

The Cambridge Food Pantry Network

11 Inman Street, Cambridge, MA. 02139 (617) 868-2900

MEMBER LIST - NOVEMBER 1994

- **ST. JAMES EPISCOPAL CHURCH HELPING HAND PANTRY**

1991 Massachusetts Avenue 547-4070

Hours: Tuesday 6 - 8 PM., Thursday and Saturday 11 - 1. Pantry available once a month.

- **CAMBRIDGEPORT BAPTIST CHURCH FOOD PANTRY/CLOTHES CLOSET**

459 Putnam Avenue (corner of Putnam and Magazine St.) 576-6779

Hours: Saturday 10 - 12. Supplemental food pantry serving low-income or homeless families and women.

- **ST. PAUL A.M.E. FOOD PANTRY**

85 Bishop Allen Drive 661-1110

Hours: Wednesday 12 - 2 and Saturday 10 - 12.

- **MARGARET FULLER NEIGHBORHOOD HOUSE PANTRY**

71 CHERRY ST. 547-4680

Hours: Monday 9 - 12, Thursday and Friday 9:30 - 12:30. Accepts calls for emergencies.

- **PEARL STREET SENIOR CENTER**

15 Pearl Street 868-0800

Hours: Tuesday 11:30 - 2, Thursday 11:30 - 2:30. Supplemental food pantry serving low-income elders. Individuals may receive up to eight items each week. Income verification necessary.

- **MASSACHUSETTS AVENUE BAPTIST CHURCH**

146 HAMPSHIRE STREET 868-4853

Hours: Usually the fourth Saturday of the month (always on SHARE Saturdays). Please call for exact times and for further information.

- **EAST END HOUSE FOOD PANTRY**

105 Spring Street 876-4444

Hours: Monday - Friday 10 - 4. Open to Cambridge and Somerville residents by referral only.

- **HAITIAN AMERICAN CULTURAL CENTER**

432 Columbia Street 621-0014

Hours: Tuesday 10 - 3. Accepts calls for emergencies at other times.

- **FOOD FOR FREE**

11 Inman Street 868-2900

Operates five days a week. Delivers fresh and non-perishable food to pantries, meal programs, residential programs and shelters.

- **WESTERN AVENUE BAPTIST CHURCH**

299 Western Avenue 661-0433 (leave message for Joyce Lee Smith)

Hours: Second Wednesday of each month 10:00 - 12:00.

- **FOOD PANTRY DELIVERY PROGRAM**

Call 868-3203 (Call 776-5931 after Dec.1) Speak directly to the program coordinator or leave a message. This program is operated in cooperation with Project Soup.

Serves Cambridge residents who, because of a disability or impairment, are unable to get to - or carry groceries home from - one of the existing food pantries. Applicants will be asked to declare their income and provide a letter from a medical provider explaining their inability to access existing pantries.

- **PENTECOSTAL TABERNACLE CHURCH PANTRY**

77 Columbia Street 661-0222

Available 7 days a week through telephone referral only (leave a message on the answering machine). Delivery only for Cambridge and Somerville disabled persons.

- **ZINBERG CLINIC FOOD PANTRY**

Working in collaboration with the Cambridge Hospital, Food For Free recently opened the city's first in-hospital food pantry. The Pantry is designed to meet the specific physical and nutritional needs of people affected by HIV/AIDS.

- **CAMBRIDGE ECONOMIC OPPORTUNITY COMMITTEE (CEOC) BREAD AND JUSTICE FOOD PANTRY**

11 Inman Street 868-2900

Hours: Monday 4-6, Tuesday 11 - 1, Wednesday 4 - 6, Thursday 11 - 1. Serves Cambridge residents with valid I.D.s. Accepts referrals for emergencies Monday - Friday 9 - 5.

Please join the END HUNGER CAMPAIGN
Call Gerald Bergman, Coordinator, 868-2900

WORKING TOGETHER FOR BREAD AND JUSTICE!

