. Students applying for loans should submit, 15 days prior to the commencement of classes, all applications and required documentation (Financial Aid forms, Statement of Educational Purpose, High School Transcript or its equivalent, etc.) to the Financial Aid Office to determine eligibility. If a student is accepted for enrollment less than 15 days before classes begin the applications should be submitted no later than the end of the first week of the new school year.
4. Students may pay tuition on a monthly installment plan through the Tuition Financing Corporation (TFC). The minimum allowable financed amount is $500.00 up to a maximum of $10,000.00 per year. The interest rate is 9.8% (simple interest). The maximum repayment period available is 24 months.

Example:

Amount Financed	Period of Loan	Monthly Payment	Interest Paid	Total Payment
$2,000.00	9 months	$231.39	$82.51	$2,082.51
$2,000.00	12 months	$175.64	$107.68	$2,107.68

5. Students may make payments directly to the school using one of 3 methods:
   a) Payment in cash.
   b) Payment by check or money order.
   c) Payment by credit card.

Default and Late Policy

1. Students who fail to remit the tuition payments and/or do not submit loan applications by the stipulated dates will be considered in default of payment. Interest of 1.5% per month (18% per year) will be charged on tuition payments that are over 30 days late. Students in default of 45 or more days will not be allowed to attend any classes or seminars offered by MTI until tuition is received. If a student is absent for more than 30 consecutive days he/she will no longer meet eligible student status and consequently will not be eligible for further financial aid disbursements. Furthermore, such students will have to begin repayment of any outstanding FFEL loans according to the loan repayment guidelines.
2. Students with a tuition balance at the time of graduation will be considered as not completing the graduation requirements and will not receive their diploma or any documentation from the school describing their completion of graduation requirements.

Financial Aid

Financial Aid Assistance

All students who are interested in financial assistance are encouraged to contact the Institute to request assistance as soon as possible after acceptance into the program. To complete the applications for aid a student may need to submit a copy of his/her and/or parents' federal income tax returns, copies of current income, asset and debt information and any additional information required to complete the appropriate application(s). Further information requested will be based on the student's individual situation.

There are many parameters which determine eligibility for receiving funds from different financial assistance sources. They may include marital status, housing, dependents, disabilities, assets, debts or other personal circumstances. These may all have some bearing on eligibility and how much money may be awarded. Students may be eligible for loans which may cover a portion of the tuition and school expenses. The Financial Aid Director at MTI can help students apply for assistance.

MTI is eligible to participate in the following Federal Financial Aid programs: Subsidized Stafford Loans, Unsubsidized Stafford Loans, and Federal Parent Plus Loans. Private bank loans are also available for eligible students.

MTI is approved for training under the Mass. Rehabilitation Commission, and is approved for Educational Assistance for Veterans under Chapter 30 Title 38 U.S. Code.

Subsidized Stafford Loans are for individuals whose financial situation indicates funding is necessary to cover educational expenses. Eligibility is based on need. The Subsidized Stafford loan has a variable interest rate, but will not exceed 9%. The federal government pays the interest on the loan while in attendance at least half–time. Repayment begins six months after last day of attendance or once the student falls below half–time status. Students may be eligible to borrow up to $2625.00 per academic year. If a student attends only a portion of an academic year, this amount will be pro-rated according to the total number of credits the student is scheduled to take.

Unsubsidized Stafford Loans are for individuals who need additional monies to help pay tuition expenses. The borrower does not have to have a financial need to receive this loan, but must be in attendance at least half–time. The student is responsible for the interest payments on loan while in school. Interest is variable, but will not exceed 9%. Repayment begins six months after the last day of attendance or once the student falls below half–time status. Students may be eligible to borrow up to $4000 for an academic year unless ineligible for the Stafford Loan, then the limit may be higher. Pro-ration of this loan also applies according to the numbers of credits a student attempts in an academic year.

Parent Plus Loans are available to parents of a dependent student that is enrolled at least half–time, and has a good credit history. The loan limit is cost of education. It carries a variable interest, but not to exceed 9%.

A Private Loan is available through special arrangements with a Vermont lender. This loan program is available to MTI students only, is based on good credit ratings and sufficient income. Students may borrow from $1,000 to $8,000 per year to help with tuition/expenses. A monthly payment is required while in school. Arrangements can be made to make interest only payments while attending MTI. The borrower can have up to seven years to repay the loan. This loan carries a fixed interest rate.

The school also offers student financing through the TFC Corporation. This financing establishes monthly payments for the student while in school. The financing through TFC carries a fixed interest rate.

Massachusetts Rehabilitation Commission is available to qualified individuals that may have a disability or are unemployed or require help to receive training or re–training in an employable field. Financial assistance is provided to those who qualify. Anyone interested in obtaining additional information must contact their local Massachusetts Rehabilitation office.

Veteran Benefits may be used for training at MTI. Students must apply for these benefits prior to admission and must submit the application to the certifying official at the school.

Career Planning and Placement

MTI offers placement assistance to graduates, however, it does not guarantee job placement. Since private practice is the career goal for many students, the MTI curriculum includes courses designed to teach students how to develop a small business as well as how to conduct themselves as professional muscular therapists. For those who prefer to align themselves with established businesses, the Placement Office offers informational, resource and networking assistance and coordinates with the Alumni Association in its efforts to give ongoing support to graduates.

Institute Policies

Student Records

The Muscular Therapy Institute intends to comply fully with the Family Educational Rights and Privacy Act of 1974, as amended, in honoring the student's right to inspect and review his or her academic records, and in providing a statement of the procedure he or she must follow to exercise this right. To inspect and review their records, MTI students or graduates must make an appointment with the Registrar.

No information concerning registered MTI students, except that which is defined below as directory information, will be released without the student's prior written consent. The Muscular Therapy Institute defines the following student information as directory information: name, dates of attendance, enrollment status, and date of graduation. MTI students have the right to withhold the disclosure of any or all of this information by submitting a written request to the Registrar. The student's request will be honored from the date of receipt through the end of the academic year.

Satisfactory Academic Progress Policy

Policy Statement

Students enrolled in the Muscular Therapy Institute Intensive Professional Training Program must make satisfactory academic progress (hereafter referred to as SAP) toward the completion of requirements for obtaining a graduation certificate. Following guidelines issued by the U.S. Department of Education, two measures are used to determine SAP. One is the student's academic record (qualitative progress) and the other is successful completion of a specified amount of curriculum within a certain amount of time (quantitative progress). Students must satisfy both measures in order to make SAP.

Qualitative Progress

The academic year consists of two semesters each comprised of 19 weeks of classes. The students must have completed a minimum of two-thirds of the credits attempted at the end of each academic semester.

Quantitative Progress

A 15 month program has a maximum time frame of 22 1/2 months.

A 20 month program has a maximum time frame of 30 months.

15 Month Program:

A STUDENT MUST HAVE ATTEMPTED:

	1st Semester	2nd Semester	3rd Semester
This many credits:	17.8	35.26	51.9
And completed this many credits:	11.87	23.5	34.6
And earned this cumulative grade point average (GPA):	1.5	1.8	2.0

11.87 of the 17.8 credits should be completed at the conclusion of the first semester. If the student has not completed 11.87 credits at the conclusion of the first semester then the student is given a warning notice that he/she must now complete 23.5 credits and maintain a GPA of 1.8 at the completion of his/her current second semester. When a student is issued a warning notice the student is considered to be on Probation.

Any student who will not complete 23.5 credits at the completion of the second semester is given a suspension notice for federal financial aid and remains on Probation.

20 Month Program:

A STUDENT MUST HAVE ATTEMPTED:

	1st Semester	2nd Semester	3rd Semester	4th Semester
This many credits	13.53 51.9	26.9	38.83	
And completed this many credits	9.02	17.93	25.89	34.6
And earned this cumulative grade point average (GPA)	1.5	1.8	2.0	2.0

9.02 of 13.53 credits should be completed at the conclusion of the first semester. If the student has not completed 9.02 credits at the conclusion of the first semester then the student is given a warning notice that he/she must now complete 17.93 credits and maintain a GPA of 1.8 at the completion of his/her current second semester. When a student is issued a warning notice, the student is considered to be on Probation. Any student who will not complete 17.93 credits at the completion of the second semester is given a suspension notice for federal financial aid and remains on Probation.

Likewise, any student who has achieved 9.02 credits for the first semester, but has not completed 17.93 credits at the conclusion of the 2nd semester is given a notice that he/she must now complete 25.89 credits and maintain a GPA of 2.0 at the completion of his/her current third semester. If any student who will not complete 25.89 credits at the completion of the third semester, is given a suspension notice for federal financial aid.

Course Withdrawals

If a student withdraws from a course prior to completing it, the course will be considered "credits attempted" even though no credit will be issued for the course. The "credits attempted" will be included in the qualitative and quantitative measurement for Satisfactory Academic Progress.

If a student repeats a course, either because of previously withdrawing from a course or failing a course, the course will be deemed as a first enrollment. A grade from a prior attempt will not be averaged into the grade for the new enrollment period of the course. The previous attempt has already been accounted for in a prior semester and has been included in the Satisfactory Academic Progress measurement for that semester. When a course is repeated in a subsequent semester the "attempted credits" will be included in the work load for that semester and calculated along with the other credits carried by the student for the semester to determine Satisfactory Academic Progress. Students who repeat courses can not receive additional financial aid for a repeated course.

Probation

All students who are placed on probation with a warning notice will be notified. The appropriate documentation will be filed in their academic folder.

Any student who has failed to achieve the appropriate grade point average or completed the minimum number of credits will be placed on probation for the subsequent semester. Therefore, at the completion of the semester in which the student has not achieved the minimum required credits, the student will be sent a warning notice. The student is warned that he/she must complete the minimum credits and earn a minimum grade point average at the conclusion of the next semester. Financial aid eligibility will continue during this initial probationary period.

A student who received a warning notice for a semester and subsequently does not achieve the minimum credits at the completion of the next semester is sent a suspension notice advising him/her that he/she will not receive aid for any semesters beyond this and that he/she may be eligible for dismissal.

Suspension

If a student progresses in the program during an initial probation period and does not achieve the minimum cumulative credits and grade point average at the end of the initial probationary semester, the student will be suspended from participation in the federal financial aid programs. The student may also be terminated from school for lack of academic performance.

If a student is not terminated, he/she must achieve the minimum cumulative credits and grade point average for the subsequent semester within the allowable time frame of 150%. Students remain suspended from participation in the federal financial aid programs while they are in this status. Aid will only be restored when the minimum academic progress described in the above charts is achieved within the prescribed time frame. Financial Aid will only be restored for subsequent semesters. Aid will not be disbursed retroactively for the semester in which the student was suspended.

Appeal Procedures For Regaining Eligibility

If a student has been denied financial aid or if financial aid dollars have been adjusted or suspended because of unsatisfactory progress, the student may appeal. The written appeal must be made to the Academic Policies Committee (APC). The student must appeal in writing within one week of being notified documenting any mitigating circumstances that may have affected the student's ability to succeed. The appeal will be considered by the APC with the Dean of Students and a decision rendered within two weeks of the appeal. The APC' decision is final. If the APC rules in the student's favor, SAP will be reinstated. If the student is participating in Title IV programs, his/her eligibility will continue uninterrupted.

Additional Elements

Students who withdraw from school will have their SAP data recorded in their files to date. If the student applies and is accepted for continued enrollment, the SAP data will be reinstated. A student may withdraw and reenter in this way only once unless special circumstances exists.

Appeal of Academic Probation/Suspension

When a determination has been made that a student has not maintained SAP and the student is placed on academic probation or suspension, the student may appeal the decision to the Academic Policies Committee (APC). The student must appeal in writing within one week of being notified documenting any mitigating circumstances that may have affected the student's ability to succeed. The appeal will be considered by the APC with the Dean of Students and a decision rendered within two weeks of the appeal. The APC's decision is final. If the APC rules in the student's favor, SAP will be reinstated. If the student is participating in Title IV programs his/her eligibility will continue uninterrupted.

Special Circumstances

In the event of special circumstances such as a student's injury/illness, death of a student's relative, etc., the SAP requirements may be waived. Such cases will be decided on an individual case by case basis by the Academic Policies Committee.

Student Attendance

Each student is expected to attend school regularly. A daily record of each student's attendance is maintained in the school Registrar's office.

The school understands that there will be occasions when illness or other personal matters will prevent the student from attending scheduled classes. The student is, however, responsible for all missed work and assignments. At the beginning of each course the course instructor will issue a course syllabus which describes the requirements for the course. Individual instructors set the amount of class attendance necessary for successful completion of the course. In no way may a student attend less than 80% of any course. Some instructors may require a higher standard. If the student does not maintain adequate attendance s/he may fail the course and be required to retake the course in its entirety. A student must pass all courses in order to graduate.

If a student misses all classes for a period of 20 consecutive calendar days the Registrar will notify the Class Advisor. If the student does not return to classes by the 30th consecutive day, the student will automatically be withdrawn from school at that time. Students may re-enter per the school's policy (See page 30).

Tardiness

Each student is expected to be in class at the time the class is scheduled to start. A student entering after classes begin will be marked "Tardy" if the student arrives within the first 20 minutes of class. If the student is not present in class or arrives 21 minutes or later after class has begun, the student will be marked absent.

When a student is marked "Tardy" four times it will be equivalent to one class absence. Classes are scheduled in 3 hour blocks.

Make up Work Policy

The particular make up policy for each course is defined by the individual instructor. If a student misses a class, s/he must contact the instructor of the course and agree on a plan to make up the work according to the make up policy of the course.

Incomplete

A primary teacher may determine that it is necessary to issue a grade of I (Incomplete) because the student has not completed the required course work due to extenuating circumstances. The student is responsible for completing all incomplete course work within 30 days of the end of the semester. If the student fails to complete the work within 30 days, the grade will automatically be changed to F. Incomplete grades are included in the calculations of the G.P.A. and may affect the student's SAP standing.

Leave of Absence

A student may request a leave of absence for personal reasons. Such requests will be evaluated on an individual basis by the Dean of Students. Factors considered in evaluating the request for a leave of absence include the student's pattern of responsibility, attendance record, grades, and the ability to make up the missed course work and other requirements upon return. If the request is granted, a student may take a leave of up to 60 days and still be eligible to rejoin the class. Leaves of absence are not included in the calculation of the total absentee rate.

If you are required to take a leave of absence for any reason the school will treat your enrollment as terminated from the last date of attendance. You may rejoin your class within the 60 day time frame allowed for the leave of absence. When you return to classes MTI will change your status to be an active student. If you are participating in financial aid programs, your aid will stop at the date of your last class attendance and you may be required to reapply for further aid upon your return to class.

Withdrawal

A student considering withdrawing from MTI must speak to her/his class advisor. The class advisor or the Dean of Students will inform the student about options to

return to MTI in the future, as well as guide the student through the withdrawal process which includes a financial exit interview.

Students who withdraw will receive grades and credit only for those semesters which have been completed.

Return to MTI After Withdrawal

A student who wishes to reenter after withdrawing from MTI must contact the Dean of Students. In order for a student to receive permission to return, the student must have financial clearance and must resume classes at the beginning of the student's last uncompleted semester.

Student Conduct Policies

Expected Student Behavior

Students are expected to be constructive participants in the program to contribute to creating a positive experience for themselves and for their classmates. If the faculty feels that a student is being disruptive or destructive to the class or to him/herself, (by monopolizing class time, being continually negative, not keeping up with assignments or alienating other students, etc.) the problem will be addressed. Failure to resolve the issue may result in termination.

Cheating

Cheating is a breach of essential trust between students and the school, the teacher and the other students. Cheating in all of its forms, including plagiarism and accepting compensation for massage before completing the necessary requirements, will not be tolerated at the Muscular Therapy Institute and is grounds for dismissal.

Hazing

Hazing is not permitted at the Muscular Therapy Institute. Non–observance of this policy is grounds for expulsion. The provisions of Massachusetts General Laws Chapter 269 Sections 17 and 18 require that all students be informed of an anti–hazing policy and that hazing conduct which willfully or recklessly endangers the physical or mental health of any student or other person is punishable by fine, imprisonment, or both.

Drug and Alcohol Policy

MTI adheres to all requirements of the Drug–Free Schools and Communities Act Amendments of 1989, Public Law 101–226.

The unlawful possession, use, or distribution of illicit drugs by students on MTI property or during MTI related activity is strictly prohibited. Disciplinary action in such cases will be immediate expulsion from school with notification of local law enforcement agencies. Possession, use, intoxication, or being under the influence of alcohol in any way while on MTI property or during any MTI related activity is strictly prohibited. Disciplinary action for the first offense for a student is immediate placement on probation for the remainder of the student's enrollment at MTI and a student faculty conference to assess the problem and determine if further action is required. The student will also be referred to the Dean of Students to determine if referral for professional substance abuse treatment is warranted. A second offense will result in immediate expulsion from MTI.

In addition, MTI has developed a manual entitled "Drug Policy and Procedures" which is available at the school in the student lounge and in various administrative offices. This manual lists a number of programs for individuals with drug abuse problems that are available in the Boston/Cambridge area. Students are encouraged to refer to this manual for assistance or speak to the Dean of Students.

Campus Crime and Security Act

MTI publishes an annual report regarding any crimes that may have occurred on campus over the last 36 months. A summary of the report is available to all prospective students from the Admissions office and the full report may be obtained from the Director upon request.

MTI disseminates this information to all current students and staff on an annual basis. The school also offers a program in rape awareness and personal safety, which is open to all members of the school community.

Non–Academic Probation and Termination

In addition to unsatisfactory academic progress (see Satisfactory Academic Progress policy), the Institute may also place a student on probation or terminate a student's enrollment for other reasons including: incompatibility with the program, excessive absences, cheating, plagiarism, violating safety regulations, interfering with other students' work, irresponsibility, unprofessional conduct, being vulgar or obscene, being under the influence of alcohol or drugs, failing to make timely tuition payments. Also, the practice of hazing is prohibited by the Commonwealth of Massachusetts and is grounds for immediate termination.

The decision to place a student on non–academic probation will be made by the Dean of Students. If a student is placed on non–academic probation, a faculty/student conference will be held where a plan will be developed with a time line for completion. When a student fulfills the requirements of the plan, the Dean of Students will notify the student in writing that s/he is no longer on probation and regular status has been attained. Failure to complete the plan may result in termination.

The final decision to terminate a student's enrollment for non–academic reasons will be made by the Education Director and the Dean of Students. A student's

enrollment may be terminated without a probationary period. If a student wishes to appeal a termination decision, s/he must write to the Director of the School.

Federal financial aid is not affected if a student is on non–academic probation.

Student Input and Support

Core Administrator and Community Forums

Each class will have a designated administrator who is the core administrator for the class.

The role of the core administrator is to:

1. Assist students who have an administrative question or concern and are unsure how to proceed.
2. Develop a sense of the general issues, experiences and concerns of their assigned classes. Use this understanding to assist with problem resolution and to identify needed administrative policies, procedures and changes.

Course Evaluation Forms

Periodically students will be asked to complete an evaluation form on each class. These forms provide the teachers with ongoing feedback on their classes and give them indications of what materials, techniques or exercises were most or least helpful to the students.

Personal Problems

If a student is having difficulties that interfere with participation in the school, the student should bring these problems to the attention of the Class Advisor. Assignments and faculty expectations of students may temporarily be modified in special circumstances.

Interpersonal Problems

Student interpersonal problems sometimes arise within a school. If this happens, an attempt should be made to resolve it, or discuss it with the Class Advisor. If a student feels that it would be helpful, the Class Advisor is available to mediate conflicts.

Complaint Procedure

MTI is committed to open, on–going feedback between students and staff/faculty members. Students are encouraged and expected to discuss any concerns with the individuals involved.

If a student has a problem or complaint and is unable to address the issue directly to the responsible staff/faculty person, s/he should talk with the Class Advisor who will assist the student in resolving the problem, including facilitating a meeting between student and staff/faculty member(s) if needed.

If the student's complaint is with the Class Advisor and s/he is unable to meet with the Class Advisor, the student should meet with the Education Director for assistance in resolving the problem.

If the above steps do not lead to satisfactory resolution of the problem, the student may initiate a formal complaint. The steps of this complaint process are as follows

1. The student writes a letter containing the following information:
   a. the nature of the problem,
   b. the approximate date(s) that the problem occurred,
   c. the name(s) of the individual(s),
   d. important factual information,
   e. dates of meetings with Class Advisor and/or staff/faculty member(s),
   f. outcome of meetings(s).
2. This letter of complaint should be submitted to the Director of the School.
3. Within ten days the Director of the School will investigate the complaint and work to resolve it with the student.
4. If this process is unsatisfactory to the student, the student has the option of registering a complaint with the Accrediting Council for Continuing Education & Training (ACCET). The procedure for registering such a complaint is posted in the Student Lounge.

Study Groups

Students are encouraged to form study groups. These groups provide ongoing support and help students acquire better study habits. At the end of each meeting, students decide what subjects they will cover at their next meeting. This provides a structure for studying in–between group meetings. Study groups are optional and are formed at the initiative of the students.

Tutoring

There is a list posted in the Student Lounge of tutors available for extra help in the science courses. Tutor's fees are also listed.

Student Practitioner Self–Care

Because Muscular Therapy is a physically demanding profession, the curriculum of the school emphasizes proper self–care and body alignment. By establishing safe practice habits, good self–care techniques, and increased body awareness, student practitioners build the foundation to best handle the physical demands of the work.

Beginning a Practice

As students begin to develop their business they must establish themselves in the community in which they plan to practice.

Licenses

In the Commonwealth of Massachusetts each town or city is responsible for issuing licenses for individuals wishing to practice massage therapy professionally. The laws and rules regulating who may obtain a license as well as certain practice restrictions are determined by the health department of each town or city. Therefore, students should investigate the regulations of the location where they wish to practice professionally before making plans to work there.

Licensing requirements may also affect when a student can begin to charge fees for his/her work. Although MTI's policies allow students to accept money for massage before they graduate (detailed below), some towns/cities will not grant massage licenses until students have graduated.

Charging Fees

The field of professional massage therapy is an emerging one. It is essential that individuals hold themselves to certain standards in order to protect and enhance the overall quality of the profession. Students at MTI receive training in a multitude of issues surrounding the charging of fees, including amount, collections, professional boundaries, and marketing.

In order to ensure the best possible experience for students entering the professional ranks, it is MTI's policy that before a student can begin to charge for his/her work s/he must meet the following criteria:

1. Must have successfully completed 35 credits and either 2 academic semesters in the 3 semester format or 3 academic semesters in the 4 semester format.
2. Must have received a passing grade for all completed modules.
3. Must have no current academic warnings on record. Under no circumstances is a student to accept fees, tips, or exchanged services for any massages or practice massages until all of these criteria are met.

Students will be asked to sign an acknowledgment of and an agreement with this policy. Violation of this policy is grounds for dismissal from school.

Malpractice Insurance

Students at the Institute are required to purchase malpractice insurance through the school unless they already have an independent policy. Insurance purchased through the school is inexpensive — $20.00 per year, and provides coverage should a client be accidentally injured as a result of a practice treatment.

Bookstore and Supply Services

Video Library

MTI has an extensive collection of reference tapes available to students. These tapes include many of the technique lessons as well as various classes.

Books and Supplies

Books and supplies can be purchased through the MTI Bookstore, but may also be purchased at other retail centers or directly through the publisher/manufacturer. MTI maintains a bookstore for the convenience of the students but does not require students to purchase their items from this source.

Students will be provided with a list of necessary books and learning materials at Orientation and at the beginning of new courses. Items that are for sale are listed on a printout and are on display on the ground floor outside the Student Therapy Center.

Payment for books and supplies ordered through the Bookstore is due upon receipt of the items ordered. Once items are purchased MTI does not accept returns and does not issue refunds. Payments may be made in cash, by check made payable to "MTI Bookstore", or by credit card.

RECEIVED BY
OFFICE OF CITY CLERK
1995 AUG 30 AM 9:31
CAMBRIDGE MA.

CITY OF CAMBRIDGE

Office of the City Solicitor
795 Massachusetts Avenue
Cambridge, Massachusetts 02139
Tel. (617) 349-4121
Fax. (617) 349-4134

Russell B. Higley
City Solicitor

Donald A. Drisdell
Deputy City Solicitor

Michael C. Costello
Assistant City Solicitor

Legal Counsel

Birge Albright
Gail S. Gabriel
Arthur J. Goldberg
Linda A. Stamper
Deborah R. Cautela
Nancy E. Glowa

August 29, 1995

D. Margaret Drury
City Clerk

Re: Massage Therapists - Repeal Chapter 5.40 of the Code and Amend Zoning Ordinance

Dear Ms. Drury:

After sending you the massage ordinance with amendments suggested by the Ordinance Committee on August 8, I received for the first time the enclosed Planning Board recommendations of May 2.

I now enclose another massage ordinance which incorporates these recommendations.

Very truly yours,

Birge Albright

Birge Albright

cc: Robert W. Healy
Dr. Melvin Chalfen
Commissioner Robert Bersani

RECEIVED BY
OFFICE OF CITY CLERK
1995 AUG 23 AM 10:01
CAMBRIDGE MA.

CITY OF CAMBRIDGE

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795 Massachusetts Avenue
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Linda A. Stamper
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Nancy E. Glowa

August 22, 1995

D. Margaret Drury
City Clerk
City Hall
795 Massachusetts Avenue
Cambridge, MA 02139

Re: Massage Therapists - Repeal Chapter 5.40 of the Code and Amend Zoning Ordinance

Dear Ms. Drury:

I enclose an Ordinance which does two things:

1. Repeal Code Chapter 5.40 (Massage Establishments)

2. Make appropriate amendments to the Zoning Ordinance to recognize the new status of massage therapists.

This is the same Ordinance which we submitted to the City Manger on March 1 and he submitted to the Council on March 6. I have added an amendment to Article 4.21(d) of the Zoning Ordinance based on the discussion in the Ordinance Committee on August 8. This amendment recognizes that massage therapists will be considered as a customary home occupation.

Very truly yours,

Birge Albright

Birge Albright

BA/jb
Enclosure

cc: Robert W. Healy
Dr. Melvin H. Chalfen
Commissioner Robert Bersani

CITY OF CAMBRIDGE, MASSACHUSETTS

PLANNING BOARD

CITY HALL ANNEX, 57 INMAN STREET, CAMBRIDGE 02139

May 2, 1995

To the Honorable the City Council:

Subject: City council Petition to Amend the Zoning Ordinance as It Relates to Massage Establishments

Recommendation. **The Planning Board recommends adoption of the petition with some minor, generally technical changes. A modified text accompanies this recommendation**

Findings. The existing Section 11.90 - Massage Service Establishments has had the inadvertent effect of making very difficult, if not impossible, the provision of legitimate massage therapy services to residents of Cambridge in a variety of customary venues. The proposed zoning amendment, in combination with other changes to City ordinances and adoption of extensive regulations by the Department Health and Hospitals, will introduce the flexibility needed, in combination with appropriate safeguards, to permit those services to be provided throughout the City in commercial districts without encouraging the activities Section 11.90 was intended to discourage. It is of course important that the zoning ordinance changes occur simultaneously with the changes to other ordinances and with the adoption of appropriate regulations

The Planning Board would recommend the substitution of the phrase "including properly licensed massage therapists" for the phrase contained in the proposed amendment "includes massage therapists licensed by the Commissioner of Health and Hospitals". That change would recognize other licensing procedures, as through the Commonwealth of Massachusetts, that may be adopted in the future.

Two other changes, very technical in nature, would simply delete any reference to renumbering subsequent lines or sections in the Zoning Ordinance. Such renumbering has a ripple affect throughout the Ordinance, introducing the possibility of error, and making more difficult the enforcement of special permits and variances that may make reference to renumbered sections.

Respectfully submitted for the Planning Board,

Paul Dietrich (RM)

Paul Dietrich, Chairman

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before 10:00 in the forenoon on October 4, 1995.

In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, the eighth day of September in the year of our Lord one thousand nine hundred and ninety-five.

Donna M. Lambert
Register of Probate

(C)Sept.14
#10147867

MASSACHUSETTS
OFFICE OF THE CITY CLERK

Notice is hereby given that in accordance with the provisions of Chapter 40A, Section 5 of the General Laws, Tercentenary Edition and amendments thereto, that the Committee on Ordinances, comprised of the entire membership of the City Council, will hold a public hearing on Wednesday, October 4, 1995 at 5:00 P.M. in the Sullivan Chamber, City Hall, Cambridge, Massachusetts on a petition to amend the Zoning Ordinances of the City of Cambridge as follows:

In Article 2.000, the definition of "massage establishment" is hereby deleted.

In Article 4.34b, add at the end of the phrase: "(includes massage therapists licensed by the Commissioner of Health and Hospitals)".

In Article 4.35, delete line p. "Massage Establishment," and redesignate "Art/Craft Studio" and "Bakery, Retail" as "p" and "q" respectively.

In Article 4.40, p. 4-20, delete footnote #49 and renumber the subsequent footnotes.

In Article 11.000, delete sections 11.90 through 11.93.

The proposal would also repeal Chapter 5.40 of the Cambridge Municipal Code entitled "Massage Establishments".

Copies of this petition are on file in the Office of the City Clerk, City Hall, Cambridge, Massachusetts.

All persons interested in this matter may appear at this time and be heard.

