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Councilman Russell

Dec. 12, 1988

whereas.

It has come to the attention of this City Council that several long time members of the Council on Aging, will soon return from their active participation in the Council, and
whereas.

Mary Samp, Pauline Hollingsworth, Oliver Cox and Emily Lewis will complete their service on the Council effective December 13, 1988; all of whom have been extremely active as volunteers serving the elderly of Cambridge, and

whereas:

These individuals have given selflessly⁽¹⁰⁾ to the elder community providing dedication and leadership in improving the quality of life, as well as serving as vocal advocates for issues relating to the aging, and

whereas:

These four individuals collectively represent a broad based consensus⁽¹¹⁾ whose experience has worked to the complete benefit of the elderly population of Cambridge
Now therefore be it

Resolved:

That this Ck Council go on record
 expressing its sincere appreciation and gratitude
 to Mary Sampson, Pauline Hollingsworth, Annie Cox
 and Emily Lewis for their many years
 of public service as members of the Council
 on Aging, and to further extend to them every
 good wish for much continued good health
 and happiness and be it further

Resolved:

That the Ck Clerk be and hereby is
 requested to forward suitably expressed copies

of the interest
person
of this resolution in each woman on
behalf of the entire City Council



City of Cambridge
Department of Human Service Programs
51 Inman Street, Cambridge, Massachusetts 02139, 498-9076

MEMORANDUM

TO: Joseph Connarton, City Clerk

FROM: Jeanne Madden, Director, Council on Aging *JM*

DATE: December 7, 1988

RE: Proclamations honoring Council on Aging Board Retirees
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Thank you for helping in the preparation of the proclamations honoring the retiring members of the Council on Aging board. Below, as you requested, is some information about the Council on Aging and the names of those receiving the proclamations. I cannot say with accuracy just how long these members served, but for each of them it was many years, perhaps as long as ten.

I know they will appreciate this remembrance of their service to the community and to the good work they did for the elders of Cambridge. I have attached a fact sheet on the services of the Council on Aging as well.

The purpose of the Council on Aging
(Elderly Services Division of the Department of Human Services)

The Council on Aging is the primary public resource for Cambridge elders. It taps the collective experience of older people and works to improve the quality of life for Cambridge elders by:

- 1) identifying the needs of elders
- 2) coordinating new and existing services and programs
- 3) providing information and referral services
- 4) serving as an advocate and public voice on aging issues.

Mary Samp, Pauline Hollingsworth, Oliver Cox and Emily Lewis are retiring from the Council on Aging board as of December 1988. They are long time Cambridge residents, active in the community. They were long standing members of the Council on Aging Board and held office during their terms. As volunteers for many years, each has provided dedicated and faithful service to elders, and leadership and advice to the staff of the Council on Aging.

We invite them to continue to participate in the community and especially now as the Senior Center Committee and the Council on Aging staff work on the development of a central Senior Center.

Thank you for your assistance. Any questions, call me at x9039.

JH/cg

DIVISIONS:

Childcare
498-9076

Community Learning Center
547-1589

Community & Youth
498-9037/9072

Council on Aging/Elderly Services
498-9039

Low Income Fuel Assistance
498-9038

Planning & Development
498-9076

Recreation
498-9028

CAMBRIDGE COUNCIL ON AGING
51 Inman Street
Cambridge, MA 02139

498-9039

Information and Referral Individuals with questions or concerns regarding any programs, services, or issues related to the elderly, can contact the Council on Aging's Information and Referral Specialist for up to date information about community programs and resources and to help elders link with national, regional, and local services.

Informal Counseling "Talking it Over" with a knowledgeable person can be helpful in getting through some of the rough spots and hard decisions that getting older can involve. The Council on Aging has a full-time Social Services Coordinator and part-time caseworker who can discuss concerns in a professional, confidential manner. For persons whose counseling needs extend beyond short-term counseling, the Council can provide appropriate referrals to meet elders' needs.

Family Support Families who care for, or are concerned about, an older relative can receive information and referral services, outreach, educational programs, support groups for caregivers, and short-term individual/family counseling, e.g., Alzheimer's Support Groups and Adult Children of Aging Parents.

Mutual Aid Group A Mutual Aid group meets regularly to provide Cambridge elders with informational, recreational and educational meetings.