FOOD PROGRAM AND COMMUNITY SERVICE INFORMATION

WIC (Women, Infants and Children) Program 51 Inman Street 498-1091

Project Bread Food Stamp Hotline Food Stamp Advocacy 1-800-645-8333

SHARE Anyone can buy groceries worth over \$35 for only \$14 in cash or food stamps and a two hour contribution of volunteer time to an organization or person in the community.

- **Apostolic Pentecostal Church, 47 Howard Street Elaine Brown 491-7389**
- **Mass. Avenue Baptist Church, 146 Hampshire Street Anita Harris 522-2983**

DOLLAR - A - BAG Anyone can fill a large bag with bread and vegetables for \$1

- **St. Paul Church, 29 Mt. Auburn St. (corner of DeWolfe St., Harvard Square)**
Saturday 11 am - noon 491-8400

CEOC Tenant Services Help with tenant/landlord problems 11 Inman St. 868-2900

CEOC Benefit Advocates Assistance with program application and program advocacy in Haitian Kreyol, Spanish and Portuguese 11 Inman St. 868-2900

Multi-Service Center for the Homeless 19 Brookline St. (Central Square) 349-6340

Cambridge Food Pantry Delivery Program
(868-3203)

Dear

We have received your inquiry about the Cambridge Pantry Delivery Program and would like to provide you with more specific information about this new program, as well as information about how to apply:

WHOM THE CAMBRIDGE PANTRY DELIVERY PROGRAM SERVES:

We will be serving low income Cambridge residents who, because of a disability, impairment, or infirmity are unable to use existing Food Pantry programs in Cambridge, including the wheelchair-accessible program at 15 Pearl Street. Residents who are able to use another Food Pantry -- or who have a friend or relative who can easily go to a pantry on their behalf -- should not apply to participate in this new program.

In our first few months of service, we are able to serve only 25 persons per week. We hope to at least double that capacity in the Fall.

WHAT THE CAMBRIDGE PANTRY DELIVERY PROGRAM PROVIDES:

For a per-delivery charge of \$2 (which is waived for persons under 55 who are unable to use existing pantries on account of their lack of handicap accessibility), program participants will be able to receive delivery, no more often than once a month, of two bags of groceries more or less identical to what a walk-in pantry customer would receive. (Somerville Cambridge Elder Services will pay the \$2 delivery charge for its clients.) Deliveries will occur on Wednesday afternoons.

Participants will call in their orders (868-3203) one week in advance of the desired delivery. Delivered items will be chosen from among the foods that the participant has specified on the Food Preference List included in the application packet.

HOW TO APPLY TO PARTICIPATE IN THE CAMBRIDGE PANTRY DELIVERY PROGRAM:

To apply, return the following items in our self-addressed envelope:

- (1) a signed application form (enclosed with this letter); and
- (2) a brief signed note from a doctor, nurse, social worker, Home Care Case Manager, or other appropriate provider -- on that provider's stationery -- stating that "Due to physical or other impairments, (your name) is unable to get to a Food Pantry, including the wheelchair accessible pantry at 15 Pearl Street, or is unable to take groceries home from a pantry"
- (3) a completed Food Preference List

Someone from the program will get back to you shortly.

Cambridge Food Pantry Delivery Program Application
(Cambridge residents only)

Please mail the completed application, including the food preference form, plus a letter from a doctor, nurse, social worker, case manager, or other provider familiar with your impairment – on that provider's stationery – describing your inability to utilize other Cambridge-based food pantries to:
Food Pantry Delivery Program, 15 Pearl St., Cambridge, MA 02139.