For the Committee,
Vice Mayor Sheila T. Russell
Chair

(C)Sept.14,21
#10147865

CITY OF CAMBRIDGE
NOTICE OF PUBLIC HEARING

The Cambridge City Council will conduct a public meeting on Monday, September 25, 1995 at 7:00 P.M. in the Sullivan Chamber, City Hall, Second Floor, Cambridge on

PROPERTY TAX RATE CLASSIFICATION

Under the laws of the Commonwealth the

AVAILABLE FROM 8:00 AM TO 4:00 PM MONDAY THROUGH FRIDAY, AT THE PURCHASING OFFICE, 159 THORNDIKE STREET, CAMBRIDGE, MA 02141 BEGINNING SEPTEMBER 6, 1995 UPON PAYMENT OF A NONREFUNDABLE FEE OF $25.00 FOR EACH SET IN THE FORM OF A CHECK MADE PAYABLE TO CAMBRIDGE PUBLIC SCHOOLS. FOR THE MAILING OF THE PLANS AND SPECIFICATIONS, THE BIDDER MUST PREPAY A MAILING AND HANDLING FEE OF $5.00. NO PARTIAL SETS WILL BE DISTRIBUTED.

THE CONTRACT DOCUMENTS MAY BE EXAMINED AT THE PURCHASING OFFICE, 159 THORNDIKE STREET, CAMBRIDGE, MA 02141 OR AT THE PLAN ROOM OF DODGE REPORTS, 800 BOYLSTON STREET, SUITE 320, BOSTON, MASSACHUSETTS 02199.

SEALED GENERAL BIDS WILL BE RECEIVED AT THE PURCHASING DEPARTMENT, 159 THORNDIKE STREET, CAMBRIDGE, MA 02141, UNTIL OCTOBER 10, 1995 AT 10:00 AM AT WHICH TIME ALL GENERAL BIDS WILL BE PUBLICLY OPENED AND READ ALOUD.

ALL GENERAL BIDS SHALL BE ACCOMPANIED BY A BID DEPOSIT IN THE FORM OF A CERTIFIED, CASHIER'S OR TREASURER'S CHECK (NO CASH) ISSUED BY A RESPONSIBLE BANK OR TRUST COMPANY MADE PAYABLE TO THE CAMBRIDGE PUBLIC SCHOOLS OR A BID BOND, IN AN AMOUNT NOT LESS THAN FIVE PERCENT (5%) OF THE VALUE OF THE BID.

THE SUCCESSFUL GENERAL BIDDER WILL BE REQUIRED TO FURNISH A PERFORMANCE BOND AND A LABOR AND MATERIAL (PAYMENT) BOND, EACH IN THE AMOUNT OF ONE HUNDRED PERCENT (100%) OF THE CONTRACT SUM. BONDS SHALL BE OBTAINED FROM A SURETY LICENSED TO DO BUSINESS IN THE COMMONWEALTH OF MASSACHUSETTS, AND THE FORM SHALL BE SATISFACTORY TO THE CITY OF CAMBRIDGE.

THE CAMBRIDGE PUBLIC SCHOOLS RESERVES THE RIGHT TO REJECT ANY OR ALL GENERAL BIDS IF IT IS IN THE PUBLIC INTEREST TO DO SO. NO LESS THAN THE MINIMUM WAGE RATES AS SET FORTH IN THE SCHEDULE CONTAINED IN THE CONTRACT DOCUMENTS MUST BE PAID ON THIS PROJECT.

ATTENTION IS CALLED TO THE FOLLOWING PROGRAMS AND ORDINANCES OF THE CITY OF CAMBRIDGE:

1. SUPPLEMENTAL EQUAL EMPLOYMENT OPPORTUNITY ANTI-DISCRIMINATION AND AFFIRMATIVE ACTION PROGRAM;
2. MINORITY BUSINESS ENTERPRISE PROGRAM;
3. CAMBRIDGE EMPLOYMENT PLAN; MINORITY/WOMEN/RESIDENT HIRING ORDINANCE.

COPIES OF THE ABOVE ARE BOUND IN THE BID DOCUMENTS AND ARE FULLY INTEGRAL PORTIONS OF THE CONDITIONS OF THE CONTRACT WITH WHICH EACH CONTRACTOR AND SUB-CONTRACTOR MUST COMPLY.

A MANDATORY PRE-BID CONFERENCE FOR ALL BIDDERS WILL BE HELD AS FOLLOWS:

DATE: MONDAY, SEPTEMBER 25, 1995
TIME: 10:00 A.M.
PLACE: FLETCHER SCHOOL
89 ELM STREET
CAMBRIDGE, MA 02139

JAMES M. CONRY
EXECUTIVE DIRECTOR OF
MANAGEMENT SERVICES

(C)Sept.14
#10147860

sachusetts.

All persons interested in this matter may appear at this time and be heard.

For the Committee,
Vice Mayor Sheila T. Russell
Chair

(C)Sept.14,21
#10147866

In the Year One Thousand,
Nine Hundred Ninety-Five
AN ORDINANCE

In amendment to the "Municipal Code of the City of Cambridge".

Be it ordained by the City Council of the City of Cambridge as follows:

That Chapter 5.40 of the "Municipal Code of the City of Cambridge" entitled "Massage Establishments" be and hereby is repealed.

Passed to a second reading at the City Council meeting held on September 11, 1995 and on or after September 25, 1995 the question comes on passing to be ordained.

ATTEST: D. Margaret Drury,
Clerk

(C)Sept.14
#10147862

City of Cambridge
Notice of a Public Meeting

Notice is hereby given, pursuant to the Wetlands Protection Act, M.G.L. ch. 131, sec. 40, that the Cambridge Conservation Commission will hold a public meeting on Monday, September 25, 1995 at 7:30 p.m. in the Third Floor Conference Room, City Hall Annex, 57 Inman Street.

The hearing will **consider a Request for Determination of Applicability filed by the Massachusetts Water Resources Authority to perform soil borings in preparation for the rehabilitation of a water main along Memorial Drive, between Western Avenue and Pleasant Street.**

Copies of the applicant's Request for Determination of Applicability may be viewed at the Conservation Commission's office, 57 Inman Street, second floor, 349-4680.

(C)Sept.14
#10147857

NOTICE
CITY OF CAMBRIDGE
BOARD OF ASSESSORS

The Cambridge Assessing Department has received preliminary certification from the Massachusetts Department of Revenue of proposed values on taxable real estate and personal property for Fiscal Year 1996. These values will be available for inspection beginning Thursday at the Assessing Department offices in City Hall and will also be available at the Cambridge Public Library, 449 Broadway, and at all branch libraries.

Assessors are required by Massachusetts law to value all real and personal property within their community at full and fair cash value. Every three years Assessors must submit these values to the State Department of Revenue for certification. For fiscal year 1996, the new property values reflect full value as of January 1, 1995. The proposed values will be the basis of real estate taxes for the Fiscal Year beginning July, 1995 and ending June 30, 1996.


Massage Institute of New England

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The School

Philosophy and Purpose

The Massage Institute of New England (MINE) provides the highest quality of training and education for professional Massage Therapists. Our program focuses on the integration of body, mind and spirit in the study and practice of massage. Each student is given the maximum opportunity to learn and grow in our rich multi-sensory learning program.

We believe that each student's process of growth during the course of our program is a mirror of the process of change and evolution which they, as therapists, will facilitate in their clients. We seek to help students to integrate this process into relationships with family and friends, and to support them through their experience in the program and beyond into future practice.

We do not see students as empty vessels, but as a respected part of an exciting cycle of learning which involves both students and instructors. Our program provides a sound basis of knowledge, training and experience. Each student is then encouraged to build upon that basis, incorporating individual experience and intuition to develop a personal style of practice.

MINE is devoted to the advancement of the art, science and practice of massage therapy. By providing a quality program, plus the best in continuing education, we are sowing the seeds for an expanding, dynamic massage community.

History

MINE was founded in 1982 by Rosalie Foster in Brighton, Massachusetts. With six students, Rosalie started the school combining her background in physical therapy and orthopedics with the more intuitive and holistic practice of massage. The school achieved approval by the American Massage Therapy Association in 1983, and in 1988 moved to the present location in Cambridge.

High educational standards and community involvement have always been at the center of MINE's principles. Community outreach has included supporting AIDS Hospice programs, donating thousands of hours at the Boston Marathon and other sports events and volunteer work for the American Massage Therapy Association at both the state and national levels.

School Surroundings

MINE's attractive, renovated building is located in a pleasant, multi-cultural area of east Cambridge. The school is easily reached by public transportation: the Lechmere stop of the MBTA Green Line is a short walk, and just in front of the school stops the Harvard/Lechmere bus which connects to the Red Line at Harvard Square. Neighborhood and on-street parking is available.

There are restaurants, stores and shopping plazas in our family-oriented community. Students can walk to the Lagoon at Lechmere Canal Park for outdoor dining in good weather, or enjoy one of the paddle-boats or sight-seeing cruises on the nearby Charles River. Other neighborhood attractions include the 3-level CambridgeSide Galleria Mall, Boston's Museum of Science and the Cambridge Multi-Cultural Arts Center.

Cambridge, home of Harvard and MIT, is an exciting academic and social atmosphere; and Boston, of course, is known world-wide as a center for modern health care non-traditional as well as traditional medicine.

Professional Affiliation

The American Massage Therapy Association (AMTA), established in 1943, is the oldest and largest national organization representing Massage Therapists. Its purpose is to serve the needs of its members and of health care consumers. The Association has grown dramatically in recent years, as has the field of massage therapy. The AMTA provides leadership in areas of concern to the profession such as education, professionalism, legislation and public awareness.

The AMTA Commission on Massage Training Accreditation/Approval (AMTA COMTAA) is instrumental in the design of educational programs. MINE's program has been AMTA COMTAA approved since 1983. MINE students are eligible for Student Membership in the AMTA, and upon graduation are eligible for AMTA Active Membership.

Directors

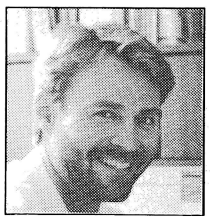
Rosalie Foster



Registered Physical
Therapist Assistant
Registered Massage Therapist
Approved Continuing Education Instructor

Rosalie Foster has been practicing massage in the Boston area since 1977. She is a Licensed Registered Massage Therapist and a Registered Physical Therapist Assistant. Rosalie has been granted the Approved Continuing Education Instructor certificate from the AMTA and is Certified to teach Zero Balancing. She has extensive background in the field of orthopedic and sports physical therapy. She has completed Gestalt Therapy training with the Gestalt Institute of New England.

Henry Corley



Registered Massage Therapist
Sports Massage Therapist

Hank's background is in traditional Massage Therapy and Sports Massage. He is also trained in Myofascial release, CranioSacral and Zero Balancing. His focus is intensity of touch and imagination in bodywork. Hank has served in varying capacities for the AMTA on various MA chapter board positions as well as, Coordinator of the Boston Marathon Sports Massage Team, MA chapter and the National Sport Massage Team. He also serves as the Administrative Director of MINE and teaches regular classes.

Faculty

The instructors at MINE are chosen for their teaching abilities and their clinical expertise, and all are in active practice in massage or other bodywork modalities. This gives students exposure to different aspects of massage practice as well as different approaches to clinical work. Instructors provide personal support and one-on-one contact to students and use a variety of teaching mediums and techniques. As much as possible, instructors create a multi-sensory class experience in order to stimulate different learning styles and abilities.

Open House

Open Houses are our way of getting acquainted with the public, student applicants and their family and friends. These pleasant informational gatherings are scheduled periodically several times a year at no charge, and are about two hours long. The school directors and faculty members are available to meet guests, talk informally, and answer questions.

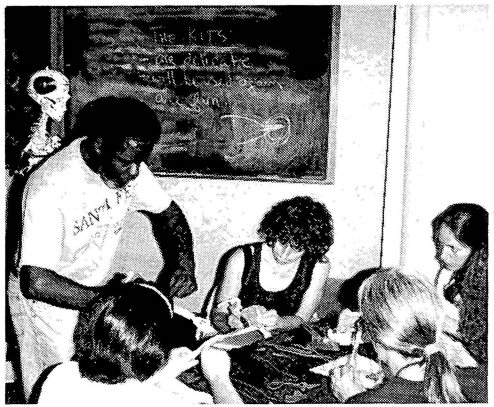
Attendance at an Open House is just one of several ways to get to know a massage school. We also encourage you to visit our student clinic and enroll in the Introduction to Swedish Workshop. By receiving a student massage, you will be able to judge our approach to bodywork and talk on a personal level with our students. The Introduction to Swedish Workshop will introduce you to the classic Swedish style of Massage Therapy we use as a basis for your training. This will offer you an experience of our classroom and teaching style as well as an opportunity to meet other prospective students.

School Calendar

Our core curriculum commences several times every year. New students may be eligible to begin classes during the school year. We offer both day and evening core classes Monday through Friday. Electives, some Anatomy Labs, and Continuing Education courses are scheduled on most weekends throughout the year. Please contact us to request a current schedule.

Schedule of Courses

Our Core Curriculum courses are offered in day and evening:



Core Curriculum

Day Classes:

8:30 p.m. - 4:30 p.m. two days per week for 12 months.
Two days per week are required for the first three months.

Evening Classes:

6:00 p.m. - 8:30, 9:00 or 10:00 p.m. up to four evenings per week.
Most evening students complete the program in about two years.

Part Time Classes:

Students may enroll in this program part-time on a space available basis.
Both day and evening classes are available for part-time students.

Procedure and Requirements

Admission Requirements

Enrollment at MINE is limited so that each student may be given individual attention. We are looking for applicants who have a positive approach to life, and are physically, emotionally and academically qualified to practice massage therapy. Prospective students must be in good health and have a minimum of a high school education or equivalent. MINE does not discriminate against any applicant on the basis of race, color, sex, age, religion, national origin, sexual preference, or non-performance related handicap.

Application Procedures

The application process is a way for us to get to know the applicants and to share information about MINE. Applicants are considering an important decision about their futures and careers, and we want to be available to help with that decision. Open houses, the Introduction to Swedish Massage Workshop and particularly the personal interview, are meant as opportunities for two way communication. At the personal interview a school representative will explain procedures and policies, answer questions and discuss options for payment and scheduling.

Application Procedures

- Complete the application form and submit along with the $50.00 application fee.
- Attend one or more Open Houses.
- Schedule and complete a personal interview with a school representative.
- Attend Introduction to Swedish Massage Workshop. (Persons with prior training in massage may apply for exemption to this requirement.)
- Scheduling one or more appointments in the student clinic is recommended.

Graduation Requirements

Students will earn the award of a certificate of graduation by meeting the following requirements:

- Complete all Core classes and assigned course work with passing grades and have satisfactorily maintained MINE's tough attendance and performance standards.
- Take 100 hours of electives on the weekends.
- Perform the assigned treatments in our Student Clinic and attend the monthly Clinical Practicum meetings.
- Complete an 8-hour approved CPR course.
- Receive eight professional massages.
- Successfully complete the Movement Class.
- Pay all tuition and fees in full and in a timely matter.

Advanced Standing

Credit for previous study in Anatomy, Physiology, Clinical Modalities and Pathology may be granted if the subject matter has been studied in the previous three years. To qualify for advanced standing or credit, students must provide transcripts and successfully complete an examination in each subject.

Tuition

Tuition for the professional certification program is $8500.
Tuition includes Electives and all Lab fees.
Other expenses: Books and massage supplies, an appropriate CPR course, eight professional massage treatments and massage table. (It is necessary for students to have a massage table for practice outside of class.)

Tuition Payment Option

If full payment is not possible, tuition may be paid in monthly installments using these guidelines:

Tuition Payment Plan:

- Prepay at least one fourth of the tuition upon registration. (This includes your refundable deposit.)
- The remainder of tuition, plus interest, to be paid in monthly installments in one to three years.

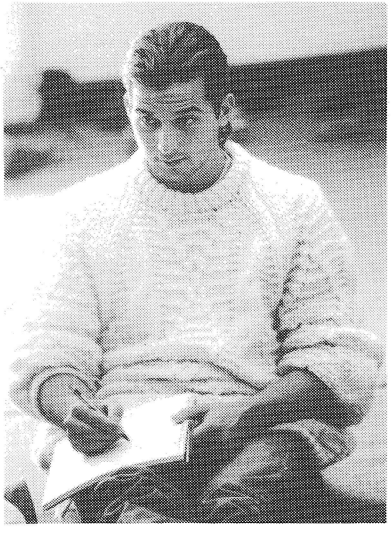
Refund Policy

If a student withdraws within five (5) days after submission of application, and PRIOR to the start of the program, the application fee and ALL tuition is refunded (less $50.00 for administrative costs.) The schedule of refunds for withdrawal AFTER starting the program is available upon request. It is also included in the Student Agreement and conforms to the guidelines set forth by the Commonwealth of Massachusetts, Department of Education.

Our Students

MINE students demonstrate a unique blend of energy, creativity and commitment. They bring to the school a wealth of knowledge and experience in diverse fields. For many, massage therapy is a second or third career, and many of our graduates have extended their training into new and exciting applications of massage therapy.

Full Time Students
Day and Evening



Full Time students find themselves completely absorbed in the training program within the first few weeks! Our unique approach to combining the clinical aspects of Massage Therapy with the esoteric is challenging, thought provoking and rewarding.

The 12-Month Full Time Day student will spend 30 to 35 hours per week on school as they work toward certification. Accordingly Core courses will take up to 14 hours per week; 10 hours per week will be a combination of electives, movement class, clinic sessions, clinic meetings, professional massages and participation in public service events as student massage therapists; the remaining hours will be spent on homework including hands-on assignments.

Full Time Evening students usually take 2 classes per week spending approximately 15 to 20 hours per week on school work. Accordingly, Core courses will take up to 8 hours per week; the remaining time will consist of the same combination of elective and required classes combined with homework assignments. Evening students usually complete the program within 24 to 30 months.

Full Time Students Day and Evening (cont.)

Full Time students have the option of taking up to four evening classes each semester and/or a combination of Day and Evening classes. Each schedule is carefully considered based on your ability, personal schedule, class availability and work load.

Part Time Students

Many of our students have a very busy life schedule which prevents them from attending our certification program on a Full time basis. Part Time registration is on a space available basis as we give priority to Full Time students. We will work with you to individually tailor a program that will assist you in pursuing this exciting career. This option allows a less intense schedule for completing the many requirements for certification.

Non-Certification Students

Persons who wish to take courses without enrolling in a certification program may do so; however, not all classes are available to non-certification students. No certification or credit is awarded for completed courses unless the student enrolls in the certification program. Non-certification student must follow the same MINE procedures for admissions and pay all fees in full.

Student Services

Scheduling

MINE's unique flexible scheduling policy is designed for the convenience of our students, many of whom are making a career change and have other commitments outside of school. Core classes are scheduled Monday through Friday, day and evening, which allows many scheduling options. Every student, whether full or part time, will have the help of the registrar or an advisor to design a personalized class schedule. For incoming students special scheduling needs may be discussed at the admissions interview.

Housing

MINE does not provide housing for students. We are located in a residential community and apartments and room rentals may be available in the immediate area. We advise students to make living arrangements well in advance of the start of classes.

Bookstore

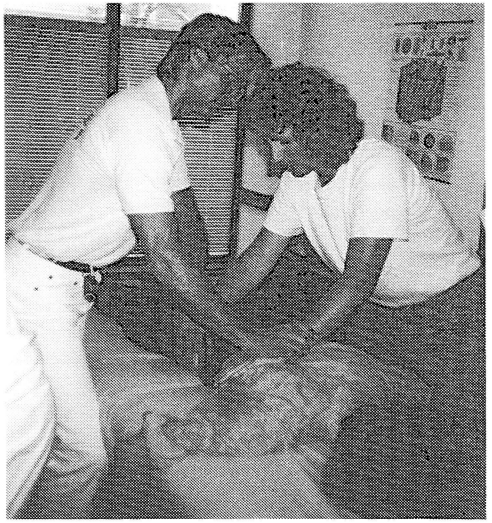
The MINE bookstore stocks a complete supply of all the books and supplies necessary for the program. We also have a good selection of additional books on massage and related subjects, and we will special order books on request. We carry a selection of quality massage oils and supplies, and a full line of massage tables in a range of prices and attractive styles.

Licensing

Prior to applying to MINE, prospective students should check massage licensing requirements for the communities where they plan to practice. Licensing in Massachusetts is currently under the control of Boards of Health or local governing bodies. Policies and standards for licensing may vary from town to town and from state to state. Upon request, MINE will provide information about our certification program to any governing body that licenses massage.

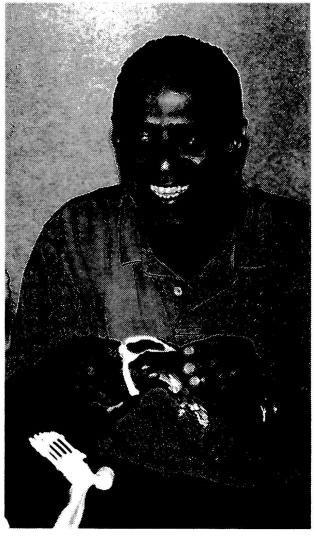
Placement and Employment

MINE does not guarantee placement upon completion of training. We do offer you assistance in seeking employment by helping you to design an appropriate course of action to put you in business. Employers seeking to hire massage therapists frequently contact MINE. We maintain a job file, of past and currently available positions, which is available to any of our graduates. We also train you to be able to set up your own private practice.



Curriculum and Courses

Core Curriculum



Our professional program commences several times a year and consists of 1000+ hours of training. We continually review our curriculum in relation to the highest standards of our growing profession and we may make changes from time to time to improve the program.

Required Courses:

Introduction to Swedish Massage (6) (Admissions Requirement)
Swedish Massage Theory and Technique (96) (1st Semester Course)
Anatomy and Lab (100)
Massage and Movement* (96)
Movement Class* (21)
Physiology (72)
Massage and Awareness* (96)
Business, Marketing and Placement (18)
Clinical Modalities* (18)
Pathology* (48)
Putting It All Together* (32)
Clinical Practicum and Meetings* (14 + 300 clinic hours)
Electives (105)

* These classes have prerequisites.
( ) Indicates instructional hours.

Introduction to Swedish Massage (Admissions Requirement)

The first class you will take at MINE is the Introduction to Swedish Massage. This one-day workshop covers basic Swedish techniques and is open to persons seeking a non-professional course in massage, prospective applicants, and their family and friends. The class introduces basic Swedish techniques, gives a hands-on experience in massage, and exposure to the MINE environment, faculty and teaching methods.

We encourage friends and family of applicants to take this introductory course in order to expose them to massage and enlist their support for our students pursuing the professional program. Many people find it valuable and fun to attend more than once.

Swedish Massage Theory and Technique (First Semester Course)

This course covers the history, current values, and applications of Swedish massage. Students acquire a knowledge of the names, functions and effects of traditional Swedish strokes, as well as indications and contra-indications. Also covered is client evaluation and assessment. Students learn the importance of developing a supportive therapeutic relationship with clients and how to enlist client participation for best results. The major part of class time is devoted to hands-on experience in which students learn basic techniques and are encouraged to develop their own style of practice.

Anatomy

This study of human structure includes the musculo-skeletal system, the bones and their points of attachment, the origin and insertion of muscles, joint articulation, tendons and ligaments. A kinesthetic experience of the study of anatomy is achieved through palpation, movement and mapping of origins and insertions in the body. Students are encouraged to develop their palpation skills and knowledge of anatomical structure.

Anatomy lab

The Maniken® system of building muscles, using clay, on a model skeleton brings the study of anatomy to life and fully supports the lectures. This combined with movement exercises to explore the kinesiology of muscle groups will expand each students understanding of human structure. All lab fees, including the Maniken® student lab kit, are included in tuition.

Massage and Movement

In Massage and Movement students explore the application of movement as a therapeutic modality, learn the stressful effects of movement on the body, as well as the benefits of proper exercise for both client and therapist. Kinesiology is introduced through the application of range-of motion and passive exercise in massage, and by practicing strengthening and stretching exercises in class. Students learn how to avoid stress, injury and therapist burn-out through proper body mechanics and conditioning. They also develop palpation skills and quality of touch and contact as they learn trigger point theory and technique.

Movement Class

Movement class offers an experiential undrstanding of body mechanics. The instructor uses a combination of warm-up exercises, T'ai Chi stances and mechanics of motion concepts developed to support massage therapists in their practices.

Physiology

The study of physiology includes all the systems of the body with emphasis on those most effected by massage: the respiratory, nervous and circulatory systems, tissue structure and cell function. This course leads to an understanding of muscular and cellular activity, and the effects of massage, exercise, stress and other influences on the body.

Massage and Awareness

In Massage and Awareness students have the opportunity to combine what they have learned in the rest of the program into a meaningful whole. Each student will choose and treat one client during the term, reporting the client's progress in class. Students will learn skills for building the relationship between client and therapist, as well as concepts and techniques of working with body energy. Zero Balancing, Aura Balancing and Craniosacral Therapy as well as other forms of subtle bodywork will be presented.

Business, Marketing and Placement

Every massage therapist needs to know the fundamentals of setting up their own business and marketing their practice. This class begins with exploring ethics and professional behavior and continues to define each students vision of their massage practice. Marketing strategies are organized and implemented to help our students have greater success in a competitive marketplace. We help students to approach the professional offices, health spas and sports clubs which offer our graduates professional opportunities.

Clinical Modalities

Massage Therapists work in concert with other health professionals making it necessary to understand the many modalities their clients may be using. This course introduces students to cryotherapy, thermotherapy, hydrotherapy, theory of phototherapy and electrotherapy. This class focuses information from Swedish Theory and Technique and Physiology on hygiene, contraindications and indications for massage therapy.

Pathology

Pathology, common to the practice of massage therapy, is introduced. The focus is skin disease, musculoskeletal and orthopedic disorders and arthritis. There is emphasis on being part of an interdisciplinary team dedicated to the well-being of the client.

Therapeutic Style: Putting It Together

Putting It Together creates an environment where students have the opportunity to further develop their individual approach to bodywork and to identify their particular style of work. Each student will refine their hands-on techniques, transition skills, interpersonal relations and focus on fine tuning their body mechanics to prevent future burn-out and massage professional related injuries.

Clinical Practicum

Clinical Practicum provides students with actual experience treating clients in a clinical setting. In the safe, structured environment of the classroom clinic, students receive maximum support and helpful supervision. Students will refine their skills and use of modalities, design treatment plans, practice intake skills and out-go procedures, keep clinical records and work with other student-therapists in a cooperative clinic environment. Monthly Clinical Practicum meetings are held to support and discuss the clinical experience.

Clinical Practicum also offers interested students the opportunity to develop a working relationship with other health professionals by working in their offices. We also require that all students donate at least 25 hours to public service. This is organized as supervised class trips.

Electives

A wide range of subjects both practical and academic are covered in the elective offering.

- At least 100 elective hours are required for graduation in addition to the core curriculum.
- Up to 105 hours are included in the tuition; extra electives may be taken for an additional fee.
- Some electives have prerequisites.
- The electives we offer are rotated, therefore not all electives are offered every semester.

Elective courses are also offered to graduates and qualified others as continuing education. The registrar makes the current schedule available 3 times per year.

Examples of Electives Offered:
Clinical:

Sports Massage • Shiatsu • Reflexology
Polarity • Facial Massage • Acupressure
Side-lying Massage • Crystals and Bodywork
Save Your Thumbs

Academic:

- AIDS Education
- Business Practices
- Body as Metaphor
- Career Development
- Edgar Cayce Remedies
- Records and Bookkeeping
- Oriental Diagnosis
- The Art of Meditation
- Nutrition



Continuing Education

Part of the mission at MINE is to support our students beyond graduation and to serve as a resource to the New England massage and bodywork community. MINE faculty and guest lecturers teach a broad range of courses for advanced study. Our program of electives is also open to graduates of MINE and other qualified students who wish to broaden their education.

Continuing Education Courses include: • The Sports Massage Certificate Program: Beginning Sports Massage, Intermediate Sports Massage • The Orthopedic Series: Advanced Injury and Rehabilitation • Zero Balancing • Any of the Electives currently offered.

MASSAGE INSTITUTE OF NEW ENGLAND
APPLICATION FOR ADMISSION

Date: _____

SEMESTER, Year for which you are applying: Month: _____ 19 ____

CHECK TWO 1: Day Evening Day/Evening 2: Full Time Part Time

ARE YOU PLANNING ON WORKING FOR CERTIFICATION? YES No

NAME _____ SS# _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE/ Home ( )_____ WORK ( )_____ DOB _____

EDUCATION: Circle highest grade completed; date of graduation.
High School 1 2 3 4 College 1 2 3 4

Professional, Vocational or Graduate School Training:

_____

CURRENT EMPLOYMENT:
Firm Name: _____ Supervisor _____

Address: _____ Position: _____ #Years _____

MINE Application Continued

Previous employment:

Have you already completed our Introductory Swedish Massage Workshop? _____Yes _____No

Have you completed a Swedish Massage Workshop elsewhere? _____Yes _____No _____ Year

PLEASE ANSWER QUESTIONS 1-9 ON A SEPARATE SHEET OF PAPER.

1. Do you have any physical or mental condition that could affect your participation in this program? If yes, please explain.
2. Describe your present state of health and include a history of injuries, skin diseases, contagious/communicable diseases or spinal problems.
3. Describe in your own words your physical and mental level of well-being.
4. Do you smoke or take drugs? If so, name type and frequency of use.
5. Describe your current life-style (leisure, hobbies, work, exercise).
6. Name any reason(s) which could prevent you from finishing this program.
7. Briefly describe any previous bodywork, training or experience, including books read, workshops or schools attended, professional massages received etc. Please include any health related training or experience.
8. Tell us why you wish to become a massage therapist.
9. How would you be an asset to this Institute as a student and as a graduate?

