

SIMCON TRACKS

30 CHISWICK ROAD, BRIGHTON, MA 02135
(617) 731-5900 - X 5424 • (617) 566-6252

April 12, 1979

Town Clerk
Town Hall
Cambridge, MA. 02138

Dear Sir/Madam:

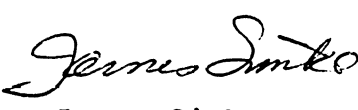
Available funds are becoming tighter this year and it is important to maintain the upkeep and prestige of your town with minimum expenditures. Many towns across the country have been electing to spend their limited recreational dollars to build Jogging Fitness Paths.

One purpose of a Jogging Path is that its resilient surface reduces the harsh impact on the body while running compared to that of other surfaces. The Jogging Paths are environmentally attractive and can be used year round by people of all ages for nature walks, jogging, or cross-country skiing. It will improve the appearance of the land it occupies and maintenance is minimal.

Exercise stations can be incorporated at various points along the path if desired to give a person a cardiovascular and muscular workout. Each station was designed by a group of doctors to tone specific parts of the body and enhance overall fitness.

We are the most experienced consultants and contractors of Jogging Paths in the East. We offer complete services for consultation and planning and/or construction. Please call or write for further information.

We are at your service,

 
James Simko Nancy Conkling

CONSULTANTS & CONTRACTORS FOR JOGGING PATHS

S-245

Comm. from James Simko and Nancy Conkling,
Simcon Tracks, re: Jogging Fitness Paths.

In City Council,

April 30, 1979

4/30/79

Referred to the
City Manager -