Name _____ Date of Birth _____ Phone _____

Street Address _____ Apartment # _____ Zip Code _____

If you wish to participate in the USDA Surplus Commodity Distribution Program, write your Social Security Number: _____

Are you a client of Somerville Cambridge Elder Services? (yes)____ (no)____

Other Members of Your Household: (please indicate name and date of birth)

_____ D.O.B. _____

_____ D.O.B. _____

How and where do you get your groceries? _____

Do you visit (or send someone on your behalf to) any Food Pantry? _____

What is your household income? (all household members listed above)

Type of Income

Monthly Amount

Do you receive:

____ SSI (gold check) ____ EAEDC ____ Medicaid/MassHealth

____ Food Stamps ____ Fuel Assistance ____ Veterans' Aid

If you are not participating in any of the above programs and your income is over \$11,040 (if you live alone), \$14,760 (household of 2), or \$18,480 (household of 3), please explain your need to participate in this program.

SIGNATURE: _____ DATE: _____

FOOD PREFERENCE LIST

Name _____ Phone _____

Do you have any special dietary restrictions? _____

Mark the following list to help us serve you better:

Check off (✓) food products you wish to receive.

VEGETABLES and FRUITS

___ potatoes ___ carrots ___ broccoli

___ onions ___ lettuce ___ tomatoes

___ spinach ___ kale ___ cabbage

other vegetables: _____

___ bananas ___ apples ___ oranges

other fruits: _____

PACKAGED FOODS

___ peanut butter ___ apple sauce

___ canned fruit ___ canned green beans

___ canned carrots ___ canned corn

___ canned vegetarian beans

___ macaroni ___ spaghetti

___ butter ___ tomato sauce

___ cold breakfast cereals ___ quick oats

___ rice ___ low salt chicken soup

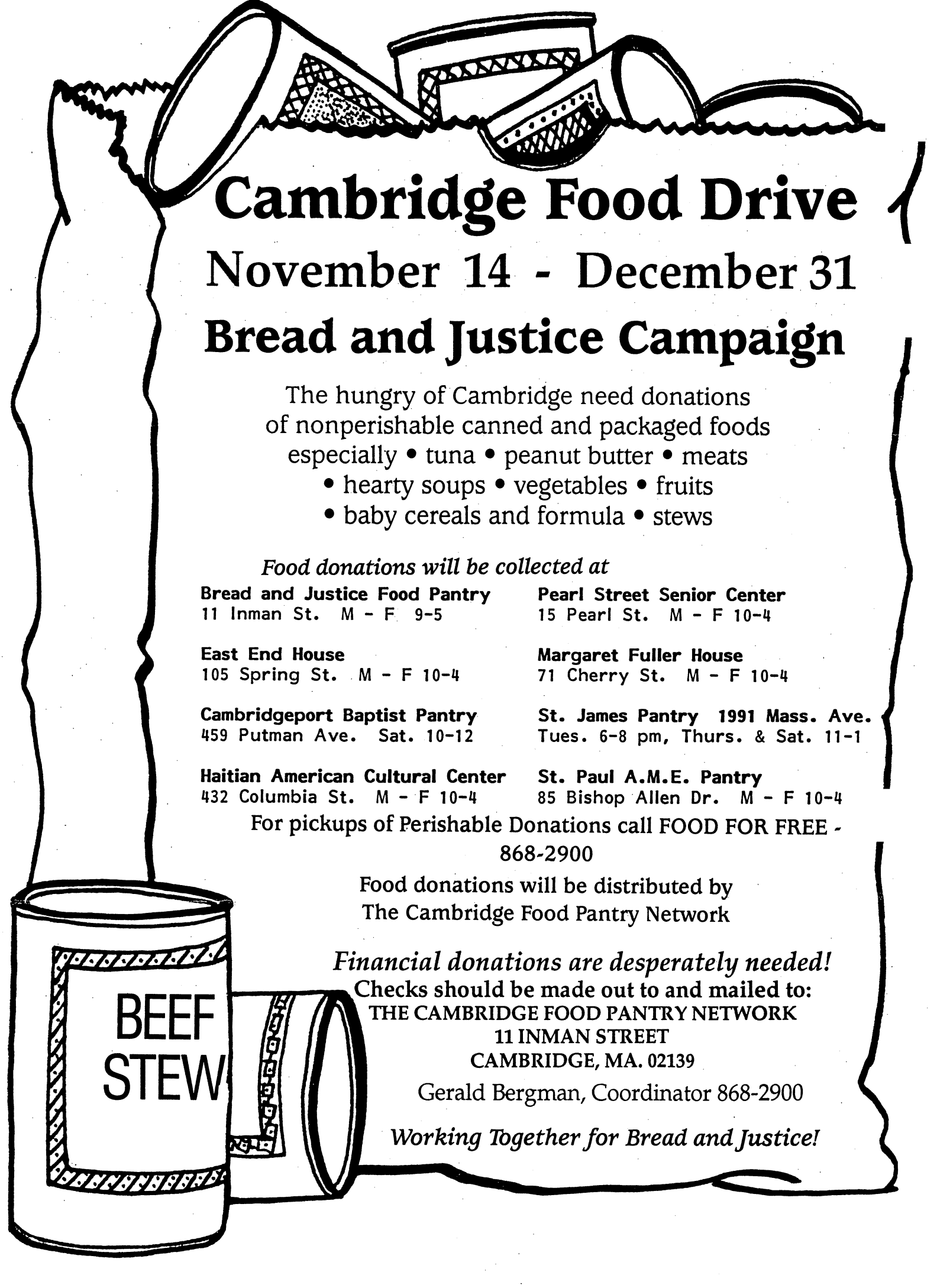