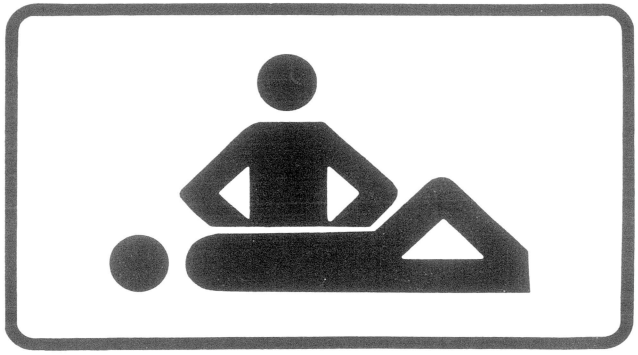
The answers to these questions will help us to determine your eligibility to this school. Please include any information which you feel will help us to know you better.

APPLICATION PROCEDURE

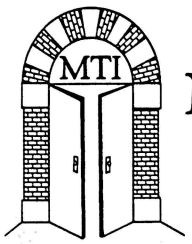
1. Complete this application form and return it with a $50.00 application fee.
2. Include a current photograph.
3. Include three letters of reference (including one from a health practitioner stating that you are in good health to undertake this course and that you are TB negative).
4. Applicants for Advanced Placement must enclose a transcript from a college(s) or an AMTA curriculum-approved school. The course(s) must have been completed with a minimum grade of 75%. Contact the registrar for more information.
5. Applicants will want to attend at least one Open House and the Introduction to Swedish Massage (waived for qualified applicants).
6. After submission of the application, applicants will be called to schedule an appointment for the admissions interview. The results of the interview will be a main determining factor for admission to the program.
7. Notice of acceptance will be given after the first interview. Upon notice of acceptance, a deposit of $1000.00 must be paid to the Institute to hold a place in the class.

DEADLINE FOR APPLICATION

MINE is accepting applications for current and advanced enrollment. Applications will be reviewed for the next scheduled class unless the applicant requests otherwise.



Massage Institute of New England
439 Cambridge Street • Cambridge, MA • 02141 • 617- 547-6554



Muscular Therapy Institute

Est. 1974

The Skill of Massage & the Art of Healing

122 Rindge Avenue • Cambridge MA 02140
617/576-1300 • fax 617/864-8283

Published July 1995

CATALOG

MUSCULAR THERAPY INSTITUTE

Accredited by the
Accrediting Council for Continuing Education and Training

Licensed by the
Commonwealth of Massachusetts Department of Education

Program Approved by the
AMTA Commission of Massage Training
Accreditation/Approval

The school is operated by the Muscular Therapy Institute
and is owned by Dr. Ben E. Benjamin who serves as the school's President.

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Muscular Therapy Institute
Faculty and Staff

Ben E. Benjamin, Ph.D
President

Mary Ann DiRoberts
Director

Education Department

Joelle Andre
Education Director

Elizabeth Wirth
Assistant Education Director

Susan White
Dean of Faculty Development

Joleene Barren
Educational Projects Coordinator

Faculty

Craig Andrade
Erika Baern
Robin Cassel
Carol Dwyer
Anne Gilbert
Anitra Gugliotta
Kathy Hood
Rick Horton
Shirley Lynch
Eliza Mallouk
Chris Schoonmaker
Wendy Stone
Bob Vinson
Tracy Walton

Faculty/Student Advisors

Jeff Drake
Elizabeth Feigenbaum
Mary Karis
Sue Mapel

Administration

Diane Mulkern
Administrative Director

Robert Vinson
Weekend Coordinator

Debbie Cohen
Bursar

Donna Wells
Financial Aid Director

Nina Solomita
Registrar/Placement Director

Marcella Cooke
Receptionist

Student Therapy Center (STC)

Thomas Jacobson
STC Manager

Rochelle Breeden
STC Coordinator

Tamar Myers
STC Staff

Lauren Steeves
STC Staff

Admissions

Elizabeth Harvey
Admissions Director

Randi Benator
Admissions Representative

The Muscular Therapy Institute

The Muscular Therapy Institute is licensed by the Commonwealth of Massachusetts, Department of Education and offers a 51.9 credit hour training program. Students are trained in the Benjamin System of Muscular Therapy — a unique combination of treatment, basic exercise and education designed to reduce chronic muscle tension and to promote physical health. Since its founding in 1974, the Institute has been dedicated to training responsible, skilled professionals who effectively assist clients in reducing stress, pain and muscular tension.

The Institute places a high priority on developing mature practitioners who understand the complex nature of the body. To be effective in helping people to relieve their physical tension, a Muscular Therapist must be self–aware, have an understanding of human behavior and have an excellent ability to communicate. The training program combines a strong theoretical and practical background with courses in communication skills to prepare skilled and qualified professionals.

History/Background

Muscular Therapy was developed by Dr. Ben Benjamin from a synthesis of several approaches to working with the body. Dr. Benjamin's interest in the field began in 1958 when he sustained a serious injury. After several frustrating attempts to obtain relief, his injury was successfully treated by Alfred Kagan, a well–known French practitioner who had developed original techniques for the treatment of muscular tension and injury. During the course of his treatment, Dr. Benjamin became interested in Kagan's method and studied with him after his recovery. He observed and analyzed Kagan's complex technique and from his observation created a series of muscular manipulations which could then be taught to other practitioners.

Following his work with Kagan, Dr. Benjamin spent several years studying the origins of physical tension and learning ways that people could care for themselves without requiring continual treatment. He became particularly interested in the work of Dr. Wilhelm Reich, F.M. Alexander, and Dr. James Cyriax and sought ways of incorporating some of their ideas into his approach to tension reduction.

In Reich's work, Dr. Benjamin learned of the emotional component of muscular tension. Reich was the first psychiatrist to suggest that emotional trauma could become locked in the muscles creating a physical tightening in the body which he called armor. This armor acted as an emotional protection but also blocked the expression of feeling and contact with the self. Benjamin realized that this understanding of the physical manifestation of emotional distress could help the practitioner distinguish between emotional distress in the body and mechanical or injury related tension.

In his study of the Alexander Technique, Benjamin discovered a highly effective method for establishing proper movement habits. He felt that by using these techniques practitioners could not only learn to use their bodies more effectively when

working, but they could also increase their understanding of the relationship of faulty movement habits to pain, tension and injury. He, therefore, sought to involve teachers of this technique in the Muscular Therapy training.

The third influence was the injury evaluation and deep friction treatment developed by Dr. James Cyriax, an English orthopedist. In these techniques, Benjamin found a means for the practitioner to determine and to evaluate the exact nature of musculo–skeletal injuries and to distinguish between the serious injury, which requires a physician's attention, and one that is relatively minor and could safely be handled with Muscular Therapy techniques.

These three approaches contributed to the development of the Benjamin System of Muscular Therapy.

The Benjamin System of Muscular Therapy

The Benjamin System of Muscular Therapy works with the body to reduce chronic tension and to promote physical health. It is an educational process by which the client learns to understand the meaning of his/her physical symptoms and what needs to be done to alleviate them. Treatment includes a series of techniques and exercises designed to reduce muscular tension and stress, and prevent their return. The Muscular Therapist works with the client in the following ways:

- Performing massage which includes: a variety of area–specific strokes, pressure, and rhythms to reduce chronic tension and pain tension.
- Educating clients about the causes and effects of tension and providing lifestyle counseling when appropriate.
- Teaching body care and tension release techniques designed to prevent the build up of new tension.
- Teaching basic exercises for warm up, stretching, and building strength.

Mission

The mission of the Muscular Therapy Institute is to train high quality Muscular Therapy practitioners in a professional environment which fosters the personal development of all members of the school community.

Philosophy

Touching the wider community begins with making contact with the self. By continually striving to provide a supportive and challenging atmosphere, MTI strives to nurture self–exploration and transformation. From this understanding of self comes the ability to make conscious choices about balancing energy in all aspects of life, including creating a work that one loves. Just as the school attempts to teach through modeling the principles of balance, self–care, high ethical standards, and clear and caring communication, so students learn to teach clients through example. This self–knowledge combined with a strong theoretical and practical knowledge of the body's response to tension provides the foundation for becoming a Muscular Therapist.

The Institute Learning Environment

MTI is conveniently located in North Cambridge in a former high school that has been renovated for the specific needs of the school with classroom, office and clinic space. The building has three floors including 5 large classrooms, a student lounge, faculty and administrative offices, Student Therapy Center and reception areas for clinic clients. The Institute also provides massage tables, supplies for classes and the Student Therapy Center. The Institute strives to maintain a pleasing environment where students, faculty and staff have an opportunity to have a professional exchange encouraging personal growth and development.

For individuals at MTI, the learning environment extends beyond the physical plant to the spirit and integrity of the training. Flexibility, high standards, and creative teaching are hallmarks of the Muscular Therapy training. The Institute is unusual in its responsiveness to individual students' needs and learning styles.

Accreditation

The Institute is licensed by the Commonwealth of Massachusetts Department of Education. The school is accredited by the Accrediting Council for Continuing Education and Training (ACCET); by the AMTA Commission on Massage Training Accreditation/Approval; and is approved for the training of veterans.

ACCET Accredited

The Muscular Therapy Training Program is accredited by the Accrediting Council for Continuing Education and Training. ACCET is the primary accrediting agency recognized by the U.S. Secretary of Education serving the non–collegiate continuing education field. "ACCET accreditation" means:

- "The courses are clearly and truthfully described."
- "Qualified instructors utilize effective training methods."
- "A high quality of instruction is maintained."
- "Participants have reported gaining worthwhile benefits."

AMTA Approved

The Institute is approved by the American Massage Therapy Association Commission on Massage Training Accreditation/Approval. The AMTA is a national organization for professional massage therapists. Founded in 1943, the Association focuses on offering continuing education, promoting legislation, offering malpractice insurance, and advancing the profession of Massage Therapy.

Institute's Training Program

The program combines theory, applied practice, and individual coaching. The Muscular Therapy Institute is approved to offer a 51.9 credit hour training program. This program is offered in two formats, a 3-semester format and a 4-semester format, described below.

Intensive Professional Training in Muscular Therapy

Three Semester Format — Year and a Half Program (15 months)

In the three semester format students attend classes for two days per week for three semesters.

Wednesday	8:30 a.m. to 6:30 p.m.
Friday	8:30 a.m. to 6:30 p.m.

Semesters are 19 weeks long including holiday and vacation weeks. In addition to these classroom hours, students in the second semester will attend one off–site intensive workshop for three days. Also, one classroom day in the first semester will be held off-site at a retreat center.

Four Semester Format - Two Year Program (20 months)

In the four semester format students attend classes for one and one-half days per week for four semesters.

Thursday	8:30 a.m. to 6:30 p.m.
Tuesday evening	6:30 p.m. to 9:30 p.m.
or	
Saturday	8:30 a.m. to 6:30 p.m.
Wednesday evening	6:30 p.m. to 9:30 p.m.

Semesters are 19 weeks long including holiday and vacation weeks. In addition to these classroom hours, students in the third semester will attend one off-site intensive workshop for three days. Also, one classroom day in the first semester will be held off-site at a retreat center.

Off–Site Day and Residential Intensive

As part of their Skills and Dynamics of Therapeutic Relationships course, students attend an off–site day at a retreat center early in their first semester. Creating a sense of community, students are led through a series of exercises and physical initiatives that require communication, listening and group trust.

Students are also required to attend one residential intensive held at a retreat center scheduled in the second or third semester. This residential intensive is an experience designed to expand, deepen and integrate the MTI training. Students must plan on staying overnight in a residential setting outside of Cambridge. The Intensive includes two evenings and three days.

Class Calendar: 1995 – 1997

	Start Dates	End Dates
Wednesday/Friday	Sept. 13, 1995	Jan. 24, 1997
Thursday/Tuesday evening	Sept. 5, 1995	June 26, 1997
Saturday/Wednesday evening	Sept. 6, 1995	June 28, 1997

Vacation and Holidays

Classes are not in session during the months of July and August.

Each class is scheduled with a winter and spring semester break and the following holidays:

Labor Day
Columbus Day
Thanksgiving
Christmas
New Year's Day
Martin Luther King Day
Presidents' Day
Patriots' Day
Memorial Day
Independence Day

School Cancellation Policy

School cancellations will be announced on radio station WRKO-AM and WBMX-FM or WCVB TV — Channel 5.

Students may also call MTI's main telephone number (617) 576-1300 for an updated announcement about school cancellations.

Curriculum

Educational Objectives

As certified Muscular Therapists, graduates will be prepared to:

1. Design and implement a Muscular Therapy treatment plan which provides competent therapeutic massage for various client populations.
2. Use methods which promote the safe, injury free practice of Muscular Therapy.
3. Integrate a theoretical and practical knowledge base enabling them to communicate the work, enhance their effectiveness, and create a network for ongoing referral within the health care community.
4. Understand the components and boundaries of the therapeutic relationship.
5. Create and maintain a Muscular Therapy practice or establish an affiliation with an appropriate business.
6. Meet the ethical responsibilities inherent in belonging in the body work profession.
7. Join the massage therapy profession on both a local and national certification level.

Graduation Requirements

1. A passing grade for each module of each course.
2. A passing grade for the following exams:
   a) Comprehensive exam at the end of the program
   b) Practical exam at the end of the program.
3. Fifteen documented private lessons.
4. Complete payment of all tuition and fees.

Assignments

Students should expect regular homework in their classes. In addition to assignments, some courses may have regular quizzes and tests. Requirements for each course will be included in the course syllabus distributed in the class.

Oil, Alcohol and Towels

Each student is responsible to bring two bath sized towels and one hand towel each day of classes. These will be used during classes when any hands–on techniques are taught. This is also true for anatomy classes which often involves palpations and body drawing. MTI supplies oil and alcohol.

Class Size

The Muscular Therapy Institute limits the enrollment of a class to thirty–five students. For various courses, as needs indicate, classes will be split into smaller groups. Typically a technique class would be conducted in sections of no more than twenty students per faculty member.

Average Teacher/Student Ratios:

Ratio for Lecture Classes	1:30
Ratio for Technique Classes	1:15

Grading

Numerical grades based on the following scale are given for Clinical Considerations and Pathology, Anatomy, and Physiology. Numerical grades are also given for the comprehensive and practical exams at the end of the program.

90	–	100%	A
80	–	89%	B
70	–	79%	C
0	–	69%	Failing

All other evaluations will be P/F (Pass/Fail). Students must earn a minimum of 70% in each module to be eligible for graduation.

Grade Point Average Computation

The Grade Point Average (GPA) will be calculated for each student when grades are distributed at semester end. Students must achieve a minimum of a 1.75 GPA for the first semester of their program to maintain Satisfactory Academic Progress. After the first semester the students must achieve a minimum of 2.0 GPA for the remainder of their program in order to maintain Satisfactory Academic Progress and to meet the graduation requirement.

Assignment of Grade Points:

Grades of 90 - 100 = A = 4.0 points
Grades of 80 - 89 = B = 3.0 points
Grades of 70 - 79 = C = 2.0 points
Grades of 69 and below = 0 points

"P" Pass grades = 4.0 points
"F" Fail grades = 0 points

Incomplete courses are assigned 0 points, and are included in the total number of courses taken.

Comprehensive Exam

At the end of the program, a comprehensive exam will be given. This exam will cover topics from the entire curriculum, testing students' knowledge, integration, and application of material. This is a written exam. In order to graduate students must score 70% or higher.

Practical Exam

At the end of the program, a practical exam will be given. This exam is privately administered by one teacher for one student. It is a hands–on exam where the student must incorporate his/her knowledge, technique, and communication skills into a treatment session with a member of the MTI faculty. A written evaluation is given and students must score 80% or higher in order to graduate.

Diplomas

Diplomas will be issued upon completion of all graduation requirements, as well as complete payment of all financial obligations to MTI. The date on the diploma will reflect the last completed requirement, either academic or financial.

Course Work
Three Semester Format

Intensive Professional Training in Muscular Therapy — 51.9 Credit Hours

First Semester: 17.8 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 1 ..... 3.33
- Module 2 ..... Credits

Anatomy
- Module 1 ..... 3.3
- Module 2 ..... Credits

Physiology
- Module 1 ..... 3.3
- Module 2 ..... Credits

Muscular Therapy Technique
- Module 1 .....
- Module 2 ..... 4.7
- Module 3 ..... Credits
- Module 4 .....

Practice Development
- Module 1 ..... 3.17
- Module 2 ..... Credits

5 Private Lessons

Second Semester: 17.46 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 3 ..... 3.33
- Module 4 ..... Credits

Anatomy
- Module 3 ..... 3.4
- Module 4 ..... Credits

Physiology
- Module 3 ..... 3.4
- Module 4 ..... Credits

Muscular Therapy Technique
- Module 5 ..... 2.3
- Module 6 ..... Credits

Sports Massage
Module 1 ..... 1.3 Credits

Practice Development
Module 3 ..... 2.03
Module 4 ..... Credits

Foundations of Professional Massage
Module 1 ..... 1.7 Credits

5 Private Lessons

Third Semester: 16.64 Credits

Skills & Dynamics of Therapeutic Relationships
Module 5 ..... 3.34
Module 6 ..... Credits

Pathology
Module 1 ..... 3.3
Module 2 ..... Credits

Muscular Therapy Technique
Module 7 ..... 2.3
Module 8 ..... Credits

Sports Massage
Module 2 ..... 1.4 Credits

Alternative Approaches to Holistic Therapies
Module 1 ..... 1.3 Credits

Practice Development
Module 5 ..... 1.7
Module 6 ..... Credits

Professional Development
Module 1 ..... 3.3
Module 2 ..... Credits

5 Private Lessons
Comprehensive Exam
Practical Exam

Course Work
Four Semester Format

Intensive Professional Training in Muscular Therapy — 51.9 Credits

First Semester— 13.53 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 1 ..... 3.33
- Module 2 ..... Credits

Anatomy
- Module 1 ..... 3.3
- Module 2 ..... Credits

Physiology
- Module 1 ..... 1.7 Credits

Muscular Therapy Technique
- Module 1 ..... 3.5
- Module 2 ..... Credits
- Module 3 .....

Practice Development
- Module 1 ..... 1.7 Credits

5 Private Lessons

Second Semester—13.37 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 3 ..... 1.67 Credits

Anatomy
- Module 3 ..... 3.4
- Module 4 ..... Credits

Physiology
- Module 2 ..... 3.3
- Module 3 ..... Credits

Muscular Therapy Technique
- Module 4 ..... 2.3
- Module 5 ..... Credits

Practice Development
- Module 2 ..... 2.7
- Module 3 ..... Credits

5 Private Lessons

Third Semester — 11.93 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 4 ..... 3.33
- Module 5 ..... Credits

Physiology
- Module 4 ..... 1.7 Credits

Muscular Therapy Technique
- Module 6 ..... 2.3
- Module 7 ..... Credits

Sports Massage
- Module 1 ..... 1.3 Credits

Practice Development
- Module 4 ..... 1.7
- Module 5 ..... Credits

Professional Development
- Module 1 ..... 1.6 Credits

5 Private Lessons

Fourth Semester—13.07 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 6 ..... 1.67 Credits

Pathology
- Module 1 ..... 3.3
- Module 2 ..... Credits

Muscular Therapy Technique
- Module 8 ..... 1.2 Credits

Sports Massage
- Module 2 ..... 1.4 Credits

Alternative Approaches to Holistic Therapy
- Module 1 ..... 1.3 Credits

Practice Development
- Module 6 ..... 8 Credits

Professional Development
- Module 2 ..... 1.7 Credits

Foundations of Professional Massage
- Module 1 ..... 1.7 Credits

Comprehensive Exam
Practical Exam

Course Descriptions

Skills & Dynamics of Therapeutic Relationships

10 Credits
6 Modules

The purpose of this experiential course is to prepare students to form and maintain healthy therapeutic relationships with their clients. Both by increasing the students' awareness of their own patterns, habits, and tendencies, and by teaching communication skills, ethical guidelines, problem–solving strategies, relational dynamics, and available resources, this course provides the foundation for establishing and safeguarding professional boundaries. Issues especially relevant to the professional body worker will be addressed, including dual relationships, self–disclosure and creating safety for clients with trauma histories.

Anatomy

6.7 Credits
4 Modules

This course focuses on musculo–skeletal anatomy. Students learn how the muscular and skeletal systems work and interact. Palpating bony landmarks, basic principles of kinesis, and identifying principal muscles are essential components. The application of anatomy to Muscular Therapy will be emphasized, including potential endangerment sites. Students will use the ANATOMIKEN TM systems as a primary tool for comprehensive learning.

Physiology

6.7 Credits
4 Modules

This course focuses primarily on the body systems most directly affected by massage. The students also learn how these systems function and relate to each other and to massage. An in–depth approach to each system will include structure, function, and implications for the Muscular Therapist. Universal precautions will introduce the course and other aspects of safe practice will be addressed at a basic level (re: contraindications/ indications to massage). Projects will require students to apply their understanding of human physiology to their massage work.

Clinical Considerations and Pathology

3.3 Credits
2 Modules

This course prepares students to make decisions in the treatment setting regarding clients with special medical conditions. A more advanced understanding is developed of common contraindications/indications to massage, building on foundations created in the Physiology course. Principles of safe practice are presented regarding major body systems and associated pathologies. These disease states and their implications for the practitioner and treatment are presented, then reinforced via the "case study" method. Muscular Therapy for various special populations is addressed by noting special concerns, medical issues and specific needs of each.

Muscular Therapy Technique

9.3 Credits
8 Modules

This comprehensive course teaches the foundation of the Benjamin System of Muscular Therapy Technique. Through hands–on work, students learn a basic repertoire of movements and the various elements including rhythms, speeds, pressures, transitions and treatment construction. Students learn the skills necessary to prepare a treatment for a specific client including tension evaluation, treatment planning, element variation and integration. As students progress into advanced work, they learn to include their own style and intuition. Also taught is Passive Body Work and the principles of a non–circulatory massage. Incorporated throughout is an emphasis on practicing effective and safe movement habits.

Sports Massage

2.7 Credits
2 Modules

In this course students will learn the fundamental theories and techniques of massage for active athletes. Through hands–on practice, students will be prepared to work at a professional event. In addition, they will learn to incorporate sports massage techniques into the Muscular Therapy session when appropriate. The fundamentals of exercise as well as basic injury evaluation and treatment are reviewed. This course serves as the first step in preparation for the National Sports Massage Certification Exam for interested students.

Alternative Approaches to Holistic Therapy

1.3 Credits
1 Module

This introductory course explores two alternative approaches to body work. Students learn the basic tenets of the Eastern philosophy of healing as well as the vocabulary and concepts of energy work. The purpose of this course is to broaden students' perspective about the various paradigms available in the holistic body work field.

Practice Development

6.9 Credits
6 Modules

This course is designed to guide students through the steps of establishing a professional foundation for Muscular Therapy practice. After preparation and practice within the classroom, students move into the Student Therapy Center where, under faculty supervision, they work on clients from the general public. The purpose of the course is to teach students professional habits, attitudes, and strategies from the inception of their development as Muscular Therapists.

Professional Development

3.3 Credits
2 Modules

This course teaches the fundamentals of working as a professional Muscular Therapist. Whether as an employee or as a private practitioner, the Muscular Therapist needs a foundation in licensing, business planning, marketing, financial strategies, taxes, and insurance. Students are expected to create and develop their own individual business plans. The concept and implications of entering an emerging profession are explored.

The Foundations of Professional Development

1.7 Credits
1 Module

This course establishes the theoretical base for massage therapy today. The place of Muscular Therapy as a form of massage is examined from a historical perspective. By examining other forms of current holistic therapies, students gain a better understanding of its role in the holistic field.

Individual Faculty Coaching Sessions

As a requirement for continued enrollment at the Muscular Therapy Institute, students must attend private lessons with their assigned teacher. These lessons will be scheduled during the school year on a monthly basis for the first three semesters of a student's enrollment. Private lessons offer the student individualized coaching and supervision.

Admissions

Admissions Requirements

Individuals seeking admission to the Muscular Therapy Institute must:

- Be eighteen years of age or older.
- Be in good health and without communicable diseases.
- Have a high school diploma or its equivalent.

In addition to the above requirements, there are three basic criteria for acceptance into the training. The first is an aptitude for working with the body which includes good coordination, "good hands" for manually working with the muscles, and an ability to apply theoretical information. The second criteria is the potential for working with people in a responsible, professional fashion and the ability to exercise good judgment. Finally, of equal importance is the applicant's ability to be self–motivated and to undertake self–directed work–qualities which are essential for success in the Institute's training program and for the future work as an independent practitioner. These qualities are evaluated in the interview and at the Introductory Workshop.

It is difficult to understand what the Benjamin System of Muscular Therapy is about without experiencing it yourself. Many students who enter the program have

received treatments for several months, and though not mandatory, prospective applicants are encouraged to receive several treatments before enrolling.

Students are admitted to the Institute without regard to sex, race, color, creed, sexual orientation, age, or national origin. MTI does not have facilities for handicapped students requiring special access or students who have special needs. However, the school will make every attempt to accommodate any individual who wishes to enroll in the school and meets the admission criteria.

The Muscular Therapy Institute does not grant transfer credit.

Admissions Procedure

The Institute's academic year begins in September. Classes begin in both September and February. Individuals seeking admission to the program are strongly encouraged to contact the Institute and begin the admissions process three to six months before they wish to enter the program. Prospective students need time to assess if the Institute is the right place for them. Classes are limited in size and enrollment is closed when classes are full.

Applicants are encouraged to contact existing students and graduates to obtain first–hand information about the program and their learning experience.

The application procedure is designed to enable the applicant to meet Institute faculty and students and to directly experience the teaching style and course content of the program. Prior to admission, an applicant is required to attend an Introductory Workshop on muscular therapy. Workshops are held monthly and there is a fee of $45. Applications will be available at the workshop for those who are interested in applying to the Muscular Therapy Institute.

A personal interview is required as part of the admissions process. An appointment can be scheduled through the admissions office.

When the applicant is accepted into the program, s/he will enter into an Acceptance Agreement with the school. A $100 fee is required after the Acceptance Agreement is signed. The applicant may decide not to continue in the enrollment process and may terminate this initial agreement with the school prior to enrollment. If cancellation is made within five business days, the $100 fee will be fully refunded. If cancellation is made after five business days but before classes begin $50 will be refunded.

Withdrawal and Refund Policy

Once a student is enrolled in the program and has signed the Enrollment Agreement, s/he may choose to withdraw from the program at any time. If a student terminates the Enrollment Agreement, our refund policy, as suggested by the Commonwealth of Massachusetts, Department of Education, is applied on a semester basis as follows:

State Refund Policy:

1. You may terminate this agreement at any time.
2. If you terminate this agreement within five (5) days, you will receive a refund of all monies paid, provided that you have not commenced the program.
3. If you subsequently terminate this agreement prior to the commencement of the program, you will receive a refund of all monies paid, less the actual reasonable administrative costs described in paragraph 7.
4. If you terminate this agreement after the commencement and during the first quarter of the semester, you will receive a refund of at least seventy-five percent of the tuition, less the actual reasonable administrative costs described in paragraph 7.
5. If you terminate this agreement during the second quarter of the semester, you will receive a refund of at least fifty percent of the tuition, less the actual reasonable costs described in paragraph 7.
6. If you terminate this agreement during the third quarter of the semester, you will receive a refund of at least twenty-five percent of the tuition, less the actual reasonable administrative costs described in paragraph 7.
7. If you terminate this agreement after the initial five day period, you will be responsible for actual reasonable administrative costs incurred by the school to enroll you and to process your application, which administrative costs shall not exceed fifty dollars or five percent of the contract price, whichever is less. A list of such administrative costs is attached hereto and made a part of this agreement.
8. If you wish to terminate this agreement, you must inform the school in writing of your termination, which will become effective on the day such writing is mailed. This will become your documented "date of withdrawal". If you do not notify the school in writing, the registrar will terminate your enrollment at the school after 30 calendar days of absence has occurred.
9. The school is not obligated to provide any refund if you terminate this agreement during the fourth quarter of the semester.
10. All refunds due to you will be calculated from the last date of attendance and paid within 30 days of the documented drop date.
11. If you are required to take a leave of absence for any reason MTI will need to treat your enrollment as terminated and perform a drop calculation at the time of the leave of absence. You may re-enter MTI under the "Leave of Absence" or "Re-enter" policy.

Please note that students who receive federal financial aid may be entitled to a greater refund under federal law. For those students, MTI is required by law to calculate a refund by both State and Federal policies. The policy that is utilized is determined by which is the most beneficial to the student. Students are obligated by semester and the Refund Policy is applied accordingly.

Federal Policy:

If you terminate this agreement after the commencement of the program, you will receive a pro rata refund of the amounts charged based on the credits attempted as follows:

If student withdraws:	The school retains:
.01% — 10%	10%
10.1 % — 20%	20%
20.1 % — 30%	30%
30.1 % — 40%	40%
40.1 % — 50%	50%
50.1 % — 60%	60%
over 60	100%

You will also be responsible for the Acceptance Fee of $100.00 and $45.00 for the Introductory Workshop. All books and supplies are purchased through the bookstore and are not part of this policy.

Tuition and Fees: 1995–1997 School Year

Financing Your Future

The Muscular Therapy Institute relies principally on tuition and student fees for the resources needed for maintaining and developing the program, the quality of teaching and the facility. Students need to have a realistic plan for payment of all tuition, fees, books and supplies, and other optional expenses related to the program. A specific financial plan will allow the student to avoid worrying about finances and concentrate his/her full attention to all of the learning opportunities provided by MTI.