Home Visitation For individuals who are unable to come into the COA office, home visits can be arranged by the Council on Aging staff to provide information, referrals and other short term assistance.

Volunteer Programs:

1. Home Visitation and Friendly Telephone Calls
Volunteer home visitors make regular calls on elders who are homebound or alone. Visitors are carefully matched with the people they visit so that the experience is a positive one. Volunteers also offer friendship to homebound persons through regular telephone calls.
2. S.E.R.V.E. (Serve and Enrich Retirement by Volunteer Experience) S.E.R.V.E. is a program for elders who want to contribute time to volunteer work in the Cambridge community.

Educational, Recreational and Health Services The Council on Aging offers a variety of continuing education courses, social programs, recreational and health activities: Limber Longer, Watch our Weight, Walking Clubs, Line Dancing, Ceramics, day and overnight trips, Senior Chorus, and other educational and social events.

North Cambridge Senior Center The Senior Center located at 2050 Massachusetts Avenue offers a wide range of social and recreational programming. Human Service providers are available on site to assist seniors with benefits counseling and provide information regarding other community resources. Special events and unique programs are regularly scheduled. The Center is open to all Cambridge Seniors. The phone number of the Center is 495-0110.

The Housing Assistance Program This program serves elders who are looking for affordable housing. Services include listings of available housing, placement, referrals, transportation and help in dealing with forms, interviews and landlords. The H.A.P. is located at 11-19 Brookline Street, Central Square, 864-6340.

Newsletter "Newslines" is published monthly and can be received through the mail or obtained at sixty neighborhood sites. It contains news of interest, a calendar of events and information on programs, services and benefits. To receive the "Newslines" in the mail, send a check for \$4.00 to the Cambridge Council on Aging, 51 Inman St.

Discount Programs and Free Eye Exams

- *Buylines Cards: Consumer discounts offered for cardholders over 60 in specified retail stores throughout Cambridge.
- *Park Free stickers on Buylines cards for Cambridge municipal parking lots.
- *COM/GAS: A \$15.00 discount on Commonwealth Gas repair bills for persons 65 and over.
- *Bright Eyes Club: Free eye examinations at Mass Eye and Ear Infirmary and University Hospital.

Transportation Taxi discount coupons, worth \$1.00 off Cambridge cab fares, for those 65 and over or handicapped. Information on discount passes and low or no cost transportation for:

- | | |
|-----------------------------|---------------------|
| *Doctor and hospital visits | *Food Shopping |
| *Trips to lunch sites | *Adult day care |
| *Trips to social activities | *COA Bus for groups |



City of Cambridge

COUNCILLOR RUSSELL

9.

IN CITY COUNCIL

December 12, 1988

- WHEREAS: It has come to the attention of this City Council that several long-time members of the Council on Aging will soon retire from their active participation on the Council; and
- WHEREAS: Mary Samp, Pauline Hollingsworth, Oliver Cox and Emily Lewis will complete their service on the Council effective December 13, 1988; all of whom have been extremely active as volunteers serving the elderly of Cambridge; and
- WHEREAS: These individuals have given selflessly to the elder community, providing dedication and leadership in improving the quality of life, as well as serving as vocal advocates for issues relating to the aging; and
- WHEREAS: These four individuals collectively represent a broad-based constituency whose experience has worked to the complete benefit of the elderly population of Cambridge; now therefore be it
- RESOLVED: That this City Council go on record extending its sincere appreciation and gratitude to Mary Samp, Pauline Hollingsworth, Oliver Cox and Emily Lewis for their many years of public service as members of the Council on Aging and to further extend to them every good wish for much continued good health and happiness; and be it further
- RESOLVED: That the City Clerk be and hereby is requested to forward suitably engrossed copies of this resolution to each of these individuals on behalf of the entire City Council.

In City Council December 12, 1988.

Adopted by the affirmative vote of 8 members.

Attest:- Joseph E. Connarton, City Clerk.

A true copy;

ATTEST:-

Joseph E. Connarton
Joseph E. Connarton, City Clerk.

Order #9

8-737

C. Russell re: resolutions extending the Council's appreciation & gratitude to Mary Samp, Pauline Hollingsworth, Oliver Cox & Emily Lewis as they retire from the Council on Aging.

In City Council,

December 12, 1988

12-12-88

C. Russell

Order Adopted

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J