



City of Cambridge

32.

IN CITY COUNCIL

May 19, 1997

COUNCILLOR TOOMEY
VICE MAYOR BORN
COUNCILLOR DAVIS
COUNCILLOR DUEHAY
COUNCILLOR GALLUCCIO
MAYOR RUSSELL
COUNCILLOR SULLIVAN
COUNCILLOR TRIANTAFILLOU

WHEREAS: Harvard University dedicated its baseball field as "**O'Donnell Field**" in honor of Joseph O'Donnell; and

WHEREAS: Joe attended Harvard where he played baseball and received the Wingate Award, earned the All-Ivy and All-East Honors; and

WHEREAS: After graduating from Harvard, Joe attended Harvard Business School where he earned his MBA in 1971; and

WHEREAS: Harvard was the recipient of a large endowment from **Joseph O'Donnell** to its baseball program; now therefore be it

RESOLVED: That this City Council go on record extending its congratulations to **Joseph O'Donnell** on the dedication of the field formerly known as "Soldier's Field" to the "O'Donnell Field" honoring his contributions to Harvard University as a student, employee and benefactor; and be it further

RESOLVED: That the City Clerk be and hereby is requested to forward a suitably engrossed copy of this resolution to **Joseph O'Donnell** on behalf of the entire City Council.

In City Council May 19, 1997

Adopted by the affirmative vote of nine members.

Attest:- D. Margaret Drury, City Clerk.

A true copy;

A handwritten signature in cursive script, reading "D. Margaret Drury".

ATTEST:-

D. Margaret Drury
City Clerk

Councillor Gorney

Whereas:

Harvard University dedicated its baseball field as "O'Donnell Field" in honor of Joseph O'Donnell; ~~and~~ and

Whereas:

Joe attended Harvard where he played baseball and received the Wingate Award; earned the All-Ovy and All-East Honors; and

~~Joe~~ After graduating from Harvard Joe attended Harvard Business School where he earned his MBA in 1971; and

Whereas

~~Joe bestowed an endowment gift to Harvard's baseball program for this~~

Harvard was the recipient of a large endowment from Joseph O'Donnell to their baseball program; now therefore be it

Resolved:

That this City Council go on record extending its ~~Congrats~~ ~~and~~ Congratulation

To Joseph O'Donnell on the dedication
of the ^{field} formerly known as "Soldiers Field"
to the "O'Donnell Field" honoring his
contributions to Harvard University as
a student, employee and benefactor,
and all it further

Resolved

Clerk copy etc

Harvard Dedicates New O'Donnell Baseball Field

*near
Boston
5/12/97 7:35t.*

Toumey

In a ceremony preceding last Sunday's doubleheader against Dartmouth College, Harvard honored Joe O'Donnell '67, a former baseball and football standout and longtime supporter of the College, by dedicating its baseball field as O'Donnell Field.

Two years ago, O'Donnell endowed the Harvard baseball program with a gift of \$2.5 million. He is a native of Everett, Mass., and a 1962 graduate of Malden Catholic High School, where he was All-State in football and baseball, a member of the track and basketball teams, president of his class, and a member of the honor society. As a member of Harvard's baseball team, O'Donnell won the Wingate Award and earned All-Ivy and All-East honors. In football, he lettered for the Crimson's 1966 Ivy Championship squad.

Following graduation from Harvard, he coached baseball and went to the Harvard Business School, where he started an on-campus student housing service. He joined the Business School administration after earning his M.B.A. in 1971. He then worked in the M.B.A. program as associate dean of students and later ran the School's education programs. In 1976, O'Donnell left the Business School to join a small Boston-area food service company. A year later, he bought the business.

Today, Boston Concessions Group Inc. supplies and operates food service concessions in approximately 30 states.

O'Donnell and his wife, Kathy, reside in Belmont, with their two daughters, Kate and Casey. The O'Donnell's son, Joey, who suffered from cystic fibrosis, died in 1986 at the age of 12. Soon afterwards, they established The Joey Fund to support research in cystic fibrosis. O'Donnell is a trustee of the Cystic Fibrosis Foundation, which in 1994 awarded him its highest honor, the Breath of Life award, for his activities on behalf of the foundation.

Prior to Sunday, Harvard's field was known simply as Soldiers Field. Harvard baseball has played its games there since 1898 when it moved from Holmes Field. Interestingly, the team's first official game on Soldiers Field was also played against Dartmouth, on April 27 of that year, a 13-7 Crimson victory. In its earlier days, Harvard baseball had called Cambridge Common, Boston Common, the Delta, and Jarvis Field home.