___ low salt cream soup ___ tuna

___ frozen orange juice ___ turkey hot dogs

___ English Muffins ___ loaf bread (not white)

___ cheese ___ powdered milk

other packaged foods: _____



Cambridge Food Drive

November 14 - December 31

Bread and Justice Campaign

The hungry of Cambridge need donations
of nonperishable canned and packaged foods
especially • tuna • peanut butter • meats
• hearty soups • vegetables • fruits
• baby cereals and formula • stews

Food donations will be collected at

Bread and Justice Food Pantry
11 Inman St. M - F 9-5

Pearl Street Senior Center
15 Pearl St. M - F 10-4

East End House
105 Spring St. M - F 10-4

Margaret Fuller House
71 Cherry St. M - F 10-4

Cambridgeport Baptist Pantry
459 Putman Ave. Sat. 10-12

St. James Pantry 1991 Mass. Ave.
Tues. 6-8 pm, Thurs. & Sat. 11-1

Haitian American Cultural Center
432 Columbia St. M - F 10-4

St. Paul A.M.E. Pantry
85 Bishop Allen Dr. M - F 10-4

For pickups of Perishable Donations call FOOD FOR FREE -
868-2900

Food donations will be distributed by
The Cambridge Food Pantry Network

Financial donations are desperately needed!

Checks should be made out to and mailed to:
THE CAMBRIDGE FOOD PANTRY NETWORK

11 INMAN STREET
CAMBRIDGE, MA. 02139

Gerald Bergman, Coordinator 868-2900

Working Together for Bread and Justice!

**BEEF
STEW**

Hunger is not just for a day...



It's Everyday!

CAMBRIDGE FOOD PANTRY NETWORK

Bread and Justice Campaign

Gerald Bergman, Coordinator

Financial donations are desperately needed!

Checks should be made out to:

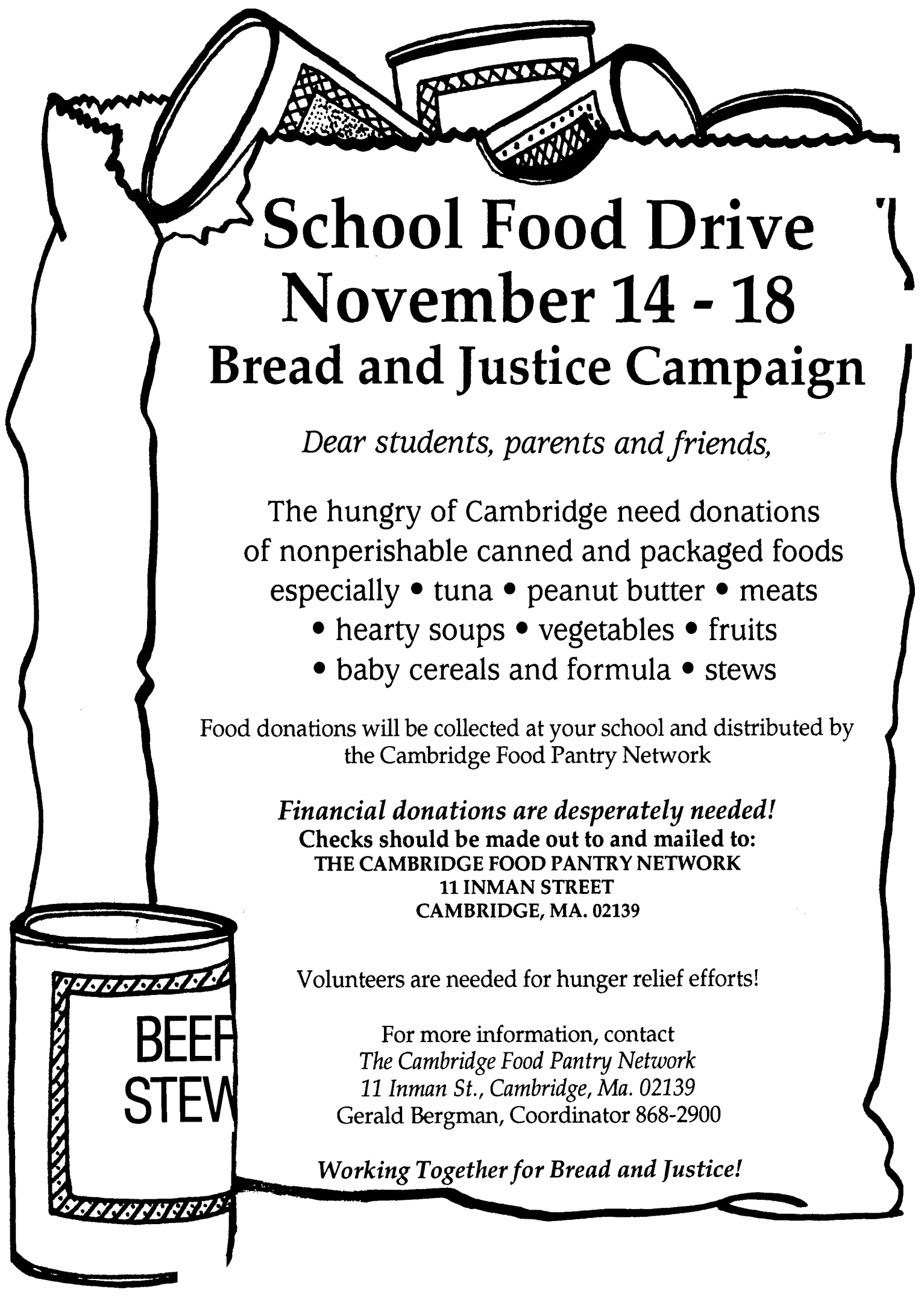
Cambridge Food Pantry Network

11 Inman Street

Cambridge, MA. 02139

Volunteers and food donations are needed for hunger relief efforts

For more information call the CFPN at 868-2900



School Food Drive

November 14 - 18

Bread and Justice Campaign

Dear students, parents and friends,

The hungry of Cambridge need donations of nonperishable canned and packaged foods

especially • tuna • peanut butter • meats

• hearty soups • vegetables • fruits

• baby cereals and formula • stews

Food donations will be collected at your school and distributed by the Cambridge Food Pantry Network

Financial donations are desperately needed!

Checks should be made out to and mailed to:

THE CAMBRIDGE FOOD PANTRY NETWORK

11 INMAN STREET

CAMBRIDGE, MA. 02139

Volunteers are needed for hunger relief efforts!