Tuition and Payments

Tuition for the required courses in The Intensive Professional Training in Muscular Therapy Program (effective Sept. 1994) is $10,490 for three academic terms/semesters for the 15 month format and four academic terms/semesters for the 20 month format. Tuition includes 15 Private Lessons with an assigned instructor. First semester tuition and fees are due and payable at Orientation. For returning students the deadline for payment of tuition and fees is the first class day of the semester. The amounts due each semester are as follows:

15 MONTH FORMAT/3 SEMESTERS:

(Pre-pay Introductory Workshop $45.00 and Acceptance Fee $100.00)

	Tuition	Insurance & Parking Fees	Off-Site/ Intensive	Totals
1st Semester:	$3496.67	$35	$38	$3569.67
2nd Semester:	$3496.67	$35	$200	$3731.67
3rd Semester:	$3496.66	$35		$3531.66

20 MONTH FORMAT/4 SEMESTERS:

(Pre-pay Introductory Workshop $45.00 and Acceptance Fee $100.00)

	Tuition	Insurance & Parking Fees	Off-Site/ Intensive	Totals
1st Semester:	$2622.50	$35	$38	$2695.50
2nd Semester:	$2622.50	$35		$2657.50
3rd Semester:	$2622.50	$35	$200	$2657.50
4th Semester:	$2622.50	$35		$2657.50

Sample Education Costs

In addition to tuition and fees students encounter required and optional additional costs. The following is provided as a sample of educational expenditure:

15 MONTH FORMAT/3 SEMESTERS

First Semester

Tuition	$3496.67
Insurance fee	10.00
Parking fee	25.00
Maniken	207.00
Off-site	38.00
Massage Tables.	499.00
Textbooks.	200.00
Estimated 1st Semester Costs	4475.67

Second Semester

Tuition	$3496.67
Insurance fee	10.00
Parking fee	25.00
Books and T-Shirts	40.00
Intensive.	200.00
Estimated 2nd Semester Costs	$3771.67

Third Semester

Tuition	$3496.66
Insurance fee	10.00
Parking fee	25.00
Books, class notes, supplies	50.00
Estimated 3rd Semester Costs.	$3581.66

20 MONTH FORMAT/4 SEMESTERS

First Semester

Tuition	$2622.50
Insurance fee	10.00
Parking fee	25.00
Maniken	207.00
Off-site.	38.00
Massage Table	499.00
Textbooks	200.00
Estimated 1st Semester Costs	$3601.50

Second Semester

Tuition	$2622.50
Insurance fee	10.00
Parking fee	25.00
Textbooks and T-Shirt	40.00
Estimated 2nd Semester Costs	$2697.50

Third Semester

Tuition	$2622.50
Insurance fee	10.00
Parking fee	25.00
Books, class notes, supplies	50.00
Off-site Intensive Training	$ 200.00
Estimated 3rd Semester Costs	$2907.50

Fourth Semester

Tuition	$2622.50
Insurance fee	10.00
Parking fee.	25.00
Estimated 4th Semester Costs	$2657.50

All textbooks and supplies are purchased directly from the MTI Bookstore and 5% sales tax is added to the sale of each item. The figures above are only estimates and do not include sales tax. Student lockers may also be available for rental on a yearly basis. The fee for locker rental is $36.00 for a standard locker and $72.00 for a large locker.

Books, Kits, Supplies and Other Costs

The MTI's School Bookstore carries all required books, kits, learning materials and supplies. Students may purchase required books, kits, learning materials and supplies elsewhere if they wish. Students should expect to pay approximately what is listed below for the Intensive Professional Training in Muscular Therapy program.

Students should be aware that items purchased from the Bookstore are not included in the tuition and fees. This is a separate account and is not included on the Enrollment Agreement.

Bookstore Costs	First Year	Second Year
Books (approx.)	$200.00	$100.00
Massage Table	499.00	
Maniken	207.00	
STC Uniform	20.00	
Oil & Supply (for home use)	25.00	20.00
Locker Rental	36.00	18.00
Total Bookstore Costs	$987.00	$138.00

Tuition Policy

1. A $100.00 Acceptance Fee is required of all first year students upon enrollment.
2. It is the student's responsibility to ensure that all tuition is paid in accordance with the arrangements made with the Financial Aid Director upon signing the Enrollment Agreement. For tuition and financial purposes, a school year is divided into two five month semesters. Eligible students may supplement tuition payments with loans. Students are responsible for tuition payments even if expected supplemental funds do not become available.
3. Students applying for loans should submit, 15 days prior to the commencement of classes, all applications and required documentation (Financial Aid forms, Statement of Educational Purpose, High School Transcript or its equivalent, etc.) to the Financial Aid Office to determine eligibility. If a student is accepted for enrollment less than 15 days before classes begin the applications should be submitted no later than the end of the first week of the new school year.
4. Students may pay tuition on a monthly installment plan through the Tuition Financing Corporation (TFC). The minimum allowable financed amount is $500.00 up to a maximum of $10,000.00 per year. The interest rate is 9.8% (simple interest). The maximum repayment period available is 24 months.

Example:

Amount Financed	Period of Loan	Monthly Payment	Interest Paid	Total Payment
$2,000.00	9 months	$231.39	$82.51	$2,082.51
$2,000.00	12 months	$175.64	$107.68	$2,107.68

5. Students may make payments directly to the school using one of 3 methods:
   a) Payment in cash.
   b) Payment by check or money order.
   c) Payment by credit card.

Default and Late Policy

1. Students who fail to remit the tuition payments and/or do not submit loan applications by the stipulated dates will be considered in default of payment. Interest of 1.5% per month (18% per year) will be charged on tuition payments that are over 30 days late. Students in default of 45 or more days will not be allowed to attend any classes or seminars offered by MTI until tuition is received. If a student is absent for more than 30 consecutive days he/she will no longer meet eligible student status and consequently will not be eligible for further financial aid disbursements. Furthermore, such students will have to begin repayment of any outstanding FFEL loans according to the loan repayment guidelines.
2. Students with a tuition balance at the time of graduation will be considered as not completing the graduation requirements and will not receive their diploma or any documentation from the school describing their completion of graduation requirements.

Financial Aid

Financial Aid Assistance

All students who are interested in financial assistance are encouraged to contact the Institute to request assistance as soon as possible after acceptance into the program. To complete the applications for aid a student may need to submit a copy of his/her and/or parents' federal income tax returns, copies of current income, asset and debt information and any additional information required to complete the appropriate application(s). Further information requested will be based on the student's individual situation.

There are many parameters which determine eligibility for receiving funds from different financial assistance sources. They may include marital status, housing, dependents, disabilities, assets, debts or other personal circumstances. These may all have some bearing on eligibility and how much money may be awarded. Students may be eligible for loans which may cover a portion of the tuition and school expenses. The Financial Aid Director at MTI can help students apply for assistance.

MTI is eligible to participate in the following Federal Financial Aid programs: Subsidized Stafford Loans, Unsubsidized Stafford Loans, and Federal Parent Plus Loans. Private bank loans are also available for eligible students.

MTI is approved for training under the Mass. Rehabilitation Commission, and is approved for Educational Assistance for Veterans under Chapter 30 Title 38 U.S. Code.

Subsidized Stafford Loans are for individuals whose financial situation indicates funding is necessary to cover educational expenses. Eligibility is based on need. The Subsidized Stafford loan has a variable interest rate, but will not exceed 9%. The federal government pays the interest on the loan while in attendance at least half–time. Repayment begins six months after last day of attendance or once the student falls below half–time status. Students may be eligible to borrow up to $2625.00 per academic year. If a student attends only a portion of an academic year, this amount will be pro-rated according to the total number of credits the student is scheduled to take.

Unsubsidized Stafford Loans are for individuals who need additional monies to help pay tuition expenses. The borrower does not have to have a financial need to receive this loan, but must be in attendance at least half–time. The student is responsible for the interest payments on loan while in school. Interest is variable, but will not exceed 9%. Repayment begins six months after the last day of attendance or once the student falls below half–time status. Students may be eligible to borrow up to $4000 for an academic year unless ineligible for the Stafford Loan, then the limit may be higher. Pro-ration of this loan also applies according to the numbers of credits a student attempts in an academic year.

Parent Plus Loans are available to parents of a dependent student that is enrolled at least half–time, and has a good credit history. The loan limit is cost of education. It carries a variable interest, but not to exceed 9%.

A Private Loan is available through special arrangements with a Vermont lender. This loan program is available to MTI students only, is based on good credit ratings and sufficient income. Students may borrow from $1,000 to $8,000 per year to help with tuition/expenses. A monthly payment is required while in school. Arrangements can be made to make interest only payments while attending MTI. The borrower can have up to seven years to repay the loan. This loan carries a fixed interest rate.

The school also offers student financing through the TFC Corporation. This financing establishes monthly payments for the student while in school. The financing through TFC carries a fixed interest rate.

Massachusetts Rehabilitation Commission is available to qualified individuals that may have a disability or are unemployed or require help to receive training or re–training in an employable field. Financial assistance is provided to those who qualify. Anyone interested in obtaining additional information must contact their local Massachusetts Rehabilitation office.

Veteran Benefits may be used for training at MTI. Students must apply for these benefits prior to admission and must submit the application to the certifying official at the school.

Career Planning and Placement

MTI offers placement assistance to graduates, however, it does not guarantee job placement. Since private practice is the career goal for many students, the MTI curriculum includes courses designed to teach students how to develop a small business as well as how to conduct themselves as professional muscular therapists. For those who prefer to align themselves with established businesses, the Placement Office offers informational, resource and networking assistance and coordinates with the Alumni Association in its efforts to give ongoing support to graduates.

Institute Policies

Student Records

The Muscular Therapy Institute intends to comply fully with the Family Educational Rights and Privacy Act of 1974, as amended, in honoring the student's right to inspect and review his or her academic records, and in providing a statement of the procedure he or she must follow to exercise this right. To inspect and review their records, MTI students or graduates must make an appointment with the Registrar.

No information concerning registered MTI students, except that which is defined below as directory information, will be released without the student's prior written consent. The Muscular Therapy Institute defines the following student information as directory information: name, dates of attendance, enrollment status, and date of graduation. MTI students have the right to withhold the disclosure of any or all of this information by submitting a written request to the Registrar. The student's request will be honored from the date of receipt through the end of the academic year.

Satisfactory Academic Progress Policy

Policy Statement

Students enrolled in the Muscular Therapy Institute Intensive Professional Training Program must make satisfactory academic progress (hereafter referred to as SAP) toward the completion of requirements for obtaining a graduation certificate. Following guidelines issued by the U.S. Department of Education, two measures are used to determine SAP. One is the student's academic record (qualitative progress) and the other is successful completion of a specified amount of curriculum within a certain amount of time (quantitative progress). Students must satisfy both measures in order to make SAP.

Qualitative Progress

The academic year consists of two semesters each comprised of 19 weeks of classes. The students must have completed a minimum of two-thirds of the credits attempted at the end of each academic semester.

Quantitative Progress

A 15 month program has a maximum time frame of 22 1/2 months.

A 20 month program has a maximum time frame of 30 months.

15 Month Program:

A STUDENT MUST HAVE ATTEMPTED:

	1st Semester	2nd Semester	3rd Semester
This many credits:	17.8	35.26	51.9
And completed this many credits:	11.87	23.5	34.6
And earned this cumulative grade point average (GPA):	1.5	1.8	2.0

11.87 of the 17.8 credits should be completed at the conclusion of the first semester. If the student has not completed 11.87 credits at the conclusion of the first semester then the student is given a warning notice that he/she must now complete 23.5 credits and maintain a GPA of 1.8 at the completion of his/her current second semester. When a student is issued a warning notice the student is considered to be on Probation.

Any student who will not complete 23.5 credits at the completion of the second semester is given a suspension notice for federal financial aid and remains on Probation.

20 Month Program:

A STUDENT MUST HAVE ATTEMPTED:

	1st Semester	2nd Semester	3rd Semester	4th Semester
This many credits	13.53 51.9	26.9	38.83	
And completed this many credits	9.02	17.93	25.89	34.6
And earned this cumulative grade point average (GPA)	1.5	1.8	2.0	2.0

9.02 of 13.53 credits should be completed at the conclusion of the first semester. If the student has not completed 9.02 credits at the conclusion of the first semester then the student is given a warning notice that he/she must now complete 17.93 credits and maintain a GPA of 1.8 at the completion of his/her current second semester. When a student is issued a warning notice, the student is considered to be on Probation. Any student who will not complete 17.93 credits at the completion of the second semester is given a suspension notice for federal financial aid and remains on Probation.

Likewise, any student who has achieved 9.02 credits for the first semester, but has not completed 17.93 credits at the conclusion of the 2nd semester is given a notice that he/she must now complete 25.89 credits and maintain a GPA of 2.0 at the completion of his/her current third semester. If any student who will not complete 25.89 credits at the completion of the third semester, is given a suspension notice for federal financial aid.

Course Withdrawals

If a student withdraws from a course prior to completing it, the course will be considered "credits attempted" even though no credit will be issued for the course. The "credits attempted" will be included in the qualitative and quantitative measurement for Satisfactory Academic Progress.

If a student repeats a course, either because of previously withdrawing from a course or failing a course, the course will be deemed as a first enrollment. A grade from a prior attempt will not be averaged into the grade for the new enrollment period of the course. The previous attempt has already been accounted for in a prior semester and has been included in the Satisfactory Academic Progress measurement for that semester. When a course is repeated in a subsequent semester the "attempted credits" will be included in the work load for that semester and calculated along with the other credits carried by the student for the semester to determine Satisfactory Academic Progress. Students who repeat courses can not receive additional financial aid for a repeated course.

Probation

All students who are placed on probation with a warning notice will be notified. The appropriate documentation will be filed in their academic folder.

Any student who has failed to achieve the appropriate grade point average or completed the minimum number of credits will be placed on probation for the subsequent semester. Therefore, at the completion of the semester in which the student has not achieved the minimum required credits, the student will be sent a warning notice. The student is warned that he/she must complete the minimum credits and earn a minimum grade point average at the conclusion of the next semester. Financial aid eligibility will continue during this initial probationary period.

A student who received a warning notice for a semester and subsequently does not achieve the minimum credits at the completion of the next semester is sent a suspension notice advising him/her that he/she will not receive aid for any semesters beyond this and that he/she may be eligible for dismissal.

Suspension

If a student progresses in the program during an initial probation period and does not achieve the minimum cumulative credits and grade point average at the end of the initial probationary semester, the student will be suspended from participation in the federal financial aid programs. The student may also be terminated from school for lack of academic performance.

If a student is not terminated, he/she must achieve the minimum cumulative credits and grade point average for the subsequent semester within the allowable time frame of 150%. Students remain suspended from participation in the federal financial aid programs while they are in this status. Aid will only be restored when the minimum academic progress described in the above charts is achieved within the prescribed time frame. Financial Aid will only be restored for subsequent semesters. Aid will not be disbursed retroactively for the semester in which the student was suspended.

Appeal Procedures For Regaining Eligibility

If a student has been denied financial aid or if financial aid dollars have been adjusted or suspended because of unsatisfactory progress, the student may appeal. The written appeal must be made to the Academic Policies Committee (APC). The student must appeal in writing within one week of being notified documenting any mitigating circumstances that may have affected the student's ability to succeed. The appeal will be considered by the APC with the Dean of Students and a decision rendered within two weeks of the appeal. The APC' decision is final. If the APC rules in the student's favor, SAP will be reinstated. If the student is participating in Title IV programs, his/her eligibility will continue uninterrupted.

Additional Elements

Students who withdraw from school will have their SAP data recorded in their files to date. If the student applies and is accepted for continued enrollment, the SAP data will be reinstated. A student may withdraw and reenter in this way only once unless special circumstances exists.

Appeal of Academic Probation/Suspension

When a determination has been made that a student has not maintained SAP and the student is placed on academic probation or suspension, the student may appeal the decision to the Academic Policies Committee (APC). The student must appeal in writing within one week of being notified documenting any mitigating circumstances that may have affected the student's ability to succeed. The appeal will be considered by the APC with the Dean of Students and a decision rendered within two weeks of the appeal. The APC's decision is final. If the APC rules in the student's favor, SAP will be reinstated. If the student is participating in Title IV programs his/her eligibility will continue uninterrupted.

Special Circumstances

In the event of special circumstances such as a student's injury/illness, death of a student's relative, etc., the SAP requirements may be waived. Such cases will be decided on an individual case by case basis by the Academic Policies Committee.

Student Attendance

Each student is expected to attend school regularly. A daily record of each student's attendance is maintained in the school Registrar's office.

The school understands that there will be occasions when illness or other personal matters will prevent the student from attending scheduled classes. The student is, however, responsible for all missed work and assignments. At the beginning of each course the course instructor will issue a course syllabus which describes the requirements for the course. Individual instructors set the amount of class attendance necessary for successful completion of the course. In no way may a student attend less than 80% of any course. Some instructors may require a higher standard. If the student does not maintain adequate attendance s/he may fail the course and be required to retake the course in its entirety. A student must pass all courses in order to graduate.

If a student misses all classes for a period of 20 consecutive calendar days the Registrar will notify the Class Advisor. If the student does not return to classes by the 30th consecutive day, the student will automatically be withdrawn from school at that time. Students may re-enter per the school's policy (See page 30).

Tardiness

Each student is expected to be in class at the time the class is scheduled to start. A student entering after classes begin will be marked "Tardy" if the student arrives within the first 20 minutes of class. If the student is not present in class or arrives 21 minutes or later after class has begun, the student will be marked absent.

When a student is marked "Tardy" four times it will be equivalent to one class absence. Classes are scheduled in 3 hour blocks.

Make up Work Policy

The particular make up policy for each course is defined by the individual instructor. If a student misses a class, s/he must contact the instructor of the course and agree on a plan to make up the work according to the make up policy of the course.

Incomplete

A primary teacher may determine that it is necessary to issue a grade of I (Incomplete) because the student has not completed the required course work due to extenuating circumstances. The student is responsible for completing all incomplete course work within 30 days of the end of the semester. If the student fails to complete the work within 30 days, the grade will automatically be changed to F. Incomplete grades are included in the calculations of the G.P.A. and may affect the student's SAP standing.

Leave of Absence

A student may request a leave of absence for personal reasons. Such requests will be evaluated on an individual basis by the Dean of Students. Factors considered in evaluating the request for a leave of absence include the student's pattern of responsibility, attendance record, grades, and the ability to make up the missed course work and other requirements upon return. If the request is granted, a student may take a leave of up to 60 days and still be eligible to rejoin the class. Leaves of absence are not included in the calculation of the total absentee rate.

If you are required to take a leave of absence for any reason the school will treat your enrollment as terminated from the last date of attendance. You may rejoin your class within the 60 day time frame allowed for the leave of absence. When you return to classes MTI will change your status to be an active student. If you are participating in financial aid programs, your aid will stop at the date of your last class attendance and you may be required to reapply for further aid upon your return to class.

Withdrawal

A student considering withdrawing from MTI must speak to her/his class advisor. The class advisor or the Dean of Students will inform the student about options to

return to MTI in the future, as well as guide the student through the withdrawal process which includes a financial exit interview.

Students who withdraw will receive grades and credit only for those semesters which have been completed.

Return to MTI After Withdrawal

A student who wishes to reenter after withdrawing from MTI must contact the Dean of Students. In order for a student to receive permission to return, the student must have financial clearance and must resume classes at the beginning of the student's last uncompleted semester.

Student Conduct Policies

Expected Student Behavior

Students are expected to be constructive participants in the program to contribute to creating a positive experience for themselves and for their classmates. If the faculty feels that a student is being disruptive or destructive to the class or to him/herself, (by monopolizing class time, being continually negative, not keeping up with assignments or alienating other students, etc.) the problem will be addressed. Failure to resolve the issue may result in termination.

Cheating

Cheating is a breach of essential trust between students and the school, the teacher and the other students. Cheating in all of its forms, including plagiarism and accepting compensation for massage before completing the necessary requirements, will not be tolerated at the Muscular Therapy Institute and is grounds for dismissal.

Hazing

Hazing is not permitted at the Muscular Therapy Institute. Non–observance of this policy is grounds for expulsion. The provisions of Massachusetts General Laws Chapter 269 Sections 17 and 18 require that all students be informed of an anti–hazing policy and that hazing conduct which willfully or recklessly endangers the physical or mental health of any student or other person is punishable by fine, imprisonment, or both.

Drug and Alcohol Policy

MTI adheres to all requirements of the Drug–Free Schools and Communities Act Amendments of 1989, Public Law 101–226.

The unlawful possession, use, or distribution of illicit drugs by students on MTI property or during MTI related activity is strictly prohibited. Disciplinary action in such cases will be immediate expulsion from school with notification of local law enforcement agencies. Possession, use, intoxication, or being under the influence of alcohol in any way while on MTI property or during any MTI related activity is strictly prohibited. Disciplinary action for the first offense for a student is immediate placement on probation for the remainder of the student's enrollment at MTI and a student faculty conference to assess the problem and determine if further action is required. The student will also be referred to the Dean of Students to determine if referral for professional substance abuse treatment is warranted. A second offense will result in immediate expulsion from MTI.

In addition, MTI has developed a manual entitled "Drug Policy and Procedures" which is available at the school in the student lounge and in various administrative offices. This manual lists a number of programs for individuals with drug abuse problems that are available in the Boston/Cambridge area. Students are encouraged to refer to this manual for assistance or speak to the Dean of Students.

Campus Crime and Security Act

MTI publishes an annual report regarding any crimes that may have occurred on campus over the last 36 months. A summary of the report is available to all prospective students from the Admissions office and the full report may be obtained from the Director upon request.

MTI disseminates this information to all current students and staff on an annual basis. The school also offers a program in rape awareness and personal safety, which is open to all members of the school community.

Non–Academic Probation and Termination

In addition to unsatisfactory academic progress (see Satisfactory Academic Progress policy), the Institute may also place a student on probation or terminate a student's enrollment for other reasons including: incompatibility with the program, excessive absences, cheating, plagiarism, violating safety regulations, interfering with other students' work, irresponsibility, unprofessional conduct, being vulgar or obscene, being under the influence of alcohol or drugs, failing to make timely tuition payments. Also, the practice of hazing is prohibited by the Commonwealth of Massachusetts and is grounds for immediate termination.

The decision to place a student on non–academic probation will be made by the Dean of Students. If a student is placed on non–academic probation, a faculty/student conference will be held where a plan will be developed with a time line for completion. When a student fulfills the requirements of the plan, the Dean of Students will notify the student in writing that s/he is no longer on probation and regular status has been attained. Failure to complete the plan may result in termination.

The final decision to terminate a student's enrollment for non–academic reasons will be made by the Education Director and the Dean of Students. A student's

enrollment may be terminated without a probationary period. If a student wishes to appeal a termination decision, s/he must write to the Director of the School.

Federal financial aid is not affected if a student is on non–academic probation.

Student Input and Support

Core Administrator and Community Forums

Each class will have a designated administrator who is the core administrator for the class.

The role of the core administrator is to:

1. Assist students who have an administrative question or concern and are unsure how to proceed.
2. Develop a sense of the general issues, experiences and concerns of their assigned classes. Use this understanding to assist with problem resolution and to identify needed administrative policies, procedures and changes.

Course Evaluation Forms

Periodically students will be asked to complete an evaluation form on each class. These forms provide the teachers with ongoing feedback on their classes and give them indications of what materials, techniques or exercises were most or least helpful to the students.

Personal Problems

If a student is having difficulties that interfere with participation in the school, the student should bring these problems to the attention of the Class Advisor. Assignments and faculty expectations of students may temporarily be modified in special circumstances.

Interpersonal Problems

Student interpersonal problems sometimes arise within a school. If this happens, an attempt should be made to resolve it, or discuss it with the Class Advisor. If a student feels that it would be helpful, the Class Advisor is available to mediate conflicts.

Complaint Procedure

MTI is committed to open, on–going feedback between students and staff/faculty members. Students are encouraged and expected to discuss any concerns with the individuals involved.

If a student has a problem or complaint and is unable to address the issue directly to the responsible staff/faculty person, s/he should talk with the Class Advisor who will assist the student in resolving the problem, including facilitating a meeting between student and staff/faculty member(s) if needed.

If the student's complaint is with the Class Advisor and s/he is unable to meet with the Class Advisor, the student should meet with the Education Director for assistance in resolving the problem.

If the above steps do not lead to satisfactory resolution of the problem, the student may initiate a formal complaint. The steps of this complaint process are as follows

1. The student writes a letter containing the following information:
   a. the nature of the problem,
   b. the approximate date(s) that the problem occurred,
   c. the name(s) of the individual(s),
   d. important factual information,
   e. dates of meetings with Class Advisor and/or staff/faculty member(s),
   f. outcome of meetings(s).
2. This letter of complaint should be submitted to the Director of the School.
3. Within ten days the Director of the School will investigate the complaint and work to resolve it with the student.
4. If this process is unsatisfactory to the student, the student has the option of registering a complaint with the Accrediting Council for Continuing Education & Training (ACCET). The procedure for registering such a complaint is posted in the Student Lounge.

Study Groups

Students are encouraged to form study groups. These groups provide ongoing support and help students acquire better study habits. At the end of each meeting, students decide what subjects they will cover at their next meeting. This provides a structure for studying in–between group meetings. Study groups are optional and are formed at the initiative of the students.

Tutoring

There is a list posted in the Student Lounge of tutors available for extra help in the science courses. Tutor's fees are also listed.

Student Practitioner Self–Care

Because Muscular Therapy is a physically demanding profession, the curriculum of the school emphasizes proper self–care and body alignment. By establishing safe practice habits, good self–care techniques, and increased body awareness, student practitioners build the foundation to best handle the physical demands of the work.

Beginning a Practice

As students begin to develop their business they must establish themselves in the community in which they plan to practice.

Licenses

In the Commonwealth of Massachusetts each town or city is responsible for issuing licenses for individuals wishing to practice massage therapy professionally. The laws and rules regulating who may obtain a license as well as certain practice restrictions are determined by the health department of each town or city. Therefore, students should investigate the regulations of the location where they wish to practice professionally before making plans to work there.

Licensing requirements may also affect when a student can begin to charge fees for his/her work. Although MTI's policies allow students to accept money for massage before they graduate (detailed below), some towns/cities will not grant massage licenses until students have graduated.

Charging Fees

The field of professional massage therapy is an emerging one. It is essential that individuals hold themselves to certain standards in order to protect and enhance the overall quality of the profession. Students at MTI receive training in a multitude of issues surrounding the charging of fees, including amount, collections, professional boundaries, and marketing.

In order to ensure the best possible experience for students entering the professional ranks, it is MTI's policy that before a student can begin to charge for his/her work s/he must meet the following criteria:

1. Must have successfully completed 35 credits and either 2 academic semesters in the 3 semester format or 3 academic semesters in the 4 semester format.
2. Must have received a passing grade for all completed modules.
3. Must have no current academic warnings on record. Under no circumstances is a student to accept fees, tips, or exchanged services for any massages or practice massages until all of these criteria are met.

Students will be asked to sign an acknowledgment of and an agreement with this policy. Violation of this policy is grounds for dismissal from school.

Malpractice Insurance

Students at the Institute are required to purchase malpractice insurance through the school unless they already have an independent policy. Insurance purchased through the school is inexpensive — $20.00 per year, and provides coverage should a client be accidentally injured as a result of a practice treatment.

Bookstore and Supply Services

Video Library

MTI has an extensive collection of reference tapes available to students. These tapes include many of the technique lessons as well as various classes.

Books and Supplies

Books and supplies can be purchased through the MTI Bookstore, but may also be purchased at other retail centers or directly through the publisher/manufacturer. MTI maintains a bookstore for the convenience of the students but does not require students to purchase their items from this source.

Students will be provided with a list of necessary books and learning materials at Orientation and at the beginning of new courses. Items that are for sale are listed on a printout and are on display on the ground floor outside the Student Therapy Center.

Payment for books and supplies ordered through the Bookstore is due upon receipt of the items ordered. Once items are purchased MTI does not accept returns and does not issue refunds. Payments may be made in cash, by check made payable to "MTI Bookstore", or by credit card.


Massage Institute of New England

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The School

Philosophy and Purpose

The Massage Institute of New England (MINE) provides the highest quality of training and education for professional Massage Therapists. Our program focuses on the integration of body, mind and spirit in the study and practice of massage. Each student is given the maximum opportunity to learn and grow in our rich multi-sensory learning program.

We believe that each student's process of growth during the course of our program is a mirror of the process of change and evolution which they, as therapists, will facilitate in their clients. We seek to help students to integrate this process into relationships with family and friends, and to support them through their experience in the program and beyond into future practice.

We do not see students as empty vessels, but as a respected part of an exciting cycle of learning which involves both students and instructors. Our program provides a sound basis of knowledge, training and experience. Each student is then encouraged to build upon that basis, incorporating individual experience and intuition to develop a personal style of practice.

MINE is devoted to the advancement of the art, science and practice of massage therapy. By providing a quality program, plus the best in continuing education, we are sowing the seeds for an expanding, dynamic massage community.

History

MINE was founded in 1982 by Rosalie Foster in Brighton, Massachusetts. With six students, Rosalie started the school combining her background in physical therapy and orthopedics with the more intuitive and holistic practice of massage. The school achieved approval by the American Massage Therapy Association in 1983, and in 1988 moved to the present location in Cambridge.

High educational standards and community involvement have always been at the center of MINE's principles. Community outreach has included supporting AIDS Hospice programs, donating thousands of hours at the Boston Marathon and other sports events and volunteer work for the American Massage Therapy Association at both the state and national levels.

