

THE DEPARTMENT OF HUMAN SERVICE PROGRAMS 1983 WINTER/SPRING PROGRAMS AND SERVICES Cambridge, Massachusetts

INDEX

Introduction to Department of Human Services..... 2

SERVICES

CIVIC UNITY COMMITTEE..... 2
 COMMUNITY LEARNING CENTER..... 2
 COUNCIL ON AGING/ELDERLY SERVICES..... 2
 FUEL ASSISTANCE..... 2

PROGRAMS

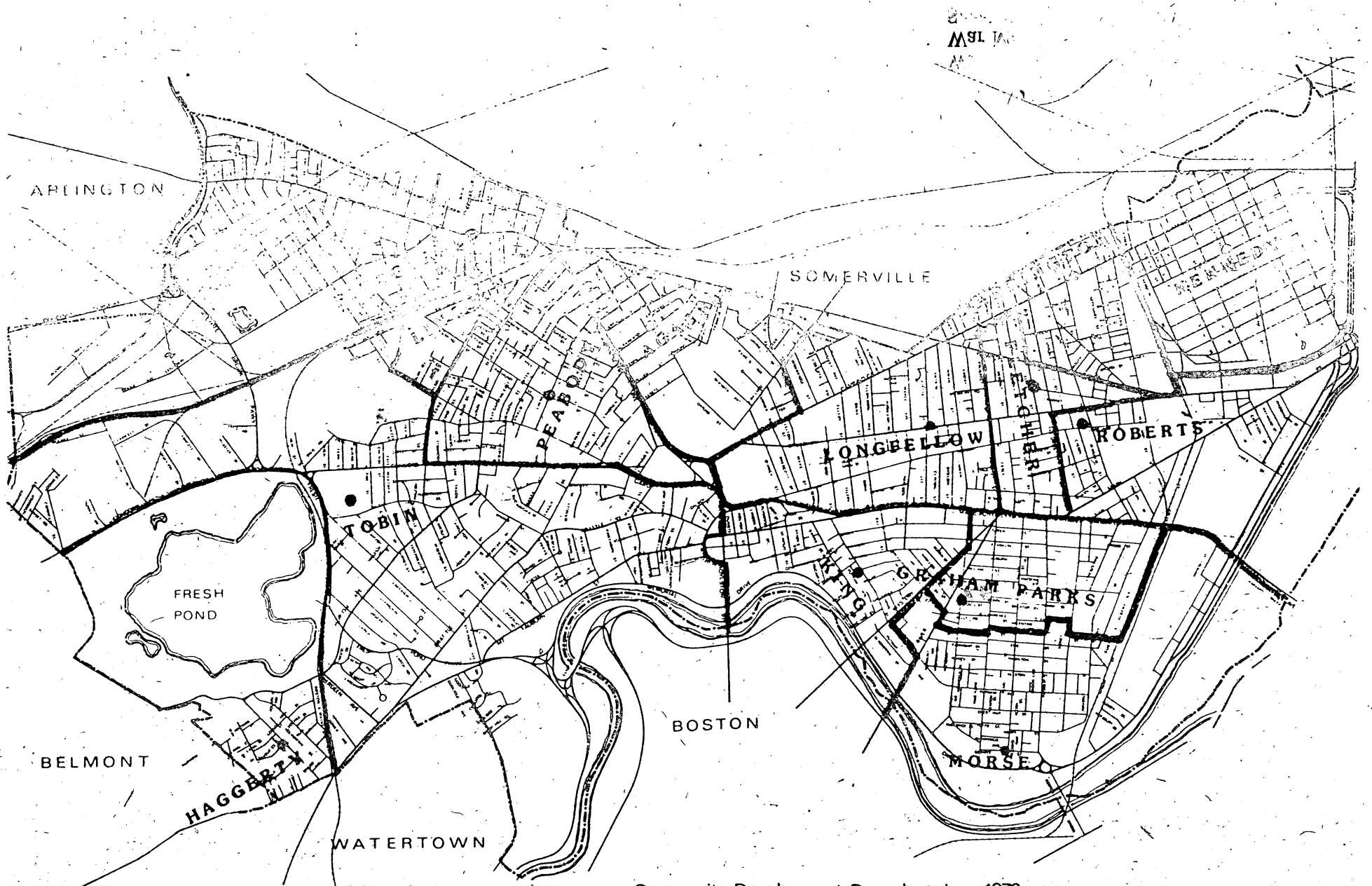
COMMUNITY AND YOUTH SERVICES

Neighborhood Council meetings and class offerings
 Agassiz Community Center..... 3
 Fitzgerald School..... 3
 Fletcher School..... 4
 Graham/Parks Alternative School..... 4
 Haggerty School..... 4
 Harrington School..... 5

Kennedy School..... 6
 King School..... 6
 Lincoln School..... 7
 Longfellow School..... 7
 Morse School..... 7
 Peabody School..... 7
 Roberts School..... 9
 Tobin School..... 10
 Youth Specialists..... 10
 Teen Centers..... 11
 After-school and Pre-school Childcare..... 11

RECREATION

War Memorial Classes..... 12
 War Memorial Pool Schedule..... 12
 Special Events..... 12
 Special Needs..... 12



Community Development Department 1976

Introduction

In June of 1980, the City Council established the Department of Human Service Programs in order to avoid wasteful duplication of programs, to increase the effectiveness of services offered, and to broaden the base of citizen involvement in human service activities supported by the city. The Department is responsible for providing both city-wide and neighborhood based programs and services. Some, such as special needs recreation, English-as-a-second-language and the scheduling of swimming pools are coordinated centrally. Others are organized in neighborhoods at elementary schools, teen centers, and other neighborhood based facilities. These include childcare, family activities, and programs for senior citizens.

The purpose of the Department of Human Service Programs is, on the surface, a simple one—to enhance the quality of life for the city's residents. In fulfilling its responsibilities, the Department is specifically mandated to involve a variety of citizen groups in planning services, programs, and activities to respond to those individual and community needs. The services provided by the Department include fuel assistance, advocacy to the elderly, outreach for isolated, homebound individuals, and specialized transportation. Other programs provide children and adults



with opportunities to improve their physical well-being through recreation, to increase their skills and knowledge through courses and special events, to enhance their social environment through activities with their neighbors and to contribute to the well-being of their community through regular meetings to discuss mutual concerns and issues.

Organization. The Department consists of several divisions. **The Community Learning Center** not only provides some of the basic entry skills for new Cambridge residents but is also responsive to basic education needed by adults in the city.

The division of Community and Youth Services is primarily concerned with activities at the neighborhood level that meet the needs of that particular community. Each neighborhood is staffed by a neighborhood coordinator who works with the Neighborhood Council to define needs and construct programs to meet them. Groups of neighborhoods have other staff assigned primarily to work with youth providing them with a variety of programs and services.

Basic services for senior citizens are handled by the **Council on Aging/Elderly Services**. This division provides services such as outreach to those isolated at home, transportation and information in the form of referral and news through the "Newslines" as well as planning and development of new activities.

The Recreation Division, in addition to managing the pool, athletic leagues and special events, also collaborates with other divisions to provide physical fitness programs at the neighborhood level and programs for specific groups of citizens, such as those with special needs. Many of the Recreation division programs are supported by fees.

The Planning and Development division places particular emphasis in seeking non-municipal funds for the support of human service activities in the city. This division also monitors the Community Development Block Grant funds allo-

cated, on the recommendation of the Human Services Commission, to human service activities and agencies in the city.

Finances. The Department receives appropriations from the city, from fees charged for programs and from grants and contracts from state and federal agencies. With a reduced budget from the city, it has been increasingly necessary to seek non-municipal revenue. This has meant, for example, that fees are charged to recreation leagues to help pay the cost of maintenance and utilities; pool fees are charged to offset the cost of life guards and pool maintenance and security; and fees are charged in the neighborhood based programs to provide instructors and supplies. We are constantly seeking alternative ways to finance programs and provide services.

Citizen Participation. There are many ways in which you may be involved in providing input into human service activities. The **Human Service Commission** is responsible for advising on overall human service policy and preparing recommendations and plans to carry out policies and programs to meet our human service needs. The **Council on Aging** is a group of citizens from across the city specifically mandated to advise the City Manager on issues of concern to senior citizens. The **Civic Unity Committee** plans events that encourage the vitality of our multi-cultural community.

Wherever you live there is a **Neighborhood Council** made up of people from your neighborhood. This council works with the Department to define and to design programs and services for your neighborhood. **Teen Councils** are concerned with increasing opportunities for our young people.

If you are interested in serving on any of these boards, contact Valerie Headley at 498-9076 or your local neighborhood council office (see program listings under Community and Youth Services for the number of your neighborhood council).

Civic Unity Committee

The Cambridge Civic Unity Committee was established in 1945 by the City Manager to work for intergroup harmony and racial understanding, and to advocate for the equal rights of the citizens of Cambridge. Appointed by the City Manager, members are chosen for their demonstrated leadership in the community and represent the diverse ethnic and religious backgrounds comprising the city.

Civic Unity maintains an open forum where citizens may bring their concerns and ideas. Residents of the Cambridge Community, individuals or groups seeking information or resolution on matters of racial or religious discrimination are encouraged to contact the committee. The community is invited to participate in Civic Unity programs.

Lenten service, held at the First Baptist Church in Cambridge each Wednesday at noon during Lent.

February

Black History Month
Feb. "A Tribute to a Great Lady"

The public is invited to attend the installation of the Clorae Evereteze Plaque in the foyer of City Hall. This plaque is a permanent memorial to the late Clorae Evereteze, former Executive Director of the Civic Unity Committee.

Feb. "Cambridge, Black History, Lost and Found."

Civic Unity will be presenting research done on the Black Community in Cambridge from the early 1700's to the present.

Clergy Seminar

The purpose of this forum is to bring together members of the religious, social service and educational communities in a one-day endeavor which addresses current issues in the Cambridge Community. This year's conference will be held on Tuesday, April 26 at the Cambridge Rindge and Latin School.

Special workshops will focus on the problems facing youth in the Cambridge community and on the services available to the elderly. Both will feature a dialogue among concerned community members, local clergy, and social service representatives.

This conference is open to the public free of charge. A nominal fee of \$3.00 for lunch for those attending the luncheon. There will be a reduced rate for elder citizens.



Civic Unity Committee Annual Dinner/ Clorae Evereteze Award June 1, 1983 Stephen James House Davenport Street

The Civic Unity Committee will hold its Annual Dinner on June 1st at the Stephen James House, Davenport Street, Cambridge. Highlights of this dinner include the presentation of the Clorae Evereteze Human Service Award.

Nomination forms for the Clorae Evereteze Award are available at the DHSP and local branch libraries. The candidate for nomination should be a resident of Cambridge whose dedication and service to the people of Cambridge typifies that of the late Clorae Evereteze, Executive Director of the C.U.C. from 1970 to 1977.

The Community Learning Center

Offers:
GED (high school equivalency) preparation
Adult Diploma Program (which gives credit for life experience)
Reading
Writing
Math
English as a Second Language (ESL)

Offers:
Small, informal classes with a stimulating and relaxed atmosphere.
Application of basic skills to daily living—filling "out" applications, etc.
Most classes are held from 9-12 in the morning or 6:30-9:30 in the evening.
Monthly intake sessions.

Offers:
Most classes are free.
Occasionally, the Learning Center must charge a nominal fee for courses.

But am I eligible for classes?
Yes, if you live in Cambridge and do not have a high school diploma or if you need ESL instruction. We may accept others on a space available basis.

How do I register?
You may sign up for a monthly information session to register for day or evening classes by calling 547-1589 or by coming to the Center at 614 Massachusetts Ave., third floor over Dunkin' Donuts in Central Square.

What other services does the Community Learning Center offer?

- Career information
- Individualized, diagnostic testing
- Educational counselling
- Survival skills workshop
- A resource library for students and teachers
- Consultation to business and agencies on a fee for service basis

- Information and referral for individuals
- Development & implementation of a satellite program

How do I get there?

The Community Learning Center is conveniently located in the middle of historic Central Square, on the Red Line of the MBTA as well as on the Rindge Ave., Dudley, and Sullivan Station bus lines.

Council on Aging/ Elderly Services

The Council on Aging/Elderly Services Division provides services to Cambridge's elder citizens and serves as official advocate for their interests.

The Council itself consists of eleven members appointed by the City Manager to advise the city government on policies affecting older people and to monitor services provided by other public and private agencies.

Meetings of the Council on Aging take place monthly usually on the first Tuesday. **The Advisory Council**, made up of representatives of clubs and drop-in centers, also meets once a month, usually on the last Monday. Meetings are open to all interested persons.

The following services will be offered this winter/spring unless otherwise noted. Call 498-9039 for services or information.

Information and Referral: Elder citizens and others concerned for them may telephone or visit from 8:30 a.m. to 5:00 p.m. for help with questions and needs of all sorts. Those elders needing counseling or an advocate to defend their interests will find the Council staff ready and willing.

Newslines: The Council publishes a monthly newsletter with information of interest to elder citizens. Copies can be picked up at public libraries, senior centers, and other neighborhood sites.

Telephone Reassurance: Volunteers will call elder citizens at home to check on their health and well-being and to offer a friendly voice. Calls are made on a daily basis at a regular time to people living alone whose health is uncertain.

Mutual Aid: In four Cambridge neighborhoods, groups of elders meet under the guidance of a coordinator from the Council's staff. These groups promote the informal exchange of friendship and services among members.



Neighborhood Outreach: Volunteers will make home visits and inform elders about service programs, referring them to other agencies when appropriate.

Drop-in Center: Elders are invited to visit at 99 Bishop Allen Drive. Open each day from 8:30 to 4:00; this drop-in center provides a noontime lunch along with Beano and other activities.

Transportation: The Council provides a variety of transportation programs—

DART (Dial-A-Ride Transportation)—Taxi rides are provided within Cambridge and, to a limited extent, from Cambridge to Boston, for Cambridge residents over 60. A one-dollar contribution is requested for each ride. Priority goes to medically-related trips.

Elder Van—a limited number of rides are available for the handicapped in a lift-equipped van. Medical trips get top priority.

Senior Cab—elder citizens can purchase coupons for a 25% discount on taxi rides from Cambridge-based cabs.

Council on Aging Bus—this 20-seat vehicle will be made available to groups requesting it for trips with a 25-mile radius. Such groups must contribute \$40 to cover the cost of hiring the driver.

Call 492-3278 for transportation services.

Discounts: In addition to the taxi discounts mentioned above, the Council offers three others.

Buylines: Cambridge stores displaying a special decal offer varied discounts to elders using the Buylines card. The card can also be used at participating Somerville stores.

Parking: In cooperation with the Traffic Department, the Division offers free parking in the Green Street garage and the Cambridge Hospital parking lot.

Commonwealth Gas: a 10% discount is available on repairs made to gas appliances.

Elder Hire: Job counseling and placements are provided to older workers or those seeking to re-enter the work force. This service is located at 15 Pearl Street—call 868-0800.

Elder Housing: Assistance with relocation and house/apartment hunting is available at 15-Pearl Street—868-0800.

Bright Eyes: This program of free eye examinations by ophthalmologists at the Boston Eye and Ear Hospital provides elders with a service which has sometimes proven the difference between continued sight and blindness.

Senior Citizens Three Day Trip

Destination: Sheraton Regal Hotel, Hyannis, Mass.

Dates: March 20-22

Cost: Single \$156.00 (very limited)

Double \$150.00

Triple \$145.00

Call Donna A. Johnson at 498-9076 for further information and registration.

Fuel Assistance

The Fuel Assistance Program is designed to help eligible households pay their heating bills during the winter months, when heating costs are at their highest. The elderly on low and fixed incomes, households affected by unemployment or underemployment, disabled veterans, households on public assistance, and families with insufficient earned income all may be eligible for the program.

It is very important that clients come in and apply early. Over 2500 applications have already been received and State and Federal funds are limited. There is no guarantee that everyone will receive the full benefit amount before the program ends on April 30, 1983. This year's program can only help pay primary heating costs, not utility bills. Public housing tenants and tenants with subsidized rent who do not pay for their own heating bills are not eligible for fuel assistance this year.

Sites have been set up throughout the city. Please call 491-4367 (51 Inman St.) to make an appointment at a site convenient to you.

Community and Youth Services

Neighborhood-based programs called community schools operate out of the city's school buildings. They offer after-school child care, adult education, cultural and social events for families and for the elderly, and other services tailored to the needs of each community.

Youth specialists are also based in the neighborhoods. They spend time getting to know the 11-18 year olds in their areas, and provide a range of services that may include group recreation; individual counseling on employment, academic, or personal issues; discussion groups on alcohol and drug abuse; and liaison work with the courts and schools. Youth staffs also run the city's teen centers—informal recreation centers located at various sites throughout the city.

Community and Youth staff work together to arrange citywide or areawide programs such as summer camps, holiday fairs, and field trips.

Neighborhood Councils

Neighborhood Councils work on issues and problems that affect the quality of life in the neighborhood.

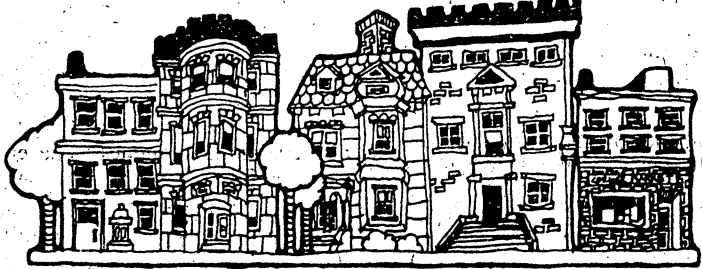
Neighborhood Councils grew out of a Cambridge City Ordinance which established the Cambridge Department of Human Services Programs and identified Community School Councils as the base for the new Councils. The Neighborhood Councils continue to provide the traditional Community Schools programs and activities, and also work on educating the community about human service issues and problems and work with the community on improving conditions for people living in the neighborhood.

Neighborhood Council Membership: Neighborhood Councils are open to all residents of the neighborhood. Since they are mandated to function on behalf of the neighborhood they must have broad representation from all age groups, income groups, and racial/ethnic groups. The Neighborhood Council should reflect the diverse interests and needs of the neighborhood.

If you would like to join the Council in your neighborhood, or if you would like more information about the Neighborhood Council in your community, contact your Neighborhood Council Coordinator or Youth Specialist listed at the beginning of your neighborhood program listings. Or call the Cambridge Department of Human Service Programs - Division of Community and Youth Services at 498-9037 and ask for Carol Cornelison.

Meetings

The Agassiz Neighborhood Council Meetings are held on the 2nd Wednesday of each month at 8:00 p.m. in the Agassiz School Library.



The Fitzgerald Neighborhood Council Meetings are held on the 1st Monday of each month at 7:30 p.m. in the Fitzgerald School Lobby.

The Fletcher Neighborhood Council Meetings are held on the 3rd Thursday of each month at 7:00 p.m. in the Fletcher School Alcove.

The Sandra Graham/Rosa Parks Alternative Neighborhood Council Meetings are held on the 2nd Wednesday of each month at 7:00 p.m. in the Morse School Cafeteria.

The Haggerty Neighborhood Council Meetings are held on the 4th Monday of each month at 7:30 p.m. in the Haggerty School Cafeteria.

The Harrington Neighborhood Council Meetings are held on the 1st Wednesday of each month at 6:30 p.m. in the Harrington School Off-stage area.

The Kennedy Neighborhood Council meetings are held on the 1st Tuesday of each month at 6:30 p.m. in the Kennedy School Library.

The King Neighborhood Council Meetings are held on the 4th Tuesday of each month at 7:00 p.m. in the King School Library.

The Lincoln Neighborhood Council Meetings are held on the 1st Wednesday of each month at 7:30 p.m. in the Lincoln School Home Economics Room.

The Longfellow Neighborhood Council Meetings are held on the 4th Tuesday of each month at 7:15 p.m. at 51 Inman St. (enter by side door on Inman Place).

The Morse Neighborhood Council Meetings are held on the 1st Thursday of each month at 7:30 p.m. in the Morse School Cafeteria.

