



City of Cambridge

114.

IN CITY COUNCIL
September 14, 1998

COUNCILLOR RUSSELL
COUNCILLOR BORN
COUNCILLOR DAVIS
MAYOR DUEHAY
VICE MAYOR GALLUCCIO
COUNCILLOR REEVES
COUNCILLOR SULLIVAN
COUNCILLOR TOOMEY
COUNCILLOR TRIANTAFILLOU

RESOLVED: The residents of Cambridge be cognizant and participate in the Carrier Alert Program for Seniors as outlined in the attached information.

In City Council September 14, 1998.

Adopted by the affirmative vote of nine members.

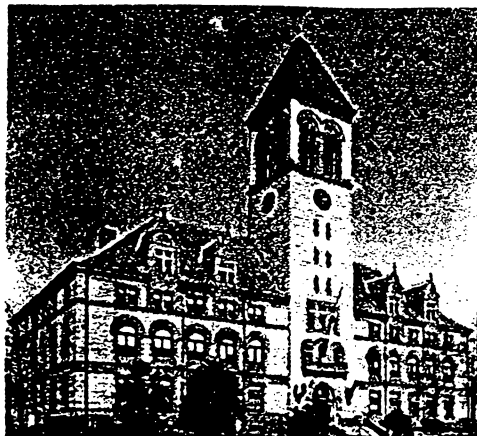
Attest:- D. Margaret Drury, City Clerk.

A true copy;

A handwritten signature in cursive script that reads "D. Margaret Drury".

ATTEST:-

..... D. Margaret Drury
City Clerk



Newsline

#114

The Newsletter of the Cambridge Council on Aging

806 Massachusetts Ave., Cambridge, MA 02139

Office: (617) 349-6220 Senior Center: (617) 349-6060

TTY: (617) 349-6050

September 1998

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THE CAMBRIDGE SENIOR PROM

The Cambridge Senior Center will host "Dancing Under the Stars: The Senior Prom." Come join us for an Autumn afternoon of dancing under the stars. Thursday, September 24, 1998 from 1:00pm to 5:00pm at the YMCA located at 820 Massachusetts Ave., Cambridge, MA. We will move and groove to music provided by "The Swingers". Refreshments will be provided. Break out your finest garb and your soft shoes and prepare for an afternoon of fun!

CARRIER ALERT PROGRAM LAUNCHED!

by Paul Schlaver, Executive Director
Cambridge Consumers' Council

Cambridge senior citizens who are on their own, or usually homebound, now have a program available to them that can offer an extra measure of personal security. A wide-range of city agencies and the United States Postal Service have joined forces to launch the *Carrier Alert Program* in Cambridge. The most important partner in this effort is the letter carrier that actually delivers the mail to your home, and the National Association of Letter Carriers is very proud of this program as it springs up in more and more communities throughout the United States.

Every senior 60 or older should have received an initial mailing about the program with a postage-free postcard to return to receive more information (Seniors that live in elderly housing developments that have their own internal system to watch out for the daily health and safety of the residents did not receive the mailing). The target population is the person that lives alone and may be in fragile health. An actual mailbox rather than a mail slot in the door is another pre-requisite. The Council on Aging will assist you, if you have a mail slot but are willing to have a mailbox installed at your home. This can be done for you at no charge.

If your mail carrier notices that you, as a Carrier Alert program member, have not taken your mail out of the mail box, the Post Office will notify the Council on Aging. The Council on Aging will be the keeper of the confidential information you will need to provide to be registered with this program. Upon the notification by the Post Office, the COA staff person will contact your designated family member or friend to see if assistance is needed.

Your postal carrier usually gets to know many people on the route quite well and especially those customers that are often at home during the day. There have been a few instances in recent years in Cambridge in which lives were saved because the carrier was alert enough to perceive a problem that needed intervention. This positive outcome has occurred even before this program was established here. Under the Carrier Alert system, though, the carrier will be on special alert for all the designated customers on his or her route that have signed up for this program.

(continues on page 7)

#114

(Carrier Alert; continued from page 1)

The public event that kicked-off this program occurred on July 16th at the New Senior Center. Mayor Frank Duehay, Postmaster Marsha Cannon and others spoke about the benefits of this program. Much of the planning to bring this program to Cambridge came from the members of the Postal Customer Advisory Group, a group of Cambridge citizens chosen by the Postmaster to offer advice and ideas about postal services in Cambridge to the local postal officials at a monthly meeting.

If you are interested to learn more about the Carrier Alert program and want information sent to you, call the Council on Aging at 349-6220.

SENIORS INPUT

Seniors are welcomed and encouraged to write and send in their concerns and issues that are affecting them such as housing, medicare, transportation, or suggestions that they feel will be of benefit to other seniors. Seniors have excellent ideas from a broad area of expertise in life that could make a significant contribution to others.