School Surroundings

MINE's attractive, renovated building is located in a pleasant, multi-cultural area of east Cambridge. The school is easily reached by public transportation: the Lechmere stop of the MBTA Green Line is a short walk, and just in front of the school stops the Harvard/Lechmere bus which connects to the Red Line at Harvard Square. Neighborhood and on-street parking is available.

There are restaurants, stores and shopping plazas in our family-oriented community. Students can walk to the Lagoon at Lechmere Canal Park for outdoor dining in good weather, or enjoy one of the paddle-boats or sight-seeing cruises on the nearby Charles River. Other neighborhood attractions include the 3-level CambridgeSide Galleria Mall, Boston's Museum of Science and the Cambridge Multi-Cultural Arts Center.

Cambridge, home of Harvard and MIT, is an exciting academic and social atmosphere; and Boston, of course, is known world-wide as a center for modern health care non-traditional as well as traditional medicine.

Professional Affiliation

The American Massage Therapy Association (AMTA), established in 1943, is the oldest and largest national organization representing Massage Therapists. Its purpose is to serve the needs of its members and of health care consumers. The Association has grown dramatically in recent years, as has the field of massage therapy. The AMTA provides leadership in areas of concern to the profession such as education, professionalism, legislation and public awareness.

The AMTA Commission on Massage Training Accreditation/Approval (AMTA COMTAA) is instrumental in the design of educational programs. MINE's program has been AMTA COMTAA approved since 1983. MINE students are eligible for Student Membership in the AMTA, and upon graduation are eligible for AMTA Active Membership.

Directors

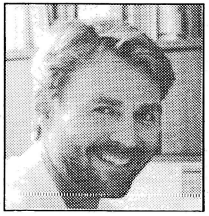
Rosalie Foster



Registered Physical
Therapist Assistant
Registered Massage Therapist
Approved Continuing Education Instructor

Rosalie Foster has been practicing massage in the Boston area since 1977. She is a Licensed Registered Massage Therapist and a Registered Physical Therapist Assistant. Rosalie has been granted the Approved Continuing Education Instructor certificate from the AMTA and is Certified to teach Zero Balancing. She has extensive background in the field of orthopedic and sports physical therapy. She has completed Gestalt Therapy training with the Gestalt Institute of New England.

Henry Corley



Registered Massage Therapist
Sports Massage Therapist

Hank's background is in traditional Massage Therapy and Sports Massage. He is also trained in Myofascial release, CranioSacral and Zero Balancing. His focus is intensity of touch and imagination in bodywork. Hank has served in varying capacities for the AMTA on various MA chapter board positions as well as, Coordinator of the Boston Marathon Sports Massage Team, MA chapter and the National Sport Massage Team. He also serves as the Administrative Director of MINE and teaches regular classes.

Faculty

The instructors at MINE are chosen for their teaching abilities and their clinical expertise, and all are in active practice in massage or other bodywork modalities. This gives students exposure to different aspects of massage practice as well as different approaches to clinical work. Instructors provide personal support and one-on-one contact to students and use a variety of teaching mediums and techniques. As much as possible, instructors create a multi-sensory class experience in order to stimulate different learning styles and abilities.

Open House

Open Houses are our way of getting acquainted with the public, student applicants and their family and friends. These pleasant informational gatherings are scheduled periodically several times a year at no charge, and are about two hours long. The school directors and faculty members are available to meet guests, talk informally, and answer questions.

Attendance at an Open House is just one of several ways to get to know a massage school. We also encourage you to visit our student clinic and enroll in the Introduction to Swedish Workshop. By receiving a student massage, you will be able to judge our approach to bodywork and talk on a personal level with our students. The Introduction to Swedish Workshop will introduce you to the classic Swedish style of Massage Therapy we use as a basis for your training. This will offer you an experience of our classroom and teaching style as well as an opportunity to meet other prospective students.

School Calendar

Our core curriculum commences several times every year. New students may be eligible to begin classes during the school year. We offer both day and evening core classes Monday through Friday. Electives, some Anatomy Labs, and Continuing Education courses are scheduled on most weekends throughout the year. Please contact us to request a current schedule.

Schedule of Courses

Our Core Curriculum courses are offered in day and evening:



Core Curriculum

Day Classes:

8:30 p.m. - 4:30 p.m. two days per week for 12 months.
Two days per week are required for the first three months.

Evening Classes:

6:00 p.m. - 8:30, 9:00 or 10:00 p.m. up to four evenings per week.
Most evening students complete the program in about two years.

Part Time Classes:

Students may enroll in this program part-time on a space available basis.
Both day and evening classes are available for part-time students.

Procedure and Requirements

Admission Requirements

Enrollment at MINE is limited so that each student may be given individual attention. We are looking for applicants who have a positive approach to life, and are physically, emotionally and academically qualified to practice massage therapy. Prospective students must be in good health and have a minimum of a high school education or equivalent. MINE does not discriminate against any applicant on the basis of race, color, sex, age, religion, national origin, sexual preference, or non-performance related handicap.

Application Procedures

The application process is a way for us to get to know the applicants and to share information about MINE. Applicants are considering an important decision about their futures and careers, and we want to be available to help with that decision. Open houses, the Introduction to Swedish Massage Workshop and particularly the personal interview, are meant as opportunities for two way communication. At the personal interview a school representative will explain procedures and policies, answer questions and discuss options for payment and scheduling.

Application Procedures

- Complete the application form and submit along with the $50.00 application fee.
- Attend one or more Open Houses.
- Schedule and complete a personal interview with a school representative.
- Attend Introduction to Swedish Massage Workshop. (Persons with prior training in massage may apply for exemption to this requirement.)
- Scheduling one or more appointments in the student clinic is recommended.

Graduation Requirements

Students will earn the award of a certificate of graduation by meeting the following requirements:

- Complete all Core classes and assigned course work with passing grades and have satisfactorily maintained MINE's tough attendance and performance standards.
- Take 100 hours of electives on the weekends.
- Perform the assigned treatments in our Student Clinic and attend the monthly Clinical Practicum meetings.
- Complete an 8-hour approved CPR course.
- Receive eight professional massages.
- Successfully complete the Movement Class.
- Pay all tuition and fees in full and in a timely matter.

Advanced Standing

Credit for previous study in Anatomy, Physiology, Clinical Modalities and Pathology may be granted if the subject matter has been studied in the previous three years. To qualify for advanced standing or credit, students must provide transcripts and successfully complete an examination in each subject.

Tuition

Tuition for the professional certification program is $8500.
Tuition includes Electives and all Lab fees.
Other expenses: Books and massage supplies, an appropriate CPR course, eight professional massage treatments and massage table. (It is necessary for students to have a massage table for practice outside of class.)

Tuition Payment Option

If full payment is not possible, tuition may be paid in monthly installments using these guidelines:

Tuition Payment Plan:

- Prepay at least one fourth of the tuition upon registration. (This includes your refundable deposit.)
- The remainder of tuition, plus interest, to be paid in monthly installments in one to three years.

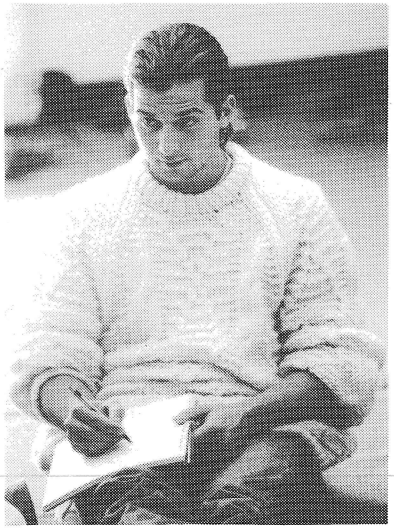
Refund Policy

If a student withdraws within five (5) days after submission of application, and PRIOR to the start of the program, the application fee and ALL tuition is refunded (less $50.00 for administrative costs.) The schedule of refunds for withdrawal AFTER starting the program is available upon request. It is also included in the Student Agreement and conforms to the guidelines set forth by the Commonwealth of Massachusetts, Department of Education.

Our Students

MINE students demonstrate a unique blend of energy, creativity and commitment. They bring to the school a wealth of knowledge and experience in diverse fields. For many, massage therapy is a second or third career, and many of our graduates have extended their training into new and exciting applications of massage therapy.

Full Time Students
Day and Evening



Full Time students find themselves completely absorbed in the training program within the first few weeks! Our unique approach to combining the clinical aspects of Massage Therapy with the esoteric is challenging, thought provoking and rewarding.

The 12-Month Full Time Day student will spend 30 to 35 hours per week on school as they work toward certification. Accordingly Core courses will take up to 14 hours per week; 10 hours per week will be a combination of electives, movement class, clinic sessions, clinic meetings, professional massages and participation in public service events as student massage therapists; the remaining hours will be spent on homework including hands-on assignments.

Full Time Evening students usually take 2 classes per week spending approximately 15 to 20 hours per week on school work. Accordingly, Core courses will take up to 8 hours per week; the remaining time will consist of the same combination of elective and required classes combined with homework assignments. Evening students usually complete the program within 24 to 30 months.

Full Time Students Day and Evening (cont.)

Full Time students have the option of taking up to four evening classes each semester and/or a combination of Day and Evening classes. Each schedule is carefully considered based on your ability, personal schedule, class availability and work load.

Part Time Students

Many of our students have a very busy life schedule which prevents them from attending our certification program on a Full time basis. Part Time registration is on a space available basis as we give priority to Full Time students. We will work with you to individually tailor a program that will assist you in pursuing this exciting career. This option allows a less intense schedule for completing the many requirements for certification.

Non-Certification Students

Persons who wish to take courses without enrolling in a certification program may do so; however, not all classes are available to non-certification students. No certification or credit is awarded for completed courses unless the student enrolls in the certification program. Non-certification student must follow the same MINE procedures for admissions and pay all fees in full.

Student Services

Scheduling

MINE's unique flexible scheduling policy is designed for the convenience of our students, many of whom are making a career change and have other commitments outside of school. Core classes are scheduled Monday through Friday, day and evening, which allows many scheduling options. Every student, whether full or part time, will have the help of the registrar or an advisor to design a personalized class schedule. For incoming students special scheduling needs may be discussed at the admissions interview.

Housing

MINE does not provide housing for students. We are located in a residential community and apartments and room rentals may be available in the immediate area. We advise students to make living arrangements well in advance of the start of classes.

Bookstore

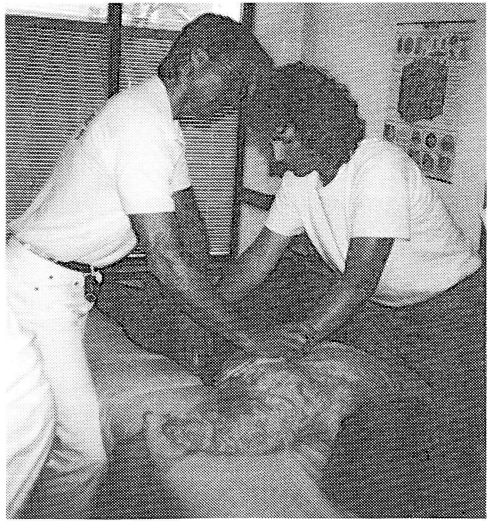
The MINE bookstore stocks a complete supply of all the books and supplies necessary for the program. We also have a good selection of additional books on massage and related subjects, and we will special order books on request. We carry a selection of quality massage oils and supplies, and a full line of massage tables in a range of prices and attractive styles.

Licensing

Prior to applying to MINE, prospective students should check massage licensing requirements for the communities where they plan to practice. Licensing in Massachusetts is currently under the control of Boards of Health or local governing bodies. Policies and standards for licensing may vary from town to town and from state to state. Upon request, MINE will provide information about our certification program to any governing body that licenses massage.

Placement and Employment

MINE does not guarantee placement upon completion of training. We do offer you assistance in seeking employment by helping you to design an appropriate course of action to put you in business. Employers seeking to hire massage therapists frequently contact MINE. We maintain a job file, of past and currently available positions, which is available to any of our graduates. We also train you to be able to set up your own private practice.



Curriculum and Courses

Core Curriculum



Our professional program commences several times a year and consists of 1000+ hours of training. We continually review our curriculum in relation to the highest standards of our growing profession and we may make changes from time to time to improve the program.

Required Courses:

Introduction to Swedish Massage (6) (Admissions Requirement)
Swedish Massage Theory and Technique (96) (1st Semester Course)
Anatomy and Lab (100)
Massage and Movement* (96)
Movement Class* (21)
Physiology (72)
Massage and Awareness* (96)
Business, Marketing and Placement (18)
Clinical Modalities* (18)
Pathology* (48)
Putting It All Together* (32)
Clinical Practicum and Meetings* (14 + 300 clinic hours)
Electives (105)

* These classes have prerequisites.
( ) Indicates instructional hours.

Introduction to Swedish Massage (Admissions Requirement)

The first class you will take at MINE is the Introduction to Swedish Massage. This one-day workshop covers basic Swedish techniques and is open to persons seeking a non-professional course in massage, prospective applicants, and their family and friends. The class introduces basic Swedish techniques, gives a hands-on experience in massage, and exposure to the MINE environment, faculty and teaching methods.

We encourage friends and family of applicants to take this introductory course in order to expose them to massage and enlist their support for our students pursuing the professional program. Many people find it valuable and fun to attend more than once.

Swedish Massage Theory and Technique (First Semester Course)

This course covers the history, current values, and applications of Swedish massage. Students acquire a knowledge of the names, functions and effects of traditional Swedish strokes, as well as indications and contra-indications. Also covered is client evaluation and assessment. Students learn the importance of developing a supportive therapeutic relationship with clients and how to enlist client participation for best results. The major part of class time is devoted to hands-on experience in which students learn basic techniques and are encouraged to develop their own style of practice.

Anatomy

This study of human structure includes the musculo-skeletal system, the bones and their points of attachment, the origin and insertion of muscles, joint articulation, tendons and ligaments. A kinesthetic experience of the study of anatomy is achieved through palpation, movement and mapping of origins and insertions in the body. Students are encouraged to develop their palpation skills and knowledge of anatomical structure.

Anatomy lab

The Maniken® system of building muscles, using clay, on a model skeleton brings the study of anatomy to life and fully supports the lectures. This combined with movement exercises to explore the kinesiology of muscle groups will expand each students understanding of human structure. All lab fees, including the Maniken® student lab kit, are included in tuition.

Massage and Movement

In Massage and Movement students explore the application of movement as a therapeutic modality, learn the stressful effects of movement on the body, as well as the benefits of proper exercise for both client and therapist. Kinesiology is introduced through the application of range-of motion and passive exercise in massage, and by practicing strengthening and stretching exercises in class. Students learn how to avoid stress, injury and therapist burn-out through proper body mechanics and conditioning. They also develop palpation skills and quality of touch and contact as they learn trigger point theory and technique.

Movement Class

Movement class offers an experiential undrstanding of body mechanics. The instructor uses a combination of warm-up exercises, T'ai Chi stances and mechanics of motion concepts developed to support massage therapists in their practices.

Physiology

The study of physiology includes all the systems of the body with emphasis on those most effected by massage: the respiratory, nervous and circulatory systems, tissue structure and cell function. This course leads to an understanding of muscular and cellular activity, and the effects of massage, exercise, stress and other influences on the body.

Massage and Awareness

In Massage and Awareness students have the opportunity to combine what they have learned in the rest of the program into a meaningful whole. Each student will choose and treat one client during the term, reporting the client's progress in class. Students will learn skills for building the relationship between client and therapist, as well as concepts and techniques of working with body energy. Zero Balancing, Aura Balancing and Craniosacral Therapy as well as other forms of subtle bodywork will be presented.

Business, Marketing and Placement

Every massage therapist needs to know the fundamentals of setting up their own business and marketing their practice. This class begins with exploring ethics and professional behavior and continues to define each students vision of their massage practice. Marketing strategies are organized and implemented to help our students have greater success in a competitive marketplace. We help students to approach the professional offices, health spas and sports clubs which offer our graduates professional opportunities.

Clinical Modalities

Massage Therapists work in concert with other health professionals making it necessary to understand the many modalities their clients may be using. This course introduces students to cryotherapy, thermotherapy, hydrotherapy, theory of phototherapy and electrotherapy. This class focuses information from Swedish Theory and Technique and Physiology on hygiene, contraindications and indications for massage therapy.

Pathology

Pathology, common to the practice of massage therapy, is introduced. The focus is skin disease, musculoskeletal and orthopedic disorders and arthritis. There is emphasis on being part of an interdisciplinary team dedicated to the well-being of the client.

Therapeutic Style: Putting It Together

Putting It Together creates an environment where students have the opportunity to further develop their individual approach to bodywork and to identify their particular style of work. Each student will refine their hands-on techniques, transition skills, interpersonal relations and focus on fine tuning their body mechanics to prevent future burn-out and massage professional related injuries.

Clinical Practicum

Clinical Practicum provides students with actual experience treating clients in a clinical setting. In the safe, structured environment of the classroom clinic, students receive maximum support and helpful supervision. Students will refine their skills and use of modalities, design treatment plans, practice intake skills and out-go procedures, keep clinical records and work with other student-therapists in a cooperative clinic environment. Monthly Clinical Practicum meetings are held to support and discuss the clinical experience.

Clinical Practicum also offers interested students the opportunity to develop a working relationship with other health professionals by working in their offices. We also require that all students donate at least 25 hours to public service. This is organized as supervised class trips.

Electives

A wide range of subjects both practical and academic are covered in the elective offering.

- At least 100 elective hours are required for graduation in addition to the core curriculum.
- Up to 105 hours are included in the tuition; extra electives may be taken for an additional fee.
- Some electives have prerequisites.
- The electives we offer are rotated, therefore not all electives are offered every semester.

Elective courses are also offered to graduates and qualified others as continuing education. The registrar makes the current schedule available 3 times per year.

Examples of Electives Offered:
Clinical:

Sports Massage • Shiatsu • Reflexology
Polarity • Facial Massage • Acupressure
Side-lying Massage • Crystals and Bodywork
Save Your Thumbs

Academic:

- AIDS Education
- Business Practices
- Body as Metaphor
- Career Development
- Edgar Cayce Remedies
- Records and Bookkeeping
- Oriental Diagnosis
- The Art of Meditation
- Nutrition



Continuing Education

Part of the mission at MINE is to support our students beyond graduation and to serve as a resource to the New England massage and bodywork community. MINE faculty and guest lecturers teach a broad range of courses for advanced study. Our program of electives is also open to graduates of MINE and other qualified students who wish to broaden their education.

Continuing Education Courses include: • The Sports Massage Certificate Program: Beginning Sports Massage, Intermediate Sports Massage • The Orthopedic Series: Advanced Injury and Rehabilitation • Zero Balancing • Any of the Electives currently offered.

MASSAGE INSTITUTE OF NEW ENGLAND
APPLICATION FOR ADMISSION

Date: _____

SEMESTER, Year for which you are applying: Month: _____ 19 ____

CHECK TWO 1: Day Evening Day/Evening 2: Full Time Part Time

ARE YOU PLANNING ON WORKING FOR CERTIFICATION? YES No

NAME _____ SS# _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE/ Home ( )_____ WORK ( )_____ DOB _____

EDUCATION: Circle highest grade completed; date of graduation.
High School 1 2 3 4 College 1 2 3 4

Professional, Vocational or Graduate School Training:

_____

CURRENT EMPLOYMENT:
Firm Name: _____ Supervisor _____

Address: _____ Position: _____ #Years _____

MINE Application Continued

Previous employment:

Have you already completed our Introductory Swedish Massage Workshop? _____Yes _____No

Have you completed a Swedish Massage Workshop elsewhere? _____Yes _____No _____ Year

PLEASE ANSWER QUESTIONS 1-9 ON A SEPARATE SHEET OF PAPER.

1. Do you have any physical or mental condition that could affect your participation in this program? If yes, please explain.
2. Describe your present state of health and include a history of injuries, skin diseases, contagious/communicable diseases or spinal problems.
3. Describe in your own words your physical and mental level of well-being.
4. Do you smoke or take drugs? If so, name type and frequency of use.
5. Describe your current life-style (leisure, hobbies, work, exercise).
6. Name any reason(s) which could prevent you from finishing this program.
7. Briefly describe any previous bodywork, training or experience, including books read, workshops or schools attended, professional massages received etc. Please include any health related training or experience.
8. Tell us why you wish to become a massage therapist.
9. How would you be an asset to this Institute as a student and as a graduate?

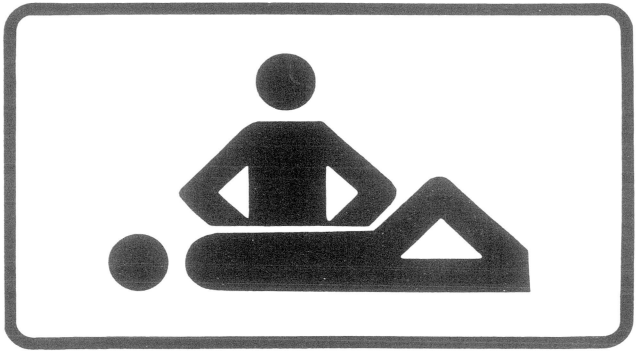
The answers to these questions will help us to determine your eligibility to this school. Please include any information which you feel will help us to know you better.

APPLICATION PROCEDURE

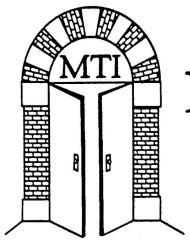
1. Complete this application form and return it with a $50.00 application fee.
2. Include a current photograph.
3. Include three letters of reference (including one from a health practitioner stating that you are in good health to undertake this course and that you are TB negative).
4. Applicants for Advanced Placement must enclose a transcript from a college(s) or an AMTA curriculum-approved school. The course(s) must have been completed with a minimum grade of 75%. Contact the registrar for more information.
5. Applicants will want to attend at least one Open House and the Introduction to Swedish Massage (waived for qualified applicants).
6. After submission of the application, applicants will be called to schedule an appointment for the admissions interview. The results of the interview will be a main determining factor for admission to the program.
7. Notice of acceptance will be given after the first interview. Upon notice of acceptance, a deposit of $1000.00 must be paid to the Institute to hold a place in the class.

DEADLINE FOR APPLICATION

MINE is accepting applications for current and advanced enrollment. Applications will be reviewed for the next scheduled class unless the applicant requests otherwise.



Massage Institute of New England
439 Cambridge Street • Cambridge, MA • 02141 • 617- 547-6554



Muscular Therapy Institute

Est. 1974

The Skill of Massage & the Art of Healing

122 Rindge Avenue • Cambridge MA 02140
617/576-1300 • fax 617/864-8283

Published July 1995

CATALOG

MUSCULAR THERAPY INSTITUTE

Accredited by the
Accrediting Council for Continuing Education and Training

Licensed by the
Commonwealth of Massachusetts Department of Education

Program Approved by the
AMTA Commission of Massage Training
Accreditation/Approval

The school is operated by the Muscular Therapy Institute
and is owned by Dr. Ben E. Benjamin who serves as the school's President.

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Muscular Therapy Institute
Faculty and Staff

Ben E. Benjamin, Ph.D
President

Mary Ann DiRoberts
Director

Education Department

Joelle Andre
Education Director

Elizabeth Wirth
Assistant Education Director

Susan White
Dean of Faculty Development

Joleene Barren
Educational Projects Coordinator

Faculty

Craig Andrade
Erika Baern
Robin Cassel
Carol Dwyer
Anne Gilbert
Anitra Gugliotta
Kathy Hood
Rick Horton
Shirley Lynch
Eliza Mallouk
Chris Schoonmaker
Wendy Stone
Bob Vinson
Tracy Walton

Faculty/Student Advisors

Jeff Drake
Elizabeth Feigenbaum
Mary Karis
Sue Mapel

Administration

Diane Mulkern
Administrative Director

Robert Vinson
Weekend Coordinator

Debbie Cohen
Bursar

Donna Wells
Financial Aid Director

Nina Solomita
Registrar/Placement Director

Marcella Cooke
Receptionist

Student Therapy Center (STC)

Thomas Jacobson
STC Manager

Rochelle Breeden
STC Coordinator

Tamar Myers
STC Staff

Lauren Steeves
STC Staff

Admissions

Elizabeth Harvey
Admissions Director

Randi Benator
Admissions Representative

The Muscular Therapy Institute

The Muscular Therapy Institute is licensed by the Commonwealth of Massachusetts, Department of Education and offers a 51.9 credit hour training program. Students are trained in the Benjamin System of Muscular Therapy — a unique combination of treatment, basic exercise and education designed to reduce chronic muscle tension and to promote physical health. Since its founding in 1974, the Institute has been dedicated to training responsible, skilled professionals who effectively assist clients in reducing stress, pain and muscular tension.

The Institute places a high priority on developing mature practitioners who understand the complex nature of the body. To be effective in helping people to relieve their physical tension, a Muscular Therapist must be self–aware, have an understanding of human behavior and have an excellent ability to communicate. The training program combines a strong theoretical and practical background with courses in communication skills to prepare skilled and qualified professionals.

History/Background

Muscular Therapy was developed by Dr. Ben Benjamin from a synthesis of several approaches to working with the body. Dr. Benjamin's interest in the field began in 1958 when he sustained a serious injury. After several frustrating attempts to obtain relief, his injury was successfully treated by Alfred Kagan, a well–known French practitioner who had developed original techniques for the treatment of muscular tension and injury. During the course of his treatment, Dr. Benjamin became interested in Kagan's method and studied with him after his recovery. He observed and analyzed Kagan's complex technique and from his observation created a series of muscular manipulations which could then be taught to other practitioners.

Following his work with Kagan, Dr. Benjamin spent several years studying the origins of physical tension and learning ways that people could care for themselves without requiring continual treatment. He became particularly interested in the work of Dr. Wilhelm Reich, F.M. Alexander, and Dr. James Cyriax and sought ways of incorporating some of their ideas into his approach to tension reduction.

In Reich's work, Dr. Benjamin learned of the emotional component of muscular tension. Reich was the first psychiatrist to suggest that emotional trauma could become locked in the muscles creating a physical tightening in the body which he called armor. This armor acted as an emotional protection but also blocked the expression of feeling and contact with the self. Benjamin realized that this understanding of the physical manifestation of emotional distress could help the practitioner distinguish between emotional distress in the body and mechanical or injury related tension.

In his study of the Alexander Technique, Benjamin discovered a highly effective method for establishing proper movement habits. He felt that by using these techniques practitioners could not only learn to use their bodies more effectively when

working, but they could also increase their understanding of the relationship of faulty movement habits to pain, tension and injury. He, therefore, sought to involve teachers of this technique in the Muscular Therapy training.

The third influence was the injury evaluation and deep friction treatment developed by Dr. James Cyriax, an English orthopedist. In these techniques, Benjamin found a means for the practitioner to determine and to evaluate the exact nature of musculo–skeletal injuries and to distinguish between the serious injury, which requires a physician's attention, and one that is relatively minor and could safely be handled with Muscular Therapy techniques.

These three approaches contributed to the development of the Benjamin System of Muscular Therapy.

The Benjamin System of Muscular Therapy

The Benjamin System of Muscular Therapy works with the body to reduce chronic tension and to promote physical health. It is an educational process by which the client learns to understand the meaning of his/her physical symptoms and what needs to be done to alleviate them. Treatment includes a series of techniques and exercises designed to reduce muscular tension and stress, and prevent their return. The Muscular Therapist works with the client in the following ways:

- Performing massage which includes: a variety of area–specific strokes, pressure, and rhythms to reduce chronic tension and pain tension.
- Educating clients about the causes and effects of tension and providing lifestyle counseling when appropriate.
- Teaching body care and tension release techniques designed to prevent the build up of new tension.
- Teaching basic exercises for warm up, stretching, and building strength.

Mission

The mission of the Muscular Therapy Institute is to train high quality Muscular Therapy practitioners in a professional environment which fosters the personal development of all members of the school community.

Philosophy

Touching the wider community begins with making contact with the self. By continually striving to provide a supportive and challenging atmosphere, MTI strives to nurture self–exploration and transformation. From this understanding of self comes the ability to make conscious choices about balancing energy in all aspects of life, including creating a work that one loves. Just as the school attempts to teach through modeling the principles of balance, self–care, high ethical standards, and clear and caring communication, so students learn to teach clients through example. This self–knowledge combined with a strong theoretical and practical knowledge of the body's response to tension provides the foundation for becoming a Muscular Therapist.

The Institute Learning Environment

MTI is conveniently located in North Cambridge in a former high school that has been renovated for the specific needs of the school with classroom, office and clinic space. The building has three floors including 5 large classrooms, a student lounge, faculty and administrative offices, Student Therapy Center and reception areas for clinic clients. The Institute also provides massage tables, supplies for classes and the Student Therapy Center. The Institute strives to maintain a pleasing environment where students, faculty and staff have an opportunity to have a professional exchange encouraging personal growth and development.

For individuals at MTI, the learning environment extends beyond the physical plant to the spirit and integrity of the training. Flexibility, high standards, and creative teaching are hallmarks of the Muscular Therapy training. The Institute is unusual in its responsiveness to individual students' needs and learning styles.

Accreditation

The Institute is licensed by the Commonwealth of Massachusetts Department of Education. The school is accredited by the Accrediting Council for Continuing Education and Training (ACCET); by the AMTA Commission on Massage Training Accreditation/Approval; and is approved for the training of veterans.

ACCET Accredited

The Muscular Therapy Training Program is accredited by the Accrediting Council for Continuing Education and Training. ACCET is the primary accrediting agency recognized by the U.S. Secretary of Education serving the non–collegiate continuing education field. "ACCET accreditation" means:

- "The courses are clearly and truthfully described."
- "Qualified instructors utilize effective training methods."
- "A high quality of instruction is maintained."
- "Participants have reported gaining worthwhile benefits."