The Peabody Neighborhood Council Meetings are held on the 2nd Thursday of each month at 7:30 p.m. in the Peabody School Cafeteria (please use Walker St. entrance).

The Roberts Neighborhood Council Meetings are held on the 2nd Tuesday of each month at 7:00 p.m. at the Margaret Fuller House, 71 Cherry St.

The Tobin Neighborhood Council Meetings are held on the 2nd Monday of each month at 7:00 p.m. in the Tobin School Teacher's Lounge.

Class Offerings

*All asterisked classes are being sponsored by the Division of Recreation. Registration and payment in full is required before the classes begin. Register at the school where the class is held according to the individual school's schedule. If there is an insufficient number of registrations, the class will be cancelled before the starting date. Make checks payable to the City of Cambridge - Recreation Division. Classes will not be held on the following dates—Feb. 21, March 17, April 1, April 8, May 27, May 30 and June 20, 1983. Please check with the Neighborhood Council Coordinator for release day policy.

AGASSIZ COMMUNITY CENTER

Address: 20 Sacramento Street, Cambridge, MA 02138
Neighborhood Council Coordinator: Julie Osherson, 498-9056
Neighborhood Youth Specialist: Paulette Johnson, 498-9072
Neighborhood Council Chairperson: Joel Bard, 498-9056
Winter Registration: January 17 - January 21, 1983. Hours: 2:30 - 6:00 p.m.
Spring Registration: April 4 - April 8, 1983. Hours: 2:30 - 6:00 p.m.

Title: Circus Arts
Ages: Grades 4-8
8 week session beginning January 24, 1983
Days: Mondays
Hours: 2:30 - 3:30 p.m.
Fee: \$10.00
Instructor: Brian Kenet
Description: Learn juggling, balancing, clowning and more!
Other: Maximum enrollment: 10

Title: Calligraphy
Ages: Grades 4-8
8 week session beginning January 25, 1983
Days: Tuesdays
Hours: 2:45 - 3:45 p.m.
Fee: \$10.00
Instructor: Penny Kleespies
Other: Maximum enrollment: 10

Title: Embroidery
Ages: Grades 4-8
8 week session beginning January 25, 1983
Days: Tuesdays
Hours: 2:45 - 3:45 p.m.
Fee: \$10.00
Instructor: Penny Kleespies
Other: Maximum enrollment: 10

Title: Improvisational Theater Club
Ages: Grades 4-8
8 week session beginning January 26, 1983
Days: Wednesdays
Hours: 2:30 - 3:30 p.m.
Fee: \$10.00
Instructor: Geraldine Guardino
Other: Maximum enrollment: 10

Title: Mime
Ages: Grades 4-8
8 week session beginning January 27, 1983
Days: Thursdays
Hours: 2:30 - 3:30 p.m.
Fee: \$10.00
Instructor: Laura Sheppard
Other: Maximum enrollment: 10

Title: After-School Activities
Ages: Grades K-4
10 weeks session beginning January 31, 1983
Days: Monday thru Friday
Hours: 2:30 - 6:00 p.m.
Fee: \$3.50 per day (payable at start of each 10 week term)
Instructors: Smiley Winter and Robin Winter
Description: A program of varied after-school activities featuring two periods of activities a day, plus snack and meeting time. Activities include: sports, cooking, arts, crafts, story-telling, ceramics, etc.

Title: Beginning Typing
Ages: Grades 6-8
8 week session beginning January 27, 1983
Days: Thursdays
Hours: 4:00 - 5:00 p.m.
Fee: \$10.00
Instructor: Nancy Murphy
Description: Beginning typing
Other: Maximum enrollment: 6

Title: "Know Your Body" Class
Ages: Grades 5 and 6
8 week session beginning January 28, 1983
Days: Fridays
Hours: 2:30 - 3:30 p.m.
Fee: \$10.00
Instructor: Kim DeAndrade
Description: Learn about how your body works, puberty, reproduction, pregnancy and family life, sex roles and self-esteem. There will be a meeting to familiarize parents with the instructor and the curriculum, Monday, January 24th at 7:30 p.m. in the Agassiz Community Center.
Other: Maximum enrollment: 10

Title: After-School Activities
Ages: Grades K-4
10 weeks session beginning January 31, 1983
Days: Monday thru Friday
Hours: 2:30 - 6:00 p.m.
Fee: \$3.50 per day (payable at start of each 10 week term)
Instructors: Smiley Winter and Robin Winter
Description: A program of varied after-school activities featuring two periods of activities a day, plus snack and meeting time. Activities include: sports, cooking, arts, crafts, story-telling, ceramics, etc.

Title: Brownies
Ages: Grades 1-3
Session ongoing
Days: Tuesdays
Hours: 2:30 - 4:00 p.m.
Fee: \$3.00 plus dues
Instructors: Sandra Foti and Mary Hillmer

***Title: Gymnastics**
Ages: Grades K-6
10 week winter session beginning January 28, 1983
8 week spring session beginning April 29, 1983
Days: Fridays
Hours: 2:45 - 3:45 p.m.; 3:45 - 4:45 p.m.; 4:45 - 5:45 p.m.
Fee: \$10.00 for winter/\$8.00 for spring
Instructor: Robin Morrison
Description: Gymnastics for beginners, intermediate, and advanced intermediates; learn floor, bar and beam exercises and routines. Wear leotards and ankle socks.

Title: Music and Movement for Adults
Ages: Adults
8 week session beginning January 17, 1983
Days: Mondays
Hours: 7:15 - 8:30 p.m.
Fee: \$40.00
Instructor: Martha Rogers
Description: This course will offer a variety of music and movement games based on the eurhythmics of Jacque Dalcroze: clapping, stepping, singing, dancing, and improvising.
Other: Registration on Monday, January 17 at 7:00 (or pre-register by calling Martha at 776-7406)

Title: Adult Exercise: Work Your Body Classes
Ages: Adults
10 week session beginning January 3, 5, and 8, 1983
Days: Mondays and Wednesdays, 6:00 - 7:00 p.m.; Saturdays, 3:30 - 4:30 p.m.
Fees: \$3.00 per class (payable in ten-week terms)
Instructors: Liz Simon and Cathy Camel
Description: A vigorous, fun aerobic exercise class for people who want to get in shape and stay in shape!
Other: Registration on January 3, 5, and 8 at start of class. People must sign up for at least two classes per week.

Title: Senior Citizen Blood Pressure Check
Ages: Seniors
Session ongoing

Days: Third Thursday of each month
Hours: 12:30 - 1:30 p.m.
Fee: None
Location: North Congregational Church, 1803 Massachusetts Avenue, Cambridge
Other: Sponsored by the Cambridge Harvard Community Health Plan Center

Title: Calligraphy for Seniors
Ages: Seniors
5 week session beginning January 26, 1983
Days: Wednesdays
Hours: 1:00 - 2:15 p.m.
Fee: \$5.00
Instructor: Penny Kleespies
Location: 24 Shepherd Street, Cambridge



FITZGERALD SCHOOL

Address: 70 Rindge Avenue, Cambridge, MA 02140
Neighborhood Council Coordinator: Patricia Daley
Phone: 498-9057
Neighborhood Youth Specialist: Daniel Cummings
Phone: 498-9072
Neighborhood Council Chairperson: Donna Higgins
Winter Registration: January 17 - January 21, 1983
Hours: 2:00 - 5:00 p.m.
Spring Registration: April 11 - April 15, 1983
Hours: 2:00 - 5:00 p.m.

Title: Weight Loss Through Hypnosis
Ages: Teens / Adults
One day session- January 13, 1983
Days: Thursday
Hours: 7:30 - 9:00 p.m.
Fee: \$25.00
Instructor: Hypnotist Leslie Oliver, Ed.D.
Description: Participants receive a free hypnosis tape cassette.
Other: Call for further information.

Title: Stop Smoking Through Hypnosis
Ages: Teens / Adults
Two day session- January 10 and 17, 1983
Days: Mondays
Hours: 7:30 - 9:00 p.m.
Fee: \$35.00
Instructor: Hypnotist Leslie Oliver, Ed.D.
Description: Participants receive a free hypnosis tape cassette.
Other: Call for further information.

Title: Ballroom Dance Lessons I
Ages: Teens / Adults
6 week session beginning January 25, 1983
Days: Tuesdays
Hours: 7:00 - 8:30 p.m.
Fee: \$30.00
Instructors: Christy Johnson and Rob Gregory
Description: Learn how to dance to the rhythms of the big band era: Discover the routes of present day partner dancing: You will learn the basics of the fox trot, waltz, jitterbug, and merenque. A fifth dance of the students' choice between rumba, cha-cha or polka will be included.
Other: Minimum of 15 people needed.

***Title: Gymnastics**
Ages: 6 and up
10 week winter session beginning January 24, 1983
8 week spring session beginning April 11, 1983
Days: Mondays
Hours: 2:15 - 3:15 p.m.
Fee: \$10.00 for winter; \$8.00 for spring.

Title: Brownies
Ages: 5 - 8 years
Session ongoing.
Days: Mondays
Hours: 2:15 - 3:15 p.m.
Fee: Dues
Instructor: Cindy Moquin and Kathy Carney

Title: Ceramics
Ages: 8 and up
10 week winter session beginning January 17, 1983
8 week spring session beginning April 25, 1983
Days: Tuesdays
Hours: 2:15 - 4:30 p.m.
Fee: \$2.00 per piece
Instructor: Marlene Ravanis

***Title: Ballet**
Ages: 6 and up
10 week winter session beginning January 25, 1983
8 week spring session beginning April 12, 1983
Days: Tuesdays
Hours: 2:15 - 3:15 p.m.
Fee: \$10.00 for winter; \$8.00 for spring
Description: Basic instruction in ballet.

***Title: Karate**
Ages: 6 and up
10 week winter session beginning January 26, 1983
8 week spring session beginning April 13, 1983
Days: Wednesdays
Hours: 2:15 - 3:15 p.m.
Fee: \$10.00 for winter; \$8.00 for spring
Instructor: Kathy Hoffman
Description: Fundamentals of karate.

Title: Recorder Lessons
Ages: 6 and up
10 week session beginning January 6, 1983
Days: Thursdays
Hours: Half hour lesson
Fee: Under \$10.00 (purchase price of recorder, music books and a music stand). Lessons are free.
Instructor: Jane Lewis
Description: Beginner and intermediate recorder lessons.

Title: "Know Your Body"
Ages: 10 - 13 years
4 weeks beginning January 27, 1983
Days: Thursdays
Hours: 2:15 - 3:00 p.m.
Fee: None
Instructor: Gail Turnbill
Description: This is a sex education class for children ages 10-13. There will be a meeting on January 24 at 7:15 p.m. for any parent interested in meeting the teacher and discussing the course content. This class is offered by Cambridge Family Planning. Parental permission is required.
Other: Go to Community School Office.

Title: Hockey
Ages: Grades 6 - 8
10 weeks beginning January 13, 1983
Days: Thursdays
Hours: 2:00 - 4:00 p.m.
Fee: None
Instructor: Eddie Watson
Description: Basic skills and competition with other schools.

Title: Bowling
Ages: 5 - 13 years
Session ongoing
Days: Fridays
Hours: 2:00 - 4:15 p.m.
Fee: \$2.00 per week
Instructors: Carol Ames, Anne Barberian, Bonnie Rivera, and Marlene Ravanis
Location: Turnpike Bowladrome

***Title: Women's Exercise**
Ages: 13 and up
10 week winter session beginning January 24 and January 27, 1983
8 week spring session beginning April 11 and April 14, 1983
Days: Mondays and Thursdays
Hours: 7:00 - 8:00 p.m.
Fee: \$20.00 for winter / \$16.00 for spring
Instructor: Theresa Iacovino

Title: Baseball Clinic
Ages: 8 - 12 years (co-ed)
Days: To be announced
Hours: To be announced
Fee: None
Instructors: Jed Lowry, David Kale and other North Cambridge Little League managers and coaches.
Description: Learn different aspects of the game each week.

Title: Little Peoples Orchestra of Cambridge
Ages: Adult
Session ongoing
Days: Mondays
Hours: 7:00 - 9:30 p.m.
Fee: None
Instructor: Conductor Sophie Vilker
Description: Concerts are given at locations around Cambridge. Neighborhood residents are encouraged to come and observe. For further information call 876-8506.

Title: Knitting and Crocheting
Ages: 13 and up
Session ongoing
Days: Mondays
Hours: 7:00 - 9:30 p.m.
Fee: \$3.00 per lesson
Instructor: Billie Murphy

Title: Men's Basketball
Ages: 18 and up
Session ongoing
Days: Mondays and Thursdays
Hours: 8:00 - 9:30 p.m.
Fee: 50¢ per night

Title: Beano
Ages: Seniors
Session ongoing
Days: Mondays and Thursdays
Hours: 1:30 - 4:30 p.m.
Fee: 25¢ per card
Description: All money returned in winnings. Refreshments provided.
Location: Mondays - Weaver Apartments, 91 Clifton Street; Thursdays - Fitzgerald Cafeteria.



Title: No. Cambridge Stabilization Committee
Ages: Adults
Days: 1st and 3rd Thursday of every month: 1st meeting January 13, 1983
Hours: 7:30 - 10:00 p.m.
Description: Open to all N. Cambridge residents 18 years of age or older. Committee was formed in 1981 by the City Council to monitor physical and population changes in the neighborhood that may result from the Red Line extension. The City Council has allocated \$250,000 annually to the group to undertake physical improvements desired by the group. The committee has financed a variety of housing programs and field and playground improvements. The committee also acts as neighborhood advocates on development issues.

Title: Cake Decoration Classes
Ages: 13 and up
In April: if there is enough interest (at least 10 people)
Title: Senior Trips and Special Events
Ages: Seniors
Further information forthcoming - watch for flyers. Call and put your name on mailing list (498-9057).

FLETCHER SCHOOL
Address: 89 Elm Street, Cambridge, MA 02139
Neighborhood Council
Coordinator: Kerlenious Millner
Phone: 498-9054
Neighborhood Youth Specialist: Tony Bazzell
Phone: 498-9037

Neighborhood Council Chairperson: Clorae Prince/Helen Ford
Programs are being jointly sponsored with the Roberts Neighborhood Council, please see Roberts Schools' program listing for details.

SAUNDRA GRAHAM / ROSA PARKS ALTERNATIVE SCHOOL
Address: 15 Upton Street, Cambridge, MA 02139
Neighborhood Council
Coordinator: Lucy Hammerman
Phone: 498-9067
Neighborhood Youth Specialist: Robert Bridgeman
Phone: 498-9072
Neighborhood Council Chairperson: Connie Woodard/Judith Black
Winter Registration: January 17-January 21, 1983 at Henry Street Teen Center. **Phone:** 354-8614
Hours: 2:30 - 5:30 p.m.
January 17 and 18, 1983 at Manning Apartments (seniors only)
Hours: 10:00 - 12 noon
Spring Registration: April 11-April 15, 1983 at Henry Street Teen Center
Hours: 2:30 - 5:30 p.m.
The Saundra Graham / Rosa Parks Alternative School (formerly Webster-CAPS) is currently undergoing renovations and thus the programs generally offered there have been suspended or moved to other locations. We are offering an After-school Childcare Program at the Morse School for Alternative School area residents. Please refer to the After-school listing for details.

***Title: Self Defense for Girls**
Ages: 8 - 12 years
10 week winter session beginning January 28, 1983
8 week spring session beginning April 29, 1983
Days: Fridays
Hours: 4:00 - 5:00 p.m.
Fee: \$10.00 for winter / \$8.00 for spring
Description: A self defense class for pre-teen girls.
Location: Morse School
Other: Minimum enrollment: 10

***Title: Karate for Boys**
Ages: 8 - 12 years
10 week winter session beginning January 28, 1983
8 week spring session beginning April 29, 1983
Days: Fridays
Hours: 4:00 - 5:00 p.m.
Fee: \$10.00 for winter / \$8.00 for spring
Description: Beginning karate for pre-teen boys.
Location: Morse School
Other: Minimum enrollment: 10

Title: Pre-Teen Activity Program
Ages: 8 - 10 years
Session ongoing
Days: Monday thru Friday
Hours: 2:30 - 5:30 p.m.
Fee: Sliding fee scale - \$3.00, \$2.00, and \$1.00 per day. Request income form for reduced fee.
Instructor: Dorothy Webman
Description: A variety of activities each day including art, drama, games, trips, snacks.
Location: Henry Street Teen Center, corner of Henry and Brookline Streets

Title: "Know Your Body"
Ages: 10 - 13 years
10 week session beginning January 26, 1983
Days: Wednesdays
Hours: 3:45 - 5:00 p.m.
Fee: \$1.00 registration fee
Instructor: Kim De Andrade, Education Counselor from Cambridge Family Planning.
Description: Permission slips are necessary. Parents are encouraged to attend the orientation meeting on Wednesday, January 26, 1983.
Location: Morse School Library

Title: Knitting for Pre-Teens and Teens
Ages: 9 - 13 years
5 week session beginning January 24, 1983
Days: Mondays
Hours: 3:30 - 5:00 p.m.
Fee: \$5.00 per session whatever cost of materials is.
Instructor: Alison Hournoy
Description: Learn the basics of knitting, make a hat, or scarf.
Location: Henry Street Teen Center, corner of Henry and Brookline Streets
Other: Minimum enrollment: 5

Title: Jazz-Tap-African Dance
Ages: 8 - 12 years
10 week winter session beginning January 24, 1983
9 week spring session beginning April 25, 1983
Days: Mondays
Hours: 3:45 - 5:00 p.m.
Fee: \$15.00 for winter / \$15.00 for spring
Instructor: De Ama Battle
Description: This will be a beginner class, students will learn the fundamentals of these African Rooted dance forms. If the class gets the minimum registration necessary it will happen.
Location: Morse School
Other: Minimum enrollment: 10

Title: Senior Citizens Bead Work Class
Ages: 55 and over
10 week winter session beginning January 27, 1983
10 week spring session beginning April 21, 1983
Days: Thursdays
Hours: 2:15 - 3:15 p.m.
Fee: \$5.00 registration fee
Instructor: Victoria Kouyoumjian
Description: Learn to make decorative dollies, ornaments and jewelry with interesting beads.
Location: Manning Apartments, 237 Franklin Street
Other: Minimum enrollment: 10

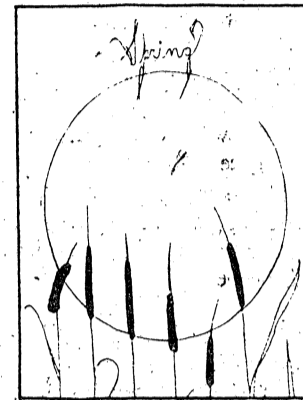
HAGGERTY SCHOOL
Address: 110 Cushing Street, Cambridge, MA
Neighborhood Council
Coordinator: Dottie Giacobbe
Phone: 498-9058
Neighborhood Youth Specialist: Annmarie Masiello
Phone: 498-9072
Neighborhood Council Chairperson: Joseph Carceo
Winter Registration: January 17-January 21, 1983
Hours: 2:30 - 5:00 p.m.
January 19, 1983
Hours: 7:00 - 8:00 p.m.
Spring Registration: April 4 - April 8, 1983
Hours: 2:30 - 5:00 p.m.

Title: Tiny Tot Program
Ages: 18 months - 3 years (not yet in pre-school)
8 week winter session beginning January 24, 1983
8 week spring session beginning April 4, 1983
Days: Mondays and Wednesdays
Hours: 12:30 - 1:30 p.m.
Fee: \$5.00 per session
Instructor: Parents. Volunteer Parent Coordinator Mrs. Troxell
Description: A toddler-drop in program. Socialization with other toddlers. A playtime with organized learning and fun activities, using our Pre-School room. A parent run program where parents rotate as supervisors in charge. (Two parents per session required - twice a week). Minimum 8 toddlers and parents.
Other: A parent organized program with technical assistance from Haggerty Community School.

