

RESOLVED: That this City Council go on record proclaiming September 26, 2005 as **Family Day – A Day to Eat Dinner With Your Children** and urge all citizens to recognize in its observance; and be it further

RESOLVED: That the City Clerk be and hereby is requested to forward a suitably engrossed copy of this resolution to The National Center on Addiction and Substance Abuse at Columbia University on behalf

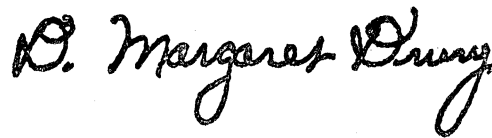
In City Council April 25, 2005.

Adopted by the affirmative vote of eight members.

Attest:- D. Margaret Drury, City Clerk.

A true copy;

ATTEST:-

A handwritten signature in black ink, appearing to read "D. Margaret Drury". The signature is written in a cursive, flowing style.

D. Margaret Drury
City Clerk



City of Cambridge

R-23.

IN CITY COUNCIL

April 25, 2005

MAYOR SULLIVAN
COUNCILLOR DAVIS
VICE MAYOR DECKER
COUNCILLOR GALLUCCIO
COUNCILLOR MAHER
COUNCILLOR MURPHY
COUNCILLOR REEVES
COUNCILLOR SIMMONS
COUNCILLOR TOOMEY

WHEREAS: The use of illegal drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America's children; and

WHEREAS: Surveys conducted by the National Center on Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke; and

WHEREAS: Teenagers who virtually never eat dinner with their families are 72 percent more likely than the average teenager to use illegal drugs, alcohol and cigarettes; and

WHEREAS: Teenagers who almost always eat dinner with their families are 31 percent less likely than the average teenager to use illegal drugs, alcohol and cigarettes; and

WHEREAS: The correlation between family dinners and reduced risk for teen substance abuse are well documented; and

WHEREAS: Parental influence is known to be one of the most crucial factors in determining the likelihood of substance by teenagers; and

WHEREAS: Family dinners have long constituted a substantial pillar of family life in America; now therefore be it

RESOLUTION #23

Cambridge proclaims September
26, 2005 as Family Day - A Day
to Eat Dinner With Your Children.
**Mayor Sullivan and entire
membership**

In City Council April 25, 2005

ORDER ADOPTED