AMTA Approved

The Institute is approved by the American Massage Therapy Association Commission on Massage Training Accreditation/Approval. The AMTA is a national organization for professional massage therapists. Founded in 1943, the Association focuses on offering continuing education, promoting legislation, offering malpractice insurance, and advancing the profession of Massage Therapy.

Institute's Training Program

The program combines theory, applied practice, and individual coaching. The Muscular Therapy Institute is approved to offer a 51.9 credit hour training program. This program is offered in two formats, a 3-semester format and a 4-semester format, described below.

Intensive Professional Training in Muscular Therapy

Three Semester Format — Year and a Half Program (15 months)

In the three semester format students attend classes for two days per week for three semesters.

Wednesday	8:30 a.m. to 6:30 p.m.
Friday	8:30 a.m. to 6:30 p.m.

Semesters are 19 weeks long including holiday and vacation weeks. In addition to these classroom hours, students in the second semester will attend one off–site intensive workshop for three days. Also, one classroom day in the first semester will be held off-site at a retreat center.

Four Semester Format - Two Year Program (20 months)

In the four semester format students attend classes for one and one-half days per week for four semesters.

Thursday	8:30 a.m. to 6:30 p.m.
Tuesday evening	6:30 p.m. to 9:30 p.m.

or

Saturday	8:30 a.m. to 6:30 p.m.
Wednesday evening	6:30 p.m. to 9:30 p.m.

Semesters are 19 weeks long including holiday and vacation weeks. In addition to these classroom hours, students in the third semester will attend one off-site intensive workshop for three days. Also, one classroom day in the first semester will be held off-site at a retreat center.

Off–Site Day and Residential Intensive

As part of their Skills and Dynamics of Therapeutic Relationships course, students attend an off–site day at a retreat center early in their first semester. Creating a sense of community, students are led through a series of exercises and physical initiatives that require communication, listening and group trust.

Students are also required to attend one residential intensive held at a retreat center scheduled in the second or third semester. This residential intensive is an experience designed to expand, deepen and integrate the MTI training. Students must plan on staying overnight in a residential setting outside of Cambridge. The Intensive includes two evenings and three days.

Class Calendar: 1995 – 1997

	Start Dates	End Dates
Wednesday/Friday	Sept. 13, 1995	Jan. 24, 1997
Thursday/Tuesday evening	Sept. 5, 1995	June 26, 1997
Saturday/Wednesday evening	Sept. 6, 1995	June 28, 1997

Vacation and Holidays

Classes are not in session during the months of July and August.

Each class is scheduled with a winter and spring semester break and the following holidays:

Labor Day
Columbus Day
Thanksgiving
Christmas
New Year's Day
Martin Luther King Day
Presidents' Day
Patriots' Day
Memorial Day
Independence Day

School Cancellation Policy

School cancellations will be announced on radio station WRKO-AM and WBMX-FM or WCVB TV — Channel 5.

Students may also call MTI's main telephone number (617) 576-1300 for an updated announcement about school cancellations.

Curriculum

Educational Objectives

As certified Muscular Therapists, graduates will be prepared to:

1. Design and implement a Muscular Therapy treatment plan which provides competent therapeutic massage for various client populations.
2. Use methods which promote the safe, injury free practice of Muscular Therapy.
3. Integrate a theoretical and practical knowledge base enabling them to communicate the work, enhance their effectiveness, and create a network for ongoing referral within the health care community.
4. Understand the components and boundaries of the therapeutic relationship.
5. Create and maintain a Muscular Therapy practice or establish an affiliation with an appropriate business.
6. Meet the ethical responsibilities inherent in belonging in the body work profession.
7. Join the massage therapy profession on both a local and national certification level.

Graduation Requirements

1. A passing grade for each module of each course.
2. A passing grade for the following exams:
   a) Comprehensive exam at the end of the program
   b) Practical exam at the end of the program.
3. Fifteen documented private lessons.
4. Complete payment of all tuition and fees.

Assignments

Students should expect regular homework in their classes. In addition to assignments, some courses may have regular quizzes and tests. Requirements for each course will be included in the course syllabus distributed in the class.

Oil, Alcohol and Towels

Each student is responsible to bring two bath sized towels and one hand towel each day of classes. These will be used during classes when any hands–on techniques are taught. This is also true for anatomy classes which often involves palpations and body drawing. MTI supplies oil and alcohol.

Class Size

The Muscular Therapy Institute limits the enrollment of a class to thirty–five students. For various courses, as needs indicate, classes will be split into smaller groups. Typically a technique class would be conducted in sections of no more than twenty students per faculty member.

Average Teacher/Student Ratios:

Ratio for Lecture Classes	1:30
Ratio for Technique Classes	1:15

Grading

Numerical grades based on the following scale are given for Clinical Considerations and Pathology, Anatomy, and Physiology. Numerical grades are also given for the comprehensive and practical exams at the end of the program.

90	–	100%	A
80	–	89%	B
70	–	79%	C
0	–	69%	Failing

All other evaluations will be P/F (Pass/Fail). Students must earn a minimum of 70% in each module to be eligible for graduation.

Grade Point Average Computation

The Grade Point Average (GPA) will be calculated for each student when grades are distributed at semester end. Students must achieve a minimum of a 1.75 GPA for the first semester of their program to maintain Satisfactory Academic Progress. After the first semester the students must achieve a minimum of 2.0 GPA for the remainder of their program in order to maintain Satisfactory Academic Progress and to meet the graduation requirement.

Assignment of Grade Points:

Grades of 90 - 100 = A = 4.0 points
Grades of 80 - 89 = B = 3.0 points
Grades of 70 - 79 = C = 2.0 points
Grades of 69 and below = 0 points

"P" Pass grades = 4.0 points
"F" Fail grades = 0 points

Incomplete courses are assigned 0 points, and are included in the total number of courses taken.

Comprehensive Exam

At the end of the program, a comprehensive exam will be given. This exam will cover topics from the entire curriculum, testing students' knowledge, integration, and application of material. This is a written exam. In order to graduate students must score 70% or higher.

Practical Exam

At the end of the program, a practical exam will be given. This exam is privately administered by one teacher for one student. It is a hands–on exam where the student must incorporate his/her knowledge, technique, and communication skills into a treatment session with a member of the MTI faculty. A written evaluation is given and students must score 80% or higher in order to graduate.

Diplomas

Diplomas will be issued upon completion of all graduation requirements, as well as complete payment of all financial obligations to MTI. The date on the diploma will reflect the last completed requirement, either academic or financial.

Course Work
Three Semester Format

Intensive Professional Training in Muscular Therapy — 51.9 Credit Hours

First Semester: 17.8 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 1 ..... 3.33
- Module 2 ..... Credits

Anatomy
- Module 1 ..... 3.3
- Module 2 ..... Credits

Physiology
- Module 1 ..... 3.3
- Module 2 ..... Credits

Muscular Therapy Technique
- Module 1 .....
- Module 2 ..... 4.7
- Module 3 ..... Credits
- Module 4 .....

Practice Development
- Module 1 ..... 3.17
- Module 2 ..... Credits

5 Private Lessons

Second Semester: 17.46 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 3 ..... 3.33
- Module 4 ..... Credits

Anatomy
- Module 3 ..... 3.4
- Module 4 ..... Credits

Physiology
- Module 3 ..... 3.4
- Module 4 ..... Credits

Muscular Therapy Technique
- Module 5 ..... 2.3
- Module 6 ..... Credits

Sports Massage
Module 1 ..... 1.3 Credits

Practice Development
Module 3 ..... 2.03
Module 4 ..... Credits

Foundations of Professional Massage
Module 1 ..... 1.7 Credits

5 Private Lessons

Third Semester: 16.64 Credits

Skills & Dynamics of Therapeutic Relationships
Module 5 ..... 3.34
Module 6 ..... Credits

Pathology
Module 1 ..... 3.3
Module 2 ..... Credits

Muscular Therapy Technique
Module 7 ..... 2.3
Module 8 ..... Credits

Sports Massage
Module 2 ..... 1.4 Credits

Alternative Approaches to Holistic Therapies
Module 1 ..... 1.3 Credits

Practice Development
Module 5 ..... 1.7
Module 6 ..... Credits

Professional Development
Module 1 ..... 3.3
Module 2 ..... Credits

5 Private Lessons
Comprehensive Exam
Practical Exam

Course Work

Four Semester Format

Intensive Professional Training in Muscular Therapy — 51.9 Credits

First Semester— 13.53 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 1 ..... 3.33
- Module 2 ..... Credits

Anatomy
- Module 1 ..... 3.3
- Module 2 ..... Credits

Physiology
- Module 1 ..... 1.7 Credits

Muscular Therapy Technique
- Module 1 ..... 3.5
- Module 2 ..... Credits
- Module 3 .....

Practice Development
- Module 1 ..... 1.7 Credits

5 Private Lessons

Second Semester—13.37 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 3 ..... 1.67 Credits

Anatomy
- Module 3 ..... 3.4
- Module 4 ..... Credits

Physiology
- Module 2 ..... 3.3
- Module 3 ..... Credits

Muscular Therapy Technique
- Module 4 ..... 2.3
- Module 5 ..... Credits

Practice Development
- Module 2 ..... 2.7
- Module 3 ..... Credits

5 Private Lessons

Third Semester — 11.93 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 4 ..... 3.33
- Module 5 ..... Credits

Physiology
- Module 4 ..... 1.7 Credits

Muscular Therapy Technique
- Module 6 ..... 2.3
- Module 7 ..... Credits

Sports Massage
- Module 1 ..... 1.3 Credits

Practice Development
- Module 4 ..... 1.7
- Module 5 ..... Credits

Professional Development
- Module 1 ..... 1.6 Credits

5 Private Lessons

Fourth Semester—13.07 Credits

Skills & Dynamics of Therapeutic Relationships
- Module 6 ..... 1.67 Credits

Pathology
- Module 1 ..... 3.3
- Module 2 ..... Credits

Muscular Therapy Technique
- Module 8 ..... 1.2 Credits

Sports Massage
- Module 2 ..... 1.4 Credits

Alternative Approaches to Holistic Therapy
- Module 1 ..... 1.3 Credits

Practice Development
- Module 6 ..... 8 Credits

Professional Development
- Module 2 ..... 1.7 Credits

Foundations of Professional Massage
- Module 1 ..... 1.7 Credits

Comprehensive Exam
Practical Exam

Course Descriptions

Skills & Dynamics of Therapeutic Relationships

10 Credits
6 Modules

The purpose of this experiential course is to prepare students to form and maintain healthy therapeutic relationships with their clients. Both by increasing the students' awareness of their own patterns, habits, and tendencies, and by teaching communication skills, ethical guidelines, problem–solving strategies, relational dynamics, and available resources, this course provides the foundation for establishing and safeguarding professional boundaries. Issues especially relevant to the professional body worker will be addressed, including dual relationships, self–disclosure and creating safety for clients with trauma histories.

Anatomy

6.7 Credits
4 Modules

This course focuses on musculo–skeletal anatomy. Students learn how the muscular and skeletal systems work and interact. Palpating bony landmarks, basic principles of kinesis, and identifying principal muscles are essential components. The application of anatomy to Muscular Therapy will be emphasized, including potential endangerment sites. Students will use the ANATOMIKEN TM systems as a primary tool for comprehensive learning.

Physiology

6.7 Credits
4 Modules

This course focuses primarily on the body systems most directly affected by massage. The students also learn how these systems function and relate to each other and to massage. An in–depth approach to each system will include structure, function, and implications for the Muscular Therapist. Universal precautions will introduce the course and other aspects of safe practice will be addressed at a basic level (re: contraindications/ indications to massage). Projects will require students to apply their understanding of human physiology to their massage work.

Clinical Considerations and Pathology

3.3 Credits
2 Modules

This course prepares students to make decisions in the treatment setting regarding clients with special medical conditions. A more advanced understanding is developed of common contraindications/indications to massage, building on foundations created in the Physiology course. Principles of safe practice are presented regarding major body systems and associated pathologies. These disease states and their implications for the practitioner and treatment are presented, then reinforced via the "case study" method. Muscular Therapy for various special populations is addressed by noting special concerns, medical issues and specific needs of each.

Muscular Therapy Technique

9.3 Credits
8 Modules

This comprehensive course teaches the foundation of the Benjamin System of Muscular Therapy Technique. Through hands–on work, students learn a basic repertoire of movements and the various elements including rhythms, speeds, pressures, transitions and treatment construction. Students learn the skills necessary to prepare a treatment for a specific client including tension evaluation, treatment planning, element variation and integration. As students progress into advanced work, they learn to include their own style and intuition. Also taught is Passive Body Work and the principles of a non–circulatory massage. Incorporated throughout is an emphasis on practicing effective and safe movement habits.

Sports Massage

2.7 Credits
2 Modules

In this course students will learn the fundamental theories and techniques of massage for active athletes. Through hands–on practice, students will be prepared to work at a professional event. In addition, they will learn to incorporate sports massage techniques into the Muscular Therapy session when appropriate. The fundamentals of exercise as well as basic injury evaluation and treatment are reviewed. This course serves as the first step in preparation for the National Sports Massage Certification Exam for interested students.

Alternative Approaches to Holistic Therapy

1.3 Credits
1 Module

This introductory course explores two alternative approaches to body work. Students learn the basic tenets of the Eastern philosophy of healing as well as the vocabulary and concepts of energy work. The purpose of this course is to broaden students' perspective about the various paradigms available in the holistic body work field.

Practice Development

6.9 Credits
6 Modules

This course is designed to guide students through the steps of establishing a professional foundation for Muscular Therapy practice. After preparation and practice within the classroom, students move into the Student Therapy Center where, under faculty supervision, they work on clients from the general public. The purpose of the course is to teach students professional habits, attitudes, and strategies from the inception of their development as Muscular Therapists.

Professional Development

3.3 Credits
2 Modules

This course teaches the fundamentals of working as a professional Muscular Therapist. Whether as an employee or as a private practitioner, the Muscular Therapist needs a foundation in licensing, business planning, marketing, financial strategies, taxes, and insurance. Students are expected to create and develop their own individual business plans. The concept and implications of entering an emerging profession are explored.

The Foundations of Professional Development

1.7 Credits
1 Module

This course establishes the theoretical base for massage therapy today. The place of Muscular Therapy as a form of massage is examined from a historical perspective. By examining other forms of current holistic therapies, students gain a better understanding of its role in the holistic field.

Individual Faculty Coaching Sessions

As a requirement for continued enrollment at the Muscular Therapy Institute, students must attend private lessons with their assigned teacher. These lessons will be scheduled during the school year on a monthly basis for the first three semesters of a student's enrollment. Private lessons offer the student individualized coaching and supervision.

Admissions

Admissions Requirements

Individuals seeking admission to the Muscular Therapy Institute must:

- Be eighteen years of age or older.
- Be in good health and without communicable diseases.
- Have a high school diploma or its equivalent.

In addition to the above requirements, there are three basic criteria for acceptance into the training. The first is an aptitude for working with the body which includes good coordination, "good hands" for manually working with the muscles, and an ability to apply theoretical information. The second criteria is the potential for working with people in a responsible, professional fashion and the ability to exercise good judgment. Finally, of equal importance is the applicant's ability to be self–motivated and to undertake self–directed work–qualities which are essential for success in the Institute's training program and for the future work as an independent practitioner. These qualities are evaluated in the interview and at the Introductory Workshop.

It is difficult to understand what the Benjamin System of Muscular Therapy is about without experiencing it yourself. Many students who enter the program have

received treatments for several months, and though not mandatory, prospective applicants are encouraged to receive several treatments before enrolling.

Students are admitted to the Institute without regard to sex, race, color, creed, sexual orientation, age, or national origin. MTI does not have facilities for handicapped students requiring special access or students who have special needs. However, the school will make every attempt to accommodate any individual who wishes to enroll in the school and meets the admission criteria.

The Muscular Therapy Institute does not grant transfer credit.

Admissions Procedure

The Institute's academic year begins in September. Classes begin in both September and February. Individuals seeking admission to the program are strongly encouraged to contact the Institute and begin the admissions process three to six months before they wish to enter the program. Prospective students need time to assess if the Institute is the right place for them. Classes are limited in size and enrollment is closed when classes are full.

Applicants are encouraged to contact existing students and graduates to obtain first–hand information about the program and their learning experience.

The application procedure is designed to enable the applicant to meet Institute faculty and students and to directly experience the teaching style and course content of the program. Prior to admission, an applicant is required to attend an Introductory Workshop on muscular therapy. Workshops are held monthly and there is a fee of $45. Applications will be available at the workshop for those who are interested in applying to the Muscular Therapy Institute.

A personal interview is required as part of the admissions process. An appointment can be scheduled through the admissions office.

When the applicant is accepted into the program, s/he will enter into an Acceptance Agreement with the school. A $100 fee is required after the Acceptance Agreement is signed. The applicant may decide not to continue in the enrollment process and may terminate this initial agreement with the school prior to enrollment. If cancellation is made within five business days, the $100 fee will be fully refunded. If cancellation is made after five business days but before classes begin $50 will be refunded.

Withdrawal and Refund Policy

Once a student is enrolled in the program and has signed the Enrollment Agreement, s/he may choose to withdraw from the program at any time. If a student terminates the Enrollment Agreement, our refund policy, as suggested by the Commonwealth of Massachusetts, Department of Education, is applied on a semester basis as follows:

State Refund Policy:

1. You may terminate this agreement at any time.
2. If you terminate this agreement within five (5) days, you will receive a refund of all monies paid, provided that you have not commenced the program.
3. If you subsequently terminate this agreement prior to the commencement of the program, you will receive a refund of all monies paid, less the actual reasonable administrative costs described in paragraph 7.
4. If you terminate this agreement after the commencement and during the first quarter of the semester, you will receive a refund of at least seventy-five percent of the tuition, less the actual reasonable administrative costs described in paragraph 7.
5. If you terminate this agreement during the second quarter of the semester, you will receive a refund of at least fifty percent of the tuition, less the actual reasonable costs described in paragraph 7.
6. If you terminate this agreement during the third quarter of the semester, you will receive a refund of at least twenty-five percent of the tuition, less the actual reasonable administrative costs described in paragraph 7.
7. If you terminate this agreement after the initial five day period, you will be responsible for actual reasonable administrative costs incurred by the school to enroll you and to process your application, which administrative costs shall not exceed fifty dollars or five percent of the contract price, whichever is less. A list of such administrative costs is attached hereto and made a part of this agreement.
8. If you wish to terminate this agreement, you must inform the school in writing of your termination, which will become effective on the day such writing is mailed. This will become your documented "date of withdrawal". If you do not notify the school in writing, the registrar will terminate your enrollment at the school after 30 calendar days of absence has occurred.
9. The school is not obligated to provide any refund if you terminate this agreement during the fourth quarter of the semester.
10. All refunds due to you will be calculated from the last date of attendance and paid within 30 days of the documented drop date.
11. If you are required to take a leave of absence for any reason MTI will need to treat your enrollment as terminated and perform a drop calculation at the time of the leave of absence. You may re-enter MTI under the "Leave of Absence" or "Re-enter" policy.

Please note that students who receive federal financial aid may be entitled to a greater refund under federal law. For those students, MTI is required by law to calculate a refund by both State and Federal policies. The policy that is utilized is determined by which is the most beneficial to the student. Students are obligated by semester and the Refund Policy is applied accordingly.

Federal Policy:

If you terminate this agreement after the commencement of the program, you will receive a pro rata refund of the amounts charged based on the credits attempted as follows:

If student withdraws:	The school retains:
.01% — 10%	10%
10.1 % — 20%	20%
20.1 % — 30%	30%
30.1 % — 40%	40%
40.1 % — 50%	50%
50.1 % — 60%	60%
over 60	100%

You will also be responsible for the Acceptance Fee of $100.00 and $45.00 for the Introductory Workshop. All books and supplies are purchased through the bookstore and are not part of this policy.

Tuition and Fees: 1995–1997 School Year

Financing Your Future

The Muscular Therapy Institute relies principally on tuition and student fees for the resources needed for maintaining and developing the program, the quality of teaching and the facility. Students need to have a realistic plan for payment of all tuition, fees, books and supplies, and other optional expenses related to the program. A specific financial plan will allow the student to avoid worrying about finances and concentrate his/her full attention to all of the learning opportunities provided by MTI.

Tuition and Payments

Tuition for the required courses in The Intensive Professional Training in Muscular Therapy Program (effective Sept. 1994) is $10,490 for three academic terms/semesters for the 15 month format and four academic terms/semesters for the 20 month format. Tuition includes 15 Private Lessons with an assigned instructor. First semester tuition and fees are due and payable at Orientation. For returning students the deadline for payment of tuition and fees is the first class day of the semester. The amounts due each semester are as follows:

15 MONTH FORMAT/3 SEMESTERS:

(Pre-pay Introductory Workshop $45.00 and Acceptance Fee $100.00)

	Tuition	Insurance & Parking Fees	Off-Site/ Intensive	Totals
1st Semester:	$3496.67	$35	$38	$3569.67
2nd Semester:	$3496.67	$35	$200	$3731.67
3rd Semester:	$3496.66	$35		$3531.66

20 MONTH FORMAT/4 SEMESTERS:

(Pre-pay Introductory Workshop $45.00 and Acceptance Fee $100.00)

	Tuition	Insurance & Parking Fees	Off-Site/ Intensive	Totals
1st Semester:	$2622.50	$35	$38	$2695.50
2nd Semester:	$2622.50	$35		$2657.50
3rd Semester:	$2622.50	$35	$200	$2657.50
4th Semester:	$2622.50	$35		$2657.50

Sample Education Costs

In addition to tuition and fees students encounter required and optional additional costs. The following is provided as a sample of educational expenditure:

15 MONTH FORMAT/3 SEMESTERS

First Semester

Tuition	$3496.67
Insurance fee	10.00
Parking fee	25.00
Maniken	207.00
Off-site	38.00
Massage Tables.	499.00
Textbooks	200.00
Estimated 1st Semester Costs	4475.67

Second Semester

Tuition	$3496.67
Insurance fee	10.00
Parking fee	25.00
Books and T-Shirts	40.00
Intensive.	200.00
Estimated 2nd Semester Costs	$3771.67

Third Semester

Tuition	$3496.66
Insurance fee	10.00
Parking fee	25.00
Books, class notes, supplies	50.00
Estimated 3rd Semester Costs.	$3581.66

20 MONTH FORMAT/4 SEMESTERS

First Semester

Tuition	$2622.50
Insurance fee	10.00
Parking fee	25.00
Maniken	207.00
Off-site.	38.00
Massage Table	499.00
Textbooks	200.00
Estimated 1st Semester Costs	$3601.50

Second Semester

Tuition	$2622.50
Insurance fee	10.00
Parking fee	25.00
Textbooks and T-Shirt	40.00
Estimated 2nd Semester Costs	$2697.50

Third Semester

Tuition	$2622.50
Insurance fee	10.00
Parking fee	25.00
Books, class notes, supplies	50.00
Off-site Intensive Training	$ 200.00
Estimated 3rd Semester Costs	$2907.50

Fourth Semester

Tuition	$2622.50
Insurance fee	10.00
Parking fee.	25.00
Estimated 4th Semester Costs	$2657.50

All textbooks and supplies are purchased directly from the MTI Bookstore and 5% sales tax is added to the sale of each item. The figures above are only estimates and do not include sales tax. Student lockers may also be available for rental on a yearly basis. The fee for locker rental is $36.00 for a standard locker and $72.00 for a large locker.

Books, Kits, Supplies and Other Costs

The MTI's School Bookstore carries all required books, kits, learning materials and supplies. Students may purchase required books, kits, learning materials and supplies elsewhere if they wish. Students should expect to pay approximately what is listed below for the Intensive Professional Training in Muscular Therapy program.

Students should be aware that items purchased from the Bookstore are not included in the tuition and fees. This is a separate account and is not included on the Enrollment Agreement.

Bookstore Costs	First Year	Second Year
Books (approx.)	$200.00	$100.00
Massage Table	499.00	
Maniken	207.00	
STC Uniform	20.00	
Oil & Supply (for home use)	25.00	20.00
Locker Rental	36.00	18.00
Total Bookstore Costs	$987.00	$138.00

Tuition Policy

1. A $100.00 Acceptance Fee is required of all first year students upon enrollment.
2. It is the student's responsibility to ensure that all tuition is paid in accordance with the arrangements made with the Financial Aid Director upon signing the Enrollment Agreement. For tuition and financial purposes, a school year is divided into two five month semesters. Eligible students may supplement tuition payments with loans. Students are responsible for tuition payments even if expected supplemental funds do not become available.
3. Students applying for loans should submit, 15 days prior to the commencement of classes, all applications and required documentation (Financial Aid forms, Statement of Educational Purpose, High School Transcript or its equivalent, etc.) to the Financial Aid Office to determine eligibility. If a student is accepted for enrollment less than 15 days before classes begin the applications should be submitted no later than the end of the first week of the new school year.
4. Students may pay tuition on a monthly installment plan through the Tuition Financing Corporation (TFC). The minimum allowable financed amount is $500.00 up to a maximum of $10,000.00 per year. The interest rate is 9.8% (simple interest). The maximum repayment period available is 24 months.

Example:

Amount Financed	Period of Loan	Monthly Payment	Interest Paid	Total Payment
$2,000.00	9 months	$231.39	$82.51	$2,082.51
$2,000.00	12 months	$175.64	$107.68	$2,107.68

5. Students may make payments directly to the school using one of 3 methods:
   a) Payment in cash.
   b) Payment by check or money order.
   c) Payment by credit card.

Default and Late Policy

1. Students who fail to remit the tuition payments and/or do not submit loan applications by the stipulated dates will be considered in default of payment. Interest of 1.5% per month (18% per year) will be charged on tuition payments that are over 30 days late. Students in default of 45 or more days will not be allowed to attend any classes or seminars offered by MTI until tuition is received. If a student is absent for more than 30 consecutive days he/she will no longer meet eligible student status and consequently will not be eligible for further financial aid disbursements. Furthermore, such students will have to begin repayment of any outstanding FFEL loans according to the loan repayment guidelines.
2. Students with a tuition balance at the time of graduation will be considered as not completing the graduation requirements and will not receive their diploma or any documentation from the school describing their completion of graduation requirements.

Financial Aid

Financial Aid Assistance

All students who are interested in financial assistance are encouraged to contact the Institute to request assistance as soon as possible after acceptance into the program. To complete the applications for aid a student may need to submit a copy of his/her and/or parents' federal income tax returns, copies of current income, asset and debt information and any additional information required to complete the appropriate application(s). Further information requested will be based on the student's individual situation.

There are many parameters which determine eligibility for receiving funds from different financial assistance sources. They may include marital status, housing, dependents, disabilities, assets, debts or other personal circumstances. These may all have some bearing on eligibility and how much money may be awarded. Students may be eligible for loans which may cover a portion of the tuition and school expenses. The Financial Aid Director at MTI can help students apply for assistance.

MTI is eligible to participate in the following Federal Financial Aid programs: Subsidized Stafford Loans, Unsubsidized Stafford Loans, and Federal Parent Plus Loans. Private bank loans are also available for eligible students.

MTI is approved for training under the Mass. Rehabilitation Commission, and is approved for Educational Assistance for Veterans under Chapter 30 Title 38 U.S. Code.

Subsidized Stafford Loans are for individuals whose financial situation indicates funding is necessary to cover educational expenses. Eligibility is based on need. The Subsidized Stafford loan has a variable interest rate, but will not exceed 9%. The federal government pays the interest on the loan while in attendance at least half–time. Repayment begins six months after last day of attendance or once the student falls below half–time status. Students may be eligible to borrow up to $2625.00 per academic year. If a student attends only a portion of an academic year, this amount will be pro-rated according to the total number of credits the student is scheduled to take.

Unsubsidized Stafford Loans are for individuals who need additional monies to help pay tuition expenses. The borrower does not have to have a financial need to receive this loan, but must be in attendance at least half–time. The student is responsible for the interest payments on loan while in school. Interest is variable, but will not exceed 9%. Repayment begins six months after the last day of attendance or once the student falls below half–time status. Students may be eligible to borrow up to $4000 for an academic year unless ineligible for the Stafford Loan, then the limit may be higher. Pro-ration of this loan also applies according to the numbers of credits a student attempts in an academic year.

Parent Plus Loans are available to parents of a dependent student that is enrolled at least half–time, and has a good credit history. The loan limit is cost of education. It carries a variable interest, but not to exceed 9%.

A Private Loan is available through special arrangements with a Vermont lender. This loan program is available to MTI students only, is based on good credit ratings and sufficient income. Students may borrow from $1,000 to $8,000 per year to help with tuition/expenses. A monthly payment is required while in school. Arrangements can be made to make interest only payments while attending MTI. The borrower can have up to seven years to repay the loan. This loan carries a fixed interest rate.

The school also offers student financing through the TFC Corporation. This financing establishes monthly payments for the student while in school. The financing through TFC carries a fixed interest rate.

Massachusetts Rehabilitation Commission is available to qualified individuals that may have a disability or are unemployed or require help to receive training or re–training in an employable field. Financial assistance is provided to those who qualify. Anyone interested in obtaining additional information must contact their local Massachusetts Rehabilitation office.

Veteran Benefits may be used for training at MTI. Students must apply for these benefits prior to admission and must submit the application to the certifying official at the school.

Career Planning and Placement

MTI offers placement assistance to graduates, however, it does not guarantee job placement. Since private practice is the career goal for many students, the MTI curriculum includes courses designed to teach students how to develop a small business as well as how to conduct themselves as professional muscular therapists. For those who prefer to align themselves with established businesses, the Placement Office offers informational, resource and networking assistance and coordinates with the Alumni Association in its efforts to give ongoing support to graduates.