Title: Basic Bookkeeping and Personal Finance
Ages: Adults
8 week session beginning January 24, 1983
Days: Mondays
Hours: 7:00 - 8:30 p.m.
Fee: \$5.00 per course (monies to be used for supplies).
Instructor: Mr. Rodney Pearson, Professor at Harvard University.
Description: Mr. Pearson is donating his time to teach this course from the Harvard Volunteers Group. The first half of the course will introduce the concepts and techniques of bookkeeping. Problems and case situations will be utilized to introduce various problems. Second half of course, Personal Finance, will include various investment opportunities available to the small investor - Real Estate, Money Market Funds, IRA's etc. Very basic problems in the field of income taxes and maintaining a family budget.

Title: Auto Maintenance
Ages: Teens / Adults
8 week session beginning February 3, 1983

Days: Thursdays
Hours: 7:00 - 8:30 p.m.
Fee: \$15.00 (each participant is responsible for purchasing his/her own supplies).
Instructor: Charlie Giacobbe
Description: Car owners come and learn how to save money and repairs to your auto. Demonstrations will include tune-ups and how to do them. Discussions on simple preventive maintenance. Brakes, carburetors and much more will be explained. Work on your own car. Be prepared to get dirty and have fun. Women are encouraged to join. The class limit is 15. THIS IS A CITY-WIDE PROGRAM.
Location: Water Department Garage, Freshpond Parkway, Cambridge
Other: Monies collected from this program will be given back to each Neighborhood Council which the participant is from. Our instructors are volunteering their services to teach this course.



Title: Beginners Gymnastics
Ages: 5 - 8 years
10 week winter session beginning January 26, 1983
8 week spring session beginning April 13, 1983
Days: Wednesdays
Hours: 2:30 - 3:30 p.m.
Fee: \$10.00 for winter; \$8.00 for spring
Instructor: Robin Morrison
Description: Basic fundamentals of gymnastics.
Other: Wear leotards or shorts.
Minimum enrollment: 10

***Title: Advanced Beginner Gymnastics**
Ages: 9 - 12 years
10 week winter session beginning January 26, 1983
8 week spring session beginning April 13, 1983
Days: Wednesdays
Hours: 3:30 - 4:30 p.m.
Fee: \$10.00 for winter; \$8.00 for spring
Instructor: Robin Morrison
Description: More advanced techniques taught. For those who have basic gymnastics skills.
Other: Wear leotards or shorts.
Minimum enrollment: 10

***Title: Women's Exercise**
Ages: 16 and up
10 week winter session beginning January 26, 1983
8 week spring session beginning April 13, 1983
Days: Wednesdays
Hours: 7:00 - 8:00 p.m.
Fee: \$10.00 for winter; \$8.00 for spring
Instructor: Judy McGinnity
Other: Wear a leotard or loose comfortable clothing.

Title: Haggerty Seniors Bowling League
Ages: 55 and over
Session ongoing
Days: Fridays
Hours: 9:00 a.m.
Fee: Group rates
Description: Come and join the fun that the seniors have on Friday mornings, enjoy the laughs. Trophies and banquet at the end of the season.
Location: Turnpike Bowladrome, Route 2. Bus picks up participants at 9:00 a.m. at the corner of Lawn and Cushing Streets.
Other: Call Dottie Giacobbe for more details

Title: Seniors Beano
Ages: 55 and over
Session ongoing
Days: Thursdays
Hours: 12:00 - 2:00 p.m.
Fee: 25¢ first card; 10¢ additional cards

Instructor: Mrs. Mary Curtin
Description: Come and join your neighbors, socialize and have fun. Refreshments served.
Location: 151 Corcoran Park, Lower Level along side of St. Sauveur Street

Title: Haggerty Seniors Club
Ages: 60 and over
Sessions: 3rd Thursday of each month beginning in September 1982
Days: Thursdays
Hours: 1:00 - 3:00 p.m. (unless otherwise noted)
Fee: \$3.00 annual dues. Membership opens in January 1983
Instructor: President Mr. Joseph Curtin, Vice President Peggy Mangan, Secretary Pauline O'Donnell and Treasurer Peggy Smith
Description: Informative meetings, Socials, Beano, Flea Markets, Guest Speakers and educational programs.
Location: V.F.W. Post, 688 Huron Avenue

Title: Pokeno
Ages: 55 and over
Session ongoing
Days: Mondays and Wednesdays
Hours: 12:30 - 2:00 p.m.
Fee: Charge for cards
Instructor: Senior Citizen volunteers
Description: Come and join the fun and activity and socialize with your neighbors.
Location: 150 Corcoran Park

Title: Seniors Exercise and Dance Classes
Ages: 55 and over
10 week session beginning January 27, 1983
Days: Thursdays
Hours: 10:30 - 11:30 a.m.
Fee: \$10.00
Instructor: Mr. John Geary
Description: Easy warm-up exercises, instructions to learn various dance steps. Bus Stop, Hully Gully, and other line dance plus much more.
Location: 150 Corcoran Park

Title: Seniors Blood Pressure Check
Ages: 45 and over
Sessions 2nd Thursday of each month beginning September 1982
Days: Thursdays
Hours: 1:00 p.m.
Fee: None
Instructor: Miss Rita Capistran, City of Cambridge Public Health Nurse
Description: Join the senior monthly for this vital check. You may have questions you might like to ask the nurse, and she may be able to help you, or refer you to other services available.

Title: Pot Luck Luncheons
Ages: 55 and over
Session ongoing
Days: Thursdays
Hours: 11:30 - 12:30 p.m.
Fee: None
Description: Seniors bring their home cooked recipes to our luncheons sharing their dishes and recipes.
Location: 150 Corcoran Park
Other: Scheduled Pot-Lucks: Feb. 10, March 10, April 14, May 12, and June 9, 1983

Title: Senior Citizen Trips
Ages: 55 and over
Session ongoing.
For information, call our school.

Title: Pre-Teen Beginners Embroidery Class
Ages: 7 - 12 years
8 week session beginning January 24, 1983
Days: Mondays
Hours: 3:00 - 4:00 p.m.
Fee: \$2.00 per session. Monies used for supplies
Instructor: Kecia Pugh
Description: Children learn the basic stitching for simple projects. Parents, if you have the time to volunteer for this project, it would be greatly appreciated; since we only have one instructor.

Title: Sand Art Class
Ages: 5 - 12 years
8 week session beginning January 24, 1983
Days: Mondays
Hours: 4:00 - 5:00 p.m.
Fee: None. However, we do ask that children bring small clear containers with covers (i.e. Baby food jars)
Instructor: Kecia Pugh
Description: A popular craft for children, using salt, chalk and imagination

Title: Quiet Games
Ages: 6 - 12 years
8 week session beginning January 25, 1983
Days: Tuesdays
Hours: 4:00 - 5:00 p.m.
Fee: None
Instructor: Kecia Pugh
Description: Drop in activity for pre-teens. Children playing games together, learning various games, (i.e., Scrabble, Checkers and Monopoly etc.)

Title: Cooking and Sewing Classes
Ages: 11 - 13 years
8 week session beginning January 26, 1983
Days: Wednesdays
Hours: 3:30 - 5:00 p.m.
Fee: \$2.00 for 4 cooking instructions. Fees collected used for cooking supplies. Pre-Teens are requested to purchase their own sewing materials.
Instructors: Kecia Pugh and Annmarie Masiello, Youth Specialist
Description: Teaching of measurements, how to mix and make simple cooking projects. Sewing, beginners, learning sewing techniques, simple sewing projects, how to use a sewing machine and explanations of patterns, etc.
Location: #60 Corcoran Park
Other: This program is co-sponsored by the Haggerty Community School and the Neighborhood Youth Specialist.

Title: Mini Aerobic Dance and Exercise Class
Ages: 6 - 12 years
8 week session beginning January 27, 1983
Days: Thursdays
Hours: 3:00 - 4:00 p.m.
Fee: \$10.00
Instructor: Ms. Carol McAllister
Description: Introduction to mini aerobic dance and body movement exercises.
Other: Wear leotard or loose clothing required.

Title: Rug And Pillow Latch Hooking
Ages: 10 - 13 years
8 week session beginning January 27, 1983
Days: Thursdays
Hours: 3:00 - 4:00 p.m.
Fee: None, however, we ask the parent to purchase a simple beginners kit.
Instructor: Kecia Pugh
Description: Basic skills instruction and project focus.

Title: Reading / Tutoring Program
Ages: 7 - 9 years
8 week session beginning week of January 24, 1983, dependent on number of registrants.
Days: To be announced
Hours: 3:00 - 4:00 p.m.
Fee: None
Instructor: Harvard University Winthrop House volunteer
Description: Under the discretion of the interim Headmaster, Ms. Synott, children will be chosen who are in most need of this service. Instructor will help with reading and school work assignments.
Other: If parents are interested, please submit your child's name to the coordinator. Minimum enrollment: 10

Title: Art Classes
Ages: 7 - 10 years
8 week session beginning January 26, 1983
Days: Wednesdays
Hours: 3:00 - 4:00 p.m.
Fee: None
Instructor: Harvard University Winthrop House volunteer

Description: Participants will learn the techniques of drawing, working with charcoal pencils to water-colors.

Title: Brownies
Ages: 6 - 9 years
Session ongoing
Days: Fridays
Hours: 2:30 - 3:45 p.m.
Fee: Dues
Instructor: Mrs. Carolyn McLaughlin
Description: Activities that focus on traditional Brownies guidelines
Other: Presently filled, please call for further information

Title: Girl Scouts
Ages: 10 - 13 years
Session ongoing
Days: Fridays
Hours: 2:30 - 3:45 p.m.
Fee: Dues
Instructor: Mrs. Sally Hartnett
Description: Activities that focus on traditional Girl Scout guidelines under the Patriots Trail Girl Scouts.

Other: Class is filled. If you are interested in enrolling your child in either Brownies or Girl Scouts, call our office and we will put the child's name on a waiting list. Please support and help us to continue our groups. Leaders desperately needed.

Title: Arts and Crafts
Ages: 6 - 10 years
8 week session beginning January 28, 1983
Days: Fridays
Hours: 3:00 - 4:00 p.m.
Fee: None
Instructor: Kecia Pugh
Description: Weaving, jewelry making, beadcraft, paper mache, etc.

Title: C.P.R. (Cardio-Pulmonary Resuscitation)
Ages: 16 and up
4 week session beginning January 26, 1983
Days: Wednesdays
Hours: 7:00 - 9:00 p.m.
Fee: \$3.00 for book
Instructor: Mr. Tom Curtin, certified instructor of American Heart Association and American Red Cross
Description: Students will learn C.P.R. and upon completion of course will receive certification.
Other: Open to all Cambridge residents

Title: Weatherization Workshop (sponsored by the Cambridge Action to Save Heat)

Ages: Tenants and Homeowners
One time session on February 2, 1983
Days: Wednesday
Hours: 7:15 p.m.
Fee: None
Instructor: Staff of C.A.S.H.
Description: Come and learn more effective ways to make your house tighter and warmer. C.A.S.H. will explain about materials and how to do installations. If you are eligible and come under the income guidelines, you can receive free weatherizations kits, and also may be eligible for a free energy audit at your home. Also at the workshop a representative from the Commonwealth Gas and Electric Company Consumer Affairs Office will be on hand to explain to you your bills and ways to conserve energy.
Other: Pre-registration is required. Please call our office to register.

Title: Communication Workshop for Chinese Speaking
Ages: 14 and up (particularly the adult population)
Session ongoing depending on the interest

Days: Wednesdays
Hours: 7:00 p.m.
Fee: None
Instructor: Mr. Show-Mao Chen, a Harvard volunteer student
Description: Mr. Chen is volunteering his English speaking skills to communicate with the non-English speaking Chinese population of the Haggerty neighborhood. Mr. Chen will act as a liaison to the Chinese community, helping them to better understand

their neighborhood and negotiation where necessary.

Title: E.S.L. (English As A Second Language)

Ages: Teens to adults
8 week session beginning January 24, 1983
Days: Mondays and Wednesdays
Hours: 6:30 - 8:30 p.m.
Fee: \$20.00

Instructor: From the Cambridge Learning Center
Description: Beginners level of the English language. Supportive services available for the Asian population.

Other: This program is being offered in collaboration with the Cambridge Learning Center. Minimum enrollment: 15.

Title: Baby Sitting Course

Ages: 11 - 13 years
8 week session beginning week of January 24, 1983 dependent on number of registrants.

Instructor: From the Cambridge Council for Children
Description: Participants will learn safety procedures and other aspects of how to be an efficient babysitter.
Other: Minimum enrollment: 10

Title: Knitting and Crocheting for Older Pre-Teens

Ages: 11 - 14 years
8 week session beginning January 26, 1983

Days: Wednesdays
Hours: 6:30 - 8:00 p.m.
Fee: \$10.00 (class fee only)

Instructor: Mrs. Billie Murphy
Description: Class will learn how to knit and crochet at a beginners level. Students will be requested to bring some materials and program will donate some yarn.

HARRINGTON SCHOOL

Address: 850 Cambridge Street, Cambridge, MA 02141
Neighborhood Council
Coordinator: Philip A. Giroux
Phone: 498-9059

Neighborhood Youth Specialist: Pál Lombardi

Phone: 498-9037
Neighborhood Council
Chairperson: Eva Stankunus

Senior Citizen Sub-committee
Chairperson: Rose Azevedo

Winter Registration: January 12, 13, 17, 18 and 19, 1983

Hours: 2:30 - 5:00 p.m.
January 13 and 17, 1983
Hours: 5:30 - 7:30 p.m.
Spring Registration: April 11-April 15, 1983
Hours: 2:30 - 5:00 p.m.

Title: Woodworking

Ages: Grades 4-8
10 week winter session beginning January 24, 1983

6 week spring session beginning April 25, 1983
Days: Mondays
Hours: 3:00 - 4:30 p.m.

Fee: \$5.00 for winter / \$3.00 for spring
Instructor: Leslie Peters

Description: The class will teach proper use of basic woodworking tools, how to measure, and the production of a number of small projects.
Other: Maximum enrollment: 12; Minimum: 10

Title: "Know Your Body"

Ages: 10 - 13 years
4 week session beginning February 1, 1983

Days: Tuesdays
Hours: 3:00 - 4:00 p.m.
Fee: None

Instructor: Gail Turnbull (co-sponsored by Cambridge Family Planning)

Description: This mini series will deal primarily with the changes experienced by young people at the onset of puberty. Topics to be covered include family life, sex roles, reproductive physiology and anatomy, discussion on how we feel about these changes, etc.

Other: The first session is February 1st. Parents should plan on attending a meeting on January

27th at 7:00 p.m. in the Science Room to discuss the curriculum with Ms. Turnbull. Maximum enrollment: 10.

Title: Ceramics for Children

Ages: Grades 4 - 8
10 week winter session beginning January 27, 1983

6 week spring session beginning April 28, 1983
Days: Thursdays

Hours: 3:00 - 5:00 p.m.
Fee: \$1.25 per class (includes paints and firing)

Instructor: To be announced
Other: Maximum enrollment: 15; Minimum: 10

Title: Cooking

Ages: Grades 4 - 8
10 week winter session beginning January 25, 1983

6 week spring session beginning April 26, 1983
Days: Tuesdays

Hours: 3:00 - 4:30 p.m.
Fee: \$5.00 for winter; \$3.00 for spring
Instructor: To be announced

Description: Course will teach how to prepare simple recipes by actual hands-on demonstrations. Some nutritional information will be given. Table settings will be described.

Other: Maximum enrollment: 12; Minimum: 10

Title: Embroidery

Ages: Grades 3 - 8
10 week winter session beginning January 26, 1983

6 week spring session beginning April 27, 1983
Days: Wednesdays

Hours: 2:30 - 4:30 p.m.
Fee: \$5.00 for winter; \$3.00 for spring

Instructor: Olga Silva
Description: A style of Portuguese embroidery will be taught. Participants will be involved in a project to sharpen their skills.

Other: Students are required to purchase their own supplies. Minimum enrollment: 10

Title: Girl Scouts-Juniors

Ages: Grades 4 - 7
10 week winter session beginning January 24, 1983

6 week spring session beginning April 25, 1983
Days: Mondays

Hours: 3:00 - 5:00 p.m.
Fee: Dues

Instructor: Jean Keegan
Description: Traditional Girl Scout activities will be shared

Title: Brownies

Ages: Grades 1 - 3
10 week winter session beginning January 24, 1983

6 week spring session beginning April 25, 1983
Days: Mondays

Hours: 4:30 - 6:00 p.m.
Fee: Dues
Instructor: Shirley Bonislawski

Description: Typical Brownie songs, games, and outings will be the focus of this group.

***Title: Gymnastics**
Ages: Grades K - 3

10 week winter session beginning January 25, 1983
8 week spring session beginning April 26, 1983

Days: Tuesdays
Hours: 3:00 - 4:00 p.m.
Fee: \$10.00 for winter; \$8.00 for spring

Instructor: To be announced
Description: The winter session is a beginning class to introduce children to the fundamentals of floor exercise and tumbling. The spring session is an extension of the basic fundamentals. The winter session is a pre-requisite for the spring.

Other: Participants should wear leotards and ankle socks. Minimum enrollment: 10

***Title: Beginners Karate**

Ages: 9 - 14 years
10 week session beginning January 26, 1983

Days: Wednesdays
Hours: 3:00 - 4:00 p.m.
Fee: \$10.00
Instructor: Dean Norris

Description: Group will focus on the fundamentals of karate.

Other: Loose fitting clothing required. Minimum enrollment: 10

***Title: Advanced Beginner Karate**

Ages: 9 - 14 years
10 week winter session beginning January 26, 1983

8 week spring session beginning April 13, 1983
Days: Wednesdays

Hours: 4:00 - 5:00 p.m.
Fee: \$10.00 for winter / \$8.00 for spring

Instructor: Dean Norris
Description: Beginners Karate is a pre-requisite for this class

Other: Loose fitting clothing required. Minimum enrollment: 10

***Title: Intermediate Karate**

Ages: 9 - 14 years
8 week session beginning April 13, 1983

Days: Wednesdays
Hours: 5:00 - 6:00 p.m.
Fee: \$8.00

Instructor: Dean Norris
Description: Advanced Beginner Karate is a pre-requisite for this class

Other: Loose fitting clothing required. Minimum enrollment: 10

Title: English As A Second Language: Beginners and Intermediates

Ages: 18 and up
10 week winter session beginning January 24, 1983

6 week spring session beginning April 25, 1983
Days: Mondays and Thursdays

Hours: Beginners: 6:30 - 7:30 p.m.; Advanced: 7:30 - 8:30 p.m.
Fee: \$12.00 for winter; \$8.00 for spring

Instructor: Estela Berger (co-sponsored with the Cambridge Organization of Portuguese Americans COPA)

Description: The beginners class is for those with no or little English speaking abilities. The advanced class presupposes some speaking ability and some knowledge of English grammar. ESL for beginners is a pre-requisite for the intermediate class.

Title: Portuguese

Ages: 18 and up
10 week winter session beginning January 27, 1983

6 week spring session beginning April 28, 1983
Days: Thursdays

Hours: 7:00 - 9:00 p.m.
Fee: \$12.00 for winter; \$8.00 for spring

Instructor: To be announced
Description: This class is for those with no knowledge of the Portuguese language, but who possess a strong desire to learn a new language.

Other: Minimum enrollment: 10

***Title: Aerobics**

Ages: 18 and up
10 week winter session beginning January 27, 1983

8 week spring session beginning April 28, 1983
Days: Thursdays

Hours: 7:00 - 8:00 p.m.
Fee: To be announced
Instructor: To be announced

Description: This class will stress movement with the goal of strengthening the cardio-vascular and respiratory systems.

Other: Wear appropriate clothing. Minimum enrollment: 10

Title: Ceramics-Beginners

Ages: 18 and up
10 week winter session beginning January 24, 1983

6 week spring session beginning April 25, 1983
Days: Mondays

Hours: 6:30 - 9:30 p.m.
Fee: \$10.00 plus firing costs (range of 25¢ to \$1.50) for the winter; \$6.00 plus firing costs for the spring

Instructor: To be announced
Description: This course is for those just learning the art of ceramics. Instruction in the cleaning of greenware and the application of glazes will be the topics covered.