The celebration ceremony on Sunday included the dedication of a granite stone near the right field fence in honor of the O'Donnell family.

Harvard took the doubleheader, 18-3 and 7-6.



Photo by Tim Morse

Joe O'Donnell with his wife, Kathy, and their two daughters, Kate and Casey, at the O'Donnell Field dedication. The inscription on the stone reads, "Named with gratitude to Joseph J. O'Donnell '67, MBA '71, and The O'Donnell Family for their leadership and generosity to Harvard Baseball and Harvard College."

KSG and PoliticsNow Classroom To Work on Web-based Case Study

For Hardy Heart, Diet, Exercise Recommended over Pills, Drugs

(Continued from page 1)

cholesterol which lead to fatty deposits in blood vessels. From this connection, it's easy to jump to the conclusion that taking such antioxidants in pill form will provide extra protection.

Manson won't jump to that conclusion. Most antioxidant studies to date have been what are known as "observational." People are asked how much vitamin E or C they take in food or pill form, then researchers compare these amounts with the incidence of heart disease. But people who take part in such studies do other things besides consume vitamin E. They have different lifestyles and diets that can skew the result of studies based on vitamins alone.

"Women and men eating a diet rich in antioxidant vitamins will also have high intake of fruits and vegetables, and thus may be protected by other nutrients in these foods," Manson says. "Additionally, such people might engage in other healthy behaviors that contribute to a lower rate of heart disease, such as exercising and not smoking."

The gold standard among scientists is the so-called "randomized clinical trial." These trials involve randomly assigning people to a group that takes the vitamin under investigation, or one that does not, following both for years, then determining who comes up with less heart disease.

Such studies are now under way. The Women's Health Study, based at Harvard, tests the value of vitamin E and aspirin in

'We have good evidence that lifestyle changes can significantly reduce the risk of heart disease in both women and men. However, not enough reliable information exists about other highly publicized strategies, such as vitamin E and beta carotene supplements, cholesterol-lowering drugs, and estrogen replacement treatment to recommend them to all women (or men).'

—JoAnn Manson, ASSOCIATE PROFESSOR OF MEDICINE,
CO-DIRECTOR OF WOMEN'S HEALTH AT BRIGHAM AND WOMEN'S HOSPITAL

women, whose average age was 66.7 years, had levels of LDL, or bad cholesterol, high enough to promote build up of fatty deposits in their arteries. Federal guidelines recommend LDL levels of 100 or lower in those with heart disease. Less than 10 percent of the women met that standard.

Several different studies have concluded that proper use of cholesterol-lowering drugs can save the lives of many women who already have heart disease. Although Manson agrees with their use among these high-risk women, she cautions women with no history of heart disease against taking these drugs. "There is not enough evidence to recommend cho-

Regular use of aspirin, even baby aspirin, can cause stomach upsets and bleeding.

Estrogen Dilemma

Manson also is skeptical about the benefits of every woman taking estrogen after menopause. The protection against heart disease that this hormone gives to younger women is lost following menopause. A large number of studies have suggested that replacing the lost estrogen reduces risk of heart disease, stroke, and bone-weakening osteoporosis. However, that apparent protection may come at the high price of increased risk of breast cancer.

In the latest analysis of such studies,

Exercise and Diet

Manson is most enthusiastic about the value of exercise and a plant-based diet for every woman and man.

"The most important thing anyone can do for their health after quitting smoking is to exercise regularly," she says. "Exercise favorably impacts every other risk factor. It lowers blood pressure, cholesterol, and stress. It also lowers risk of adult-onset diabetes by improving glucose tolerance, and it reduces risk of osteoporosis."

A recently completed study of more than 40,000 postmenopausal women concluded that older women can reduce their chance of premature death by as much as 30 percent with regular, moderate exercise.

"Earlier guidelines called for vigorous endurance exercise, the kind where you break a sweat and significantly boost your heart rate," Manson notes. "Now there's increasing evidence that moderate exercise lowers risk of heart disease, stroke, high blood pressure, and diabetes. There are also studies linking exercise to decreased risk of colorectal, breast, uterine and other cancers."

A study of 25,624 females in Norway, published last week, concluded that the risk of breast cancer is lowest in lean women who exercise at least four hours a week.

The latest guidelines in this country suggest 30 minutes a day of moderate



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Born, Davis, Duchay, Gattuccio, Russell
Consent ORder #32
Sullivan + Triantafyllou
Councillor Toomey re: Congratulations
to Joseph O'Donnell on the dedication
of the field formerly known as "Soldiers
Field" to the "O'Donnell Field."

R-766

In City Council May 19, 1997

ORDER ADOPTED