The Council on Aging (COA) would also like to receive ideas and suggestions about the **Citywide Senior Center**, at 806 Mass Ave; and the **North Cambridge Senior Center**, located at 2050 Mass Ave., to help the COA better meet the needs and desires of our seniors. If you would like to share your ideas with us, please write to: **COA Advocacy Committee, ATTN: Nancy Peters, 806 Mass Ave, Cambridge, MA 02139.** We look forward to hearing from you!

(Profile; continues from pg 2)

Representative. While working for Honeywell he got to travel extensively throughout the world and on one of his tours he stayed in Trinidad and worked there for 4 years. He retired from Honeywell after working with them for 35 years.

LeRoy recently had an operation for a hip removal and replacement. The operation was successful and he is doing well. He is up getting around again as usual. In the event you get a chance to meet him, he will greet you with a friendly smile and is always willing to unselfishly share his

expertise in computers, the military and his historical knowledge of the City of Cambridge.



A senior plays pool at the Citywide Senior Center.

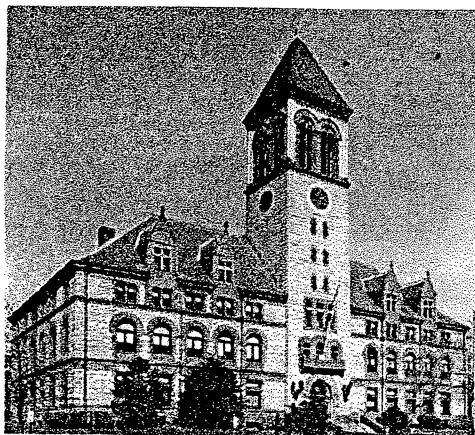
SENIOR ADVISORY COUNCIL

As of January 1, 1999 there will be five seats open for the Senior Advisory Council of the Cambridge Senior Center at 806 Massachusetts Avenue. Anyone interested in serving on this committee is asked to submit a resume or a letter stating a brief personal history, their desire for being a member of the committee and what they hope to accomplish as a member. Participants must be at least sixty years of age and a resident of Cambridge. Each member is asked to serve two years.

It is imperative that we have a representative from each ethnic group to serve on the council. Each member is subject to a CORI check which is a Criminal check done by the Personnel Department of Cambridge Human Services.

We would like to have a resume or letter of interest by October 10, 1998 in order that there be enough time to review your information, set up a personal interview and to vote on the most qualified applicant. The first meeting in January 1999 would have all new members seated. There is one meeting every month.

Please send your resume or letter to William Cobham, Chairperson; Alice Raulinaitis, Vice-Chairperson; or Emma Watkins, Director of the Citywide Senior Center, located at 806 Mass. Ave., Cambridge 02139.



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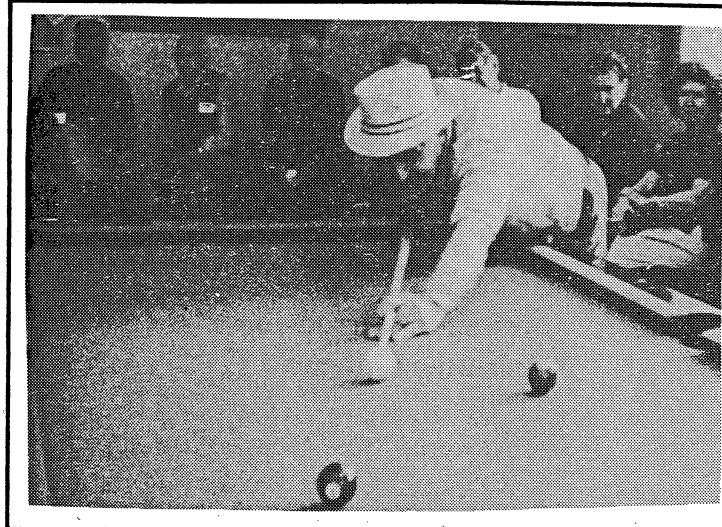
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C. Russell

114

1998 SEP -8 A 11: 36

OFFICE OF THE CITY CLERK
CAMBRIDGE, MASSACHUSETTS

Resolved:

The residents of Cambridge be cognizant and
participate in the
Cancer alert Program

for seniors as outlined in
the attached information
~~be cognizant and~~

~~participate in~~



City of Cambridge

114.

IN CITY COUNCIL

September 14, 1998

COUNCILLOR RUSSELL

RESOLVED: The residents of Cambridge be cognizant and participate in the Carrier Alert Program for Seniors as outlined in the attached information.

Consent Order #114

1019 R
~~1000~~

Councillor Russell re: Urge all residents
to be cognizant of and participate in
the Carrier Alert Program for Seniorss.

In City Council September 14, 1998

ORDER ADOPTED