Participants will learn by doing.

Title: Ceramics-Advanced
 Ages: 18 and up
 10 week winter session beginning January 24, 1983
 6 week spring session beginning April 25, 1983
 Days: Mondays
 Hours: 6:30 - 9:30 p.m.
 Fee: \$10.00 plus firing costs (range of 25¢ to \$1.50) for the winter; \$6.00 plus firing costs for the spring
 Instructor: To be announced
 Description: This course is for those experienced in ceramics who can largely work on their own. Specialized advice will be provided by the instructor.

Title: Embroidery
 Ages: 18 and up
 10 week winter session beginning January 24, 1983
 6 week spring session beginning April 25, 1983
 Days: Mondays
 Hours: 7:00 - 9:00 p.m.
 Fee: \$10.00 for winter; \$6.00 for spring
 Instructor: Olga Silva
 Description: A particular style of Portuguese embroidery will be taught. This class is for beginners or for those who would just like some pointers, but desire to work in a group setting.
 Other: Participants are expected to provide their own materials. Minimum enrollment: 10

Title: Films For A Thursday Evening
 Ages: 18 and up
 10 week winter session beginning January 27, 1983
 6 week spring session beginning April 28, 1983
 Days: Thursdays
 Hours: 7:00 - 9:00 p.m.
 Fee: None
 Instructors: Jane Riisness, Field Branch Library and Philip Giroux, Harrington Neighborhood Council
 Description: The theme for the winter film series will be "American Women Authors". A brief introduction to each film will be given. Following the viewing, there will be a brief discussion. Check the *Cambridge Chronicle* for more details.
 Other: This program is jointly sponsored by the Field Branch Library and the Harrington Neighborhood Council.

Title: First Aid
 Ages: 18 and up
 This first aid class will be taught in Portuguese and will lead to a certificate. More information will be forthcoming in the *Cambridge Chronicle*.

Title: Bingo
 Senior Citizens
 Begins January 12, 1983
 Days: Wednesdays
 Hours: 1:30 - 3:30 p.m.
 Fee: Fee is determined by the number of cards used

The Harrington Neighborhood Council also sponsors a Senior Citizens' Group made up of more than one hundred members. This group plans its activities and functions every third Wednesday of the month at 3:30 p.m. in the Harrington School cafeteria. Information concerning all trips is mailed to members. For more information, plan on attending a Wednesday meeting or call 498-9059.

KENNEDY SCHOOL
 Address: 158 Spring Street, Cambridge, MA 02141
 Neighborhood Council Coordinator: Russell E. Carman, 498-9060
 Neighborhood Youth Specialist: Paul Lombardi, 498-9072
 Neighborhood Council Chairperson: James Sleeper
 Winter Registration: January 12 and 13, 1983, 12:00 - 5:00 p.m.
 January 17 and 18, 1983, 12:00 - 7:30 p.m.
 Spring Registration: April 18, April 20, 1983, 12:00 - 5:00 p.m.
 April 21, 1983, 12:00 - 7:30 p.m.

Title: Ceramics
 Ages: Grades 7 & 8
 10 week winter session beginning January 27, 1983
 6 week spring session beginning

April 28, 1983
 Days: Thursdays
 Hours: 3:00 - 4:45 p.m.
 Fee: \$1.50 per class
 Instructor: To be announced
 Description: This class is geared for the beginner and the slightly more advanced. Fees cover paints, brushes, and firing. Participants must bring their own piece.
 Other: Limited to 15

Title: Cooking for Kids
 Ages: K - 3
 10 week session beginning January 27, 1983
 Days: Thursdays
 Hours: 2:45 - 4:00 p.m.
 Fee: \$3.00 for 10 weeks
 Instructor: To be announced
 Description: Class will give children "hands on" experience in the kitchen; will prepare basic recipes.
 Other: Limited to 10



Title: "Know Your Body"
 Ages: Grades 5 & 6
 6 week session beginning January 27, 1983
 Days: Thursdays
 Hours: 2:45 - 4:00 p.m.
 Fee: \$3.00 for six week program
 Instructor: Kim DeAndrade
 Description: Class will focus on body image, puberty, male and female anatomy, pregnancy, relationships and sex roles. Parents are welcome to meet the instructor on Thursday, January 20th, 6:30 at the Kennedy School.
 Other: Limited to 12 Coed

Title: "Know Your Body"
 Ages: Grades 7 & 8
 6 week session beginning January 27, 1983
 Days: Wednesdays
 Hours: 2:45 - 4:00 p.m.
 Fee: \$3.00 for 6 week program
 Instructor: Kim DeAndrade
 Description: Class will focus on male and female anatomy, pregnancy and control and sexually transmitted diseases, sexual decision making. Parents are welcome to review class material and meet the instructor on Thursday, January 20th, 6:30 at the Kennedy School.
 Other: Limited to 12 Coed

Title: Pre-teen Ceramics
 Ages: Grades 3 - 6
 10 week winter session beginning January 26, 1983
 6 week spring session beginning April 27, 1983
 Hours: 3:00 - 4:45 p.m.
 Fee: \$1.25 per class
 Instructor: To be announced
 Description: Class consists of painting plaster of paris plaques and figurines. Cost includes pieces, brushes, and paints.
 Other: Limited to 15

Title: Advanced Beginner Gymnastics
 Ages: Grades K - 3
 10 week winter session beginning January 24, 1983
 8 week session beginning April 11, 1983
 Days: Mondays
 Hours: 2:30 - 3:30 p.m.
 Fee: \$10.00 for winter; \$8.00 for spring
 Instructor: Alicia Johnston
 Description: This class is geared for those with previous gymnastic experience.
 Other: Limited to 12

Title: Advanced Beginner Gymnastics
 Ages: Grades 4 - 6
 10 week winter session beginning January 24, 1983
 8 week spring session beginning April 11, 1983
 Days: Mondays
 Hours: 3:30 - 4:30 p.m.
 Fee: \$10.00 for winter; \$8.00 for spring

Instructor: Alicia Johnston
 Description: This class is geared for those with previous gymnastic experience.
 Other: Limited to 12

Title: Karate Girls only
 Ages: 9 - 14
 10 week winter session beginning January 25, 1983
 8 week spring session beginning April 12, 1983
 Days: Tuesdays
 Hours: 3:00 - 4:00 p.m.
 Fee: \$10.00 for winter; \$8.00 for spring
 Instructor: Kathy Hoffman
 Description: Class will offer self-defense techniques combined with martial arts.

Title: Boy Scouts
 Ages: 11 - 16
 10 week winter session beginning January 25, 1983
 6 week spring session beginning April 26, 1983
 Days: Tuesday evenings
 Hours: 7:00 - 9:00 p.m.
 Instructor: Mike Rossi
 Description: New members welcomed.

Title: Pre-teen/Teen Ski Program
 Ages: 12 - 17 years
 See Harrington/Kennedy Youth Specialist Program listing for details.

Title: Street Hockey League
 Ages: Grades 5 - 8
 See Harrington/Kennedy Youth Specialist Program listing for details.

Title: Brownies
 Ages: Grades 1 - 3
 10 week winter session beginning January 28, 1983
 6 week spring session beginning April 29, 1983
 Days: Fridays
 Hours: 3:00 - 4:00 p.m.
 Fees: Dues
 Instructor: Kathy Pilarski
 Description: Class is full. If you are interested in enrolling please call the office and we will put your name on a waiting list.

Title: Junior Cadet Girl Scouts
 Ages: Grades 4 - 6
 10 week winter session beginning January 28, 1983
 6 week spring session beginning April 29, 1983
 Days: Fridays
 Hours: 4:00 - 5:00 p.m.
 Fee: Dues
 Instructor: Kathy Pilarski
 Description: Class is filled. If you are interested in enrolling your child, please call our office and we will put your name on a waiting list.

Title: Women's Exercise
 Ages: Adults
 8 week winter session beginning January 26, 1983
 8 week spring session beginning April 27, 1983
 Days: Wednesdays and Fridays
 Hours: 2:30 - 3:30 p.m.
 Fee: \$8.00 for 8 weeks
 Instructor: Katie Conway
 Description: This class will tie in with the Diet Workshop offered on Monday. Class will focus on basic exercise coordinated with music. This class is open to all interested parties.
 Other: This class requires a minimum of 20 participants to be offered.

Title: Calligraphy
 Ages: Adults
 10 week winter session beginning January 27, 1983
 6 week spring session beginning April 28, 1983
 Days: Thursdays
 Hours: 6:30 - 8:30 p.m.
 Fee: To be announced
 Instructor: Penny Kleepsies
 Description: Learn how to make those impressive wedding and social invitations. A demonstration class will be held on January 18th.
 Other: This class requires a minimum of 10 people to be offered.

Title: Cake Decorating
 Ages: Adults
 10 week session beginning January 27, 1983
 Days: Thursdays
 Hours: 6:30 - 8:30 p.m.
 Fee: To be announced

Instructor: Denise Ring
 Description: Must have your own decorating equipment. Kits may be purchased from the instructor.
 Other: This class requires a minimum of 10 participants to be offered.

Title: Ceramics I
 Ages: Adults
 10 week winter session beginning January 25, 1983
 6 week spring session beginning April 26, 1983
 Days: Tuesdays
 Hours: 6:30 - 9:30 p.m.
 Fee: \$25.00 for 10 week program
 Instructor: Mary Curtis
 Description: Class is limited to 25 students.

Title: Ceramics II
 Ages: Adults
 10 week winter session beginning January 27, 1983
 6 week spring session beginning April 28, 1983
 Days: Thursdays
 Hours: 6:30 - 9:30 p.m.
 Fee: \$25.00 for 10 week program
 Instructor: Mary Curtis
 Description: Class is limited to 25 students.

Title: Volleyball
 Ages: Adults
 10 week winter session beginning January 25, 1983
 6 week spring session beginning April 26, 1983
 Days: Tuesdays & Thursdays
 Hours: 6:30 - 9:30 p.m.
 Fee: None
 Description: Drop-in volleyball

Title: Furniture Refinishing
 Ages: Adults
 10 week winter session beginning January 25, 1983
 6 week spring session beginning April 26, 1983
 Days: Tuesdays
 Hours: 6:30 - 9:30 p.m.
 Fee: To be announced
 Instructor: John Geary
 Description: Teach adults basic finishing techniques. Must supply your own piece of furniture.
 Other: Limited to 10

Title: Diet Workshop
 Ages: Adults
 8 week winter session beginning January 24, 1983
 8 week winter session beginning April 25, 1983
 Days: Mondays
 Hours: 2:00 - 3:30 p.m.
 Fee: \$40.00 for 8 week program
 Description: Lose weight through diet control and group support.
 Other: This class requires a minimum of 25 participants to be offered.

Title: Ceramics
 Ages: Senior citizens
 10 week winter session beginning January 25, 1983
 6 week spring session beginning April 26, 1983
 Days: Tuesdays
 Hours: 3:00 - 5:00 p.m.
 Fee: \$1.50 per class
 Instructor: Mary Curtis
 Description: Fees cover the following: instructions on various painting and glazing techniques, paints, and firing.

Title: Senior Citizen Lunch & Games Activities
 Ages: Senior citizens
 10 week winter session beginning January 28, 1983
 6 week spring session beginning April 29, 1983
 Days: Fridays
 Hours: 12:00 - 3:30 p.m.
 Fee: 75¢ to cover cost of lunch
 Description: Program allows seniors to gather once a week in a social setting for lunch followed up by game activities.

Title: Seniors Dance/Exercise Class
 Ages: Senior-Citizens
 10 week winter session beginning January 28, 1983
 6 week spring session beginning April 29, 1983
 Days: Fridays
 Hours: 10:00 - 11:30 a.m.
 Fee: 25¢ per class

Instructor: John Geary
 Description: Warm-up dance exercises coordinated with music to get that blood flowing the morning.

Title: Senior Citizens Monthly Field Trips
 Ages: Senior citizens
 Length of Session: All day trips
 Days: Thursdays
 Fee: Call Kennedy Community School office for more information.
 Description: The following is a list of tentative restaurants: January 27th Thompsons; February 17th Teel's Cabin; March 17th Whites; April 21st Coonamessett Inn; May 19th Captain Courageous.

MARTIN LUTHER KING SCHOOL

Address: 100 Putnam Avenue
 Cambridge, MA 02139
 Neighborhood Council
 Coordinator: Carol Hill
 Phone: 498-9061
 Neighborhood Youth Specialist: Robert Bridgeman
 Phone: 498-9072
 Neighborhood Council Chairperson: Marion Phillips / Bill Zinn
 Winter Registration: January 10-15, 1983
 Hours: 2:30 - 5:00 p.m.
 Spring Registration: April 4-April 15, 1983
 Hours: 2:30 - 5:00 p.m.

***Title: Gymnastics**
 Ages: 5 - 8 years; 9 - 13 years
 10 week winter session beginning January 26, 1983
 8 week spring session beginning April 13, 1983
 Days: Wednesdays
 Hours: 3:00 - 4:00 p.m. / 4:00 - 5:00 p.m.
 Fee: \$10.00 for winter / \$8.00 for spring
 Instructor: Alicia Johnson
 Description: Performance of basic physical floor exercise.
 Other: Loose clothing required or leotards. Minimum enrollment: 10

***Title: Karate**
 Ages: 8 - 13 years
 10 week winter session beginning January 24, 1983
 8 week spring session beginning April 11, 1983
 Days: Mondays
 Hours: 3:30 - 4:30 p.m.
 Fee: \$10.00 for winter / \$8.00 for spring
 Instructor: Dean Norris
 Description: Basic skill in the art of self defense, concentration and discipline.
 Other: Loose clothing required. Minimum enrollment: 10

Title: English As a Second Language / Beginners
 Ages: Adults
 20 week session beginning January 25, 1983
 Days: Tuesdays and Thursdays
 Hours: 6:30 - 8:30 p.m.
 Fee: \$20.00
 Description: For adults desiring to learn the English language.
 Other: Minimum enrollment: 15

Title: Creative Drama/Movement
 Ages: 10 - 14 years
 10 week winter session beginning January 25, 1983
 10 week spring session beginning April 26, 1983
 Days: Tuesdays
 Hours:
 Fee: \$10.00 for winter / \$10.00 for spring
 Instructor: Kathy Elmer
 Description: Improvisation, creative acting out, self expression through skits, space awareness. Participants have some input.
 Other: Minimum enrollment: 10

Title: Senior Club
 Ages: 55 and up
 Session ongoing
 Days: Mondays
 Hours: 1:00 - 4:00 p.m.
 Instructor: Ida Davis, President
 Description: Senior meeting, pot luck monthly, crafts, activities, and socializing.
 Location: Door 13, Putnam Gardens on Callendar Street
 Other: Senior Citizen trips to be announced.

Title: Athletic Program (Co-ed)

Ages: 8 - 16 years
 10 week winter session beginning January 26, 1983
 10 week spring session beginning April 27, 1983
 Days: Wednesdays and Fridays
 Hours: 3:00 - 4:30 p.m.
 Fee: To be announced
 Instructor: Harvard Student Volunteers
 Description: Basic instruction in a variety of sports activities: basketball, volleyball, floor hockey, kick soccer and football.

Title: Beginner Ballet / Creative Movement

Ages: 5 - 10 years
 10 week winter session beginning January 25, 1983
 10 week spring session beginning April 19, 1983
 Days: Tuesdays
 Hours: 3:15 - 4:15 p.m.
 Fee: \$10.00 for winter / \$10.00 for spring
 Instructor: Kathy Elmer
 Description: Beginning instruction to movement and dance based on classical ballet.
 Other: Loose clothing or tights, leotards, and slippers. Minimum enrollment: 10

Title: The Art of Black Dance and Music

Ages: 6 - 11 years/teens/adults
 10 week winter session beginning January 27, 1983
 10 week spring session beginning April 28, 1983
 Days: Thursdays
 Hours: 3:30 - 9:00 p.m.
 Instructor: Di Ama Battle and Edie Passos
 Description: These dance workshops range from developing dance movement, awareness of dream rhythms. Dance rhythms range from West African, Afro American, Carribean, and Broelian Traditional Folk movement.

Title: Suzuki (violin) Community Music Program

Ages: 3 - 7 years
 10 week winter session beginning January 24, 1983
 10 week spring session beginning April 18, 1983
 Days: Mondays and Saturdays
 Hours: 2:30 - 5:30 p.m.
 Fee: A minimal amount will be requested for the rental of the instruments
 Instructor: Contact person: Murry Wheeler at 492-8105
 Description: Beginners instruction in and the care of the suzuki (violin).
 Other: Minimum enrollment: 10

Title: Beginners Piano

Ages: 6 - 10 years
 10 week session beginning April 20, 1983
 Days: Wednesdays
 Hours: 2:45 - 4:45 p.m.
 Fee: \$10.00
 Instructor: To be announced
 Description: Basic instruction in piano practice. Ten to twenty minute private lessons.
 Other: Participants will have slotted time.

LINCOLN SCHOOL

Address: Walden Street, Cambridge, MA 02140
 Neighborhood Council
 Coordinator: Rudolf E. Doenges
 Phone: 498-9062
 Neighborhood Youth Specialist: Paulette Johnson
 Phone: 498-9037
 Neighborhood Council Chairperson: George Hill
 Phone: 547-1201
 Winter Registration: January 17 - January 24, 1983
 Hours: 2:30 - 5:30 p.m.
 Spring Registration: April 11 - April 18, 1983
 Hours: 2:30 - 5:30 p.m.

***Title: Gymnastics**
 Ages: 6 - 12 years
 10 week winter session beginning January 27, 1983
 8 week spring session beginning April 7, 1983
 Days: Thursdays
 Hours: 3:15 - 4:15 p.m.
 Fee: \$10.00 for winter / \$8.00 for

spring
 Instructor: Alicia Johnson
 Description: Gymnastics for beginners; learn floor, bar and beam exercises and routines.
 Other: Loose fitting clothing and socks must be worn.
Title: Arts and Crafts
 Ages: 6 - 10 years
 10 week session beginning January 24, 1983
 Days: Tuesdays
 Hours: 3:30 - 4:30 p.m.
 Instructor: Ann Dowden
 Description: Learn basic skills in the area of pottery and silk screening.

Title: Drop-In
 Ages: 6 - 13 years
 Session ongoing
 Days: Mondays thru Fridays
 Hours: 3:00 - 5:30 p.m.
 Fee: None
 Description: Activities include gym hockey, basketball, lead up games.

Title: Cooking
 Ages: 6 - 12 years
 Session ongoing
 Days: Wednesdays
 Hours: 3:15 - 5:00 p.m.
 Fee: 50¢ per class
 Instructor: Melita Garza
 Description: Basic skills needed for cooking and baking, and fundamentals of nutrition.

Title: "Know Your Body"
 Ages: 10 and up
 4 week session beginning January 24, 1983
 Days: To be announced
 Hours: To be announced
 Fee: To be announced
 Instructor: Cambridge Family Planning Counselor
 Description: Open discussions on puberty, reproductive anatomy and physiology, conception, pregnancy, family life, communication, relationships, sex roles and self-esteem.

Title: Mountaineering
 Ages: 12 and up
 Session ongoing
 Days: Fridays
 Hours: 3:00 - 5:00 p.m.
 Fee: None
 Instructor: Lucy Langstaff
 Description: Basic elements of climbing, skiing, hiking, first aid, and outdoor preparation. Field trips on Saturday. Parent permission required.