Institute Policies

Student Records

The Muscular Therapy Institute intends to comply fully with the Family Educational Rights and Privacy Act of 1974, as amended, in honoring the student's right to inspect and review his or her academic records, and in providing a statement of the procedure he or she must follow to exercise this right. To inspect and review their records, MTI students or graduates must make an appointment with the Registrar.

No information concerning registered MTI students, except that which is defined below as directory information, will be released without the student's prior written consent. The Muscular Therapy Institute defines the following student information as directory information: name, dates of attendance, enrollment status, and date of graduation. MTI students have the right to withhold the disclosure of any or all of this information by submitting a written request to the Registrar. The student's request will be honored from the date of receipt through the end of the academic year.

Satisfactory Academic Progress Policy

Policy Statement

Students enrolled in the Muscular Therapy Institute Intensive Professional Training Program must make satisfactory academic progress (hereafter referred to as SAP) toward the completion of requirements for obtaining a graduation certificate. Following guidelines issued by the U.S. Department of Education, two measures are used to determine SAP. One is the student's academic record (qualitative progress) and the other is successful completion of a specified amount of curriculum within a certain amount of time (quantitative progress). Students must satisfy both measures in order to make SAP.

Qualitative Progress

The academic year consists of two semesters each comprised of 19 weeks of classes. The students must have completed a minimum of two-thirds of the credits attempted at the end of each academic semester.

Quantitative Progress

A 15 month program has a maximum time frame of 22 1/2 months.

A 20 month program has a maximum time frame of 30 months.

15 Month Program:

A STUDENT MUST HAVE ATTEMPTED:

	1st Semester	2nd Semester	3rd Semester
This many credits:	17.8	35.26	51.9
And completed this many credits:	11.87	23.5	34.6
And earned this cumulative grade point average (GPA):	1.5	1.8	2.0

11.87 of the 17.8 credits should be completed at the conclusion of the first semester. If the student has not completed 11.87 credits at the conclusion of the first semester then the student is given a warning notice that he/she must now complete 23.5 credits and maintain a GPA of 1.8 at the completion of his/her current second semester. When a student is issued a warning notice the student is considered to be on Probation.

Any student who will not complete 23.5 credits at the completion of the second semester is given a suspension notice for federal financial aid and remains on Probation.

20 Month Program:

A STUDENT MUST HAVE ATTEMPTED:

	1st Semester	2nd Semester	3rd Semester	4th Semester
This many credits	13.53 51.9	26.9	38.83	
And completed this many credits	9.02	17.93	25.89	34.6
And earned this cumulative grade point average (GPA)	1.5	1.8	2.0	2.0

9.02 of 13.53 credits should be completed at the conclusion of the first semester. If the student has not completed 9.02 credits at the conclusion of the first semester then the student is given a warning notice that he/she must now complete 17.93 credits and maintain a GPA of 1.8 at the completion of his/her current second semester. When a student is issued a warning notice, the student is considered to be on Probation. Any student who will not complete 17.93 credits at the completion of the second semester is given a suspension notice for federal financial aid and remains on Probation.

Likewise, any student who has achieved 9.02 credits for the first semester, but has not completed 17.93 credits at the conclusion of the 2nd semester is given a notice that he/she must now complete 25.89 credits and maintain a GPA of 2.0 at the completion of his/her current third semester. If any student who will not complete 25.89 credits at the completion of the third semester, is given a suspension notice for federal financial aid.

Course Withdrawals

If a student withdraws from a course prior to completing it, the course will be considered "credits attempted" even though no credit will be issued for the course. The "credits attempted" will be included in the qualitative and quantitative measurement for Satisfactory Academic Progress.

If a student repeats a course, either because of previously withdrawing from a course or failing a course, the course will be deemed as a first enrollment. A grade from a prior attempt will not be averaged into the grade for the new enrollment period of the course. The previous attempt has already been accounted for in a prior semester and has been included in the Satisfactory Academic Progress measurement for that semester. When a course is repeated in a subsequent semester the "attempted credits" will be included in the work load for that semester and calculated along with the other credits carried by the student for the semester to determine Satisfactory Academic Progress. Students who repeat courses can not receive additional financial aid for a repeated course.

Probation

All students who are placed on probation with a warning notice will be notified. The appropriate documentation will be filed in their academic folder.

Any student who has failed to achieve the appropriate grade point average or completed the minimum number of credits will be placed on probation for the subsequent semester. Therefore, at the completion of the semester in which the student has not achieved the minimum required credits, the student will be sent a warning notice. The student is warned that he/she must complete the minimum credits and earn a minimum grade point average at the conclusion of the next semester. Financial aid eligibility will continue during this initial probationary period.

A student who received a warning notice for a semester and subsequently does not achieve the minimum credits at the completion of the next semester is sent a suspension notice advising him/her that he/she will not receive aid for any semesters beyond this and that he/she may be eligible for dismissal.

Suspersion

If a student progresses in the program during an initial probation period and does not achieve the minimum cumulative credits and grade point average at the end of the initial probationary semester, the student will be suspended from participation in the federal financial aid programs. The student may also be terminated from school for lack of academic performance.

If a student is not terminated, he/she must achieve the minimum cumulative credits and grade point average for the subsequent semester within the allowable time frame of 150%. Students remain suspended from participation in the federal financial aid programs while they are in this status. Aid will only be restored when the minimum academic progress described in the above charts is achieved within the prescribed time frame. Financial Aid will only be restored for subsequent semesters. Aid will not be disbursed retroactively for the semester in which the student was suspended.

Appeal Procedures For Regaining Eligibility

If a student has been denied financial aid or if financial aid dollars have been adjusted or suspended because of unsatisfactory progress, the student may appeal. The written appeal must be made to the Academic Policies Committee (APC). The student must appeal in writing within one week of being notified documenting any mitigating circumstances that may have affected the student's ability to succeed. The appeal will be considered by the APC with the Dean of Students and a decision rendered within two weeks of the appeal. The APC' decision is final. If the APC rules in the student's favor, SAP will be reinstated. If the student is participating in Title IV programs, his/her eligibility will continue uninterrupted.

Additional Elements

Students who withdraw from school will have their SAP data recorded in their files to date. If the student applies and is accepted for continued enrollment, the SAP data will be reinstated. A student may withdraw and reenter in this way only once unless special circumstances exists.

Appeal of Academic Probation/Suspension

When a determination has been made that a student has not maintained SAP and the student is placed on academic probation or suspension, the student may appeal the decision to the Academic Policies Committee (APC). The student must appeal in writing within one week of being notified documenting any mitigating circumstances that may have affected the student's ability to succeed. The appeal will be considered by the APC with the Dean of Students and a decision rendered within two weeks of the appeal. The APC's decision is final. If the APC rules in the student's favor, SAP will be reinstated. If the student is participating in Title IV programs his/her eligibility will continue uninterrupted.

Special Circumstances

In the event of special circumstances such as a student's injury/illness, death of a student's relative, etc., the SAP requirements may be waived. Such cases will be decided on an individual case by case basis by the Academic Policies Committee.

Student Attendance

Each student is expected to attend school regularly. A daily record of each student's attendance is maintained in the school Registrar's office.

The school understands that there will be occasions when illness or other personal matters will prevent the student from attending scheduled classes. The student is, however, responsible for all missed work and assignments. At the beginning of each course the course instructor will issue a course syllabus which describes the requirements for the course. Individual instructors set the amount of class attendance necessary for successful completion of the course. In no way may a student attend less than 80% of any course. Some instructors may require a higher standard. If the student does not maintain adequate attendance s/he may fail the course and be required to retake the course in its entirety. A student must pass all courses in order to graduate.

If a student misses all classes for a period of 20 consecutive calendar days the Registrar will notify the Class Advisor. If the student does not return to classes by the 30th consecutive day, the student will automatically be withdrawn from school at that time. Students may re-enter per the school's policy (See page 30).

Tardiness

Each student is expected to be in class at the time the class is scheduled to start. A student entering after classes begin will be marked "Tardy" if the student arrives within the first 20 minutes of class. If the student is not present in class or arrives 21 minutes or later after class has begun, the student will be marked absent.

When a student is marked "Tardy" four times it will be equivalent to one class absence. Classes are scheduled in 3 hour blocks.

Make up Work Policy

The particular make up policy for each course is defined by the individual instructor. If a student misses a class, s/he must contact the instructor of the course and agree on a plan to make up the work according to the make up policy of the course.

Incomplete

A primary teacher may determine that it is necessary to issue a grade of I (Incomplete) because the student has not completed the required course work due to extenuating circumstances. The student is responsible for completing all incomplete course work within 30 days of the end of the semester. If the student fails to complete the work within 30 days, the grade will automatically be changed to F. Incomplete grades are included in the calculations of the G.P.A. and may affect the student's SAP standing.

Leave of Absence

A student may request a leave of absence for personal reasons. Such requests will be evaluated on an individual basis by the Dean of Students. Factors considered in evaluating the request for a leave of absence include the student's pattern of responsibility, attendance record, grades, and the ability to make up the missed course work and other requirements upon return. If the request is granted, a student may take a leave of up to 60 days and still be eligible to rejoin the class. Leaves of absence are not included in the calculation of the total absentee rate.

If you are required to take a leave of absence for any reason the school will treat your enrollment as terminated from the last date of attendance. You may rejoin your class within the 60 day time frame allowed for the leave of absence. When you return to classes MTI will change your status to be an active student. If you are participating in financial aid programs, your aid will stop at the date of your last class attendance and you may be required to reapply for further aid upon your return to class.

Withdrawal

A student considering withdrawing from MTI must speak to her/his class advisor. The class advisor or the Dean of Students will inform the student about options to

return to MTI in the future, as well as guide the student through the withdrawal process which includes a financial exit interview.

Students who withdraw will receive grades and credit only for those semesters which have been completed.

Return to MTI After Withdrawal

A student who wishes to reenter after withdrawing from MTI must contact the Dean of Students. In order for a student to receive permission to return, the student must have financial clearance and must resume classes at the beginning of the student's last uncompleted semester.

Student Conduct Policies

Expected Student Behavior

Students are expected to be constructive participants in the program to contribute to creating a positive experience for themselves and for their classmates. If the faculty feels that a student is being disruptive or destructive to the class or to him/herself, (by monopolizing class time, being continually negative, not keeping up with assignments or alienating other students, etc.) the problem will be addressed. Failure to resolve the issue may result in termination.

Cheating

Cheating is a breach of essential trust between students and the school, the teacher and the other students. Cheating in all of its forms, including plagiarism and accepting compensation for massage before completing the necessary requirements, will not be tolerated at the Muscular Therapy Institute and is grounds for dismissal.

Hazing

Hazing is not permitted at the Muscular Therapy Institute. Non–observance of this policy is grounds for expulsion. The provisions of Massachusetts General Laws Chapter 269 Sections 17 and 18 require that all students be informed of an anti–hazing policy and that hazing conduct which willfully or recklessly endangers the physical or mental health of any student or other person is punishable by fine, imprisonment, or both.

Drug and Alcohol Policy

MTI adheres to all requirements of the Drug–Free Schools and Communities Act Amendments of 1989, Public Law 101–226.

The unlawful possession, use, or distribution of illicit drugs by students on MTI property or during MTI related activity is strictly prohibited. Disciplinary action in such cases will be immediate expulsion from school with notification of local law enforcement agencies. Possession, use, intoxication, or being under the influence of alcohol in any way while on MTI property or during any MTI related activity is strictly prohibited. Disciplinary action for the first offense for a student is immediate placement on probation for the remainder of the student's enrollment at MTI and a student faculty conference to assess the problem and determine if further action is required. The student will also be referred to the Dean of Students to determine if referral for professional substance abuse treatment is warranted. A second offense will result in immediate expulsion from MTI.

In addition, MTI has developed a manual entitled "Drug Policy and Procedures" which is available at the school in the student lounge and in various administrative offices. This manual lists a number of programs for individuals with drug abuse problems that are available in the Boston/Cambridge area. Students are encouraged to refer to this manual for assistance or speak to the Dean of Students.

Campus Crime and Security Act

MTI publishes an annual report regarding any crimes that may have occurred on campus over the last 36 months. A summary of the report is available to all prospective students from the Admissions office and the full report may be obtained from the Director upon request.

MTI disseminates this information to all current students and staff on an annual basis. The school also offers a program in rape awareness and personal safety, which is open to all members of the school community.

Non–Academic Probation and Termination

In addition to unsatisfactory academic progress (see Satisfactory Academic Progress policy), the Institute may also place a student on probation or terminate a student's enrollment for other reasons including: incompatibility with the program, excessive absences, cheating, plagiarism, violating safety regulations, interfering with other students' work, irresponsibility, unprofessional conduct, being vulgar or obscene, being under the influence of alcohol or drugs, failing to make timely tuition payments. Also, the practice of hazing is prohibited by the Commonwealth of Massachusetts and is grounds for immediate termination.

The decision to place a student on non–academic probation will be made by the Dean of Students. If a student is placed on non–academic probation, a faculty/student conference will be held where a plan will be developed with a time line for completion. When a student fulfills the requirements of the plan, the Dean of Students will notify the student in writing that s/he is no longer on probation and regular status has been attained. Failure to complete the plan may result in termination.

The final decision to terminate a student's enrollment for non–academic reasons will be made by the Education Director and the Dean of Students. A student's

enrollment may be terminated without a probationary period. If a student wishes to appeal a termination decision, s/he must write to the Director of the School.

Federal financial aid is not affected if a student is on non–academic probation.

Student Input and Support

Core Administrator and Community Forums

Each class will have a designated administrator who is the core administrator for the class.

The role of the core administrator is to:

1. Assist students who have an administrative question or concern and are unsure how to proceed.
2. Develop a sense of the general issues, experiences and concerns of their assigned classes. Use this understanding to assist with problem resolution and to identify needed administrative policies, procedures and changes.

Course Evaluation Forms

Periodically students will be asked to complete an evaluation form on each class. These forms provide the teachers with ongoing feedback on their classes and give them indications of what materials, techniques or exercises were most or least helpful to the students.

Personal Problems

If a student is having difficulties that interfere with participation in the school, the student should bring these problems to the attention of the Class Advisor. Assignments and faculty expectations of students may temporarily be modified in special circumstances.

Interpersonal Problems

Student interpersonal problems sometimes arise within a school. If this happens, an attempt should be made to resolve it, or discuss it with the Class Advisor. If a student feels that it would be helpful, the Class Advisor is available to mediate conflicts.

Complaint Procedure

MTI is committed to open, on–going feedback between students and staff/faculty members. Students are encouraged and expected to discuss any concerns with the individuals involved.

If a student has a problem or complaint and is unable to address the issue directly to the responsible staff/faculty person, s/he should talk with the Class Advisor who will assist the student in resolving the problem, including facilitating a meeting between student and staff/faculty member(s) if needed.

If the student's complaint is with the Class Advisor and s/he is unable to meet with the Class Advisor, the student should meet with the Education Director for assistance in resolving the problem.

If the above steps do not lead to satisfactory resolution of the problem, the student may initiate a formal complaint. The steps of this complaint process are as follows

1. The student writes a letter containing the following information:
   a. the nature of the problem,
   b. the approximate date(s) that the problem occurred,
   c. the name(s) of the individual(s),
   d. important factual information,
   e. dates of meetings with Class Advisor and/or staff/faculty member(s),
   f. outcome of meetings(s).
2. This letter of complaint should be submitted to the Director of the School.
3. Within ten days the Director of the School will investigate the complaint and work to resolve it with the student.
4. If this process is unsatisfactory to the student, the student has the option of registering a complaint with the Accrediting Council for Continuing Education & Training (ACCET). The procedure for registering such a complaint is posted in the Student Lounge.

Study Groups

Students are encouraged to form study groups. These groups provide ongoing support and help students acquire better study habits. At the end of each meeting, students decide what subjects they will cover at their next meeting. This provides a structure for studying in–between group meetings. Study groups are optional and are formed at the initiative of the students.

Tutoring

There is a list posted in the Student Lounge of tutors available for extra help in the science courses. Tutor's fees are also listed.

Student Practitioner Self–Care

Because Muscular Therapy is a physically demanding profession, the curriculum of the school emphasizes proper self–care and body alignment. By establishing safe practice habits, good self–care techniques, and increased body awareness, student practitioners build the foundation to best handle the physical demands of the work.

Beginning a Practice

As students begin to develop their business they must establish themselves in the community in which they plan to practice.

Licenses

In the Commonwealth of Massachusetts each town or city is responsible for issuing licenses for individuals wishing to practice massage therapy professionally. The laws and rules regulating who may obtain a license as well as certain practice restrictions are determined by the health department of each town or city. Therefore, students should investigate the regulations of the location where they wish to practice professionally before making plans to work there.

Licensing requirements may also affect when a student can begin to charge fees for his/her work. Although MTI's policies allow students to accept money for massage before they graduate (detailed below), some towns/cities will not grant massage licenses until students have graduated.

Charging Fees

The field of professional massage therapy is an emerging one. It is essential that individuals hold themselves to certain standards in order to protect and enhance the overall quality of the profession. Students at MTI receive training in a multitude of issues surrounding the charging of fees, including amount, collections, professional boundaries, and marketing.

In order to ensure the best possible experience for students entering the professional ranks, it is MTI's policy that before a student can begin to charge for his/her work s/he must meet the following criteria:

1. Must have successfully completed 35 credits and either 2 academic semesters in the 3 semester format or 3 academic semesters in the 4 semester format.
2. Must have received a passing grade for all completed modules.
3. Must have no current academic warnings on record. Under no circumstances is a student to accept fees, tips, or exchanged services for any massages or practice massages until all of these criteria are met.

Students will be asked to sign an acknowledgment of and an agreement with this policy. Violation of this policy is grounds for dismissal from school.

Malpractice Insurance

Students at the Institute are required to purchase malpractice insurance through the school unless they already have an independent policy. Insurance purchased through the school is inexpensive — $20.00 per year, and provides coverage should a client be accidentally injured as a result of a practice treatment.

Bookstore and Supply Services

Video Library

MTI has an extensive collection of reference tapes available to students. These tapes include many of the technique lessons as well as various classes.

Books and Supplies

Books and supplies can be purchased through the MTI Bookstore, but may also be purchased at other retail centers or directly through the publisher/manufacturer. MTI maintains a bookstore for the convenience of the students but does not require students to purchase their items from this source.

Students will be provided with a list of necessary books and learning materials at Orientation and at the beginning of new courses. Items that are for sale are listed on a printout and are on display on the ground floor outside the Student Therapy Center.

Payment for books and supplies ordered through the Bookstore is due upon receipt of the items ordered. Once items are purchased MTI does not accept returns and does not issue refunds. Payments may be made in cash, by check made payable to "MTI Bookstore", or by credit card.

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CAMBRIDGE MA.

Rules and Regulations promulgated by the Commissioner of Health and Hospitals, pursuant to G.L.c. 140, sec.51 and G.L.c. 111, sec.31, for the granting of licenses to practice massage in the City of Cambridge.

I. SUBJECT:
Application and Renewal Procedure for License of Professional Practitioners of Massage Therapy; Body-work; Movement Education.

1.1 Pursuant to G.L.c.140, sec.51 and G.L.c.111, sec.31, the Commissioner of Health and Hospitals of the City of Cambridge finds it necessary to license the practice of massage therapy in order to protect the public health and safety. The Commissioner intends that only individuals who meet and maintain minimum standards of competence and conduct may provide these services to the public. The license issued by the Commissioner of Health and Hospitals of the City of Cambridge is only valid within the City of Cambridge.

These regulations replace the massage provisions formerly contained in the Cambridge Municipal Code, Ch.5.40. Massage therapy as practiced by those holding unrestricted licenses issued by the Commissioner of Health and Hospitals pursuant to these regulations is allowed in the zoning districts designated in Section 4.34b of the Cambridge Zoning Ordinance and as a residential accessory use in accordance with Article 4.20 of that Ordinance.

II. DEFINITIONS

2.1 "Massage therapy; body-work; movement education" shall mean the act or technique of moving or manipulating superficial or deep tissues, muscles, joints, or bones by rubbing, kneading, guiding or the like by manual or mechanical means, or as directed by the practitioner, for the purpose of invigoration, relaxation, education, or an increase in physical and/or emotional health and well-being. " Massage therapy; body-work; movement education" will hereinafter be referred to as "massage therapy". Massage therapy shall include but not be limited to: Body-Mind Centering, Body-Oriented Psychotherapy; the FELDENKRAIS Method; Massage Therapy; Neuromuscular Therapy; Oriental Body-work Therapies including: Acupressure, Amma, Anma, Chi nei sang, Jin shin do, Okazaki Restorative Massage, Nuat thai, Shiatsu and Tuina; Polarity Therapy; ROLFING, and the TRAGER Approach.

2.2 "State or national professional association or institute" shall mean an organization providing standards for practice; code of ethics and grievance procedure; and providing or approving a 500 hour course of study. State or national professional associations or institutes meeting the above criteria include but shall not be limited to: American Massage Therapy Association, American Oriental Body-work Therapy Association, American Polarity Therapy Association, Body-Mind Centering Association, Inc., The Feldenkrais Guild, Massachusetts Association for Body Oriented Psychotherapy and Counseling Body-work, Massachusetts Professional Body-work Association, The Rolf Institute, The Trager Institute.

2.3 "Advisory Board" shall mean the Advisory Board For the Model Rules and Regulations of Somatic Practices whose function is to assist Departments and Boards of Health of Massachusetts cities and towns in their evaluation of the credentials of applicants for licensure and in their evaluation of grievances against practitioners. The Advisory Board shall also evaluate and approve additional state and national professional associations and institutes for inclusion on the Advisory Board.

2.4 "Professional practitioner" shall mean any person who has completed a minimum 500 hour course of study in massage therapy which meets the standards of a state or national professional association or institute; or who has passed the National Certification Exam for Therapeutic Massage and Body-work; or who has been recommended by the Advisory Board and who for compensation, hire or reward engages in the practice of massage therapy.

2.5 "Training facility or school" shall mean any premises, facility, structure or building used to train individuals to become professional practitioners of massage therapy.

2.6 "Fieldwork" shall mean a practicum conducted by a student/apprentice practitioner on his/her own without an instructor present to observe. Fieldwork hours may be required as part of a massage therapy curriculum, and shall be over and above the 500 hour course of study. Fieldwork requirements may be met during or after the 500 hour course of study and shall be indirectly supervised by a licensed professional practitioner.

2.7 "Student/apprentice practitioner" shall mean any person having accumulated more than 250 hours but fewer than 500 hours in his/her course of study, engaged in a fieldwork practicum in massage therapy outside of a training facility or school for the purpose of meeting curriculum requirements and/or for compensation, hire or reward. A student/apprentice practitioner shall maintain contact with a licensed professional practitioner responsible for overseeing his/her fieldwork.

2.8 "Commissioner" shall mean the Commissioner of Health and Hospitals of the City of Cambridge, appointed pursuant to St. 1976, c.201.

2.9 "Information Packet" means the most recent edition of the "Information Packet for Rules and Regulations of Massage Therapy; Body-work; Movement Education" prepared by the Massachusetts Coalition for Somatic Practitioners.

2.10 "The National Certification Exam for Therapeutic Massage and Body-work" is a written exam created by the National Certification Board for Therapeutic Massage and Body-work. The Psychological Association administers this exam.

2.11 "Out-calls" mean therapeutic massage sessions given at a client's home or place of business within the City of Cambridge. Out-calls may only be made by those massage therapists holding professional unrestricted licenses issued by the Commissioner of Health and Hospitals to persons with a permanent or temporary physical disability, to elderly

persons, or within recognized businesses during regular business hours.

III LICENSES, PERMITS, RENEWALS, AND FEES

3.1 No person shall be licensed to practice as a professional practitioner of massage therapy for hire or reward or advertise or hold him/herself out as being engaged in the business of massage therapy in Cambridge unless first having been issued a license required pursuant to these regulations. The license is good for July 1 through June 30, or any part thereof of a given year. The fee for the initial license and for each renewal license shall be $50.

3.2 No person shall practice as a student/apprentice practitioner of massage therapy for gaining practical experience and/or for hire or reward or advertise or hold him/herself out as being engaged in the business of massage therapy in Cambridge unless first having been issued a permit pursuant to these regulations. The permit is good for July 1 through June 30 or any part thereof of a given year, and may only be renewed by an individual once. The fee for the initial permit and for renewal permit shall be $25.

3.3 A license or permit issued to a professional or student/apprentice practitioner is not transferable to another person.

3.4 No practitioner or instructor of massage therapy shall engage in the practice of massage therapy in Cambridge on a temporary basis unless first having been issued a temporary license required pursuant to these regulations. A temporary license shall be required for practitioners participating at events including but not limited to sports events and massage therapy training events. The temporary license fee shall be $15 per practitioner for an event of 1-7 days and $25 per practitioner for an event of 8 days to 4 weeks. Such temporary licenses shall be obtained by the individual practitioner or on his/her behalf by a training facility or school or an institution (e.g. Boston Marathon).

IV. EXCEPTIONS AND EXCLUSIONS:

4.1 Practitioner: These regulations shall not apply to the following individuals while engaged in the regular performance of the duties of their respective professions:

A. Physicians, chiropractors, osteopaths, occupational therapists or physical therapists who are duly licensed to practice their respective professions in the Commonwealth of Massachusetts.

B. Athletic trainers duly licensed under the laws of the Commonwealth of Massachusetts.

C. Nurses who are registered or licensed under the laws of the Commonwealth of

Massachusetts.

D. Barbers and beauticians who are duly registered under the laws of the Commonwealth of Massachusetts, except that this exemption shall apply solely to the massage of the neck, face, scalp, and hair of the customer or client for cosmetic or beautifying purposes.

E. Acupuncturist duly licensed under the laws of the Commonwealth of Massachusetts.

4.2 Student/Apprentice: A student or apprentice of massage therapy who is gaining practical experience at a training facility or school for the purpose of meeting curriculum requirements and who is under the instruction of a licensed professional practitioner present in the training facility or school shall not be required to obtain a student/apprentice practitioner permit.

V. PROCEDURE FOR LICENSE OF PROFESSIONAL PRACTITIONER OF MASSAGE THERAPY; BODY-WORK; MOVEMENT EDUCATION

No person shall be licensed to practice as a professional practitioner of massage therapy in Cambridge unless he/she meets the following requirements:

5.1 Submit to the Commissioner a completed application form as supplied by the Commissioner. False statements in said application shall be grounds for denial or revocation of a license. The application must first be approved for zoning by the Inspectional Services Department before being processed by the Commissioner of Health and Hospitals.

5.2 Provide satisfactory evidence that the applicant is eighteen (18) years of age or older, by presenting two forms of positive identification or a valid passport.

5.3 Submit a demonstration of competency in one of the following 4 ways:

1) Submit satisfactory evidence of education as outlined on the documentation page of the Information Packet.

2) Submit evidence of having passed the National Certification Exam for Therapeutic Massage and Body-work.

3) Submit evidence of having received a recommendation from the Advisory Board confirming completion of a course of study and/or training experience evaluated as equivalent to a 500 hour course of study in massage therapy.

4) Massage practitioners who hold a current Massagist's business permit issued by the Inspectional Services Department, if not able to establish competency under sec. 5.3(1), (2) or (3), will be issued a permit which will be restricted so that the

practitioner's practice will be limited to the business establishment where he/she practiced when his/her permit was issued. Off-premise business will not be permitted under this restricted permit.
Restricted licenses will be issued to individuals for a maximum period of two years from the effective date of these regulations. At the end of this two year period, massagists practicing under a restricted license will be required to either upgrade their license to unrestricted status or cease practicing massage in Cambridge.

5.4 Submit one face-front photograph at least two (2) inches by two (2) inches in size taken within thirty (30) days prior to the submission of the application.

5.5 Agree to follow all rules and regulations specified herein and conduct him/herself in accordance with the standards for practice and ethical guidelines of the state or national professional association or institute that has provided or approved his/her 500 hour course of study, or in accordance with the ethical code outlined by the Advisory Board. Professional practitioners shall not misrepresent their training, experience, credentials or title.

5.6 Provide documentation of current membership with the state or national professional association or institute that has provided or approved his/her 500 hour course of study.

5.7 Submit proof of a skin test for tuberculosis within the last two (2) years. A new skin test for tuberculosis shall be required every three (3) years thereafter.

5.8 File an application for license renewal not less than thirty (30) days prior to the expiration of his/her license, whereupon his/her existing license shall not expire until the Commissioner has determined the application's renewal status. At the time of filing the renewal application, the applicant shall submit satisfactory evidence, as outlined on the documentation page of the Information Packet, of his/her current professional status.

5.9 Meet the following requirements:

A) Perform or allow to be performed no illegal act on the premises where massage therapy is practiced. A violation of this section may be grounds for revocation, suspension or modification of the license.

B) Operate no x-ray, fluoroscope, diathermy or other similar equipment unless licensed by the Commonwealth of Massachusetts to practice a profession requiring the use of such equipment.

C) Provide that all rooms used for massage therapy be clean and easily cleanable, well lighted, adequately ventilated and properly heated.

D) Maintain all areas used for practice, including the furniture and equipment therein, in sanitary condition at all times. All massage therapy tables, mattresses, etc. shall be

easily cleanable. All surfaces used for massage therapy shall be properly cleaned and sanitized after each massage therapy session.

E) Clean and sanitize after each use all robes, sheets, towels, etc., which may come in direct contact with the body. Single service items are acceptable, and shall only be used once.