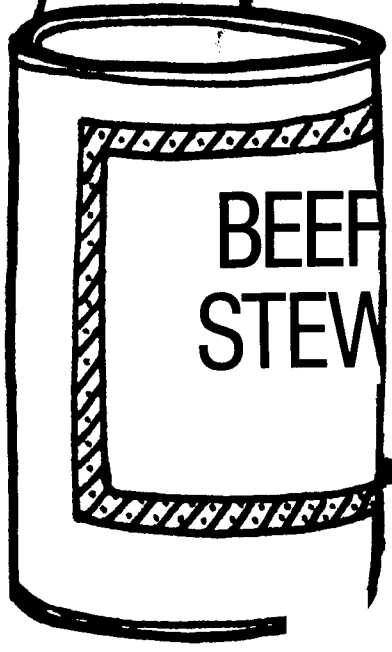
For more information, contact

The Cambridge Food Pantry Network

11 Inman St., Cambridge, Ma. 02139

Gerald Bergman, Coordinator 868-2900

Working Together for Bread and Justice!



**BEEF
STEW**

Hunger is not just for a day...



It's Everyday!

CAMBRIDGE FOOD PANTRY NETWORK

Bread and Justice Campaign

Gerald Bergman, Coordinator

Financial donations are desperately needed!

Checks should be made out to:

Cambridge Food Pantry Network

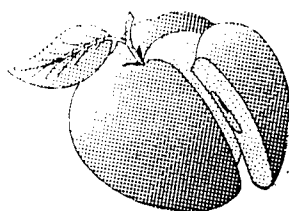
11 Inman Street

Cambridge, MA. 02139

Volunteers and food donations are needed for hunger relief efforts

For more information call the CFPN at 868-2900

SCHOOL FOOD ADVISORY GROUP

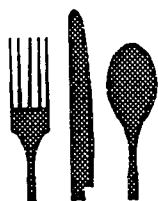


**STUDENTS, PARENTS, TEACHERS, PRINCIPALS:
IT'S *YOUR* SCHOOL!**

**HELP MAKE SCHOOL MEALS A HEALTHY AND
PLEASANT EXPERIENCE**

COME TO A MEETING:

**THURSDAY, DECEMBER 1, AT 6:30
CRLS MEDIA CAFETERIA**



COFFEE AND DESSERT WILL BE SERVED

**SPANISH AND HAITIAN KREYOL TRANSLATION
WILL BE PROVIDED**

**CHILD CARE AVAILABLE
CALL AT LEAST A WEEK IN ADVANCE: SARAH
HEMPHILL 498-1213**

The Cambridge Food Pantry Network

11 Inman Street • Cambridge, MA 02139 • (617) 868-2900

November 7, 1994

Members of the Cambridge City Council:

The Cambridge Food Pantry Network is announcing the annual Cambridge Bread and Justice Food Drive which will be held in Cambridge from November 14 - December 31.

As in past years, schools, churches, businesses and individuals will be contributing in a variety of ways to this campaign.

We urge the Cambridge City Council to support this annual food and education campaign and to do whatever possible to involve the total Cambridge community in this effort.

Thank you for your continued support!

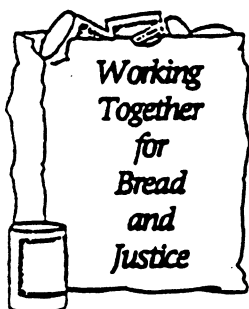
Sincerely,


Gerald Bergman
Coordinator

1994 NOV - 8 AM 8:22

✓ cc. City Clerk (council communication)

attachments: Food pantry delivery program
CFPN membership listing
flyers



- Empower people in need
- Advocate for new laws and regulations that will help hungry people
- Expand public awareness of hunger and its root causes
- Feed the hungry

Consent Comm. # 1 *Cal # 2 543*

Comm. from Cambridge Food Pantry Network
announcing its annual Cambridge Bread and
Justice food Drive which will be held on
November 14 - December 31, 1994.

In City Council,

November 14, 1994

*Charter Right
exercised by
Councillor Walsh
11/21/94 No action taken
Placed on file
Under Rule 19 of the
City Council Rules.*