Title: Dance
 Ages: 6 - 12 years
 10 week winter session beginning January 25, 1983
 8 week spring session beginning April 19, 1983
 Days: Tuesdays
 Hours: 3:15 - 4:15 p.m.
 Fee: None
 Instructor: To be announced
 Description: Basic Dance routines, modern jazz, disco, etc.
 Location: Currier House, Harvard University, 64 Linnaean Street

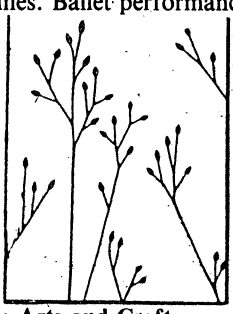
Title: Senior Citizen Beano
 Ages: 60 and up
 Session ongoing
 Days: Mondays
 Hours: 12:30 - 3:00 p.m.
 Fee: 25¢ per card
 Instructor: Catherine Emello
 Description: Socialization and information on elderly programs and services provided with tea and coffee.
 Location: V.F.W. Hall, Massachusetts Avenue, Cambridge.

Title: Aerobic Dance
 Ages: 18 and up
 6 week session beginning January 26, 1983
 Days: Wednesdays
 Hours: 6:15 - 7:15 p.m.
 Fee: To be announced
 Instructor: Liz Simon
 Description: A vigorous, fun aerobic exercise class for people who want to get in shape and stay in shape!

Title: Floor Hockey League
 Ages: 10 and up
 10 week session beginning January 24, 1983
 Days: Mondays
 Hours: 4:00 - 5:30 p.m.
 Fee: \$2.00
 Instructor: Rick Rose
 Description: Learn the basic skills and techniques of floor hockey. League play includes competition with other community schools.

Title: Weight Training
 Ages: 12 and up
 10 week session beginning January 24, 1983
 Days: Mondays
 Hours: 3:15 - 4:15 p.m.
 Fee: None
 Instructor: Greg Eckstrum
 Description: Basic fundamental training in exercise as well as nutrition and diet.

Title: Ballet
 Ages: 6 - 12 years
 Session ongoing
 Days: Mondays, Tuesdays and Thursdays
 Hours: 5:30 - 6:15 p.m.
 Fee: None
 Instructor: Michele Joseph
 Description: Fundamental skills of ballet, modern dance and dance routines. Ballet performance.



Title: Arts and Crafts
 Ages: 6 - 12 years
 Session ongoing
 Days: Tuesdays
 Hours: 3:15 - 4:15 p.m.
 Fee: None
 Instructor: To be announced
 Description: Making of pottery, silk screening, etc.

Title: Tutoring
 Ages: 6 - 12 years
 10 week winter session beginning January 27, 1983
 8 week spring session beginning April 21, 1983
 Days: Thursdays
 Hours: 4:00 - 5:00 p.m.
 Fee: None
 Instructor: To be announced
 Description: Anyone needing assistance with math, spanish, and other academic subjects.

Title: Girls Basketball League
 Ages: 11 and up
 8 week session beginning January 24, 1983
 Days: To be announced
 Hours: 3:00 - 5:00 p.m.
 Fee: None
 Instructor: To be announced
 Description: Basic skills and techniques in basketball. A league will be formed with other community schools.

Title: Bingo
 Ages: 6 - 12 years
 Session ongoing
 Days: Thursdays
 Hours: 4:00 - 5:00 p.m.
 Fee: 5¢ per card

Title: Fishing
 Ages: 6 - 12 years
 8 week session beginning April 21, 1983
 Days: Thursdays
 Hours: 3:15 - 5:15 p.m.
 Fee: \$1.00 for transportation
 Instructor: To be announced
 Description: Introduction to basic skills and technique.
 Location: Walden Pond

Title: Open Volleyball
 Ages: 18 and up
 Session ongoing
 Days: Tuesdays
 Hours: 6:00 - 9:00 p.m.
 Fee: \$1.25 per participant
 Description: Open Volleyball program.

Title: Open Basketball
 Ages: 18 and up
 Session ongoing
 Days: Mondays and Thursdays
 Hours: 6:00 - 9:00 p.m.
 Fee: \$1.25 per night
 Description: Pick-up basketball

Title: Bowling
 Ages: 6 - 12 years
 10 week session beginning January 28, 1983
 Days: Fridays
 Hours: 3:30 - 4:45 p.m.
 Fee: \$1.00 for three strings and shoes.
 Instructor: To be announced
 Description: Learn basic skills and techniques of bowling.

***Title: Karate**
 Ages: 6 - 12 years
 10 week winter session beginning January 25, 1983
 8 week winter session beginning April 12, 1983
 Days: Tuesdays
 Hours: 3:15 - 4:15 p.m.
 Fee: \$10.00 for winter / \$8.00 for spring
 Instructor: To be announced
 Description: Basic instruction in the art of self-defense.
 Other: Wear shorts or loose comfortable clothing.

Title: Tennis
 Ages: 8 - 13 years
 8 week session beginning April 21, 1983
 Days: Thursdays
 Hours: 4:00 - 5:00 p.m.
 Fee: None
 Instructor: Rick Rose
 Description: Beginner skills and technique of tennis.

LONGFELLOW SCHOOL

Address: 359 Broadway Street, Cambridge, MA 02139
 Neighborhood Council
 Coordinator: Judy Bibbins
 Phone: 498-9063
 Neighborhood Youth Specialist: Tony Bazzell
 Phone: 498-9037
 Neighborhood Council Chairperson: Peg Murphy
 Phone: 876-2165
 Joan Hudson
 Phone: 498-9063

The Longfellow School is currently undergoing renovation and thus the programs generally offered there have been suspended or moved to other locations. We are offering a Pre-school Childcare Program at Cambridge Rindge and Latin and an After-school Childcare Program at the Matthews Luther King School for Longfellow residents. Please refer to the Pre-school and After-school listings for details.

MORSE SCHOOL

Address: 40 Granite Street, Cambridge, MA 02139
 Neighborhood Council
 Coordinator: Michael Gilbreath
 Phone: 498-9064
 Neighborhood Youth Specialist: Annmarie Masiello
 Phone: 498-9037
 Neighborhood Council Chairperson: Marlene Carter/ Carolyn Barkei
 Phone: 498-9064
 Winter Registration: January 3 - January 13, 1983
 Hours: 2:30 - 5:00 p.m.
 Spring Registration: April 4 - April 15, 1983
 Hours: 2:30 - 5:00 p.m.

Title: Alcoholics Anonymous
 Ages: No limit
 Session ongoing
 Days: Wednesdays
 Hours: 8:00 - 9:30 p.m.
 Fee: None
 Description: A fellowship in which members assist each other in staying sober one day at a time.

Title: Morse Seniors Group
 Ages: 55 and up
 Session beginning January 24, 1983
 Days: Every other Tuesday
 Hours: 2:30 - 4:00 p.m.
 Fee: Will depend on activity. Call for information.
 Instructor: Will vary with activity.
 Description: We will try to provide social and cultural activities, as well as plan trips and other special events.

***Title: Beginner Karate**
 Ages: 9 - 12 years
 10 week session beginning January 25, 1983
 Days: Tuesdays
 Hours: 2:45 - 3:45 p.m.
 Fee: \$10.00
 Description: Basic karate instruction with an emphasis on discipline, self-control, etc.

Title: Beginner's Ballet/Movement
 Ages: 6 - 8 years
 8 week winter session beginning January 19, 1983
 8 week spring session beginning

April 27, 1983
 Days: Wednesdays
 Hours: 2:45 - 3:30 p.m.
 Fee: \$15.00
 Instructor: Charlotte Peed
 Description: We introduce children to some of the basics of ballet, and give them the opportunity to begin to make connections between music and movement.

Title: Cub Scouts
 Ages: 8 - 11 years
 Session ongoing
 Days: Mondays
 Hours: 2:30 - 4:30 p.m.
 Fee: 25¢ per week
 Instructor: Mrs. Goguen
 Description: Opportunities to work towards merit badges and other traditional scout activities.

Title: Pre-Teen Activities
 Ages: 8 - 12 years
 Session ongoing
 Days: Monday thru Friday
 Hours: 2:30 - 5:00 p.m.
 Fee: Sliding fee scale: \$3.00, \$2.00 and \$1.00 per day. Request income form for reduced fee.
 Instructor: Dorothy Webman
 Description: Variety of activities each day including art, drama, games, trips, snacks provided.
 Location: Henry Street Teen Center, corner of Henry and Brookline Streets
 Other: This is a joint program with the Sandra Graham/Rosa Parks Alternative Neighborhood Council.

Title: Juggling
 Ages: 8 - 12 years
 8 week winter session beginning January 20, 1983
 8 week spring session beginning April 28, 1983
 Days: Thursdays
 Hours: 2:45 - 3:45 p.m.
 Fee: \$5.00
 Instructor: Thomas Currier
 Description: Students will be taught the basics of juggling.

Title: Women's Slimnastics
 Ages: 16 and up
 10 week winter session beginning January 11, 1983
 8 week spring session beginning April 25, 1983
 Days: Tuesdays
 Hours: 7:30 - 8:30 p.m.
 Fee: \$15.00
 Instructor: Kathryn Bertelli
 Description: Sessions focus on a variety of Cardio-vascular stimulating activities.

Title: Community Volleyball
 Ages: 18 and up
 Session ongoing
 Days: Tuesdays
 Hours: 6:30 - 9:30 p.m.
 Fee: 50¢ per week
 Description: Volleyball games organized by participants for both beginners and advanced levels of skill.



***Title: Advanced Beginner Karate**
 Ages: 9 - 12 years
 8 week session beginning April 26, 1983
 Days: Tuesdays
 Hours: 2:45 - 3:45 p.m.
 Fee: \$8.00
 Description: Beginner karate is a pre-requisite for this course.

PEABODY SCHOOL

Address: 44 Linnaean Street, Cambridge, MA 02138
 Neighborhood Council
 Coordinator: Mary Ellen Ryan
 Phone: 498-9065
 Neighborhood Youth Specialist: Dan Cummings
 Phone: 498-9072
 Neighborhood Council

Chairperson: Pat Kempton
 Winter Registration: January 17 - January 21, 1983
 Hours: 2:15 - 5:45 p.m.
 January 18 and 20, 1983
 Hours: 6:30 - 9:30 p.m.
 Spring Registration: April 25 - April 29, 1983
 Hours: 2:15 - 5:45 p.m.
 April 26 and 28, 1983
 Hours: 6:30 - 9:30 p.m.

Peabody Enrichment Classes are offered daily between 2:45 and 5:30 p.m. These classes are geared to children in Kindergarten through eighth grade. Adults may (and do) join classes where openings exist.

Enrichment Classes

After-School Fees—Peabody
 1 class weekly \$12
 2 classes " \$24
 4 classes " \$36 (one free class)
 5 classes " \$45
 Over 5 " \$9 each

Music: \$20 per session
 Theater Workshop: \$24 for session

Title: Calligraphy
 Ages: 5 - 13 years
 10 week winter session beginning January 24, 1983
 6 week spring session beginning May 2, 1983
 Days: Mondays
 Hours: 2:45 - 4:00 p.m.
 Fee: See fee schedule
 Instructor: Penney Kleespies
 Description: Special pens and inks supplied. Make cards, notepaper, and plaques using elegant, scroll writing.

Title: "Little" Chocolate Orgy
 Ages: 3 - 7 years
 10 week winter session beginning January 24, 1983
 6 week spring session beginning May 2, 1983
 Days: Mondays
 Hours: 2:45 - 4:00 p.m.
 Fee: \$3.00 fee for cooking supplies.
 Instructor: Sandy Platt
 Description: For only those that absolutely adore chocolate desserts. Parents invited to help.

Title: Circus Arts
 Ages: 8 - 13 years
 10 week winter session beginning January 24, 1983
 6 week spring session beginning May 2, 1983
 Days: Mondays
 Hours: 4:00 - 5:15 p.m.
 Fee: See fee schedule
 Instructor: Brian Kenet
 Description: Attempt to ride a unicycle, walk-a-tightrope and definitely accomplish the art of juggling.

Title: Piano
 Ages: 5 - 13 years
 10 week winter session beginning January 25 and January 27, 1983
 6 week spring session beginning May 3 and May 5, 1983
 Days: Tuesdays and Thursdays
 Hours: 2:30 - 5:30 p.m.
 Fee: \$20.00
 Instructor: Howard Block
 Description: Preference given to those registered in fall session. Time to be arranged by teacher according to ability and students schedule. Not necessary to own a piano.

Title: Experience "Modern Art"
 Ages: 5 - 13 years
 10 week winter session beginning January 25, 1983
 6 week spring session beginning May 3, 1983
 Days: Tuesdays
 Hours: 2:45 - 4:00 p.m.
 Fee: See fee schedule
 Instructor: June Samourian
 Description: The first 15 minutes students will be shown a slide show (cookies served) of the "artist of the day." A discussion will follow with the students own interpretation of the artist's work. Various mediums explored. The artists: Joan Miro, Jackson Pollock, Andy Warhol, Stuart Davis, William de Kooning, Pablo Picasso, Georgia O'Keefe, Mark Tobey, Arshile Gorky, Paul Klee, and possibly Paul Jenkins.

Title: Clay Works
 Ages: 5 - 13 years
 10 week winter session beginning January 25, 1983
 6 week spring session beginning May 3, 1983
 Days: Tuesdays
 Hours: 4:00 - 5:15 p.m.
 Fee: See fee schedule
 Instructor: June Samourian
 Description: In each class a different method of handbuilding will be introduced. Projects formed will be painted on following week.

Title: Ornithology, Nature Crafts and Fossil Identification
 Ages: 5 - 13 years
 10 week winter session beginning January 27, 1983
 6 week spring session beginning May 5, 1983
 Days: Thursdays
 Hours: 2:45 - 4:00 p.m.
 Fee: See fee schedule
 Instructor: Penney Kleespies
 Description: Class will learn to identify and locate birds. Audible Audobon cassettes of "bird calls" and sounds of the forest will be used, as well as other Audobon Society materials. Class will call "Audobon Sightings" number and start bird-feeding stations. A spring migration trip to the Mount Auburn Cemetery will be arranged on a Saturday. Projects made will include bird feathers, fossil paperweights. Also, a trip to the Peabody Museum to identify fossils.



Title: "Be A Clown"
 Ages: 5 - 13 years
 10 week winter session beginning January 26, 1983
 6 week spring session beginning May 4, 1983
 Days: Wednesdays
 Hours: 4:00 - 5:15 p.m.
 Fee: See fee schedule
 Instructor: Brian Kenet
 Description: Slapstick sketches, balloon sculpture, make-up, mime and juggling.

Title: "Peabody Pretenders Production Workshop"
 Ages: 7 - 13 years
 10 week winter session beginning January 26, 1983
 6 week spring session beginning May 4, 1983
 Days: Wednesdays
 Hours: 2:45 - 4:45 p.m.
 Fee: \$24.00
 Instructor: Sandy Platt
 Description: Acting, theatre games, stage make-up, scenery, set design, costume, props and music.

Title: Embroidery and Needlecraft
 Ages: 5 - 13 years
 10 week winter session beginning January 26, 1983
 6 week spring session beginning May 4, 1983
 Days: Wednesdays
 Hours: 2:30 - 3:45 p.m.
 Fee: See fee schedule
 Instructor: Penney Kleespies
 Description: Learn how to choose a design and transfer it to suitable fabric; basic stitches include stem or outline, satin stitch, french knots and turkey work. Finishing instructions include washing, blocking and various methods of backing work.

Title: Floor Hockey
 Ages: 7 and up
 10 week winter session beginning January 27, 1983
 6 week spring session beginning May 5, 1983
 Days: Thursdays
 Hours: 3:00 - 4:15 p.m.
 Fee: See fee schedule
 Instructor: David Hobbs

Title: Ballet and Creative Movement
 Ages: 5 - 10 years
 10 week winter session beginning January 27, 1983
 6 week spring session beginning May 5, 1983
 Days: Thursdays
 Hours: 3:30 - 4:30 p.m.
 Fee: See fee schedule
 Instructor: Anna Meyer

Title: Recorder
 Ages: 5 - 13 years
 10 week winter session beginning January 24, 1983
 6 week spring session beginning May 2, 1983
 Days: Mondays
 Hours: 4:00 - 5:00 p.m.
 Fee: \$20.00
 Instructor: Penney Kleespies
 Description: Beginners and advanced. This is an excellent beginning instrument, easily learned, to introduce children (or adults) to music.

Title: Peabody Players
 Ages: 7 and under
 10 week winter session beginning January 28, 1983
 6 week spring session beginning May 6, 1983
 Days: Fridays
 Hours: 2:30 - 3:45 p.m.
 Fee: See fee schedule
 Instructor: Sandy Platt
 Description: Music, make-up and theatre games.

Title: "Big Chocolate Orgy"
 Ages: 8 - 13 years
 10 week winter session beginning January 28, 1983
 6 week spring session beginning May 6, 1983
 Days: Fridays
 Hours: 4:00 - 5:15 p.m.
 Fee: See fee schedule. \$3.00 extra charge for cooking ingredients.
 Instructor: Sandy Platt
 Description: Goopy delights created with goopy chocolate. Parents invited to help.

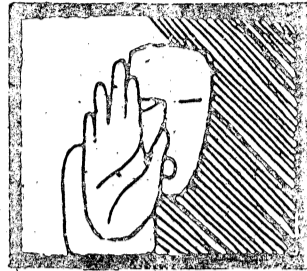
Title: Calligraphy
 Ages: Seniors and others welcome
 5 week session beginning January 26, 1983
 Days: Wednesdays
 Hours: 10:00 - 11:15 a.m.
 Fee: \$5.00
 Instructor: Penney Kleespies
 Description: Learn the elegant "hands" of calligraphy to make beautiful cards, gifts and stationary.
 Other: Sessions continued every 5 weeks.

Title: Embroidery and Needlecraft
 Ages: Seniors and others welcome
 5 week session beginning January 26, 1983
 Days: Wednesdays
 Hours: 1:00 - 2:15 p.m.
 Fee: \$5.00
 Instructor: Penney Kleespies
 Description: Learn the basic stitches, color values and materials in addition to the history of crewel.

Title: Blood Pressure Check
 Ages: Senior Citizens
 Once per month sessions on the 3rd Thursday.
 Days: Thursdays
 Hours: 12:30 - 1:30 p.m.
 Fee: None
 Instructor: Sponsored by Cambridge Center / Harvard Community Health Plan.
 Location: North Congregational Church, 1803 Massachusetts Avenue (next to Sears Roebuck, use Roseland Street entrance).

Title: "Art in the Dark"
 Ages: Adults / Interested Teens
 5 week session beginning January 25, 1983

Days: Thursdays
 Hours: 7:30 - 9:00 p.m.
 Fee: \$20.00
 Instructor: June Samourian
 Description: This class includes a film and/or slide showing plus a discussion period in which the private lives and works of the following artists will be explored: Claude Monet, Vincent Van Gogh, Georgia O'Keefe, and Jackson Pollock. The last class will venture off to the Museum of Fine Arts for supper and a guided tour.
 Other: Another session added if class requests.



Title: Gourmet Vegetarian Cooking
 Ages: Open to all ages
 5 week session beginning January 27, 1983
 Days: Tuesdays
 Hours: 7:00 - 9:00 p.m.
 Fee: \$25.00
 Instructor: Emily Peyton
 Description: An introduction to "New Age Cooking". How to cook and serve a gourmet meal for an elegant dinner party, cook a complete meal in a wok, cook delicious natural desserts, bake whole grain breads, shop and store foods (without preservatives), grow your own sprouts and plan a week's menu. Discover tofu and the many uses of other soybean products.
 Other: Another session added if class requests.

Title: Classical Music - A Course in Listeners and Appreciation
 Ages: Adults / Interested Teens
 5 week session beginning January 27, 1983
 Days: Thursdays
 Hours: 7:00 - 9:00 p.m.
 Fee: \$20.00
 Instructor: Edward Plotkin
 Description: A course designed to familiarize participants with basic musical elements, the make-up of an orchestra, and musical forms. A brief survey of the history of instrumental, chamber and symphonic music as well as opera. This course is designed to broaden understanding and deepen appreciation of classical music. Class will include lectures and listening examples.
 Other: Another session added if class requests.