F) Touch or work with a client, when either the client or practitioner is afflicted with a communicable disease that could be spread through the massage therapy process or through close contact ordinarily associated with the massage therapy process, only when precautions are taken to prevent transmission. Should precautions be insufficient to prevent transmission, the practitioner shall be required to refrain from conducting massage therapy until the condition is no longer communicable.

G) Wash hands thoroughly with soap and hot water immediately before and after performing a massage therapy session.

H) Maintain sufficient level of personal cleanliness and be clothed in clean and appropriate attire.

I) Display in a conspicuous place the current license.

VI. (A). PROCEDURE FOR LICENSING EXISTING MASSAGE ESTABLISHMENTS

Massage establishments currently licensed under the provisions formerly contained in the Cambridge Municipal Code chapter 5.40 are required to maintain such licenses while employing massagists holding restricted permits as defined under 5.3.(4), above. If all massagists employed by the business hold unrestricted licenses issued by the Commissioner Of Health and Hospitals under the provisions of these Regulations, an establishment license is not required.

Consistent with paragraph 5.3.(4), establishment licenses will be issued for a maximum of two years from the effective date of these regulations. At the end of that time, massage businesses will be required to employ only massage therapists holding unrestricted licenses issued by the Commissioner of Health and Hospitals in order to continue to operate.

Requirements concerning the massage establishment license are as follows:

a. The massage establishment license is issued annually on 1 January upon submission of a properly executed application form by the Commissioner of Health and Hospitals or his designee upon payment of a non refundable fee of $500 per year or any part thereof for each business site.

b. The establishment license must be prominently posted. In addition, a register of all

massagists employed by the establishment must be maintained on the premises and their permits must be prominently posted as well.

c. Upon sale or transfer of the establishment,or if the establishment ceases to operate as a business, the establishment license shall be null and void and will not be renewed or reissued.

d. Persons under 18 years of age are not permitted on the premises of a licensed massage establishment.

e. No person shall sell, give, dispense, provide to keep or cause to be sold any alcoholic beverage on the premises of any licensed massage establishment.

f. No massage establishment under this provision shall be kept open for any purpose between the hours of 10:00 P.M. to 7:00 A.M.

g. No person shall employ as a massagist any person unless said employee has obtained and has in effect a permit issued pursuant to these Regulations.

h. Revocation or Suspension of Massage Establishment License. Any license issued for a massage establishment may be revoked or suspended by the Commissioner of Health and Hospitals or his designee for any violation of this Regulation. The provisions of section X of these Regulations concerning the right to a Hearing apply.

VII. PROCEDURE FOR PERMIT OF STUDENT/APPRENTICE PRACTITIONER OF MASSAGE THERAPY; BODY-WORK; MOVEMENT EDUCATION

7.1 No person shall be granted a student/apprentice practitioner permit to practice massage therapy in the city of Cambridge unless he/she meets the following requirements:

7.2 Submit to the Commissioner a completed application form as supplied by the Commissioner which shall include the name, address and phone number of the applicant's fieldwork instructor (a licensed professional practitioner). False statements in said application shall be grounds for denial or revocation of a permit.

7.3 Provide satisfactory evidence that the applicant is eighteen (18) years of age or older, by presenting two forms of positive identification or a valid passport.

7.4 Submit satisfactory evidence as outlined on the documentation page of the Information Packet that he/she is engaged in the pursuit of a 500 hour course of study in massage therapy, and that he/she has already completed at least 250 hours of this course of study.

7.5 Submit one face-front photograph at least two (2) inches by two (2) inches in size taken within thirty (30) days prior to the submission of the application.

7.6 Submit proof of a skin test for tuberculosis within last two (2) years. A new skin test for tuberculosis shall be required every three (3) years thereafter.

7.7 Agree to follow all rules and regulations specified herein and conduct him/herself in accordance with the standards for practice and ethical guidelines of the state or national professional association or institute that has provided or approved his/her course of study, or in accordance with the ethical code outlined by the Advisory Board. Student/apprentice practitioners shall not misrepresent their training, experience, credentials or title.

7.8 File an application for renewal not less than 30 days prior to the expiration of his/her permit, whereupon the existing permit shall not expire until the Commissioner has determined the renewal application's status. At the time of filing renewal application, the applicant shall submit satisfactory evidence as outlined on the documentation page of the Information Packet of current enrollment in a training program in massage therapy.

7.9 Display in a conspicuous place the current permit(s) of all massage therapy student/apprentice practitioners conducting massage therapy therein.

VIII. PROCEDURE FOR TEMPORARY LICENSE OF PROFESSIONAL OR STUDENT/APPRENTICE PRACTITIONER OF MASSAGE THERAPY; BODY-WORK; MOVEMENT EDUCATION

8.1 No person shall practice massage therapy on a temporary basis in the city of Cambridge unless he/she meets the following requirements:

8.2 Submit to the Commissioner a completed application form supplying all information therein requested. This form shall be completed by the individual practitioner on his/her own behalf or by an agent of the temporary event on behalf of the participating practitioner(s).

8.3 Perform or allow to be performed no illegal act on the premises of the temporary event.

8.4 Maintain hygienic practices to the greatest degree allowed by the conditions of the temporary event.

8.5 Agree to follow all rules and regulations specified herein and conduct him/herself in accordance with the standards for practice and ethical guidelines of the professional association or institute that has provided or approved his/her course of study, or in accordance with the ethical code outlined by the Advisory Board.

8.6 Student/apprentice practitioners who practice in a city or town that does not require a permit shall not qualify for a temporary license.

IX. OUT-CALL BUSINESS LIMITATION

9.1 Out-calls will be allowed only by a professional practitioner of massage therapy who is licensed by the Commissioner pursuant to these regulations. The practitioner shall carry his/her City of Cambridge professional practitioner license when conducting out-calls. Out-calls may only be made to people with a permanent or temporary physical disability, to elderly persons, or within recognized businesses during regular business hours.

X. ADVISORY BOARD

10.1 The statewide Advisory Board referred to in these regulations has been established to serve Health Departments and Boards of Health of the Commonwealth to better carry out Rules and Regulations related to massage therapy. The Advisory Board consists of individuals representing massage therapy; body-work; movement education profession, Health Departments, Boards of Health, Health Officers and consumers as specified in the Advisory Board By-laws.

XI. LICENSE REVOCATION, SUSPENSION OR MODIFICATION

11.1 The Commissioner may suspend, revoke or modify a license for any violation of these rules and regulations or for the performance of any illegal act on the premises by serving an order in writing to the person(s) responsible for the violation.

11.2 The person(s) on whom an order has been served may request a hearing before the Commissioner or his designee within seven (7) days after the day the order was served. Upon receipt of such petition the Commissioner or his designee shall set a time and place for such hearing and shall inform the petitioner thereof in writing. The hearing shall be commenced not later than thirty (30) days after the day on which the order was served. The thirty (30) day period may be extended if in the opinion of the Commissioner or his designee the petitioner has submitted a good and sufficient reason for such postponement.

11.3 At the hearing the petitioner shall be given an opportunity to be heard and to show why the order should be modified or withdrawn. After the hearing the Commissioner shall sustain, modify or withdraw the order and shall inform the petitioner in writing of this decision.

XII. PENALTIES

12.1 Whoever violates any provision of these Rules and Regulations shall be punished by a fine of not more than $200 or by imprisonment for not more than six months or both.

12.2 In the alternative, whoever violates any provision of these Rules and Regulations may be punished by a non-criminal disposition pursuant to G.L. c. 40, S21 D. The penalty shall be $200, and each day such violation is committed or permitted to continue shall constitute a separate offense. The enforcing persons shall be the Commissioner of Health and Hospitals and any member of his/her staff, and the Commissioner of Inspectional Services and any

member of his/her staff.

XIII. SEVERABILITY

13.1 If any section, paragraph, sentence, clause, phrase or word of these Rules and Regulations shall be declared invalid for any reason whatsoever, that decision shall not affect any other portion of the Rules and Regulations, which shall remain in full force and effect.

XIV. VARIANCE

14.1 Any person(s) may submit a written request to the Commissioner for a variance in the application of any provision of these Rules and Regulations when the enforcement thereof would do manifest injustice. The Commissioner shall respond in writing within 14 days.

14.2 Any person(s) who has been refused a variance may request a hearing before the Commissioner or his/her designee within 7 days after the day the refusal was served. Upon receipt of such petition the Commissioner or his designee shall set a time and place for such hearing and shall inform the petitioner thereof in writing. The hearing shall be commenced not later than 30 days after the day on which the refusal was served. The 30 day period may be extended if in the opinion of the Commissioner or his/her designee the petitioner has submitted a good and sufficient reason for such postponement.

14.3 At the hearing the petitioner shall be given an opportunity to be heard and to show why the variance should be granted. After the hearing the Commissioner or his/her designee shall sustain, modify or withdraw the order and shall inform the petitioner in writing of this decision.

XV. ENFORCEMENT

15.1 The Commissioner of Health and Hospitals shall enforce these rules and regulations and shall have the assistance of the City Manager and the Police, Law, and Inspectional Services Departments.

XVI. RECIPROCITY

16.1 Any practitioner issued a license or permit to practice massage therapy by any city or town in the Commonwealth of Massachusetts may qualify for a license or permit in the City of Cambridge without additional evaluation of qualifications provided that the city/town of original licensing has a comparable regulatory standard.

C. C. 106

PUBLIC NOTICE

RELATIVE TO ZONING

City of Cambridge

MASSACHUSETTS

OFFICE OF THE CITY CLERK

Notice is hereby given that in accordance with the provisions of Chapter 40A, Section 5 of the General Laws, Tercentenary Edition and amendments thereto, that the Committee on Ordinances, comprised of the entire membership of the City Council, will hold a public hearing on Wednesday, October 4, 1995 at 5:00 P. M. in the Sullivan Chamber, City Hall, Cambridge, Massachusetts on a petition to amend the Zoning Ordinances of the City of Cambridge as follows:

1. Chapter 5.40 of the Cambridge Municipal Code (Massage Establishments) is hereby repealed.

2. The Zoning Ordinance is hereby amended as follows:

   (a) In Article 2.000, the definition of "massage establishment" is hereby deleted.

   (b) Article 4.21 (d) is hereby amended to read as follows:

      d. A customary home occupation or the office of a resident physician, dentist, attorney-at-law, architect, engineer, properly licensed massage therapist, or member of another recognized profession shall be considered as an accessory use, provided that not more than three persons shall practice or be employed on the premises at any one time. In the case of a massage therapist, no more than one person shall practice or be employed on the premises at any one time.

   (c) In Article 4.34b, add at the end of the phrase: "(includes properly licensed massage therapists)".

   (d) In Article 4.35, delete line p. "Massage Establishments."

All persons interested in this matter may appear at this time and be heard.

For the Committee

Vice Mayor Sheila T. Russell
Chair

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CITY OF CAMBRIDGE

Office of the City Solicitor
795 Massachusetts Avenue
Cambridge, Massachusetts 02139
Tel. (617) 349-4121
Fax. (617) 349-4134

Russell B. Higley
City Solicitor

Donald A. Drisdell
Deputy City Solicitor

Michael C. Costello
Assistant City Solicitor

Legal Counsel

Birge Albright
Gail S. Gabriel
Arthur J. Goldberg
Linda A. Stamper
Deborah R. Cautela
Nancy E. Glowa

March 1, 1995

Mr. Robert W. Healy
City Manager
City Hall
Cambridge, MA 02139

Re: Massage Therapists - Repeal Chapter 5.40 of the Code and Amend Zoning Ordinance

Dear Mr. Healy:

I enclose for submission to the Council on March 6, an Ordinance which will do two things:

(1) Repeal Code Chapter 5.40 (Massage Establishments).

(2) Make appropriate amendments in the Zoning Ordinance to recognize the new status of massage therapists.

These changes are intended to complement the new regulations regarding massage therapists now being issued by the Commissioner of Health and Hospitals.

Very truly yours,

Russell B. Higley

RBH/jml
Enclosure

cc: Dr. Melvin H. Chalfen
Commissioner Robert Bersani

7195

MASSAGE REGULATIONS

	1. Is the practice of massage regulated in zoning and/or other regulation, or law?	2. Any proposed changes in existing regulations?	3. Zones where Massage establishment can be located as of right?	4. Massage practice permitted as of right as " Home Occupation"?	5. Are "Outcalls" permitted?	6. License required to practice massage?	7. Is there a criminal background check conducted?
CAMBRIDGE (Current)	Zoning and Ordinance.	Yes	BZA approval required.	No	No	Yes (Individual and Establishment)	Yes
CAMBRIDGE (Proposal)	Zoning and Health Dept. regs.		Office, Business, and Industry.	Yes	Yes	Yes	No
ARLINGTON	Health Dept. regs. and BZA By-laws.	No	BZA approval required.	No	No	Yes	No
BELMONT	Health Dept regs. and BZA By-laws.	No	Office & Business Districts	No	No	Yes	No
BROOKLINE	Health Dept. regs. & Zoning By-laws.	No	Business and Industrial.	No	No	Yes	No
LEXINGTON	Health Dept. regs. & Zoning By-law	No	BZA approval required.	Yes	No	Yes	No
NEWTON	Primarily Health Dept. regs.	No	Approval needed from Health Dept. Presently operate in Business, Industrial and Home Office.	Yes	Yes	Yes	No
SOMERVILLE	Board of Health regs. & Zoning By-laws.	3/23/95 - Amendment from Board of Health.	BZA approval is required.	No	No	Yes. Establishment & each Individual	Yes
WALTHAM	Health Dept. regs. and Zoning By-laws	No	BZA approval required.	No	No	Yes	No
WATERTOWN	Health Dept. regs. Zoning By-laws.	No	Business	No	No. Need a Special Permit from BZA.	Yes. License to each individual & to establishment.	No
WELLESLEY	Health Dept. regs. No Zoning regs.	March 1995- Amendment - to allow Cross Gender Massage.	Business and Office District.	Yes	No	Yes. License to each individual & to establishment.	No

MASSAGE REGULATIONS

	1. Is the practice of massage regulated in zoning and/or other regulation, or law?	2. Any proposed changes in existing regulations?	3. Zones where Massage establishment can be located as of right?	4. Massage practice permitted as of right as " Home Occupation"?	5. Are "Outcalls" permitted?	6. License required to practice massage?	7. Is there a criminal background check conducted?
ACTON	Health Dept. Regs.	No	Business	Yes	No	Yes	No
BEDFORD	Health Dept. regs. and BZA By-laws.	No	BZA approval required.	No	No	Yes (Individual and Establishment)	Yes
BILLERICA	Health Dept. regs. and BZA By-laws.	Yes. By-Law was recently changed and Health Dept regs. are now being developed.	Business Districts	No	No	Yes (Individual and Establishment)	No
BOSTON	Health Dept. regs. and Zoning By-laws.	Yes. Health Dept. in process of modifying regs.	BZA approval required.	Yes. New regulation would not permit home massage, however.	No	Yes (Individual and Establishment)	No
WAKEFIELD	Health Dept. regs. Zoning By-laws.	No	BZA approval is required.	No	No	Yes (Individual & Establishment)	No

Draft April 11, 1995

Rules and Regulations promulgated by the Commissioner of Health and Hospitals, pursuant to G.L.c. 140, sec.51 and G.L.c. 111, sec.31, for the granting of licenses to practice massage in the City of Cambridge.

I. SUBJECT:
Application and Renewal Procedure for License of Professional Practitioners of Massage Therapy; Bodywork; Movement Education.

1.1 Pursuant to G.L.c.140, sec.51 and G.L.c.111, sec.31, the Commissioner of Health and Hospitals of the City of Cambridge finds it necessary to license the practice of massage therapy in order to protect the public health and safety. The Commissioner intends that only individuals who meet and maintain minimum standards of competence and conduct may provide these services to the public.

These regulations replace the massage provisions formerly contained in the Cambridge Municipal Code, Ch.5.40. Massage therapy is permitted in zoning districts as described in Sec.4.34b of the Zoning Ordinance.

II. DEFINITIONS

2.1 "Massage therapy; bodywork; movement education" shall mean the act or technique of moving or manipulating superficial or deep tissues, muscles, joints, or bones by rubbing, kneading, guiding or the like by manual or mechanical means, or as directed by the practitioner, for the purpose of invigoration, relaxation, education, or an increase in physical and/or emotional health and well-being. " Massage therapy; bodywork; movement education" will hereinafter be referred to as "massage therapy". Massage therapy shall include but not be limited to: Body-Mind Centering, Body-Oriented Psychotherapy; the FELDENKRAIS Method; Massage Therapy; Neuromuscular Therapy; Oriental Bodywork Therapies including: Acupressure, Amma, Anma, Chi nei sang, Jin shin do, Okazaki Restorative Massage, Nuat thai, Shiatsu and Tuina; Polarity Therapy; ROLFING, and the TRAGER Approach.

2.2 "State or national professional association or institute" shall mean an organization providing standards for practice; code of ethics and grievance procedure; and providing or approving a 500 hour course of study. State or national professional associations or institutes meeting the above criteria include but shall not be limited to: American Massage Therapy Association, American Oriental Bodywork Therapy Association, American Polarity Therapy Association, Body-Mind Centering Association, Inc., The Feldenkrais Guild, Massachusetts Association for Body Oriented Psychotherapy and Counseling Bodywork, Massachusetts Professional Bodywork Association, The Rolf Institute, The Trager Institute.

2.3 "Advisory Board" shall mean the Advisory Board For the Model Rules and Regulations of Somatic Practices whose function is to assist Departments and Boards of Health of

3.2 No person shall practice as a student/apprentice practitioner of massage therapy for gaining practical experience and/or for hire or reward or advertise or hold him/herself out as being engaged in the business of massage therapy in Cambridge unless first having been issued a permit pursuant to these regulations. The permit is good for one year and may only be renewed by an individual once. The fee for the initial permit and for renewal permit shall be $25.

3.3 A license or permit issued to a professional or student/apprentice practitioner is not transferable to another person. All licenses expire one year from the date of issue.

3.4 No practitioner or instructor of massage therapy shall engage in the practice of massage therapy in Cambridge on a temporary basis unless first having been issued a temporary license required pursuant to these regulations. A temporary license shall be required for practitioners participating at events including but not limited to sports events and massage therapy training events. The temporary license fee shall be $15 per practitioner for an event of 1-7 days and $25 per practitioner for an event of 8 days to 4 weeks. Such temporary licenses shall be obtained by the individual practitioner or on his/her behalf by a training facility or school or an institution (e.g. Boston Marathon).

IV. EXCEPTIONS AND EXCLUSIONS:

4.1 Practitioner: These regulations shall not apply to the following individuals while engaged in the regular performance of the duties of their respective professions:

A. Physicians, chiropractors, osteopaths, occupational therapists or physical therapists who are duly licensed to practice their respective professions in the Commonwealth of Massachusetts.

B. Athletic trainers duly licensed under the laws of the Commonwealth of Massachusetts.

C. Nurses who are registered or licensed under the laws of the Commonwealth of Massachusetts.

D. Barbers and beauticians who are duly registered under the laws of the Commonwealth of Massachusetts, except that this exemption shall apply solely to the massage of the neck, face, scalp, and hair of the customer or client for cosmetic or beautifying purposes.

E. Acupuncturist duly licensed under the laws of the Commonwealth of Massachusetts.

4.2 Student/Apprentice: A student or apprentice of massage therapy who is gaining practical

accordance with the standards for practice and ethical guidelines of the state or national professional association or institute that has provided or approved his/her 500 hour course of study, or in accordance with the ethical code outlined by the Advisory Board. Professional practitioners shall not misrepresent their training, experience, credentials or title.

5.6 Submit proof of a skin test for tuberculosis within the last two (2) years. A new skin test for tuberculosis shall be required every three (3) years thereafter.

5.7 File an application for license renewal not less than thirty (30) days prior to the expiration of his/her license, whereupon his/her existing license shall not expire until the Commissioner has determined the application's renewal status. At the time of filing the renewal application, the applicant shall submit satisfactory evidence, as outlined on the documentation page of the Information Packet, of his/her current professional status.

5.8 Meet the following requirements:

A) Perform or allow to be performed no illegal act on the premises where massage therapy is practiced. A violation of this section may be grounds for revocation, suspension or modification of the license.

B) Operate no x-ray, fluoroscope, diathermy or other similar equipment unless licensed by the Commonwealth of Massachusetts to practice a profession requiring the use of such equipment.

C) Provide that all rooms used for massage therapy be clean and easily cleanable, well lighted, adequately ventilated and properly heated.

D) Maintain all areas used for practice, including the furniture and equipment therein, in sanitary condition at all times. All massage therapy tables, mattresses, etc. shall be easily cleanable. All surfaces used for massage therapy shall be properly cleaned and sanitized after each massage therapy session.

E) Clean and sanitize after each use all robes, sheets, towels, etc., which may come in direct contact with the body. Single service items are acceptable, and shall only be used once.

F) Touch or work with a client, when either the client or practitioner is afflicted with a communicable disease that could be spread through the massage therapy process or through close contact ordinarily associated with the massage therapy process, only when precautions are taken to prevent transmission. Should precautions be insufficient to prevent transmission, the practitioner shall be required to refrain from conducting massage therapy until the condition is no longer communicable.

G) Wash hands thoroughly with soap and hot water immediately before and after

g. No person shall employ as a massagist any person unless said employee has obtained and has in effect a permit issued pursuant to these Regulations.

h. Revocation or Suspension of Massage Establishment License. Any license issued for a massage establishment may be revoked or suspended by the Commissioner of Health and Hospitals or his designee for any violation of this Regulation. The provisions of section X of these Regulations concerning the right to a Hearing apply.

VI. PROCEDURE FOR PERMIT OF STUDENT/APPRENTICE PRACTITIONER OF MASSAGE THERAPY; BODYWORK; MOVEMENT EDUCATION

6.1 No person shall be granted a student/apprentice practitioner permit to practice massage therapy in the city of Cambridge unless he/she meets the following requirements:

6.2 Submit to the Commissioner a completed application form as supplied by the Commissioner which shall include the name, address and phone number of the applicant's fieldwork instructor (a licensed professional practitioner). False statements in said application shall be grounds for denial or revocation of a permit.

6.3 Provide satisfactory evidence that the applicant is eighteen (18) years of age or older, by presenting two forms of positive identification or a valid passport.

6.4 Submit satisfactory evidence as outlined on the documentation page of the Information Packet that he/she is engaged in the pursuit of a 500 hour course of study in massage therapy, and that he/she has already completed at least 250 hours of this course of study.

6.5 Submit one face-front photograph at least two (2) inches by two (2) inches in size taken within thirty (30) days prior to the submission of the application.

6.6 Submit proof of a skin test for tuberculosis within last two (2) years. A new skin test for tuberculosis shall be required every three (3) years thereafter.

6.7 Agree to follow all rules and regulations specified herein and conduct him/herself in accordance with the standards for practice and ethical guidelines of the state or national professional association or institute that has provided or approved his/her course of study, or in accordance with the ethical code outlined by the Advisory Board. Student/apprentice practitioners shall not misrepresent their training, experience, credentials or title.

6.8 File an application for renewal not less than 30 days prior to the expiration of his/her permit, whereupon the existing permit shall not expire until the Commissioner has determined the renewal application's status. At the time of filing renewal application, the applicant shall submit satisfactory evidence as outlined on the documentation page of the

individuals representing massage therapy; bodywork; movement education profession, Health Departments, Boards of Health, Health Officers and consumers as specified in the Advisory Board By-laws.

X. LICENSE REVOCATION, SUSPENSION OR MODIFICATION

10.1 The Commissioner may suspend, revoke or modify a license for any violation of these rules and regulations or for the performance of any illegal act on the premises by serving an order in writing to the person(s) responsible for the violation.

10.2 The person(s) on whom an order has been served may request a hearing before the Commissioner or his designee within seven (7) days after the day the order was served. Upon receipt of such petition the Commissioner or his designee shall set a time and place for such hearing and shall inform the petitioner thereof in writing. The hearing shall be commenced not later than thirty (30) days after the day on which the order was served. The thirty (30) day period may be extended if in the opinion of the Commissioner or his designee the petitioner has submitted a good and sufficient reason for such postponement.

10.3 At the hearing the petitioner shall be given an opportunity to be heard and to show why the order should be modified or withdrawn. After the hearing the Commissioner shall sustain, modify or withdraw the order and shall inform the petitioner in writing of this decision.

XI. PENALTIES

11.1 Whoever violates any provision of these Rules and Regulations shall be punished by a fine of not more than $100 or by imprisonment for not more than six months or both.

XII. SEVERABILITY

12.1 If any section, paragraph, sentence, clause, phrase or word of these Rules and Regulations shall be declared invalid for any reason whatsoever, that decision shall not affect any other portion of the Rules and Regulations, which shall remain in full force and effect.

XIII. VARIANCE

13.1 Any person(s) may submit a written request to the Commissioner for a variance in the application of any provision of these Rules and Regulations when the enforcement thereof would do manifest injustice. The Commissioner shall respond in writing within 14 days.

13.2 Any person(s) who has been refused a variance may request a hearing before the Commissioner or his designee within 7 days after the day the refusal was served. Upon receipt of such petition the Commissioner or his designee shall set a time and place for such hearing and shall inform the petitioner thereof in writing. The hearing shall be commenced

CITY OF CAMBRIDGE
DEPARTMENT OF HEALTH AND HOSPITALS
1493 CAMBRIDGE STREET, CAMBRIDGE, MASSACHUSETTS 02139

95

Melvin H. Chalfen, M.D.

Robert W. Healy
City Manager
City of Cambridge
Massachusetts Ave.
Cambridge, MA 02139

July 24, 1995

Dear Mr. Healy,

This is a request for resubmission to the City Council of the proposed amendment to Chapter 5.40 of the Municipal Code, which regulates the practice of massage therapy. It is our expectation that the Council will refer the matter to the Ordinance Committee.

We are resubmitting the original communication from the City Solicitor's office which you will find attached. We are preparing, with the Law Department, proposed amendments with the understanding that they will be considered by the Planning Board and the Ordinance Committee to address the concerns raised by members of the City Council during its earlier consideration of this matter.

In response to recent questions put forth by the Cambridge City Council regarding the regulation of massage therapy in neighboring communities, Commissioner of the Department of Inspectional Services, Mr. Bob Bersani surveyed cities and towns in the Boston area to determine how they regulate the practice of massage therapy. Specifically, Mr. Bersani collected information concerning requirements for police background checks, the allowance of massage therapy as a home occupation, out-calls and zoning regulations. The cities surveyed included Acton, Arlington,

Bedford, Belmont, Billerica, Boston, Brookline, Lexington, Newton, Somerville, Wakefield, Waltham, Watertown, Wellesley. The survey is enclosed.

Only two of the communities surveyed (Somerville and Bedford) require a police criminal check. Somerville's Ordinance is patterned after the existing Cambridge Ordinance which also requires a police check. The Cambridge Department of Health and Hospitals draft Rules and Regulations for the granting of licenses to practice massage therapy require at least 500 hours of training from a school that is accredited or approved by a nationally recognized organization specializing in massage therapy. Passing a National Certification Exam for Therapeutic Massage and Body-work may be an acceptable alternative demonstration of proficiency. The proposed application and licensing procedure is thorough and rigorous. Brochures from the two Cambridge based American Massage Therapy Association approved schools are attached. We believe that illegal activity will be improbable due to the level of training and commitment required for individuals to become licensed under the proposed regulations and, therefore, do not recommend requiring a criminal record check.

Five of the communities surveyed allow massage therapy as a home occupation, and nine do not allow it unless specific approval is given by the BZA. Trained and licensed massage therapists should be treated like other professionals in Cambridge with regards to practice as a home occupation. Only one surveyed community (Newton) allows out-calls.

Individuals who hold a current Massagist's business permit

issued by the Inspectional Services Department, if not able to demonstrate competency based on their training or by passing a national certification exam, would be able to apply for a restricted permit which would limit their practice to the location of the business establishment where he/she practiced when the original Massagist's business permit was granted.

Sincerely,

Melvin H. Chalfen, M.D.

Enclosure
cc: Robert Bersani
John O'Brien
Russ Higley

28.

CITY OF CAMBRIDGE
CAMBRIDGE, MASSACHUSETTS 02139

TEL. 349-4300
FAX. 349-4307

EXECUTIVE DEPARTMENT
ROBERT W. HEALY
City Manager

RICHARD C. ROSSI
Deputy City Manager

July 31, 1995

To The Honorable, The City Council:

I am transmitting the attached documentation regarding regulation of massage establishments for consideration by the Council.

It is my understanding that the attached proposal to amend relevant provisions of the zoning ordinance failed of passage due to expiration of the time permitted in the Zoning Act for action on proposed amendments. I believe that when time expired on the proposed zoning amendment several issues of concern to the City Council were being debated. In order to facilitate further consideration of those matters, and to provide the Council with an opportunity to conclude it's deliberations on these matters, I am hereby resubmitting the earlier proposed amendments to the Zoning Ordinance, as well as attaching the proposed amendments to the Municipal Code.

This resubmission will trigger the need for referral to the Planning Board and the Ordinance Committee, and will allow further deliberation on possible amendments to the original submission to address identified concerns.

Very truly yours,

Robert W. Healy
City Manager

Printed on Recycled Paper

Consent Agenda # 28 O-31

Refiling Zoning Ordinance amendment regulating Massage Establishments together with Municipal Code Amendment regarding Massage Establishments.

10/16/95 - Passed to a second reading
10/19/95 - Published Chronicle
11/6/95 - Passed to be Ordained
11/9/95 - Published - Chronicle

In City Council,

July 31, 1995

Referred to Ordinance Committee & Planning Board for Hearing & report.