Title: "A Layman's Guide to Auto Care and Preventive Maintenance"
 Ages: Adults / Interested Teens
 10 week session beginning January 25, 1983
 Days: Tuesdays
 Hours: 7:30 - 8:30 p.m.
 Fee: \$15.00
 Instructor: Dick Fitzgerald
 Description: Women encouraged to join this Auto Repair class in basic "laymen" terms for preventive automobile care which can save \$\$\$\$\$\$. This course will examine the battery, belts, oil change procedures, cooling systems, etc. Learn how to cope with emergency road repairs, flat tires, brakes and engine failure. Lower the cost of automotive operation by joining this exceptionally worthwhile class.

Title: "Work Your Body" - Aerobic Exercise for Men and Women
 Ages: Adults / Interested Teens
 Session ongoing
 Days: Tuesdays and Thursdays
 Hours: 6:45 - 7:45 p.m.
 Fee: \$3.00 a class
 Instructor: Liz Simon (491-8142)
 Description: Vigorous and fun way to fitness using easy to learn routines set to popular music that will keep you coming back for more.

Title: Neighborhood Open Gym
 Ages: Adults / Teens
 Session ongoing
 Days: Tuesdays
 Hours: 8:00 - 9:30 p.m.
 Fee: 50¢
 Description: Reserved for those living in the Peabody / Agassiz Neighborhoods.

Title: Agassiz/Peabody Volleyball
 Ages: Adult / Older Teens
 Session ongoing
 Days: Thursdays
 Hours: 8:00 - 9:30 p.m.
 Fee: 50¢

Title: Cambridge Women's Soccer League
 Ages: Adults / Older Teens
 Days: Tuesdays
 Hours: 8:00 - 9:30 p.m.
 Fee: Call instructor
 Instructor: Max Specter (864-8181)
 Description: Beginners of all ages and ability invited to join. Indoor soccer until April; outdoor soccer from April to November.

Title: Girl Scouting
 Ages: 6 - 18 years
 Session ongoing
 Days: To be announced
 Hours: To be announced
 Fee: Dues
 Instructor: For information call: Janice Fitzgerald at 876-6294
 Description: A year round experience for girls 6 - 18 years. Look and C: Camping, Careers, Community service, Customs near and far, Crafts, Cooking, Cooperating. To serve all those girls who desire to be in scouting, we need leaders - days or evenings. Training and counseling available.

Title: Wonders of the Ancient World
 Ages: 7 - 13 years
 10 week winter session beginning January 28, 1983
 6 week spring session beginning May 6, 1983
 Days: Fridays
 Hours: 2:45 - 4:00 p.m.
 Fee: See fee schedule
 Instructor: Penney Kleespies
 Description: Ancient Egypt, Ancient Britain, Mound Builders, and a Peabody Museum trip. Class discussion will include: Treasures of King Tut, Stonehenge, Woodhenge, Old Sarum, Serpent Mound and Fort Ancient. Projects completed in class will be clay figures of ancient cuniform tablets, serpent mound, Egyptian barges, stonehenge diorama and others. If time permits, also an examination of the Vikings with related projects.

Title: Cub Scouts
 Ages: 7 - 10 years
 Session ongoing
 Days: Various dens meet at different times.
 Hours: Various dens meet at different times.
 Fee: Dues
 Instructor: William Davis
 Description: Scouts work towards advanced rank. The Pack Coordinator determines the den activities of hiking, organized games, and educational trips. The scouts also participate in services to the community.



ROBERTS/FLETCHER SCHOOL

Address: 225 Windsor Street, Cambridge, MA 02139
Neighborhood Council
Coordinator: Suzanne K. Dixon
Phone: 498-9066
Neighborhood Youth Specialist: Tony Bazzell
Phone: 498-9037
Neighborhood Council
Chairperson: Barbara Askins (Acting)
Winter Registration: Varies from program to program. Check individual listing.
Spring Registration: Varies from program to program. Check individual listing.

The Roberts School is currently undergoing renovation and thus the programs generally offered there have been suspended or moved to other locations. We are offering an After-school Childcare Program at the Blouin Building, 245 Columbia Street for Roberts area residents. Please refer to the After-school listing for details.

Title: Sisters Helping Sisters Through Welfare, Workfare, Childcare, Better Housing and Jobs: A Two-part Workshop
Ages: 18 and up
2 week session - January 24 and 31, 1983

Days: Mondays
Hours: 7:00 - 9:00 p.m.
Fee: \$3.00 for both workshops; includes materials (scholarships available).
Instructor: Cheryl Twine, Roxbury, APAC
Description: Two part workshop to focus on the history of welfare from 1940 to 1980. Will explore implications of workfare; what is it; how to get out of it; who's fighting it; how to fight it. How to sort out bad training programs from good ones, how to get off welfare, how to form a support group for food sharing, mental health, childcare and better housing.

Location: Newtowne Court Women's Center, Newtowne Court, Cambridge
Other: Minimum enrollment: 9

Title: Mid-Cambridge Multi-Media Program
Ages: 10 - 14 years
8 week session beginning January 31, 1983

Days: Monday thru Friday
Hours: 3:00 - 6:00 p.m.
Fee: \$40.00 plus a non-refundable registration fee of \$10.00.
Instructor: To be announced
Description: Students will learn the basics of radio engineering, photography, television production, and graphics. While exploring the various aspects of media, students will exhibit their work at the end of the program at a Community Art Festival and Somerville Media Action Project to explore the various aspects of Media.

Location: Margaret Fuller House, 71 Cherry Street, Cambridge
Other: Registration: January 10 - 14, 1983, 3:00 - 5:00 p.m. at the Margaret Fuller House or call 498-9054 for an application until January 21, 1983. Minimum enrollment: 12. This course is sponsored by the Roberts/Fletcher/Longfellow Neighborhood Councils and the Margaret Fuller House.

***Title: Beginner Gymnastics**
Ages: 12 - 16 years
10 week winter session beginning January 24, 1983
8 week spring session beginning April 11, 1983

Days: Mondays
Hours: 4:30 - 5:30 p.m.
Fee: \$10.00 for winter / \$8.00 for spring
Instructor: To be announced
Description: Students will learn the basic fundamentals of tumbling and floor exercise.
Location: Margaret Fuller House, 71 Cherry Street, Cambridge
Other: Winter Registration: January 10 - 14, 1983, 3:00 - 5:00 p.m. at the Margaret Fuller House or call 498-9054 for an application un-

til January 21, 1983. Spring Registration: March 28 - April 1, 1983, 3:00 - 5:00 p.m. at the Margaret Fuller House or call 498-9066 for an application until April 8, 1983. Minimum enrollment: 12.

***Title: Beginning Ballet**
Ages: 6 - 10 years
10 week winter session beginning January 25, 1983
8 week spring session beginning April 12, 1983
Days: Tuesdays
Hours: 3:00 - 5:00 p.m.
Fee: \$10.00 for winter / \$8.00 for spring
Instructor: To be announced
Description: Students will learn the basic movements and rhythm of classical ballet.

Location: Margaret Fuller House, 71 Cherry Street, Cambridge
Other: Winter Registration: January 10 - 14, 1983, 3:00 - 5:00 p.m. at the Margaret Fuller House or call 498-9054 for an application until January 21, 1983. Spring Registration: March 28 - April 1, 1983, 3:00 - 5:00 p.m. at the Margaret Fuller House or call 498-9066 for an application until April 8, 1983. Minimum enrollment: 12.

***Title: Beginner Karate**
Ages: 10 - 14 years
10 week winter session beginning January 26, 1983
8 week spring session beginning April 13, 1983
Days: Wednesdays
Hours: 3:00 - 4:00 p.m.
Fee: \$10.00 for winter / \$8.00 for spring

Instructor: To be announced
Description: Students will learn self defense techniques and self-discipline of karate.
Location: Margaret Fuller House, 71 Cherry Street, Cambridge
Other: Winter Registration: January 10 - 14, 1983, 3:00 - 5:00 p.m., at the Margaret Fuller House or call 498-9054 for an application until January 21, 1983. Spring Registration: March 28 - April 1, 1983 at the Margaret Fuller House or call 498-9066 for an application until April 8, 1983. Minimum enrollment: 12.

***Title: Aerobic Dance and Exercise for Adults**

Ages: 18 and up
10 week winter session beginning January 27, 1983
8 week spring session beginning April 14, 1983
Days: Thursdays
Hours: 6:00 - 7:00 p.m.
Fee: \$10.00 for winter / \$8.00 for spring
Instructor: To be announced
Description: Work out, have fun, and improve your health. Aerobics is great for the heart.

Location: Margaret Fuller House, 71 Cherry Street, Cambridge
Other: Winter Registration: January 10 - 14, 1983, 3:00 - 5:00 p.m. at the Margaret Fuller House or call 498-9054 for an application until January 21, 1983. Spring Registration: March 28 - April 1, 1983, 3:00 - 5:00 p.m. at the Margaret Fuller House or call 498-9066 for an application until April 8, 1983.

Title: Sewing for Adults
Ages: 18 and up
10 week session beginning January 24, 1983
Days: Mondays
Hours: 7:00 - 9:00 p.m.
Fee: \$10.00

Instructor: Wilhomena Gosmon
Description: Basic cutting, fitting and sewing techniques, will focus on selecting the right fabric combination, putting in zippers and making button holes.
Location: Fletcher School, 89 Elm Street
Other: Registration: January 3 - 21, 1983, 2:30 - 5:30 p.m. at the Fletcher School. This course is sponsored by the Roberts and Fletcher Neighborhood Councils.

Title: Early Release Day Activity
Ages: 5 - 12 years
One day session - March 15, 1983
Days: Tuesday
Hours: 12:30 - 2:30 p.m.
Fee: 50¢
Instructor: To be announced
Description: Movie - To be announced. Children in grades K-2

must be accompanied by an adult. Parents must pick up child at the Fletcher School. This activity is sponsored by the Roberts and Fletcher Neighborhood Councils.
Location: Fletcher School, 89 Elm Street
Other: Registration: Watch for flyers.

Title: Early Release Day Trips
Ages: 5 - 12 years
5 sessions - January 12, February 10, April 13, May 17 and June 8, 1983

Hours: Bus leaves Roberts/Kennedy at 12:00 noon and returns to the Fletcher School at 5:00 p.m.
Fee: 25¢ - \$2.75 depending on trip.
Description: Trip to Wallex, Children's Museum, Plymouth Plantation, Old Sturbridge Village and Lincoln Park. Children in grades K-2 must be accompanied by an adult. Parents must pick up child at the Fletcher School.
Other: Registration: Watch for flyers. These trips are sponsored by the Roberts and Fletcher Neighborhood Councils.



Title: Mid-Cambridge Senior Citizen Trips
Ages: 55 and over
One trip per month - April to June 1983

Fee: \$8.50 per trip
Instructor: To be announced
Description: April - Hanover House, Manchester, N.H.; May - Greenridge Turkey Farm; June - Teel's Cabin, Abington, MA.
Other: Watch for flyers and dates. Trips are sponsored by the Roberts / Fletcher / Longfellow Neighborhood Councils.

Title: Dance for Seniors
Ages: 55 and over
10 week winter session beginning January 26, 1983

8 week spring session beginning April 13, 1983
Days: Wednesdays
Hours: 10:30 - 11:30 a.m.
Fee: \$10.00 for winter; \$10.00 for spring.
Instructor: To be announced
Description: Basic dance steps and movement for fun and health.
Location: Margaret Fuller House, 71 Cherry Street, Cambridge
Other: Registration: January 10 - 14, 1983, 3:00 - 5:00 p.m. at the Margaret Fuller House or call 498-9066 for an application until January 21, 1983.

Title: Mid-Cambridge Senior Dance/Exercise Class

10 week winter session beginning January 26, 1983
8 week spring session beginning April 27, 1983
Days: Wednesdays
Hours: 2:00 - 3:00 p.m.
Fee: \$10.00

Instructor: To be announced
Description: Line dancing and exercise. This class will be designed to participants abilities.
Location: 1221 Cambridge Street, Cambridge
Other: Winter Registration: January 17 - 21, 1983, 12:00 - 5:00 p.m. at 1221 Cambridge Street. Spring Registration: April 20, 1983, 2:30 - 5:30 p.m. at 1221 Cambridge Street or call 498-9066 for an application. This course is sponsored by the Roberts / Fletcher / Longfellow Neighborhood Councils.

Title: Cooking For Pre-Teens
Ages: 8 - 12 years
10 week winter session beginning February 7, 1983

10 week spring session beginning April 18, 1983
Days: Mondays
Hours: 3:00 - 4:30 p.m.
Fee: \$5.00 for winter / \$5.00 for spring
Instructor: Rachel Guelbee
Description: Basic cooking skills and nutrition.

Location: Fletcher, 89 Elm Street
Other: Maximum enrollment: 15
Minimum enrollment: 10. Call 498-9054 for registration information.

Title: Reading Workshops
Ages: Grades 4, 5 and 6
10 week winter session beginning January 24, 1983

10 week spring session beginning April 18, 1983
Days: Mondays
Hours: 3:00 - 4:00 p.m.
Fee: \$5.00 for winter/\$5.00 for spring
Instructor: Chris Johnson, Reading teacher from Somerville Public School
Description: Basic reading class to assist children with reading skills.
Location: Fletcher School, 89 Elm Street
Other: Maximum enrollment: 15
Minimum enrollment: 10. Call 498-9054 for registration information.

***Title: Beginner Karate**
Ages: 9 - 12 years
10 week winter session beginning January 25, 1983

8 week spring session beginning April 12, 1983
Days: Tuesdays
Hours: 3:00 - 4:00 p.m.
Fee: \$10.00 for winter / \$8.00 for spring
Instructor: To be announced
Description: A beginners course in karate will focus on the fundamentals.

Location: Fletcher School, 89 Elm Street
Other: Maximum enrollment: 15
Minimum enrollment 10. Call 498-9054 for registration information.

Title: Knitting and Crocheting
Ages 12 and up
10 week session beginning January 25, 1983

Days: Tuesdays
Hours: 6:30 - 7:30 p.m.
Fee: \$10.00
Instructor: Billie Murphy
Description: The six basic stitches will be taught along with reading and altering crochet and knitting patterns.
Location: Fletcher School, 89 Elm Street
Other: Maximum enrollment: 15
Minimum enrollment 10. Call 498-9054 for registration information.



Title: Junior Girl Scouts
Ages: 9 - 13 years
Session ongoing
Days: Wednesdays

Hours: 6:00 - 7:00 p.m.
Fee: Registration fee of \$3.00 for the year
Instructor: Mary Beth Hayes
Location: Fletcher School, 89 Elm Street
Other: Call 498-9054 for registration information.

Title: Bowling
Ages:
10 week winter session beginning February 2, 1983

10 week spring session beginning April 20, 1983
Days: Wednesdays
Hours: 2:30 - 4:30 p.m.
Fee: \$1.50 per child for ten weeks for two strings plus shoes
Instructor: Lisa Black
Description: Children will leave the Fletcher School at 2:30 p.m. and walk to the Bowl Haven and back.
Location: Bowl Haven, Bishop Allen Drive, Cambridge
Other: Minimum enrollment: 12. Call 498-9054 for registration information.

Title: Arts and Crafts
Ages: 8 - 12 years
10 week winter session beginning January 27, 1983
10 week spring session beginning April 21, 1983
Days: Thursdays
Hours: 3:00 - 4:30 p.m.

Fee: \$5.00 for winter / \$5.00 for spring
Instructor: Sally Campbell
Description: Each week we will try different crafts, i.e., weaving, tie dye, batik, etc.
Location: Fletcher School, 89 Elm Street
Other: Minimum enrollment: 12. Call 498-9054 for registration information.

Title: Creating - Learning - Game Workshop

Ages: Grades K-2
4 week session beginning January 27, 1983
Days: Thursdays
Hours: 3:00 - 4:00 p.m.
Fee: \$10.00

Instructor: Jan Sette Lund
Description: The children, with the guidance of the instructor, will create learning games that reinforce skills and concepts developed in the classroom. Each child will have the opportunity to select a variety of materials to construct his / her games. Prior discussion can be arranged with the teacher.
Location: Fletcher School, 89 Elm Street
Other: Maximum enrollment: 15
Minimum enrollment: 10. Call 498-9054 for registration information.

Title: Beginner Gymnastics

Ages: 6 - 10 years
10 week winter session beginning January 28, 1983
8 week spring session beginning April 29, 1983
Days: Fridays
Hours: To be announced
Fee: \$10.00 for winter / \$8.00 for spring

Instructor: To be announced
Location: Fletcher School, 89 Elm Street
Other: Minimum enrollment: 10. Call 498-9054 for registration information.

Title: Open Gym

Ages: 8 - 13 years
10 week winter session beginning February 4, 1983
10 week spring session beginning April 22, 1983
Days: Fridays
Hours: 4:00 - 5:30 p.m.
Fee: \$1.00 (registration fee only)
Instructor: Bobby Hackett, Harvard volunteer
Description: Basketball, sport games, volleyball and soccer.
Location: Fletcher School, 89 Elm Street
Other: Minimum enrollment: 20. Call 498-9054 for registration information.

Title: Family Night in Gym

Ages: 12 and up
10 week winter session beginning January 4, 1983
10 week spring session beginning April 18, 1983
Days: Mondays
Hours: 7:00 - 9:00 p.m.
Fee: None
Instructor: Mr. V. Foster
Description: Basketball and sports games for members of Union Baptist Church.
Location: Fletcher School, 89 Elm Street
Other: For further information and to register call 498-9054.

Title: Men's Exercise Group

Ages: 18 and over
10 week winter session beginning January 4, 1983
10 week spring session beginning April 19, 1983
Days: Tuesdays
Hours: 6:00 - 9:00 p.m.
Instructor: Daniel Lewicks
Description: Basketball and men's exercise for Fletcher residents only.
Location: Fletcher School, 89 Elm Street
Other: Call 498-9054 for registration information.

Title: Aerobic Dance

Ages: 18 and up
10 week winter session beginning January 26, 1983
10 week spring session beginning April 27, 1983
Days: Wednesdays
Hours: 7:00 - 8:00 p.m.
Fee: Residents of Cambridge: \$15.00 / Non-residents: \$40.00
Instructor: Chris Johnson

Description: Give your body a vigorous work out in this fitness program. Includes dance steps, jumping, hopping choreographed to music.

Location: Fletcher School, 89 Elm Street

Other: Wear leotards or jogging outfit and sneakers. Minimum enrollment: 10. Call 498-9054 for registration information.

Title: **English As A Second Language (ESL)**
Ages: Adult

If interest exists, class will be set up to meet twice weekly, one and a half hours each evening for twenty weeks. Please call 498-9054 by January 19, 1983 if interested.

We also offer an After-school Childcare Program. Please refer to the After-school listing for details.

TOBIN SCHOOL

Address: 197 Vassal Lane, Cambridge, MA 02138

Neighborhood Council

Coordinator: Deborah Owens

Phone: 498-9055

Neighborhood Youth Specialist:

Annamarie Masiello

Phone: 498-9037

Neighborhood Council

Chairperson: Barbara Armistead (Acting)

Winter Registration: January 17 - January 21, 1983

Hours: 2:00 - 5:00 p.m.

January 17 and 20, 1983

Hours: 6:00 - 9:00 p.m.

Spring Registration: April 4 - April 8, 1983

Hours: 2:00 - 5:00 p.m.

April 4 and 7, 1983

Hours: 6:00 - 9:00 p.m.

Classes without sufficient registrants may be cancelled.

*Title: **Dance**

Ages: 8 - 14 years

10 week winter session beginning January 24, 1983

8 week spring session beginning April 11, 1983

Days: Mondays

Hours: 3:00 - 4:00 p.m.

Fee: \$10.00 for winter / \$8.00 for spring

Description: Introduction to Modern Jazz. Creative movement to popular music.

Title: **Weaving**

Ages: Grades 6 - 8

8 week winter session beginning January 31, 1983

8 week spring session beginning April 11, 1983

Days: Mondays

Hours: 3:00 - 4:00 p.m.

Fee: \$8.00 for winter / \$8.00 for spring

Instructor: Athenaide Dallet

Description: Simple weaving projects using an Inca Loom, such as scarves and belts.

Other: Limit 6 students.

Title: **Piano**

Ages: See Description

8 week winter session beginning January 24, 1983

8 week spring session beginning April 11, 1983

Days: Mondays

Hours: See description

Fee: \$25.00 for winter / \$25.00 for spring

Instructor: Ann Jeffers

Description: Piano I Beginning Piano for Grades 1-4 2:30 - 3:00 Limit 4 per class.

Piano IA Beginning Piano for Grades 5-8 3:00 - 3:30 Limit 4 per class.

Piano II For those who have had some piano training 3:30 - 4:00 Limit 4 per class.

These times may be altered if a class has to be dropped.

*Title: **Karate**

Ages: 8 - 14 years

10 week winter session beginning January 25, 1983

8 week spring session beginning April 12, 1983

Days: Tuesdays

Hours: 3:30 - 4:30 p.m.

Fee: \$10.00 for winter/\$8.00 for spring

Instructor: Dean Norris

Title: **Knitting**

Ages: See description

8 week winter session beginning February 1, 1983

8 week spring session beginning

April 12, 1983

Days: Tuesdays

Hours: See description

Fee: \$3.00 for winter / \$3.00 for spring. Supply your own yarn.

Instructor: Athenaide Dallet and Sarah Alexander

Description: Beginners Grades 1-8 3:00 - 4:00 p.m.

"Advanced" For those who have had some knitting instruction 4:00 - 5:00 p.m.

There times may be altered should a class have to be dropped.

*Title: **Gymnastics**

Ages: See description

10 week winter session beginning January 25 and January 28, 1983

8 week spring session beginning April 12 and April 29, 1983

Days: Tuesdays and Fridays

Fee: \$10.00 for winter / \$8.00 for spring

Instructor: Alicia Johnson

Description: Gymnastics K-2 Tuesdays or Fridays from 3:00 - 4:00 p.m.

Gymnastics 3-8 Fridays 4:00 - 5:00 p.m.

Limit 12 per class.

Title: **Music for Fun**

Ages: Grades K-3

8 week winter session beginning January 25, 1983

8 week spring session beginning April 12, 1983

Days: Tuesdays

Hours: 2:30 - 3:15 p.m.

Fee: \$15.00 for winter / \$15.00 for spring

Instructor: Ann Jeffers

Description: Singing, rhythm and note reading games as well as ear training. Limit 10 students.

Title: **Voice Class**

Ages: Grades

8 week winter session beginning January 25, 1983

8 week spring session beginning April 12, 1983

Days: Tuesdays

Hours: 3:15 - 4:00 p.m.

Fee: \$15.00 for winter / \$15.00 for spring

Instructor: Ann Jeffers

Description: Fundamentals of vocal production and performance of song. Class includes relaxation and breathing techniques, vocal exercises and individual performance by members of the class.

Title: **"Make It-Take It" Workshop**

Ages: Grades K-2

4 week winter session beginning January 26, 1983

4 week spring session beginning March 2, 1983 (tentative)

Days: Wednesdays

Hours: 3:00 - 4:30 p.m.

Fee: \$10.00 for winter / \$10.00 for spring

Instructor: Janice Sette-Lund

Description: The children with the guidance of the instructor make learning games that reinforce skills and concepts developed in the classroom. A demonstration and learning time precede each "Make It" work period.

Title: **Tennis**

Ages: Grades 4-8

10 week session beginning January 28, 1983

Days: Fridays

Hours: 3:00 - 4:00 p.m.

Fee: \$10.00

Instructor: Mohan Nadkarni and Jimmy Rosenthal

Description: Individual instruction for beginning tennis players, strokes, scoring and simple game strategy.

Title: **Teen Gym**

Ages: 12½ - 17 years

8 week winter session beginning January 26, 1983

8 week spring session beginning April 13, 1983

Days: Wednesdays

Fee: 25¢ per session, pay at door.

Instructor: Deborah Owens and Corky McCloud

Description: Open gym, basketball usually the activity, occasional trips. No food, drink or smoking in gym. Enter and exit through rear door.

Title: **Teen Outdoor Program**

Ages: 12½ - 17 years

Two trips per month

Days: Saturdays

Hours: Flexible depending on type of activity

Fee: \$5.00 registration fee plus costs of individual trips.

Instructors: John Day, Ann Skar-tuedt and other Harvard Volunteers

Description: Two trips per month will be offered including cross country skiing, downhill skiing, hiking, ropes courses etc. Participants must be registered in the program in order to participate and may choose any or all of the trips offered. Activities are arranged through the Y.E.S. program and Harvard University's Outdoor Program so the cost of each trip will be subsidized, cosing the member \$5-\$10 per trip. For more information call 498-9055.

Location: To be announced

Other: First trip will be Saturday January 29.

Title: **Saturday Youth Activities**

Ages: Grades 5 and 6

Days: Saturdays

Hours: Usually between 10:00 - 1:00 p.m. depending on the activity

Fee: \$5.00 registration fee plus admission fees for special activities. Transportation included.

Instructors: Wayne Miesel and other Harvard Volunteers

Description: Harvard Volunteers are recruiting 5th and 6th graders to share the use of the Harvard facilities such as the swimming pool, ice skating rink and gymnasium as well as attend special activities such as plays, hockey games and other campus functions. There will be a meeting of all registrants on Monday January 24 at 3:00 p.m.

Location: Harvard campus

Title: **Needlecraft and Holiday Decoration**

Ages: Adults

8 week winter session beginning January 24, 1983

8 week spring session beginning April 11, 1983

Days: Mondays

Hours: 7:00 - 9:00 p.m.

Fee: \$12.00 for winter / \$12.00 for spring. Supplies not included.

Instructor: Pat Gardner

Description: Instruction in various projects using yarn mediums.

Title: **Aerobic Dance and Exercise**

Ages: Adults

8 week winter session beginning January 31, 1983

8 week spring session beginning April 25, 1983

Days: Mondays

Hours: 6:35 - 7:35 p.m.

Fee: \$16.00 for winter / \$16.00 for spring

Instructor: Mr. Gaylin Cordes

Description: Co-ed, no prior dance experience necessary. Emphasis on fun, fitness and movement. See coupon for free introductory session.

Title: **Men's Drop In Gym**

Ages: Over 18 years

8 week winter session beginning January 24, 1983

8 week spring session beginning April 25, 1983

Days: Mondays

Hours: 8:00 - 10:00 p.m.

Fee: 50¢ per person. Pay at the door.

Instructor: This activity is reserved for men who reside in the Tobin / Haggerty neighborhoods. Basketball is the preferred activity. Sign in at front door.

*Title: **Exercise**

Ages: Adults

8 week winter session beginning January 27, 1983

8 week spring session beginning April 7, 1983

Days: Thursdays

Hours: 7:00 - 8:00 p.m.

Fee: \$8.00 for winter / \$8.00 for spring

Instructor: Stephanie Gardyna

Description: Exercises for working adults: Relaxed atmosphere, work at your own pace.

Title: **Senior Social**

Ages: Senior Citizens

8 week winter session beginning January 25, 1983

8 week spring session beginning April 12, 1983

Days: Tuesdays

Hours: 1:30 - 3:30 p.m.

Fee: 50¢ per session

Description: Snacks and prizes for Bingo.

Title: **Senior Trips**

Ages: Senior Citizens

Once a month sessions

Days: Thursdays (usually)

Hours: To be announced

Description: Day trips are offered once a month in and around the Greater Boston Area. Contact Community School Office for more information.

Location: To be announced

ONE FREE INTRODUCTORY SESSION AEROBIC DANCE & EXERCISE

Present this coupon at the Tobin Community School, 197 Vassal Lane in Cambridge on Jan. 24 only and you may attend a free session of Aerobic Dance and Exercise.

Find out if this class is for you, meet the instructor, ask questions and try simple dance steps. Registrations will be taken after session. Come as you are! 6:35 - 7:35 p.m.

YOUTH SPECIALIST PROGRAMS

Sites: AGASSIZ/LINCOLN Neighborhood Youth Specialist:

Paulette Johnson

Phone: 498-9072

Winter Registration:

January 4, 1983

Hours: 3:00 - 5:00 p.m.

January 5, 1983

Hours: 3:00 - 10:00 p.m.

January 7, 1983

Hours: 7:00 - 10:00 p.m.

at Walden Square Teen Room, 21 Walden Square Road

January 4, 5 and 7, 1983

Hours: 2:00 - 6:00 p.m.

at Lincoln School, 35 Walden Street

Spring Registration: Contact Paulette Johnson

Title: **Teen Room Read-A-Thon**

Ages: 11 - 13 years

6 week session beginning January 11, 1983

Days: See description

Hours: See description

Fee: None

Description: Youths will be participating in a six week contest. First, second and third place trophies will be awarded on February 15, 1983.

Location: Walden Square Teen Room, 21 Walden Square Road

Title: **Teen Drop-In**

Ages: 14 - 19 years

12 week session beginning January 7, 1983

Days: Fridays

Hours: 7:00 - 10:00 p.m.

Fee: None

Description: Table games, board games, and teen planning.

Location: Walden Square Teen Room, 21 Walden Square Road

Title: **Self-Defense**

Ages: 11 - 17 years

10 week session beginning January 12, 1983

Days: Wednesdays

Hours: 7:00 - 9:00 p.m.

Fee: \$11.00

Instructor: Ray Robinson

Description: Basic skills in the art of self defense.

Location: Walden Square Teen Room, 21 Walden Square Road

Title: **Arts and Crafts**

Ages: 11 - 13 years

10 week session beginning January 11, 1983

Days: Tuesdays

Hours: 3:00 - 5:00 p.m.

Fee: None

Description: Holiday decorations, printing, jewelry making, special request by students, etc.

Location: Walden Square Teen Room, 21 Walden Square Road

Title: **Drop-In**

Ages: 11 - 13 years

12 week session beginning January 5, 1983

Days: Wednesdays

Hours: 3:00 - 6:00 p.m.

Fee: None

Description: Provide group and

non-competitive activities.

Location: Walden Square Teen Room, 21 Walden Square Road

Title: **"Know Your Body"**

Ages: 11 - 13 years

6 week session beginning January 17, 1983

Days: Mondays

Hours: 6:00 - 7:00 p.m.

Fee: None

Instructor: Kim De Andrade

Description: Knowing your body.

Location: Lincoln School, 35 Walden Street

Title: **Open Gym**

Ages: 13 - 19 years

12 week session beginning January 5, 1983

Days: Wednesdays

Hours: 7:00 - 10:00 p.m.

Fee: None

</

Title: Law and Justice
Ages: 12 and up
Days: Mondays
Hours: To be announced
Fee: None
Description: Discussions with police, lawyers, probation officers, and judges concerning the criminal justice system and the consequences / penalties of breaking the law.
Location: Common Place Teen Center, 130 Prospect Street, Cambridge

Sites: GRAHAM/PARKS ALTERNATIVE/KING/MORSE
Neighborhood Youth Specialist: Robert Bridgeman
Phone: 498-9072
Winter Registration: January 3 - January 7, 1983
at Hoyt Teen Center, Gilmore Street
Hours: 7:00 - 9:00 p.m.
Spring Registration:
Contact: Robert Bridgeman

Title: Cooking
Ages: 12 and up
5 week session beginning January 12, 1983
Days: Wednesdays
Hours: 7:00 - 9:00 p.m.
Fee: \$1.00 per class
Instructor: Diane Scott
Description: Classes will consist of cooking main dishes for dinner.
Location: Cambridge Community Center, 8 Callendar Street

Title: Photo
Ages: 13 and up
10 week session beginning January 11, 1983
Days: Tuesdays
Hours: 7:00 - 9:00 p.m.
Fee: \$1.00 per class
Instructor: Carl Badren
Description: Training on how to use a camera, develop film, different techniques, and proper lighting.
Location: Cambridge Community Center, 8 Callendar Street and Hoyt Teen Center, Gilmore Street

Title: Theater Art
Ages: 12 and up
Session ongoing
Days: Mondays and Thursdays
Hours: 3:00 - 6:00 p.m.
Fee: None
Instructor: Rose Nyles
Description: Theater art which will include acting, dance, singing and mime.
Location: Hoyt Teen Center, Gilmore Street

Title: Law and Justice
Ages: 12 and up
Days: Tuesdays
Hours: To be announced
Fee: None
Description: Discussions with police, lawyers, probation officers, and judges concerning the criminal justice system and the consequences / penalties of breaking the law.
Location: Hoyt Teen Center, Gilmore Street, Cambridge

Sites: HAGGERTY/TOBIN
Neighborhood Youth Specialist: Annmarie Masiello
Phone: 498-9037
Winter Registration:
Contact: Annmarie Masiello
Spring Registration:
Contact: Annmarie Masiello

Title: Drop-In
Ages: 12 - 17 years
Session ongoing
Days: Tuesdays and Thursdays
Hours: 7:00 - 10:00 p.m.
Fee: \$2.00 membership fee for the year
Instructor: Penny Bembury
Description: Table games, activity planning, trips and rap groups.
Location: #60 Corcoran Park Center

Title: Drop-In
Ages: 10 - 12 years
Session ongoing
Days: Wednesdays
Hours: 3:00 - 5:00 p.m.
Fee: None
Instructor:
Description: Games, cooking and craft, activity planning, possibly a few trips.
Location: #60 Corcoran Park Center

Sites: HARRINGTON/KENNEDY
Neighborhood Youth Specialist: Paul Lombardi
Phone: 498-9072
Winter Registration:
Contact: Paul Lombardi
Spring Registration:
Contact: Paul Lombardi

Title: Drop-In
Ages: 10 - 15 years
Session ongoing
Days: Mondays, Tuesdays and Wednesdays
Hours: 6:30 - 8:00 p.m.
Description: Activities include: kickball, gymnastics, whiffleball, basketball, aerobic exercise and street hockey.
Location: Harrington School, 850 Cambridge Street

Title: Drop-In
Ages: 16 and up
Session ongoing
Days: Mondays, Tuesdays and Wednesdays
Hours: 8:00 - 9:30 p.m.
Description: Activities include: Basketball league, exercise class and street hockey.
Location: Harrington School, 850 Cambridge Street

Title: Street Hockey Program
Ages: 10 - 13 years
12 week session beginning January 18, 1983
Days: Tuesdays
Hours: 3:00 - 5:30 p.m.
Fee: \$5.00
Location: Kennedy School, 103 Spring Street
Other: Registration: January 4 and 11, 1983, 3:00 - 4:30 p.m. at the Kennedy Community School Office. See Paul Lombardi. Maximum enrollment: 40.

Title: Drop-In
Ages: 8 - 15 years
Session ongoing
Days: Fridays
Hours: 3:00 - 5:00 p.m.
Description: Activities include: Basketball games, kickball games, street hockey, etc.
Location: Harrington School, 850 Cambridge Street

Title: Ski Program
Ages: 12 - 19 years
Days: See description
Hours: All day
Fee: \$12.50 for 12 - 17 year olds; \$16.50 for 18 and 19 year olds.
Cost includes: skis, transportation, lessons and lift ticket.

Trip	Fitting	No. of Youths	Chaperone
January 16, 1983	January 11, 1983	8 - 10	Paul Lombardi Russ Carman
January 30, 1983	January 25, 1983	10	Paul Lombardi Mike Owens or Stella Burke
February 22, 1983		35	Paul Lombardi Phil Giroux Russ Carman
February 27, 1983	February 23, 1983	8 - 10	Paul Lombardi Russ Carman
March 6, 1983	March 1, 1983		Paul Lombardi Jay Macleod

TEEN CENTERS
Site: CAMBRIDGEPORT TEEN CENTER
Address: Henry Street, Cambridge, MA 02139
Contact Person / Title: Annmarie Masiello, Youth Specialist
Phone: 354-8614
Days Open: Monday thru Friday
Hours Open: 7:00 - 10:00 p.m.
Description: The center offers a variety of educational and recreational programs for teens.

Title: Drop-In
Ages: 13 - 19 years
Session ongoing
Days: Monday thru Friday
Hours: 7:00 - 10:00 p.m.
Fee: \$2.00 membership fee for the year. Must be a member to participate.
Instructors: Ned Eccles, Keith Pearson and Joel Burke
Description: A wide range of activities include table games, ping pong, basketball, rap groups and trips.

Title: Self Defense / Fitness
Session ongoing
Days: Monday thru Friday
Hours: 7:00 - 10:00 p.m.
Fee: None
Description: Participants will be taught the skills of self defense.

Site: COMMON PLACE TEEN CENTER
Address: 130 Prospect Street, Cambridge, MA 02139
Contact Person / Title: Tony Bazzell, Youth Specialist
Phone: 876-1264
Days Open: Monday thru Thursday
Hours Open: 7:00 - 10:00 p.m.
Description: The center offers a variety of educational and recreational programs for teens. Space provided includes a game room, weight room and gym. (Please refer to the Fletcher / Longfellow / Roberts Youth Specialist Programs listing for details.)

Site: HOYT TEEN CENTER
Address: Gilmore Street, Cambridge, MA 02139
Contact Person / Title: Robert Bridgeman, Youth Specialist
Phone: 498-9079
Days Open: Monday thru Friday
Hours Open: 7:00 - 10:00 p.m.
Description: The center offers a variety of educational and recreational programs for teens. These activities include workshops, classes and trips. A \$2.00 membership fee is required. (Please refer to the Graham / Parks / Alternative / King / Morse Youth Specialist Programs listing for details.)

AFTER-SCHOOL AND PRE-SCHOOL CHILDCARE

The Department of Human Service Programs through Neighborhood Councils currently sponsors seven after-school childcare programs for children in Kindergarten through fourth grades and four pre-school childcare programs for children ages 2.9 - 5 years (not yet in kindergarten).
 Programs are located either within the elementary school or in a nearby neighborhood facility. Group size ranges from 12 - 40.
 Parents are urged to participate on Parent Committees and are involved in the selection of staff and determination of curriculum.
 For information contact Jacquelyn P. Neel at 498-9037. Programs are:

Title: Fitzgerald After-School Childcare
Address: 70 Ringe Avenue, Cambridge MA
Contact Person: Pat Daley
Phone: 498-9057
Registration: Call for applications.
Tuition: \$23.00 per week. Full time (no part time)
Starting Date: Enrollment ongoing
Hours: 2:00 - 6:00 p.m. Monday thru Friday
Description: The Fitzgerald After-School program for children in K - 3rd grade will be beginning its third year in September, 1982. Activities that are offered include arts and crafts, trips, games, sports and much more.

Title: Fletcher / Roberts After-School Childcare
Address: Blouin Building (Model Cities Center) 245 Columbia Street, Cambridge MA.
Contact Person: Suzanne Dixon
Phone: 498-9066
Registration: Applications are accepted on a first come / first served basis. A ten dollar registration fee and two week deposit must accompany application. Call for applications.
Tuition: \$12.00 per week. Full time
Part Time: \$9.00 - 3 days.
Starting Date: Enrollment ongoing
Hours: 2:30 - 6:00 p.m. Monday thru Friday
Description: This is an after-school program for K - 4th grade. Snack is provided everyday. Activities include arts, crafts, cooking, music and trips. Parents attend monthly meetings, set program policy and fundraise.

Title: King / Longfellow After-School Childcare
Address: 100 Putnam Avenue, Cambridge, MA
Contact Person: Judy Bibbins
Phone: 498-9037 or 498-9066
Registration: Call for registration materials. There is a \$10.00 registration fee.
Tuition: \$20.00 per week Full time; \$15.00 per week three days or less. Some financial aid available.
Starting Date: Enrollment ongoing
Hours: 2:30 - 6:00 p.m. Monday thru Friday
Description: One head teacher and an assistant lead a group of up to twenty children, grades K - 3, who attend the Longfellow and King Schools or live in one of the two neighborhoods. A mixture of group and individual, quiet and lively, outdoor and indoor activities are planned daily. Emphasis is placed on meeting individual needs while building a comfortable, cohesive group.

Title: Morse/Sandra Graham/Rosa Parks Alternative After-School Childcare
Address: 40 Granite Street, Cambridge, MA
Contact Person: Michael Gilbreath
Phone: 498-9064
Registration: Call for materials. There is a \$10.00 registration fee and a two week tuition deposit required.
Tuition: \$20.00 per week Full time; \$15.00 per week Part time (2 - 3 days). Some reduced fee slots available.
Starting Date: Enrollment ongoing
Hours: 2:30 - 5:30 p.m. Monday thru Friday; 12:30 - 5:30 p.m. Release days; 8:30 - 5:30 p.m. Vacation days.
Description: The program seeks to provide a safe and secure atmosphere with clear and consistent limits in which children grades K - 3 may explore a variety of activities including arts and crafts, science, cooking, games, puppets and more. Regular field trips are taken. A snack is provided each day.

Title: Peabody After-School Childcare
Address: 44 Linnaean Street, Cambridge, MA
Contact Person: Janet Baum, Parent registrar
Phone: 547-2731 (evenings)
Registration: Call parent registrar
Tuition: \$85.00 per month Full time

Starting Date: Enrollment ongoing
Hours: 2:30 - 5:45 p.m. Monday thru Friday; 12:30 - 5:45 p.m. Release days.
Description: Grades K - 4 are supervised by three or more teachers. Activities include art, sports, drama productions, music, cooking, field trips, etc. Capacity-40 slots.

Title: Tobin After-School Childcare
Address: 197 Vassal Lane, Cambridge, MA
Contact Person: Debbie Owens
Phone: 498-9055
Registration: Contact Coordinator Debbie Owens to be referred to Parent Recruitment Officer
Tuition: \$93.00 per month Full time
Starting Date: Enrollment ongoing
Hours: 2:30 - 5:45 p.m. Monday thru Friday
Description: Serves children K - 3 grade throughout the school year including early release days and school vacation days. Closed on holidays. Activities include: field trips, arts and crafts, snacks, and story time.

PRE-SCHOOL
Title: Fitzgerald Pre-School Childcare
Address: Rindge Towers, 362 Rindge Avenue, Cambridge, MA
Contact Person: Pat Daley
Phone: 498-9057
Registration: Presently full. Call to have name placed on waiting list.
Tuition: \$12.50 for five days; \$7.50 for three days; \$5.00 for two days.
Starting Date: Enrollment ongoing
Hours: 9:00 - 12:00 noon Monday thru Friday
Description: This is a parent co-operative program featuring games, stories, songs, trips, with focus on social development for children ages 2.9 - 5 years.

Title: Haggerty Pre-School Childcare
Address: 100 Cushing Street, Cambridge, MA
Contact Person: Dorothy Giacobbe
Phone: 498-9058
Registration: Call or drop by the office for more information and an application.
Tuition: \$15.00 per week
Starting Date: Enrollment ongoing
Hours: 9:00 - 11:45 a.m. Monday thru Friday
Description: Parents participate in establishing program policy and assist in the classroom. Activities, teacher assistance, and determining program schedule for children ages 3 - 5 years (not in Kindergarten).

Title: Longfellow Pre-School Childcare
Address: Cambridge Rindge and Latin High School, Room R129, Broadway Street, Cambridge, MA
Contact Person: Judy Bibbins
Phone: 498-9037
Registration: Call 498-9037 to obtain forms.
Tuition: \$60.00 per week Full time
Starting Date: Enrollment ongoing
Hours: 8:30 - 5:30 p.m. Monday thru Friday
Description: A multi-cultural neighborhood program with team teaching, and an open classroom setting. Curriculum emphasizes socialization, and includes art, music, science, pre-reading activities and neighborhood field trips for children ages 2.9 - 5 years.

Title: Martin Luther King, Pre-School Childcare
Address: 100 Putnam Avenue, Cambridge, MA
Contact Person: Benjamin Bailey
Phone: 491-3820
Registration: An application and interview must be completed to enroll
Tuition: \$40 - \$50 per week with Title XX sliding fee scale
Starting Date: Enrollment ongoing
Hours: 8:00 - 5:00 p.m.
Description: A multi-cultural center emphasizing the development of socialization skills, pre-reading, arts and crafts, and more for children ages 2.9 - 5 years. Parent involvement is an important part of the program.

Recreation

The Recreation Division is concerned with providing quality recreational services to all Cambridge residents. All programs are geared for the development of a variety of leisure recreational skills. Specific activities and classes offered for children and adults include swimming, gymnastics, exercise, tennis, self-defense, dance and basketball. In addition, summer playground and Special Needs programs are scheduled for children and leagues in basketball and softball are scheduled for adults. The Recreation Division also supports the activities of such varied programs as Cambridge Little League and Babe Ruth Baseball, Youth Hockey, Youth Soccer, Inner City Day Camp, and Center, Inc., a pre-school Special Needs Program.

War Memorial

Address: 1640 Cambridge St.
Phone: 498-9028
Contact Person / Title: Donna Cameron, Recreation Activities Mgr.

Registration:
Dates: December 3 - January 7
Times: Monday - Friday 5:30 - 9:00; Saturday 9:00 a.m. - 5:00 p.m.; Sunday 12:00 - 5:00 p.m.

Title: **Intermediate Gymnastics**
Ages: 6-12 years
Length of Session: 10 weeks
Days: Saturdays, January 15 - March 19

Hours: 11:00 a.m. - 1:00 p.m.
Fee: \$20.00
Description: Pre-requisite one year of beginner gymnastics. Students will begin work on apparatus and more advanced floor exercise. This class will start preparation for the advanced program.

Title: **Beginner Tennis Lessons**
Ages: Adult
Length of Session: 10 weeks
Days: Saturdays, January 15 - March 19

Hours: 3:00 - 4:00 p.m.
Fee: \$15.00
Instructor: Rick Rose
Description: Bring tennis racket and sneakers.

Title: **Advanced Beginner Tennis**
Ages: Adult
Length of Session: 10 weeks
Days: Saturdays, January 15 - March 19

Hours: 4:00 - 5:00 p.m.
Fee: \$15.00
Instructor: Rick Rose
Description: Bring tennis racket and sneakers.

Title: **Coed Volleyball**
Ages: 18 and over
Length of Session: 10 weeks
Days: Sundays

Hours: 12:00 - 2:00 p.m.
Fee: \$1.00 per time
Description: No pre-registration required. Sneakers are a must.

Title: **Over 30 Basketball Program**
Ages: 30 and up
Length of Session: January 9 - April 10, 1983

Days: Sunday afternoons
Hours: 2:00 - 4:00 p.m.
Fee: \$1.00 fee - gym only; \$2.00 for gym and swim.

Description: Each session begins with a 1/2 hr. warm-up period, followed by a 1 1/2 hr. informal, pick-up basketball (no fast break). The \$2.00 Gym and Swim allows swimming, 4:00 - 5:00 p.m.
Location: Sessions will be at the War Memorial Field House.

Title: **Ice Skating Program**
Ages: All ages
Length of Session: Winter & Spring (weather permitting)

Days: Sunday through Saturday
Hours: Daylight hours
Fee: None

Description: The following areas will be flooded by the Dept. of Public Works when sub-freezing weather begins.

Location: Rindge Field, Tennis Courts at Golf Club House, Sennott Park, Riverside Press Park and Donnelly Field.

Title: **Low Back Pain**
Ages: Adults
Length of Session: 10 weeks
Days: Mondays, January 10 - March 21

Hours: 8:00 - 9:00 p.m.
Fee: \$10.00

Instructor: Katherine Maxwell, R.N.

Description: Exercise with your back in mind. Enjoy the exhilarating feeling of a good workout while protecting and strengthening your ever precious back muscles. (Classes geared toward persons with low back problems.) Bring a towel and mat, wear leotards or loose comfortable clothes and tennis shoes. Physician's approval suggested.

Title: **Advanced Gymnastics**
Ages: Children
Length of Session: 10 weeks
Days: Mondays, Thursday, Saturday, January 10 - March 21

Hours: 6:00 - 8:00 p.m.
Fee: \$40.00

Instructors: Robin Morrison, Carol Rizzo, Alicia Johnston
Description: Tryouts and registration at first class on Monday, January 10, 1983 at the War Memorial.

Title: **Slimnastics**
Ages: Adults
Length of Session: 10 weeks
Days: Mondays & Wednesdays, January 10 - March 21, January 12 - March 23

Hours: 8:00 p.m. - 9:00 p.m.
Fee: \$20.00

Instructor: Susan Hoover, R.N.
Description: Work out doing rigorous exercise, tone muscles, lose inches and have fun doing it. Vigorous routines put to popular music. Bring a mat, wear leotards and sneakers.

Title: **Health and Fitness**
Ages: Adults
Length of Session: 10 weeks
Days: Wednesday, January 12 - March 23

Hours: 7:00 - 9:00 p.m.
Fee: \$30.00

Instructor: Katherine Maxwell, R.N. and Susan Hoover, R.N.
Description: Combine the benefits of exercise with good nutrition for weight reduction. Class includes vigorous exercise routines to popular music and class discussions on effective diet principles. Weight and measurements taken before each class, if desired. Bring mats, notebooks, wear leotards or comfortable clothing and tennis shoes.

Title: **Women's Basketball**
Ages: 18 and over
Length of Session: 10 weeks
Days: Thursdays 7:00 - 9:00 p.m., January 13 - March 24; Saturdays 2:00 - 4:00 p.m., January 15 - March 19

Fee: \$1.00 per time
Description: Sneakers are required. No pre-registration required.

Title: **Exercise**
Ages: Adults
Length of Session: 10 weeks
Days: Thursdays, January 13 - March 24

Hours: 7:00 - 8:00 p.m.
Fee: \$10.00

Instructor: Judy McGinnity
Description: Wear leotards or loose comfortable clothing.

Title: **Pre-Natal Exercise**
Ages: Adults
Length of Session: 10 weeks
Days: Thursdays

Hours: 8:00 - 9:00 p.m.
Fee: \$10.00

Instructor: Susan Hoover, R.N.
Description: Stay in shape while your shape is changing. Fun and effective exercise routine for expectant mothers. Must have physician's approval. Wear leotards or comfortable clothing and sneakers.

Title: **Men's Basketball**
Ages: 18 and over
Length of Session: 10 weeks
Days: Fridays 7:00 - 9:00 p.m., January 14 - March 25; Sundays 2:00 - 4:00 p.m., Jan. 16 - March 20.

Fee: \$1.00 per time
Description: No pre-registration necessary. Sneakers required.

Title: **Toddler Gymnastics**
Ages: 3 - 5 years
Length of Session: 10 weeks
Days: Saturdays, January 14 - March 25

Hours: 9:00 - 10:00 a.m.
Fee: \$10.00

Instructor: TBA
Description: Leotards or shorts should be worn.

Title: **Beginners Gymnastics**
Ages: 6 - 12 years
Length of Session: 10 weeks
Days: Saturdays, January 15 - March 19

Hours: 10:00 - 11:00 a.m.
Fee: \$10.00

Instructor: Alicia Johnston
Description: Leotards or shorts should be worn.

Title: **Cambridge Track Club**
Ages: Coed, 10 - 14 years
Length of Session: Continuous
Days: Saturdays, January 15 - March 19

Hours: 10:00 - 12:00 noon
Fee: \$5.00 for registration
Coach: Steven Mascoll

Assistant Coach: Ned Eccles
Description: During Winter and Spring there will be training in Hurdles, High Jump, Long Jump, Running events and Relays: Some of the meets are Junior Olympics, Hershey Track and Field, Kendall Women's Classic Club and inter-squad meets and other meets. Hats and tee shirts are provided.

WAR MEMORIAL POOL CLASS SCHEDULE - REGISTRATION DEADLINE JANUARY 7

Adult Lessons - Monday, 6:30 - 7:30 p.m. January 10 - March 21; March 28 - June 13. \$15.00 per 10 week session.

Advanced Lifesaving - Monday and Wednesday, 6:30 - 8:30 p.m. January 11 - March 24. Resident fee - \$10.00; non-resident fee \$15.00. There is a \$5.00 fee to be paid to the American Red Cross, Cambridge Chapter for the book. This course is available for age 16 and up, and is a pre-requisite for the Water Safety Instructors' Course.

Water Safety Instructors - Monday and Wednesday, 6:30 - 8:30 p.m. March 28 - June 13. Resident fee is \$15.00; non-resident fee is \$20.00. There is also a fee of \$10.75 to be paid to the American Red Cross, Cambridge Chapter, for books and materials. This course is available for 17 and up. The water test will be held on Thursday, March 24, from 6:00 - 8:00 p.m. Taking the test and passing it is a must.

Special Needs Young Adult Lessons - Thursday, 6:30 - 7:45 p.m. January 11 - March 22; March 29 - June 7. \$10.00 per 10 week session.

Tiny Tot Lessons - Wednesday, 6:30 - 7:45 p.m. January 11 - March 22; March 29 - June 7. \$10.00 per 10 week lesson.

Cambridge Swim Team - Cambridge Swim Team will be open to Cambridge residents with Advanced Beginner, Intermediate, and Swimmer level skills. The group will meet Saturday afternoons from 12 - 1 p.m. and Thursday evenings from 5:30 - 6:30 p.m. During the class time, the children will be taught the competitive strokes, diving, and a feeling for competition. The goal is to organize meets with other cities and towns. Cost for the team will be a \$5.00 registration fee. The starting date for this program is Thursday, January 13, 1983.

Beginner Lessons - Saturday, 9:00 - 9:45 a.m.; 11:00 - 11:45 a.m. January 15 - March 19; April 9 - June 18. Ages 6 - 14 years. \$10.00 per ten week session.

WAR MEMORIAL POOL FEES

	Resident	Non-Resident
Per Swim - Child	\$.75	\$ 1.00
Per Swim - Adult	1.50	2.00
Yearly Child Ticket	20.00	40.00
Yearly Family (Couple) Ticket	90.00	120.00
Yearly Family (with Children) Ticket	110.00	140.00
Children's Lessons	10.00	20.00
Adult Lessons	15.00	25.00

Yearly memberships are good from the date of purchase to the same date in the following year. Identification is required - Massachusetts' Driver's License or Registration - or other picture identification showing address. Participants should bring lock, towel, swim suit, and cap. Caps and goggles are on sale.

Phone number at War Memorial is 498-9018. Please do not call before 5:30 p.m. during the week.

The pool and gyms will be closed: February 21, March 17, April 1, 2, 3, 18, May 27, 28, 29, 30, June 20 - July 4. In case of inclement weather, the pool and gyms are closed - if the Cambridge Public Schools are closed. On weekends - listen to WCAS for cancellations.

February and April Vacation Pool Schedule:

February 22, 23, 24, 25 - 1:00 - 4:00 p.m. for adults.

Children - Regular evening schedule.

April 19, 20, 21, 22 - 1:00 - 4:00 p.m. for adults.

Children - Regular evening schedule.

War Memorial Pool

ONE FREE SWIM

Present this coupon at the War Memorial Pool Monday thru Friday 5:30 - 9:00 p.m. beginning Jan. 17. Offer expires Feb. 17, 1983.

Recreation Department
cut along the dotted line

Advanced Beginner - Saturday, 9:00 - 9:45 a.m.; 11:00 - 11:45 a.m. January 15 - March 19; April 9 - June 18. Ages 6 - 14 years. \$10.00 per ten week session.

Tiny Tots - Saturday, 10:00 - 10:45 a.m. January 15 - March 19; April 9 - June 18. Ages 2 - 5 years. \$10.00 per ten week session.

Intermediate - Saturday, 10:00 - 10:45 a.m. January 15 - March 19; April 9 - June 18. Ages 6 - 14 years. \$10.00 per ten week session.

OPEN SWIM SCHEDULE

Adults - Monday - Wednesday and Friday, 5:30 - 9:00 p.m. Thursday, 6:30 - 9:00 p.m. Saturday, 3:00 - 5:00 p.m. Sunday, 12:00 - 5:00 p.m.

Families - Friday 5:30 - 9:00 p.m., Saturday 3:00 - 5:00 p.m., Sunday 12:00 - 5:00 p.m.

Children - Saturday 1:00 - 3:00 p.m., Sunday 12:00 - 5:00 p.m.

SPECIAL EVENTS

Title: **Skate Swap**
Ages: All ages
Length of Session: Two days
Days: Saturday and Sunday, Feb. 5 and 6

Hours: 10:00 a.m. - 4:00 p.m.
Fee: None
Instructor: Recreation Leader

Description: Individuals can sell or purchase all types of sports equipment. The seller will price the equipment for sale, but need not be present. Staff will handle the sales and assure funds from sales are received by the owner. Please pick up money from sales or equipment not sold by 4:00 p.m. Sunday.

Location: Fresh Pond Golf Course Clubhouse.

The Recreation Division will be offering Adult Leagues in Softball and Basketball for the Spring and Summer seasons. Interested teams must register by filing a roster with the Recreation office at 51 Inman Street. Although preference is given to teams that participated in the Leagues during the previous season, all new teams will be put on a waiting list and every effort will be made to place them in the League on a "first-come basis." Team rosters and League rules will be available for softball in early April and for basketball in early June. Leagues are offered for both Men's and Women's Leagues.

For further information on fees and registration deadline, please contact: Ken Holway 498-9028.

Co-ed Volleyball Program (Adult)

Ages: 18 years and up
Description: The Recreation Division is planning additional volleyball programming during the Winter and Spring seasons. Interested individuals should contact Major Brooks, 498-9028, with their preferences of day, time, and length of program.

SPECIAL NEEDS CITY-WIDE PROGRAMS

Title: Special Needs Saturday Program

Ages: 6 and up
Length of Session: 10 weeks beginning January 8, 1983

Days: Saturdays
Hours: 9:30 - 3:30 p.m.
Fee: \$5.00 which includes transportation. Parents send lunch.

Director: Karen Ranieri
Assistant Director: Diana Ranieri.

Description: This program is intended to provide students with recreational experiences which help to develop skills in physical fitness, social interaction and self-help. The program activities include swimming lessons, crafts, music, field trips, dancing and cooking.
Location: Eliot House, Harvard University, Cambridge.
Other: Register through Donna A. Johnson, 51 Inman Street or call 498-9076. Forms will be mailed to present participants.

Title: Extended After-School Physical Education Program

Ages: 7 - 14 years
Length of Session: 10 weeks beginning January 11, 1983

Days: Tuesday and Thursday
Hours: 2:30 - 5:30 p.m.
Fee: \$5.00 which includes transportation.

Director: Patricia Mulvihill
Assistant Director: Anita Moore

Description: This program is designed to serve seven to fourteen year olds who are moderate to severe developmentally delayed students. Program emphasis is on physical education, and in addition, offers music, crafts and field trips.

Location: Corporal Burns Site, corner of Banks Street and Memorial Drive, Cambridge

Other: Register through Donna A. Johnson, 51 Inman Street, or call 498-9076. Forms will be mailed to present participants.

Title: Special Needs Swimming Program

Length of Session: 10 weeks beginning January 11, 1983

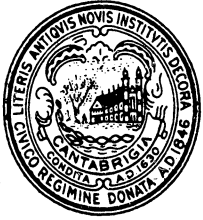
Days: Tuesday
Hours: 6:30 - 7:30 p.m.
Fee: \$10.00 which includes transportation.

Instructors: Karen Ellis and Michael Paine

Description: This program is intended to teach new skills and to enhance physical well being.

Location: War Memorial Pool, 1640 Cambridge Street, Cambridge

Other: Register through Donna A. Johnson, 51 Inman Street, or call 498-9076. Forms will be mailed to present participants.



CITY OF CAMBRIDGE

CAMBRIDGE, MASSACHUSETTS 02139
Tel. 498-9011

EXECUTIVE DEPARTMENT
ROBERT W. HEALY
City Manager

January 17, 1983

To the Honorable, the City Council:

Enclosed for your information is a copy of the Department of Human Service Programs schedule for 1983 Winter/Spring Programs and Services.

Very truly yours,

Robert W. Healy
City Manager

RWH/mbf
Enc.

Re: enclosing a copy of the Dept. of Human Service Programs schedule for 1983 Winter/Spring Programs & Services.

In City Council,

January 17, 1983

1/17/83

Placed

on
File